



**i=kpkj iKB; Øe
ek/; fed f'k{kk e.My e-ç-] Hkiky
½kj k I ok/kdkj I jf{kr½
fMlykek bu ,T; qdskuj i jh{k
i Fke o"lz**

izu i= & prqiz

fo"k; & fglhh Hk"kk

iKB&1

fi z

Nk=w/; ki d

fMlykek bu ,T; wds ku dh i=kpkj iKB; Øe i jh{k ea vki dk Lokxr gSbl f} o"khz i jh{k ea i Fke o"lz ea 5 , oaf}rh; o"lz ea 5 fo"k; bl izdkj dy 10 fo"k; ka dk vki v/; ; u djæA iR; d fo"k; ds iKB; Øe dks vki ds v/; ; u dh I qo/kk ds fy; s dy 10 bdkbz ka ea foHkkt r fd; k x; k gA iR; d fo"k; dh i Fke i kp bdkbz k; ¼1&5½/ki dks , d i qrd ds : i ea Hksth tk, xh ml ds i 'pkr f}rh; i kp bdkbz k; ¼6&10½ Hksth tk, xh , oav/; ki u vH; kl graq in'ku iKB , oafun k i qLrdk Hk vki dks Hksth tk, xhA

v/; ; u dh n"V I siR; d bdkbz ds fo"k; ka dks mi bdkb; ka ea ckV k x; k gA ftl ea iR; d mi bdkbz ds vUr ea iKBxr izu , oai wL bdkbz ds vUr ea vkrRe i jh{k.k ds izu vki ds vH; kl kFkZ fn; s tk jgs gS bl ga vki dks vi us v/; ; u ds vk/kkj ij Lo; agy djuk gA

vki ds v/; ; u dh I qo/kk , oatkudkj ds fy; siR; d fo"k; dk iKB; Øe , oavd foHkktu i Fke iKB@bdkbz ds I kFk I ayXu dj Hksth tk jgk gA

i jh{k ea vki dh I Qyrk ds fy; s 'kdkdkeuk, A

i Lrkfor vad ; kstuk , oaiKB; Øe &

Mh, M- i Eke o'kz
 ^prqkizu i=**
 fo'k; % fgluh Hk'kk f'k{k.k
 bdkbdkj val foHkt u

dy 75 val

bdkbZ Ø-	bdkbZ dk uke	val	dky [k.M
1-	Hk'kk dh ifjHk'kk] iÑfr , oa ekud Lo: i	06	10
2-	/ofu foKku	04	10
3-	0; kdjf.kr rRo ¼ kjfEHkd f'k{k.k dh ikB; i qrd ea l s x o i dk v/; ; u , oa l æ/kr Hk'kk'kh 0; kdj.k dk v/; ; u] 'kcn jpuk , oa okD; foKku½	10	20
4-	vFkz foKku	05	10
5-	Hk'kk'kh; dksky	10	20
6-	f'k{k.k i fof/k; kj	10	20
7-	Hk'kk f'k{k.k&eW; kædu , oa uokpkj	10	20
8-	Hk'kk iz ks'kkkyk	05	10
9-	I ÆÑr Hk'kk 0; kdj.k o jpuk	10	20
10-	I ÆÑr Hk'kk f'k{k.k fof/k; kW	05	10
	I ÆÑr d	75	150
	I =xr dk; l	25	&
	dy ; ks	100	150

Mh, M- i Eke o'kz
 ^prqkizu i=**
 fo'k; % fgluh Hk'kk f'k{k.k

fo'k; kæk bdkbdkj %

bdkbZ Ø-	bdkbZ dk uke
1-	Hk'kk dh ifjHk'kk] iÑfr , oa ekud Lo: i 1-1 ckyh vls Hk'kk 1-2 e/; insk dh cky; k&csyh] ekyoh] fuekMh , oa xkæ/h 1-3 jk'V ^a Hk'kk dh vko'; drk , oa egRo 1-4 ekud fgluh Hk'kk dh mi; ksxrk , oa egRo 1-5 fgluh dk ekud Lo: i 1-6 fgluh f'k{k.k ds xqk rFkk Hk'kk'edk
2-	/ofu foKku 2-1 /ofu ds y{k.k , oa Hk'kk; h /ofu 2-2 fgluh ds Loj] 0; æt u , oa ml dk oxhædj.k

- 3- **0; kdjf.kr rRo**
 3-1 'kCn ,oa in
 3-2 fodkj h ,oa vf/kdkjh 'kCn
 3-3 'kCn jpuk ,oa okD; foKku] 0; kD; jpuk] okD; ds xqk] l jy] feJ o
 l a Ør okD;] Hkko vk/kkfjr okD; Hkn] okP; ¼ kj ðHkd f'k{k dh i kB;
 i t rd ea l s x | ,oa i | dk v/; ; u o l æf/kr Hk'kk; h 0; kdj .k dk
 v/; ; u] 'kCn jpuk ,oa okD; foKku½
- 4- **vFkfoKku**
 4-1 'kCn o vFk
 4-2 vFk cksk dh n'kk, ;
 4-3 vFk foLrkj dh n'kk,] foLrkj] l ækp] vFk kzs k] mRd"lz vi d"lz
 4-4 vFk ifjorú ds i æ[k dkj .k
 4-5 vyækj iz ksx
- 5- **Hk'kk; h dSky**
 5-1 **Jo.k dSky**
 ½ ½ **Jo.k dSky fodkl dh fof/k; k**
 ½ ½ **vH; kl l lexh**
 okrkyki
 okD; jpuk
 iz ukRrj
 dgkuh dFku
 ?kVuk o. kú
 ; k=k o. kú
 dkO; i kB
 5-2 Hk'kk dSky
 vfHko; fDr dSky] i okg] okrkyki
 vfHko; fDr ds vk/kkj ij jpuk] 'kCn : i] incdku] ekuo Hk'kk dk iz ksx]
 Li"Vrk] xfr'khyrk] Øec) rk] i HkkoRi kndrk] egkojnkj Hk'kk dk iz ksx]
 f'k"Vkpjkud kj Hk'kk dk iz ksx Hk'kk foLrkj] l kj] l æki
 5-3 okpu dSky] l Loj ,oa ekú okpu &
 l Loj okpu dh i æ[k fof/k; k] Loj kPpkj .k
 fof/k] dFku ,oa o. kú fof/k] vuølj .k fof/k
 /; fu] l kE; fof/k] Hk'kk f'k{k.k ; æ fof/kA
 5-4 y[ku dSky &
 v- fyf[kr vfHko; fDr ds ; ká=d i {k&o. k] fojkekfn fplg
 c- l økP;] l tñj y[ku
 l- jpuk] fuclU/k] i =] dgkuh] , dkæh] l æej .k
 n- egkojs o ykæksDr; k;
- 6- f'k{k.k i fof/k; k;
 v½ 6-1 /ofu l kE; fof/k
 6-2 l uks vkš ckyks
 6-3 n[kka vkš dgka
 6-4 vuølj .k fof/k
 6-5 bdkbz f'k{k.k
 6-7 iz u ; øDr
 6-7 vH; kl fof/k
 6-8 U; urue 'kCn ; æ fof/k
 6-9 0; frjædh fo'ysk.k fof/k

- 6-10 vlxeu , oa fuxeu fof/k
 6-11 Hkk"kk f'k{k.k vlsj l o kn
 6-12 Hkk"kk f'k{k.k ea fp=ka dk mi ; ksx
 1/2 Hkk"kk f'k{k.k ds fofo/k fo/kkva ea Hkk"kk f'k{k.k
 6-13 dfork o Hkk"kk f'k{k.k
 6-14 x | , oa Hkk"kk f'k{k.k
 6-15 0; kdj.k , oa Hkk"kk f'k{k.k
 6-16 , dkdh , oa Hkk"kk f'k{k.k
 6-17 dgkuh , oa Hkk"kk f'k{k.k
- 7- Hkk"kk f'k{k.k&eW; ka du , oauokpj**
 7-1 l rr~, oa 0; ki d eW; ka du
 7-2 n{krk vk/kkfjr eW; ka du
 7-3 eW; ka du dh fo'ksrk, & FkkFkz] fo'ol uh; rk tlp ea l qerk] oLrfu"Brk]
 0; kogkfjdrk] oSkfudrk , oa rkfdzrkA
 7-4 eW; ka du ds izdkj & funkukRed , oami pkj kRed] Loew; ka du
 7-5 ijh{kk , oa eW; ka duA
 7-6 izu i= jpuk & ekS[kd] fyf[kr] oLrfu"V] y?kpnRrjh;] fucdkkukRedA
 7-7 Cyfi W ds vk/kkj ij izui= jpuk o ifj.kkka dk fo'ySk.k] vkn'kz mRrjka dh
 jpukA
- 8- Hkk"kk iz ks'kyk**
 8-1 Lo: ij egRo , oami ; ksxrk
 8-2 l gk; d l kexh
 8-3 n' ; &J0; ek/; eka dk iz ks
 8-4 Hkk"kk f'k{k.k ds {ks= ea f0; kRed vuq dku
- 9- l hNr Hkk"kk&0; kdj.k o jpuk**
 9-1 fglnh o l hNr Hkk"kk ea 'kCnkFKz o 0; kdj.k dh l ekurk, j o vl ekurk; A
 9-2 l hNr Hkk"kk ea i ; kz okph] foyke 'kCn o ipfyr l fDr; kA
 9-3 l hNr 0; kdj.k ; Fkk&l k] l oLke] fo'ksk.k] f0; k] fyak] opu] dkjd] foHkDr]
 'kCn : ij /kkrq ij l h/k] l ekl] mil xz rFkk iR; ; A
 9-4 l hNr jpuk&fyfi o o.kkyk] /; fu mPpkj.k] o.k] 'kCn] okD; jpukA
 9-5 l hNr eafucak o i= y[kuA
- 10- l hNr Hkk"kk dh f'k{k.k fof/k; k**
 10-1 l Hkk"kk.k fof/k] Lojkkpj fof/k] vuqj.k fof/k] iR; {k fof/k] /ofu l kE; fof/k]
 vuqkn fof/k] l eok; fof/k] fp= o.ku fof/k] dgkuh dFku fof/k] vuqkn fof/k] l qks
 vlsj cksyks fof/k] vH; kl fof/kA
 10-2 l hNr fo"k; ea eW; ka du
 l =xr dk; l

Vhi %&fuEukidr ea l s dkbz i kpA

- 1- LFkkuh; ifjosk ea ipfyr ykdkDr; ka vlsj egkojka dk l dyu djuk 1/25\$25 1/2
- 2- LFkkuh; cksy; ka ea fglnh rRl e vlsj rnHko 'kCnka dh l ph cukukA 100 'kCn
- 3- 'kp] mPpkj.kka l s l ad/kr , d vkm; ks ds v/ rS kj djukA
- 4- d{kk l l s5 rd cgpd{kk f'k{k.k dh ; kstuk cukukA
- 5- Hkk"kk iz ks'kyk ds iR; {k voyka du ds vk/kkj ij dkbz 10 Hkk"kk; h [ksy cukukA
- 6- usrd eW; l Ecdh&fo"k; ka ij dgkuh fuekz k djuk] budh i kB ; kstuk cukukA
- 7- l e l kekf; d fo"k; ka ij fucak y[kuA
- 8- l a Dr o.kk&l scus 'kCnka dk l dyu] jQ , oa Ldkj l scus 'kCnka dk l dyuA

- 9- foykæ 'kCnka ds pkVZ dk fuekZkA 50 'kCn
- 10- Hkk"kkxr , d l eL; k dk p; u dj fØ; kRed vuq ðkku dh ik; kstuk dk fuekZkA
- 11- , d /ofu okys 10 0; atuka dh l ph cukb, A
- 12- nk&nks l jy feJ , oa l a Ør okD; cukb, A
- 13- fdl h , d bdkbz ds dfBu fclUnh/ka ds fuokj .k grqfunkukRed , oami pkj kRed f'k{k.k dh ; kstuk cukb, A
- 14- ikB; i qrd ea l si kp l Hkk"kr 'ykdka dks dBLFk djuka
- 15- ikB; i qrd ea l snl l fDr; ka dk p; u dj HkkokFkZ fy[kuka
- 16- okX; æ dk ukekdr fp= cukdj o.kæ ds mPpkj .k] LFkku dk o.ku djuka
- 17- l ðÑr l kfgR; ds , d dfo] , d ukVddkj] , d ys[kd dk l keku; ifjp; , oamudh jpukvka dk pkVZ cukuka
- 18- ikB; i qrd ea l si kBa ds vk/kkj ij nks x | , oanks i | ikBka dh ikB ; kstuk , oa l æf/kr vf/kxe l kexh dk fuekZk djuka
- 19- l ðÑr ikP; & xBfFka dk l keku; Kku&Yon] onkax] mifu"kn] egkHkkj r] jkek; .k½
- 20- ek/; fed Lrj ij ipfyr fdl h , d l ðÑr ikB; i qrd dh l eh{kka
- 21- fglUnh rFkk l Ecã/kr Hkk"kk ea 'kCnkFkZ rFkk 0; kdj .k l ædkh dÑ l ekurkva , oa vl ekurkva dk mYys[k djuka
- 22- l ðÑr o.kæky dk pkVZ cukuka

l UnfHkZ i qrdæ

- | | | |
|------------------------------|---|----------------------|
| 1- fglUnh f'k{k.k | & | jke fcgkjh yky |
| 2- fglUnh Hkk"kk /ofu l jpuk | & | HkksykukFk frokjh |
| 3- fglUnh 0; kdj .k | & | i ðMr dkerki ð kn xq |
| 4- Hkk"kk foKku | & | HkksykukFk frokjh |



**i=kpkj iB; Øe
ek;/ fed f'k{k e.My e-ç-] Hkiky
½kj k I ok/kdkj I jf{kr½
fMylek bu , T; øðku] ijh{k
iEke o'k**

ižu i= & pr{k

fo"k; & fgluh Hk"kk f'k{k.k **iB&1**

fo"k; k&k Hk"kk dh ifjHk"kk iÑfr , oaekud Lo: i

- 1 ckyh v{k Hk"kk
- 2 e/; i nsk dh cky; k&cnyh] ekyoh] fuekMh , oa xk/h
- 3 jk"V^a Hk"kk dh vko' ; drk , oa egRo
- 4 ekud fgluh Hk"kk dh mi ; ksrk , oa egRo
- 5 fgluh dk ekud Lo: i
- 6 fgluh f'k{k d s xqk rFk Hkiedk

**fi; Nk=l; ki d]
iŁrkouk**

Hk"kk ekuo thou dh , d I keku; o I rr-ifØ; k gš ftl sekuo dksbz oj }kj k fn; k veW; mi gjk dgk tkrk gA Hk"kk dk vkjHk ekuo ds tle ds I kFk gh gks tkrk gA foHkuu dksky tš scksyuk] I quk] i <uk] fy [kuk] I e>uk dks ijk djrsgq 0; fDr Hk"kk eafui qkrk i ktr djrk gA vkjHk eaekyd Hk{k yxusij jkrk gsrsek; I e> tkrh gšfd ckyd dks Hk{k yxh gA fQj /khj/s/khjs ijfokj ds I a dZea;gdj] vki I h I øknka dks I ødj ckyd mudk vuøj.k djrk gšvkš bl rjg og Hk"kk ds {ks= eaikjær gks tkrk gA bl n"V I sge dg I drsgšfd Hk"kk vuøj.k dh oLrqgšrFk fujær pyus okyh ifØ; k gA

i R; d ifjokj dh viuh ckyh gsrh gš dkbzkyoh rksdkbz cnyh] c?kyh] fuekMh] xk/h ckyh ckyusokysgA ckyd I oŁ Eke blgh ds I a dZea;vrk gšifj.kke Lo: i og ; g ckyh I h[krk gšftl sml dh ekrHk"kk dgk tkrk gA /khj &/khjsckyd dk I a dZ {ks= c<Fk gš I ekt vkš f'k{k ds {ks= eamI dk ifj.kke jk"V Hk"kk vkš ekud Hk"kk I sgrk gA pkgsog fd I h Hk" fo"k; dk f'k{k{kFkz jgs Hk"kk I nð ml dseny ea;grh gA vr%ml dk Hk"kk; h i{k I øi<+vkš etar gksuk vfr vko' ; d gA bl I a wkz ifØ; k eaegRo i wkz Hkiedk Hk"kk f'k{k d dh gsrh gšHk"kk f'k{k d s k gksuk pkfg,] ckyd ds thou esml dh D; k Hkiedk gš; g Hk" tkuuk vfr vko' ; d gA

mnas; &

Hk"kk thou dksu døy øKkfud Lrj inku djrh gšvfi r q thou dh fn'kk Hk" r; djrh gšHk"kouk vka dk , d okrkoj.k eu earš kj djrh gšgekjh vHk0; fDr dksy inku djrh gA og 0; fDr ds vLrj d vkš ckã nkska gh Lo: i ka dksfu [kj rh gA Hk"kk gh og I k/ku gšftl ds }kj k ge vi usKku foKku dks I øpr j [k I drsgš vi usfpru dksvk/kj inku

dj l drsga nū jka ds fopkjka l svoxr gkus ds l kfk l kfk vius fopkjka dks Hkh l ekt ds l e{k i Lrŋ dj l drsga bl nŋV l sdgar ksvfr'k; k fDr u gksch fd Hkk"kk jk"Vh; o vŋrjk"Vh; Lrj ij Hkkoukvkavkš fopkjka dks 0; Dr djusdk vuŋe l k/ku gā

Hkk"kk ds bl h egRo o mi ; kšxrk dks nškrsgq bl si kB; Øe ea l ek; kštr fd; k x; k rkfd bl ds v/; ; u }kjk fo | k fFkz; kads fopkjka dks l ŋ ŋ dr o l eŋur cuk l ds D; kād vPNs fopkjka }kjk vPNk pfj = fufeŋ gksrk gSvkš vPNs pfj = ka l sgh , d vPNk xfr'khy l ektA ; g rHkh l Hko gS tc f'k{k dsek/; e ds : i ea Hkk"kk dk LFku fu/kkZjr gā

Hkk"kk ifjHkk"kk idŋr , oaeud Lo: i

Hkk"kk bZoj }kjk inRr vuŋd ojnku ka ea l cl segroi wkvš egku ojnku gā nū js'kCnka eage dgarks; g Hkk"kh gh ekuo dh mlufŋr dk ey dkj .k gSftl dscy ij dHkh dnjvkvea jgusokyk ekuo vkt pŋn ij igŋ x; k gā Hkk"kk ds }kjk gh og vius Hkko] fopkj vkš vuŋko nū jka ds l keus 0; Dr dj i krk gSvkš nū jka ds Hkko] fopkj vkš vuŋkoka dks xg.k dj i kus ea l eFkz gksrk gā gekjs eg l s dgs tkus okys 'kCn vkš okD; ka d k ; g l eg gh Hkk"kk gā tks vkt gekjh vŋHko; fDr dk l cl sl 'kDr ek/; e gSbruk gh ugha ekuo thou eavkj Hk l svar rd Hkk"kk 0; klr gā thou dk dks bZ Hkh iy , d k ugha tc ge Hkk"kk ghurk dh fLFkr dks thrs gks pksge vdsys gka ; k fdl h ds l kfk gk nū jka ds l kfk ckr djus ds vykok ge vius vki l s Hkh ckr djrs gā

oLrŋ% Hkk"kk ekuo l sekuo dks tk/ys dk l rŋgS, d idkj l s ; g ekuoh; l ŋzka dh fu/kkZj dk gā ; gha l s ; g l kelftd l jkdj dh ŋLrŋcu tkrh gā 0; fDr ds tle l sydj vkt rd tš s tš s 0; fDr dh l kŋ] vkpkj 0; ogkj ea ifjorū gksrk x; k oš s & oš s Hkk"kk ea Hkh ifjorū gksrk tk jgk gā ; Fkk ikphu dky ea ekuo b'kij kao l ŋs kads vknku inku l svius fopkj 0; Dr djrk Fkkj 0; ki d nŋV l snškus ij ; s Hkh ek/; e Hkk"kk dgykrsgā i'kqif{k; ka d k ij Li j l ŋkn] ekš Hkk"kk e/kŋFD [k; ka dh ur; Hkk"kk vkfn l Hkh Hkk"kk ds {ks= ea ; g : i l o z xā;] l j l o cks k x E; gā vr%; gh Hkk"kk dk l 'kDr ek/; e dgk tkrk gā Hkk"kk dk , d Lo: i og gSftl seut; ckyrk gā

bl idkj Hkk"kk ds nks : i gekjs l keus gSftudsek/; e l sge nū jka ds l e{k vius Hkko ; k fopkj idV djrs gā

- 1- fyf[kr
- 2- ekš[kd

1- Hkk"kk dh ifjHkk"kk, j &

Hkkjrh; , oa i k' pkr; fo }kuka us Hkk"kk dh fofHku ifjHkk"kk, j nh gā dŋ i eŋk ifjHkk"kk, j fuEukuŋ kj gš%

- 1- ^tks ok.kh o.kk&l s 0; Dr gksrh gSml s Hkk"kk dgrsgā ** & egŋkz i rtfy
- 2- ^Hkk"kk og l k/ku gSftl ds }kjk eut; vius fopkj nū jka ij Hkyhi d k j i xV dj l drk gSvkš nū jka ds fopkj vki Li "Vr; k l e> l drsgā** & dkerki d kn xq
- 3- ^eut; vkš eut; ds chp oLrŋ/kads fo"k; ea viuh bPNk vkš efr dk vknku & inku djus ds fy, 0; Dr /ofu l ŋs ka dk tks 0; ogkj gksrk gš ml s Hkk"kk dgrsgā** & MKW ' ; kel ŋnj nkl
- 4- ^Hkk"kk fuf'pr iz Ru ds QyLo: i eut; dseŋk l sfu% r og l kFkd /ofu l efV gš ftl dk fo'yš.k o v/; ; u gks l dā** & MKW Hkksy kuk Fk frokj h
- 5- ^ftu /ofu fpgeka }kjk eut; ij Li j fopkj fofue; djrk gš ml dks l efV : i l s Hkk"kk dgrsgā**

MKW ckcjke l DI šk

ik'pkr; fo }kuka ds vuŋkj &

^fopkj vkrk dh ead vFkok v/ou; kRed ckr phr gš tks/ou; kRed cudj gkška ij idV gksrsg Hkk"kk dgykrh gā** & lyš/ks

^yOu; kRed 'kCnka }kjk fopkjka dh vŋHko; fā dk uke Hkk"kk gā** LoŋV

^Hkk^kk 0; fä /ofu&fpguka dh og i) fr gß ftl dsek/; e l s l ekt ds0; fä ijLij 0; ogkj djrs gß

**Cykkl rFkk Vxj

^0; Dr /ofu fpguka dh bl i) fr dks Hkk^kk dgrs gß ftl ds ek/; e l s l ekt fo'kSk ds l nL; ikjLifjd fopkj&fofue; djrs gß**bul kbDyki hfM; k fcL/fudk

mi ; Dr i fjHkk^kkvka l sLi "V gsrk gSfd Hkk^kk dksydj bu Hkk^kkfonkadsfopkjkarFkk i fjHkk^kr djusdh 'ksyh eaHkys gh vUrj gksfdUrqbul s l eku rF; mHkj dj l keus vkrsgä t\$ s&

1- Hkk^kk ekuo eqk l sful r l kFkZl /ofu dksdgrsgß

2- Hkk^kk fopkjka ds vknku&inku dk l 'kDr ek/; e gSvr%bl s l keftd eku; rk gksuk vfuok; Zgß

3- l ekt }kjk fujUrj iz Dr gksus l sgh Hkk^kk dk fodkl l Hko gß

4- Hkk^kk ; knfPNd /ofu irhdka dk l eng gß

5- fHkUu&fHkUu l eng] {ks= o LFkuka ea fHkUu&fHkUu Hkk^kkvka dk iz kx gsrk gSbl fy, Hkk^kkvka ea varj gsrk gß

bl vk/kj ij ge dg l drsgßfd Hkk^kk mPpkj .k vo; oka l scksyh tkusokyh ik; %; knfPNd /ofu irhdka dh , d h 0; oLFkk gSftl ds l gksfdl h Hkh Hkk^kk; h l ekt dsyx vi usfopkjka dk vknku inku djrs gß rFkk ykxka ds vpkj fopkj] rFkk l kp Hkk^kk dks i Hkkfor djrs gß

Hkk^kk dh idr %

1- Hkk^kk eqk vo; oka l smPpkfjr gsrh gß ; | fi fofHkUu l dsrka }kjk gh vi usfopkjka dks vfhko; Dr fd; k tk l drk gSt\$ srkyh ctkdj] gko&Hkko] eqk eqk] gkFk ds l dsrka }kjk fdUrj; g Hkk^kk dk l oktä; vk\$ 0; ki d : i ughagSvr%; g Hkk^kk dh i fjf/k eaugh vkrkA

2- Hkk^kk ; knfPNd /ofu irhdka dk l eng gSvFkkr dñ irhdka dks T; ka dh R; kaea Lohdkj ds vk/kj ij Hkk^kk dsmRi fRr fl) kar ds vk/kj ij eku; rk nsnh xbz vk\$ rc l sgh Hkk^kk dh igpku cudj ipyu eavk xbA

3- ; g vko'; d gSfd ftl l eng vFkok l ekt eaHkk^kk iz Dr dh tk jgh gSml sml l ekt }kjk eku; rk iklr gksah plfg, A ml l ekt ea jgusokya ykxka }kjk ml s Lohdkj fd; ktkuk vko'; d gß

4- i R; d Hkk^kk dh viuh 0; oLFkk gsrh gSftl l sml ds ifjekftT : i dk irk pyr gSt\$ s& /ofu rRo & : i rRo & okD; rRo & vFkrRo o.këkyk rRo & 'kCn : i & okD; l j puk & l kFkZl iz kx

5- Hkk^kk , d vftT l ä fRr gSftl siz kx dsek/; e l sgh xg.k fd; k tk l drk gSvk\$ vknku inku ds }kjk gh bl dk foLrkj gsrk gß

6- Hkk^kk eafujarj i fforZu gsrk gß fujarj i Hkko gh fd l h Hkk^kk dks thfor j [krk gSvyx vyx l eng] {ks=] jkT; o n\$ kka l s Hkk^kk ds 'kCn , d Hkk^kk l sni jh Hkk^kk ea vkdj ml ds : i dks ifjofrT dj ml suohurk inku djrs gß

7- i R; d Hkk^kk dh viuh fyfi gsrh gS& i R; d Hkk^kk dh viuh fyfi gsrh gSvmPpkfjr /ofu; kadsfy, tks l dsr fuf'pr fd, tkrs gß ml gafyfi dgrsgß vFkkr fyfi Hkk^kk dk vdu gß t\$ s& fglnh dh fyfi nouxjh gß

vaxth & jkeu

mnñ & Qkj l h

fyfi Hkk^kk dks l j {k inku djus ds l kFk l kFk bl s LFkk; h Lo: i Hkh inku djrh gß vFkkr ; g Hkk^kk dk l j {k.k djrh gß

8- i R; d Hkk^kk dk , d ekud : i gsrk gS& tks ml n\$ k ds ykxka }kjk l oL Eefr l s Lohdr gksus ds l kFk l kFk n\$ kka

I seDr gsrk gA tksbl scky pky dh Hkk"kk I svyx djrk gA

9- Hkk"kk; h irhd ; knfPNd gksrgs&

iR; d Hkk"kk eaiz Dr irhd pkgso.kz gks; k 'kCn vi uh LoBNk I sLohdkj fd, x, gksragS tks/khj&/khjsi pyu ea vldj Hkk"kk ds: i eaLohdkj dj fy, tkrsgA

ikBxr izu

fuEufyf[kr okD; ka ds I e{k I gh fodYi pUdj fyf[k, &

1/4 1/2 Hkk"kk e{k I sfu% r g&

1/4 1/2 fuj FkZl /ofu 1/4 1/2 I kFkZl /ofu 1/4 1/2 nksuka ea I s dkbZ ugha

1/2 1/2 Hkk"kk ea i fjonu gsrk jgrk gS&

1/4 1/2 fuj rj 1/4 1/2 dHkh ugha 1/4 1/2 dHkh&dHkh

1-4 ckyh vj Hkk"kk

ckyh Hkk"kk dk og : i gStksfdl h Nks/sI s{ks= e}, d Nks/sI sl eg }kjk ckyh tkrh gA fdl h Nks/s{ks= eaLFkkuh; 0; ogkj I siz Dr gksusokyh Hkk"kk dk og vYifodfl r : i ckyh dgykrh g; ; g ek= ckyppy rd gh I hfer jgrk gSbl dk dkbZ fyf[kr : i vFkok I kfgR; ugha gsrkA I keU; r% ckyh dksge Hkk"kk dh i kFkfed voLFk Hkh dg I drsgSD; kfd Hkk"kk vtU dh mezeackyd I oFke vi us{ks= dh ckyh dsl i dZevvrk gA ckn eaf'k{kk dsek/; e ds: i eaog Hkk"kk dk mi ; ksx djrk gA

iR; d 0; fDr dh ckyppy dh Hkk"kk vi usvkl i kl ds vU; 0; fDr; ka dh Hkk"kk I sfHkUu gsrh gA LFkkuh; Hkk"kk gksus I sblgackyh dgk tkrk gA MkW HkkykukFk frokjh usckyh dks i fjHkk"kr djrs gq dgk gS& ^ckyh fdl h Hkk"kk ds, d , d s I hfer {ks=h; : i dksdgrsgStks/ofu] : i] okD; xBu 'kCn vFkZ eg rFk egkoj svkfn dh nFV I sml Hkk"kk ds i fuf"Br rFk vU; {ks=h; : i I sfHkUu gsrk g; fdUrqbbruk fHkUu Hkh ughafd vU; : i ka eackysusokysml sl e> u I d; I kFk gh ft I ds vi us{ks= ea dgha Hkh ckyusokyka dsmPpkj.k : i] jpuK] okD; xBu] vFkZ 'kCn I eg rFk egkojka vkfn ea cgr Li"V , oa egroi wkZ fHkUurk ugh gsrh gA* ; scky; k; vi usLFkkuh; {ks= dsuke I sHkh tkuh tkrh gSt; s& cny [k.M {ks= eackyh tkus okyh ckyh cnyh dgykrh gAmI h izdkj vo/k dh vo/kh ekyok dh ekyoh ckyh vkfnA buea dgh cukoVhi u ugha gSrFk LFkkuh; xdk I gt gh fey tkrh gA

Hkk"kk & tc dkbZ ckyh vi uh LFkkuh; I hek ikj dj vU; {ks=kaeavi uk i Hkko mRiUu djrh g; rc ml dh c<rh ykdfiz rk] ml ea jpk x; k I kfgR;] 'kkl dh; dk; ka eaml dk iz ksx] ml sHkk"kk dh i f/f/k ea ysvkrk gA I fo/kku }kjk ml sekU; rk i klr gks tkrh gSrFk nsk eaml scky; I e>uso i <usokys ykska dh I ; k ea I rr-of) gsrh tkrh gA

iR; d ik.kh vj; I epk; dh vi uh Hkk"kk gsrh gSD; kad Hkk"kk dk mi ; ksx djuk eut; dh tletkr izdr vj; i DrRr gA fdUrqHkk"kk dh igpku cukrk gSml dk fufgr 'kCn HkA/kj vj; fol; kl A tgkard vU; i kf.k; ka dh ckr gSiR; d i 'kq vj; i f{k; ka dh vi uh Hkk"kk gsrh gSt; s& xk; dk jHkkuk d; rsk ekfyd dks n[kdj i n fgykuk] e/kpFD [k; ka dk HkuHkukgV ds I kFk eFD [k; ka dks Qny/ka ds gksus dk vkhkkl nsuk ; sI Hkh Hkk"kk ds gh : i gSdgha I ka d; rd rks dgha ek; dgha Li 'kz rks dgha ur; I Hkh ea Hkk"kk dk iz ksx fd; k x; k gA bl nFV I sge bl sHkk"kk dk gh : i ekuacs fdUrqbu Hkk"kkvka ds I a Bk.k ræ vj; ekuo }kjk ckyh tkusokyh Hkk"kk ds I a Bk.k ræ ea dk Qh vUrj gA

ekuo vi uh Hkk"kkvka ds I kFk rhuka dkyka ea thrk gSrFk vi usparu vj; euu dk ek/; e cu I drk gA bl nFV I sHkk"kk ckyh vj; I e>us dh nFV I sHkh , d fo'kky i "BHkie eagekjs I keus vkrh gA

Hkk"kk vj; ckyh ds I eak ea vj; d; Hkh tkuuk vko'; d gA oLr-%

1/2 Hkk"kk dk {ks= foLrRr gsrk g; ckyh dk Nks/k 1/4 hfer 1/2 {ks= gsrk gA

2/2 , d Hkk"kk ea vuud cky; k; gsrh gA

- 3½ ckyh fdl h Hkk"kk l smri uu gsrh gA vr%bueae&c3/h dk l aak gA
- 4½ Hkk"kk dk ekud : i gsrk gS fdUrcksyh dk ughA
- 5½ Hkk"kk ik; %l kfgR;] f'k{kk rFkk 'kkl u dsdk; k=ea iz, qR gsrh gSfdUrcksyh ckyphk ea vjS ykd l kfgR; eagh iz, qR gsrh gA

e/; inSk dh cky; k

fdl h {k= fo'kSk eackyh tkusokyh ckyh dksml {k= dsuke l stku tkrk gA ogk dsyks ijLij vi usfopkj kadsvknu inku] rht&R; kSj] 'knh fookg dsvol jka ij xhr vkfn dsfy, bu cky; ka dk iz, kx djrs gA tS s & cnyh] ekyoh] dkj dh xkMh] Hkhyh] fuekMh vkfnA

cnyh &

cnyk {kf=; kadk jkT; gksusdsdkj.k ml {k= dkscny [kM dgk x; k rFkk ml {k= dh ckyh cnyh dgykbA ; g e/; inSk dsVhdex< } Nrji g] l Uuk] nfr; k] Xokfy; j] l kxj] nekj] ujfl g i g] gkS kackckn] fNnokMh] ckyk?kV] HkSi ky vkfn eackyh tkrh gA cnyh dh Hkh dbz mi cky; ka gS tS s & vkn'kz cnyh] [kVkyk] jkBlS] i okjh] cukQjh] dqMkj] Hknkojh] ykSkh] rFkk dkj] hA bl sHk"kk ds: i eaHkh nSkk tk l drk gSD; kAd bl l sl aB/kr dkOh l kfgR; miyC/k gS l kFk gh fofHku i kB; Øeka ea bl ckyh dksv/; ; u gsrq'kkfey fd; k x; k gA

ekyoh&

ekyok {k= eackyh tkusokyh ckyh ekyoh dgykrh gA ml dk {k= mTtU] nokl] /kkj] blnkS] eml kS] 'kktki g] l hgkj vkfn gA ekyok vpy ea fofHku l Ldkj ka dsvol jka ij ge ekyoh dsyk dxhr ka dks l q. l drs gA

fuekMh &

fuekMh] [kMok] [kj xksu] cMokuh dsvkl ikl ds {k= eackyh tkusokyh ckyh gA

c/kyh &

ck?kyk jktkvka dsuke ij bl {k= ij uke c?ky [k.M i M k vjS bl {k= dh Hkk"kk c?kyh dgykbA bl svo/kh dh nf{k.kh 'kk [kk Hkh dgk tk l drk gA ; g ckyh jhok] nekj] tcyi g] eMyk] ckyk?kV] dsvkl & ikl ckyh tkrh gA jhok bl dk e[; dlnz gA

XkMh

l qj txyka ea jgus dh vkfn tutkfr; ka vkfnokl h dgykrh gS blgha ds }kjk ckyh tkusokyh cky; ka ea dkj dh HkhykMh] xkMh ckyh gS tks > kcyk] cny] jk; l su vkfn eackyh tkrh gA xkMh vkfnokl h ckyh gA

ikBxr izu

l gh fodYi p; u dhft, &

3- ckyh ea fufgr gS&

¼d½ uohurk ¼k½ 0; kdj.k ¼x½ LFkkuh; xdk ¼k½ oKkfudrk

4- Hkk"kk ckyh dh viSk vkI ku gS&

¼d½ l h [kus ea ¼k½ ckyh ea ¼x½ l a Bk.k ea ¼k½ mi jkDr rhuka

jk"VHk"kk dh vlo' ; drk , oaegRo&

i R; d jk"Vª dh viuh fu'fpr Hkk"kk gsrh gS tksml dh l cl sieqk igpku gsrh gS l a wkZ jk"Vª ml Hkk"kk] dk iz, kx djrk gA l io/kku }kjk ml seku; rk inku dh tkrh gS bl dkj.k ; g 'kkl u iz kkl u ds {k= ea iz, qR dh tkrh gA fcuk jk"Vª Hkk"kk ds jk"Vª ea dkbz Hkh dk; Z l q; kstr : i l sughags l drk rFkk Hkk"kk ds {k= ea l nB vjkt drk dh fLFkr cuh jgrh gA ge dg l drs gS fd fcuk jk"VHk"kk ds jk"Vª ds l okZk.k fodkl l Hko ugha gA D; kAd ijLij fopkj fofue;] l okn i=kpkj] vki l h l e> ea Hkk"kk gh gekjh enn djrh gA

bl hfy, HkKj rBnqgfj 'kplnz us dgk Hkh gS&

^fut Hkk^kk mlufv vg} l c mlufv dksyA
fcu fut Hkk^kk Kku d} feVr u fg; dks 'knyA**

Hkk^kk gh gStksl i wLzjk^V^dks, drk ds l = eack/kdj j [krh gA mueajk^Vh; rk dk Hkko tkr djrh gA vr%jk^V^
dsfy, ml dh viuh , d fu/kkZjr o l oEku; Hkk^kk gksuk vfuok; ZgA ; gh jk^V^ dh l idZ Hkk^kk gksrh gA

egRo &

iR; d jk^V^ dsdN viusekud gksrg} tS } jk^Vh; i qi] jk^Vh;] i 'kj i {kh} QyA ml h rjg jk^V^ dh viuh Hkk^kk
Hkh gksrh gA ; g Hkk^kk jk^V^Hkk^kk dgykrh gA MKW }kjfdki d kn l DI Sak dsvuq kj &^tksHkk^kk fdl h jk^V^ dsfHku&fHku Hkk^k; ka
dsi kjLifjd fopkj fofue; dk l k/ku curh g}Zl epsjk^V^ dksekukRed , drk ds l = eack/krh g} ml sjk^V^Hkk^kk dgrsgA**
jk^V^ dsbfrgk l kfgR;] l dfr] ml jk^V^ dh foKku] pfdRI k] rdudh fodkl vkfn ds {ks= eafufgr mi yfC/k; ka dks
l afgr djuseajk^V^Hkk^kk dh egrh Hkfedk gA jk^V^ Hkk^kk fdl h Hkh jk^V^ dh , drk ds l q<+cukuseami ; kxh gksrh g}fdl h
Hkh ikr dk 0; fDr nskdsfdl h Hkh dksuseapyk tk; ml sviusfopkj fofue; eafdl h idkj dh dkbZ dfBukbz ugha gksrh
D; kfd ml Hkk^kk dksksyusokysyx l i wLznk dsfo | eku jgrsgA iR; d jk^V^ dh dkbZ, d Hkk^kk gh jk^V^ Hkk^kk curh gA
bl n^V l s; snk Hkj dsyxka dks ijLij tkM}jgrh gA fo}kuka usdgk Hkh gSdh ; qk i h<h dh Hkk^kk dksfcxkM+nht ,
og nsk viusvki iru dsxrZeapyk tk, xkA bl h l svntk yxk; k tk l drk gSfd jk^V^ Hkk^kk fdl h jk^V^ dsfodkl
dsfy, D; k ek; usj [krh gA D; kfd Hkk^kk dk l Hkko l dfr ij v} l dfr l st}Hk gksrk gA l ekt v} jk^V^ Hkk^kk ds
l Hkkfor gksus ij ; sl Hkh l Hkkfor gq fcuk ughajg l drA

iBxr izu &

fuEufyf[kr okD; ka ds l e{k l gh fodYi p}dj fyf[k, &

5- gekjh jk^V^Hkk^kk g&
d} czt Hkk^kk }k} vo/kh Hkk^kk }x} fgluh Hkk^kk

6- gekjh jk^V^Hkk^kk geack/krh g&
d} tkrh; l = ea }k} HkkoukRed , drk ds l = ea }x} o.kD; oLFk ds l = ea

ekud fgah Hkk^kk mi ; k}rk v} egRo

Hkkjr , d cghHkk^kh nsk gStglau d}y dbZHkk^kk, acksyh tkrh gsoju , d gh Hkk^kkvka dh Hkh dbZmi Hkk^kk, aHkh ipyu
eagA ml h idkj fgluh dsHkh vucl : i ipyu eagStS s& Hkkt i jh fgluh] c?syh fgluh] vo/kh] fgluh] fuekMh] ekyoh vkfnA
, d sea; fn dkbZ vfglunh Hkk^kh 0; fDr fglunh l h[kuk pkgsrksml ds l e{k ; g l eL; k vkrh gSfd og dka l h fglunh l h[kk
rkfd 0; ogkj eaml dk dke vkl ku gks l dsml h ds l kfk] l jdkjh dkedkt] vkdk'kok.kh] nijn'kZu jk^Vh; Lrj ij l ekpkj
i=} egRo i wLz l pukvka dk vknku inku fQYe} l kfgR; vkfn dsfy, Hkh fodV l eL; k mi l Fkr gksrh gSfd vkf[kj dka l h
fglunh dksviuk; k tk; \ ftl dsfujkdj.k dk , d ek= gy gS}fuokj .k}fd fglunh dsbu fofHku : i kadschp dkbZ, d k : i
gksuk pkfg, tks l oz 0; ki d] l oz eku; gk} fglunh ds l Hkh fo}kuka }k}k iz }r] 0; kdj.k nkska l se}r] vf/kdkk yxka }k}k
l e>h] fy[kh o i<h tkusokyh Hkk^kk gksrkfd T; knk l sT; knk 0; kogkfj d : i eaml dk iz sx fd; k tk l dA okLro ea
f'kf[kr oxZviu} l keftd] l kfgR; d] 0; kogkfj d o}ku rFk iz kkl dh; dk; kaeft l Hkk^kk dk iz sx djrk gA Hkk^kk ekud
Hkk^kk dgykrh gA ekud Hkk^kk viusjkt; @jk^V^ dk l Ei dZ Hkk^kk Hkh gksrh gA bl vk/kkj ij ge dg l drsg}fd &

fglunh dk l oEku;] l koLohdfr] l o}fr}Br : i gh ekud fgah Hkk^kk gA fo}kuka usekud Hkk^kk dspkj i e[k rRo
crk, j g&%

- 1- , frgkl drk & ekud Hkk^kk dk xk}oe; bfrgkl rFk foiy l kfgR; gksuk pkfg, A
- 2- ekudhdj.k & Hkk^kk dk dkbZ l quf'pr v} l qu/kkZjr : i gksuk pkfg, A
- 3- thorrk & Hkk^kk l kfgR; ds l kfk l kfk foKku] n'kZu vkfn {ks=kaeiz }r dh xbzgksrFk uokpkj eai wLz : i l sl {ke

gkA

4- Lok; rrk & Hkk"kk fdl h vU; Hkk"kk ij vkfJr u gkdj viuh Loræ fyfi] 'kCnkoyh o 0; kdj.k ij [krh gA oræku eæejB] I gkjuig rFkk fnYyh ds ikl ckyh tkusokyh ckyh Hkk"kk dk ifjfuf"Br : i gSftl s [kMh ckyh dgk tkrk gSLorærk i kfr dsi 'pkr fgluh dksekud Hkk"kk cukusgrqdkQh iz kl fd; k x; k vksj vkt fgluh dk ; gh : i ipyu eægA

1- **jkt&dk dh Hkk"kk &** ds: i eæekud Hkk"kk] cgn dkjxj fl) gkrh gSfofHkuu dk; kÿ; kÿ Ldu/kÿ egkfo | ky; kæa ; g Hkk"kk I ä ßk.k dh nf"V I s d k Qh I fo/kk tud gkrh gA

2- **Klu&foKlu dh Hkk"kk &** /ke] n'kZ vksj foKku vkfn ds {ks= eæekud Hkk"kk dk iz; kx} Hkk"kk dh mi ; kfxrk dksc<krk gA

3- **I kfgR; o I h dfr dh Hkk"kk &** I kfgR; y[ku rFkk fofHkuu vksj pkfjd vol jka ij bl h Hkk"kk ij iz; kx fd; k tkrk gA

4- **euljæ tu ds {ks= eæ&** vkdk'kok.kh] njn'kZ] fl uæ] pyfp= I ekpkji = o if=dkvkaæabl h Hkk"kk dk iz; kx fd; k tkrk gA

5- **f'k{k ds {ks= eami ; kfxrk &** fofHkuu fo | ky; kÿ egkfo | ky; ka ds i k B; Øeka ea v/; ki u] ifj; kst uk dk; Z rFkk 'kksk vksj vuq ækku gsrqbl Hkk"kk dk iz; kx fd; k tkrk gA

6- **vuqkn dh Hkk"kk ds: i eæ&** vPNs I kfgR; ds vuqkn gsrqfglunh ekud Hkk"kk dk iz; kx fd; k tkrk gSrkfd vf/kd I s Hkk"kk ds mrd"V I kfgR; dks tu tu rd igpk; k tk I dA

7- **dkuu o fpdfRI k rduhdh ds {ks= eæ&** i R; d {ks= dh viuh 'kCnkoyh gkrh gStS sfoKku] dkuu] rduhdh vkfn bu 'kCnkofy; ka dsekud : i r\$ kj fd, tkrsg] ftl I s bl Hkk"kk dks ckskxE; cuk; k tk I drk gA

8- **I kekfd ifr"bk dk irhd &** ekud gks ds d kj .k I Hkh bl dk iz; kx d j r gA

9- **, drk dsl æ eack/krh g&&** jkt dkt] f'k{k] I ä dz dh , d ekud Hkk"kk gks s ; sykska dks, d I æ eack/krh gA

10- f'k"V I ekt dh Hkk"kk & {ks= I sckg iz; Ør gksusokyh Hkk"kk eæekud Hkk"kk dk viuk egRo gA bl dsek/; e I s i j s tul epk; I s I ä dz LFk fir gks I drk gA

egRo & ekud fglunh Hkk"kk eæekud 'kCnkadk iz; kx gksus rFkk 0; kdj .k I Eer Hkk"kk gks s ; g Hkk"kk mPpkj .k o y[ku nkska eægh v'kÿ) ; ka I s eØr gkrh gæ rFkk I eLr ifr"Br o vksj pkfjd vol jka ij bl dk iz; kx fd; k tkrk g] 'kkl u dh vf/kdr Hkk"kk gks s I s I ä wkz iz; kkl u i fØ; k eabl h Hkk"kk dk iz; kx fd; k tkrk gA bl dk xk] o'kkyh bfrgkI gks s I s bl eæ foig I kfgR; mi yC/k gsrk gA Hkk"kk dk Lo: i I fuf'pr vksj I fu/kkZj r gks s I s bl Hkk"kk dks ckyu] I h[kus o I e>useæ dkQh I fo/kk gkrh gA ekud Hkk"kk dk , d xqk gSfd bl eæxfr'khyrk cuh jgrh gA f'k{k] dkuu] foKku] fpdfRI k] vuq æ kku ds {ks= eæekud Hkk"kk dk iz; kx u dÿ i fØ; k dks I j I cukrk gsoju ml s I h[ku] eæHkh I gk; d gsrk gA

vkt fofHkuu Hkk"kkvka ds JSB I kfgR; dk vuqkn ekud Hkk"kk dk mi yC/k dj; k tk jgk g] rkfd vf/kd I svf/ kd ykx ml I kfgR; I svoxr gks I dA bl dsl kFk gh viuh Loræ fyfi o 'kCnkoyh rFkk 0; kdj .k gks s I s bl eæ I ang dh I Hkkouk Hkh ughajgrhA bl nf"V I sge dg I drsgfd &

fdl h Hkh {ks= i nsk eaf'k{k] rduhdh] dkuu] vksj pkfjd fLFkr; kÿ y[ku] iz; kkl u] I ædkh xrfok; ka rFkk f'k"V I ekt eæ iz; Ør djugsrqekud Hkk"kk dk egRo i wkz LFkku gA ; g u dÿ I d ædr o I k/kk"kk gScfyd gekjh I ä ßk.k {kerk dks Hkh c<krh gA

fglunh dk ekud Lo: i & ekud fglunh Hkk"kk I ækrI ; Zfglunh Hkk"kk ds ml fLFkj : i I sgæ tks ml i j s {ks= eæ 'kCnkoyh rFkk 0; kdj .k dh nf"V I s I e>uS; kx; rFkk I Hkh ykxka }kj ekU; g] ckskxE; gkA vU; Hkk"kkvka dh viækk ifr"Br gkA 0; kdj .k I Eer gkA

fglunh gh vk/kqud ekud 'kkyh dk fodkl fglunh Hkk"kk dh , d ckyh] ftl dk uke [kMh ckyh g] ds vk/kkj ij gpyk

gā fgluh ckyh] ct] vo/kh] fuekMh vkfn {ks=ka dsyks ijLij 0; ogkj eaviuh blgh {ks=h; cksy; ka dki mi; ks djrs gēexj vks p fjd vol jka ij ekud fgluh dk gh iz, ks djrs gā mnkgj .k Lo: i effkyh'kj .k xlr fpj xkp ds Fksos?kj eacpsy [k.Mh ckyrs Fks ml h izdkj g tkjh id kn f} onh Hkkst i g ds Fks?kj ea Hkkst i g h ckyrs Fks fdUrq; s l Hkh 0; fDr tc l kfgR; fy [krs Fks rks ekud Hkk"kk dk 0; ogkj djrs FkA vr%ge dg l drsgēfd ekud Hkk"kk viuh Hkk"kk dk , d fof'k"V Lrj gā

ekud Lo: i &

fglunh ^ekud* 'kCn l srkri ; Zgs i ekuk ftl dh mri fRr vaxst h ds LV&MMZ 'kCn ds LFkku ij g pZ gā jkepnz oekZ us 1949 ea l oā Fke vi us izdkf' kr ^i tekf .kd fglunh dksk* ea ekud 'kCn dks iz, q r fd; kA bl dk vFkZ ml gkaus' fuf' pr ; k flFkj fd; k gqk l oēkU; ^eku ; k eki* crk; k ftl ds vuq kj fd l h Hkh ; kx; rk] JSBrk] xqk vkfn dk vuqku ; k dYi uk dh tkrh gā*

rc ; gh 'kCn Hkk"kk ds {ks= ea 'LV&MMZY'ost* %ekud Hkk"kk½ ds: i ea iz q r gqkA fglunh vkt gekjh jkt Hkk"kk gSvkj fglunh dsdbZ: i ; gkai pyu ea gā bl l sl eL; k vkrh gSfd cpyh fglunh] c?kyh fglunh] vo/kh fglunh] gfj ; k.koh fglunh vkfn , d sea; fn dkbZ 0; fDr fglunh l h [kuk p kgs vFkok vi uk l kfgR; fglunh eafy [kuk p kgs, d , d h fglunh eaft l sl Hkh i < l d} l ekpkj i =] nijn'kZi] vkdk'kok.kh] vkfn rc l Hkh ds l e{k ; g izu egg ck, [kMk gksxk fd dkd l h fglunh\ osv i uk, rkfd mudk Je l kFkd gkA bl dkj .k gh ekud fgnh Hkk"kk dks LFkfi r fd; k x; kA

fglunh Hkk"kk ea ekudrk ml ds fyf [kr vkj eS [kd nksuka : i ka ea n [kus dks feyrh gā y [ku dh n"V l s Hkkjr l jdkj ds dsh; funskky; } kjk fglunh ea ekud o.kēkyk i Lr q dh gā dfri ; o.kZ l a q r o.kZ vkj okD; ka dsekud : i i Lr q g&

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- 3- **vk'koknhj I a eh &** , d f'k{k d ds0; fDrRo dk vk'koknh vks I a eh gksuk cgr vko' ; d gSrkfd ml ds0; ogkj ea l nb I rgyu cuk jgA og mnM I smnM Nk=ka dk Hkh /kS i mZ I keuk dj I dA
- 4- **ckyeulsfoKlu dk Klu &** f'k{k d dk I keuk fur u, ckydks I s gsrk jgrk gS vr% mudh vko' ; drkvk ekufI drkI dk xgu v/ ; ; u gksuk f'k{k d dk i e[k xqk gA
- 5- **fo'k; dsKlu dsifr vRe fo'okl &** viusfo'k; dsifr vfhkeu Hk'kk f'k{k d dk i e[k xqk gSrkfd og i wk vRefo'okl ds I kFk cPka dks v/ ; ki u djok I dA
- 6- **0; kol k; d if'k{k.k &** f'k{k d dks i Hkko d kjh f'k{k.k ds I eku xqkkesfuiqk gksuk vko' ; d gA
- 7- **I gxkeh fdz kvses: fp &** v/ ; ki u dsnkj ku vk; kfr fofHku xfr fof/k; ksdh : fp gksuk cgr vko' ; d gS rkfd Nk= f'k{k.k es : fp ys I dA
- 8- **vuq Hku dsifr: fp &** , d f'k{k d rHkh vPNk v/ ; ki u dj I drk gS tc og fuja rj v/ ; ; u 'khy jgA
- 9- **vu; fo'k; ksdk Klu &** Hk'kk f'k{k d dks Hk'kk ds I kFk vu; fo'k; ksdk Hkh Klu gksuk vko' ; d gSrkfd og vu; fo'k; k I sl ello; dj v/ ; ki u dj I dA
- 10- **Hk'kk I adh I e Klu &** f'k{k d dks Hk'kk dh ckjhfd ; kads I kFk&2 0; kdj .k dsckj sest kudkjh gksuk cgr vko' ; d gA
- 11- **v/ ; ; u 'khy &** Hk'kk ds {ks= es l nb i fjo rU gsrjgrsgA vr%f'k{k d dks pfg, fd osl rr v/ ; ; 'khy jgsrkfd fo'k; es gks jgs i fjo rU I s voxr jgA
- 12- **dYiuk'khyrk &** fglnh , d I onu'khy fo'k; gSvr%viuh dYiuk 'kDr dh enn ydj f'k{k d gescgrj <a I s Nk=ks ds I e{k i Lr r dj I drk gA
- 13- **I tukRedrk &** Hk'kk f'k{k d gh Nk=ks dks i Hkko'kkyh oDrk vks I kfgR; dkj cuk I drk gA vr% I e; ij Hk'k.k] oknfookn] dfork fy [kuk tS h ifr; ksrk ds }kj og Nk=ks ds chp viuk fo'k'V LFku cuk I drk gA
- 15- **I an; &** Nk= dh i hB ij f'k{k d dk Lug Hkj Li 'kz Nk= dks mRl kg I s Hkj nsk gA vr% {tek } I gkukfir vks I g}rk f'k{k d eagksuk pfg, A
- 16- **ok.kh esfeBkl &** f'k{k d ds i e i mZ dgsokD; cPps dks vRefo'okl I s Hkj nrs gA Nk= d {k es o < p < + dj fg LI k yrk gS rFk I nb I fO; jgrk gA
- 17- **I kfgR; i e h 'kdkdrkz &** Nk=ks es I tukRedrk ykus grq f'k{k d dk Lo; a I kfgR; ds ifr yxko gksuk pfg, A 'kdkdrkz@f'k{k d Nk=ka dks i j .kk ns I drk gA
- 18- **'k) mPpkj .k {kerk &** Hk'kk dk I a wk < h p k ml ds 'k) mPpkj .k ij fuHkj djrk gA Nk= f'k{k d dk vu p j .k d jrs gS tS k f'k{k d dk mPpkj .k gksk oS k gh Nk= Hkh dgxA bl ckr dk f'k{k d dks / ; ku j [kuk pfg, A
- 19- **Hk'k.k dksky %r/hO; fDr% &** viuh ckr dks i Hkko'kkyh <a I svfhko; Dr djusdh {kerk f'k{k d esgksuk vko' ; d gA
- 20- **vfhku; {kerk &** dgkuh] ukVd] xhr] dfork] Hk'kk ds i e[k mi knku gA f'k{k d v/ ; ki u dks i Hkko i wkZ cukus dsfy, f'k{k d vfhku; dk I gkj ydj gh bl s : fpdj cuk I drk gS vr% vfhku; dk xqk Hk'kk dk i e[k xqk gA
- 21- **Hk'kk I kh; Zdk egRo &** f'k{k d dks Klu gksuk pfg, fd Hk'kk dhuhj I rk dks nj djus dsfy, dS sj I] Nn] vy d k j s dk I e p r i z kx d j s r k f d og Nk=ks dk / ; ku vkdf'kz dj I dA

fglnh f'k{k d dh Hked
 ; Wrksf'k{k d pgsfd I h Hkh fo'k; dk gksml es d n I Fkfed xqkks dk gksuk vko' ; d gS ft I I sog Nk=ks rd viuh ckr I gtrk vks v d "kz < a I sigpk I dS Nk=ks dks vi us i Hkko esckdksj [k I dA MkW j k / k d ". ku us dgk Hkh gS & ^ I ekt eav / ; ki d dk LFku I 'kDr , oaegRo i wkZ gA ; g , d i h < I snu j h i h < rd ckS) d i j i j k , W , oarduhdh dksky I p k f j r

djuseadbnh; Hkiedk fuHkkrk gSvkj I E; rk dh T; kfr dks i t tofyr j [kusesl gk; rk inku djrk gA**

, d fgluh f'k{k d fo | kfkz ksdksvf[ky Hkkrh; dk; &0; ogkjka dh I i adZHk"kk , oajktHk"kk dk egRo I e>kdj fgluh ds v/; ; u dks i k&l kgu nA I kfk gh f'k{k d vius Nk=ks ds chp ijLij eS-h I adk cukdj] muea l gkuHkkr i wkz 0; ogkj I s I adkjs dh ifo= /kkj I sfo | ky; dsokrkoj .k dks I tho cukrk gA , d vPNk fgluh f'k{k d vius i Hkko' kkyh vfHk0; fDr dksky I s Nk=ks es ijLij 0; ogkj dh Hk"kk dks I q<+cukrk gS I kfk gh jk"Vh; I adfr ds ifr vknj Hkko idfr ds ifr vkd"z.k I onu' khyrk] ekuork] JSB ukxfjd Hkkoouk fo'ocdko dk Hkko tkxr djrk gA

vkt gekjsns k esvf/kdkak fo | kfkz fgluh i fjoak I s l adk j [krsgA fdl h Hk"kkfon-usdgg Hkh gSfd 0; fDr viuh Hk"kk esT; knk vPNk vkj T; knk nijrd I kp I drk gA , d sesfgluh f'k{k d Nk=ks ds vf/kd fudV gsrk gS muds0; fDrxr 'k{k d thou dh I eL; kvksdks tkudj mlgs vPNh rjg gy dj I drk gA d {kk dsokrkoj .k dks I dkj kRed o jkpd cukus gsrqf'k{k d i k Bk&l k f'k{k .k I kexh o jkpd xrfok/k; ksdk I g; ksx Hkh ys I drk gA bl h ds I kfk fgluh dks thous; ksx cukus esfgluh f'k{k d dh vge Hkiedk gsrh gA f'k{k d d {kk ds I eLr Nk=ks ds fopkjs vkj Hkkoouk vks dks I Eeku i wkz LFku nsrFkk vfHk0; fDr dksky esvl eFkz cPpks ds fy, fo'kSk iz kl dj vkj mlgs Hkh I kekU; cPpks ds I ed{k ykus iz kl jr jgA

fglunh v/; ki d Nk=ks ds fodkl ds I kfk&2 vius Kku dk Hkh foLrkj djrk jg fglunh y[ku] rduhdh] eukfoKku esvkusokys i fjozLks ds ifr tkx: d jgsrkfd v/; ki u ds nkj ku uohu tkudkfj; kso rduhfd; ksdk Kku fo | kfkz ka dks fey I dA bl es I ng ugh fd fglunh dh 'kCnkoyh dk fuekz k fofHku Hk"kkvks ds 'kCndks k dk ifj .kke gA vr% buds Li "Vhdj .k gsrqf'k{k d dks mudk xgu v/; ; u gskuk vko'; d gA rkfd mu 'kCnks dk I gh mPpkj .k] vuokn o Li "Vhdj .k ds v/kkij ij f'k{k d Hk"kk dks I gt o cskxE; cuk I drk gA bl I su doy og v/; ki u ifdz k i wkz djrk gSoju-i knf' kd Hk"kkvks ds fodkl esHkh egRo i wkz; kxnku inku djrk gA cPpks esHkh bu Hk"kkvks ds ifr J) k o l Eeku dk Hkko tkxr djrk gA

f'k{k d viuh I onu' khyrk] dYi uk' khyrk o I 'tu' khyrk ds }kj k Nk=ks dks Hkh vfHku;] y[ku] I okn vkfn eafui qk dj I drk gA

ikBxr izu &

- I gh fodYi ppu dj fuEufyf[kr okD; ka dks I keusfyf[k, &
- 9- Hk"kk f'k{k d ij nkf; Ro g&
- d- Hk"kk dks jkpd cukus dk
- [k- jk"V" Hk"kk ds i pkj id kj dk
- x- Nk=ks dks vk' koknh cukus dk
- ?k- viuh vfHk0; fDr dksky fu[kkj us dk
- 10- , d vkn'kz f'k{k d thou dj jgrk gS&
- d- vkpk; l [k- v/; ki d x-xq ?k- , d fo | kfkz

bdkbz I kj

Mh- , M- i Fke o"z ds prqiz i zui = ds vUrxZ fglunh Hk"kk f'k{k .k es I od Eke Hk"kk D; k gS Hk"kk dh i fj Hk"kk] i dfr , oaHk"kk dsekud Lo: i ij ppkz djrsgq] ckyh vkj Hk"kk ds ckjs I afktr tkudkj h nrsqg muds Hkn dks Li "V fd; k gS I kfk gh e/; inSk es ckyh tkusokyh i ad{k {ks-h; cky; kwcpsyh] ekyoh] fuekMh] xkMh vkfn ij I afktr fopkj foe'kz djrs gq jk"V Hk"kk D; k gS ml dh vko'; drk , oaegRo dks Li "V fd; k gA Hk"kk dsekud Lo: i] thou es I kekftd izkkyh es ml dh mi; kfxrk , oaegRo dks n'kz sgq Nk=ks ds ij .kkL=kr jgs fglunh f'k{k d ksdh muds thou es D; k Hkiedk gsrh gA bl rF; dks mtkj fd; k gA bl ds I kfk Hk"kk f'k{k d es dks &2 I sfof'k"V xqk gskuk plfg, A bl fo"k; ij tkudkj I xghr dh xbz gA

vrRe ijh{k.k dsizu

- 1- Hkk"kk ,d vft7 l i fUk fdl idkj l sgSl {ki eafyf[k, A
- 2- Hkk"kk vksj cksyh es dkbZpkj vrj crkb, A
- 3- jk"VHkk"kk fdl sdgrsgj rFkk jk"V dsfodkl esbl dh D; k mi ; kSxrk gS\
- 4- ekud Hkk"kk l sD; k rkr i ; ZgSbuds iæ[k rRoksdk mYy[k dhft, A
- 5- fo"k; dsifr vfhkeku Hkk"kk f'k{kcd dk iæ[k xqk gA bl vk/kkj ij Hkk"kkf'k{kcd ds0; fDrRo dh dkbZpkj fo'kSkrkvksdks mYy[k dhft, A

fu; r dk; Z, oaxfrfof/k &

- 1- Hkk"kk ds mnHko vksj fodkl ds l æak es tkudkj ghfl y djrsgq l eg esml ij pplZ dhft, \
- 2- vi u&2 {ks= dh cksy; ks ds bfrgkl o l kfgR; dsckjes tkudkj ghfl y dhft, A
- 3- fgUnh dks jk"VHkk"kk cuk, tkus dsckjes viuh d{kk es, d çfr; kSxrk dhft, A
- 4- vi us Hkk"kk f'k{kcd ds0; fDrRo dk eY; kadu dj l ksp, vki bues dku l sxqk xg.k djuk pgsj dku ls ugh vksj D; ks \

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|-------------------------------|------------------------------|
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| 3- LFkkuh; xBFk | 4- mijkDr rhuka |
| 5- fgUnh Hkk"kk | 6- HkkoukRed , drk ds l # ea |
| 7- mijkDr rhuka | 8- eS rksdc l sdg jgh Fkh |
| 9 jk"VHkk"kk ds ipkj&i7 kj dk | 10- ,d fo kFkZ |

uks/%& vrRe ijh{k.k izuka dsmUkj Nk= bl ikB ds v/; ; u vksj vH; kl ds vk/kkj ij Loa gy djA



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fo"K; & fglh Hk"K f'k{k.k	iB&2
fo"K; k&k	%/ofu foKku
1	/ofu dsy{k.k , oahk"K; h /ofu
2	fglh dsLoj] 0; æu , oaml dk oxtbj.k

fi z Nk=l; ki d]
iLrlouk

euq; , d I kekftd ik.kh gA I ekt eajgrsgq og viuh ckr nit jkaard igpkuk pkgrk gSrFkk nit jka
dh ckr Lo; aHkh I e>uk pkgrk gA nks 0; fDr; ka ds e/; gksuk okys fopkjka ds vknku& i nku dks I aBk.k dgrs gA
0; fDr viuh ckr nit jkaard I aB"kr djusdsfy, vLi"V /ofu I æsrka vFkok b'kkjka dk iz ksx djrk gA dhkh og
gkFk fgykdj rks dhkh rkyh ctkdj rks dhkh gkFk dk Li"V djds Hkh vius Hkko@fopkj nit jkaard igpk nsk gA
ekuo I aBk.k graqftl ek/; e dk iz ksx vf/kd djrk gS og 'Hk"kk* gh gA I f"V eaekuo gh , d k iz kkh gS ftl sbZ oj
usok.kh] çq) vksj Hkkokadh vfHko; fDr dk foHkir dk , dkf/kdkj i nku fd; k gA

'Hk"kk* 'kCn 'Hk"kk* /kkrqI scuk gS ftl dk vFkZgSçkyukA euq; çkyusea/ofu; ka dk iz ksx djrk gA gekjs
eç{k I stks/ofu; k; fu% r gsrh gsmuea , d fuf'pr fu; e] Øe rFkk 0; oLFkk gsrh gA bu I kFkd /ofu; ka I sl kFkd
ckr I aB"kr gsrh gA

Hk"kk ea/ofu&foKku iR; çd /ofu ds Bhd&Bhd mPpkj.k LFkku vksj iz Ru dks crkrk gA Bhd ml h LFkku
I svksj mruk gh iz Ru djdsog /ofu 'kq) : i I smPpkjr dh tk I drh gA , d k djus I so&c] 'k&I] M&M]-
<&<-} t&t-} [k&[k vkfn dk varj Li"V : i I sl e>k tk I drk gA vU; Fkk =qVi wkZ mPpkj.k vFkZ dk vuFkZ dj
nrs gA /; ku nsudh ckr gSfd I h usl p dgk gS& %ofu f'k{k I svufHkK f'k{k ml h i dzkj vuq; ksx vksj fujFkd
gS ftl i dzkj 'kjhj jpuk I svufHkK pfdRI dA*

i kphu oS kdj .kka vksj Hk"kk oKkfudka us/ofu mPpkj.k dks egRo nrs gq dgk gSfd 0; kdj.k f'k{k vksj
mPpkj.k f'k{k %ofu f'k{k½ dk Kku iR; çd euq; dks vo"; gksuk pkfg, A rHkh os dgrs gS&
; | fi cguk/kh"ks rFkfi iB iæ 0; kdj.keA
Lotu%'otukaek Hkir I dya 'kdyA
I dPydWAA

dghaLotu 1/2iusl 1/2k1/2'otu 1/2d1/2ku gsk tk, j l dy 1/4 c1/2'kdy 1/4p1/2rFkk l dr 1/4 d c1/2'kdr 1/2ey1/2 u gsk tk, A

2 mnas; %

j k"VHkk"kk fgluh dh l ef) djuk gekjk i qhr nkf; Ro gA fgluh Hkk"kk dsLrjktu; u dsfy, /ofu f'k{k.k dk vi uk egRo gA fgluh Hkk"kk dsy[ku v1/2 mPpkj.k ea=fV u gskv1/2 ge l c 1/4'k{k(kd v1/2 Nk=1/2 i Hkkoiwkzi) fr l svi usfopkj ka dh vfHkO; fDr dj l d1/2 bl n1/2V l svi usfopkj ka dh vfHkO; fDr dj l d1/2 bl n1/2V l sbl bdkbz dksfuEufyf[kr mnas; ka dh ifrzd sfy, j [kk x; k gA bl bdkbz ds v/; ; u ds mnas; %

- 1- /ofu dk l gh Kku djukA
- 2- Hkk"kk; h /ofu; ka dks l e>ukA
- 3- o.kz0; oLFkk dk l e>uk
- 4- Loj , oa0; atuka dk Hkn tkuukA
- 5- Loj] 0; atuka dk mPpkj.k %fn'kk ckska
- 6- Hkk"kk ds 'kq) mPpkj.k , oay[ku dk KkuA
- 7- okX; a dh j puk rFkk mPpkj.k LFkku tkuukA

3 /ofu dk vFkz i fjHkk"kk , oaegRo %

/ofu dk vFkz i fjHkk"kk %

/ofu cgr 0; ki d vFkzokyk 'kcn gA bl ds v1/2rxzr l Hkh izdkj dh /ofu; k l ekfgr gA t\$ & ?k.Vk ctkus dh /ofu] i f{k; ka ds pgpgkus dh /ofu] gok ds pyus dh /ofu] i 'kq/ka dh vkokt] e/kpfD[k; ka dh fHku fHkukgV] crZka dh vkokt] okgukadh vkokt] gl uk vkfn vusd /ofu; k gA ; | fi budk l 1/2dk Hkk"kk foKku l sugh g1/2 D; k1/2d Hkk"kk foKku dh n1/2V l s ; sfujFkd gA eut; ds e[k l s studyusokyh /ofu; k l kFkd v1/2 fujFkd gsk l drh gA

Hkk"kk foKku ea/ofu dk vk'k; 'kcn ds LQk/ l sfy; k tkrk gA bl /ofu dks Jo.k sUnz; k xg.k djrh gA /ofu Hkk"kk dk i.k.k gA Hkk"kk l a 1/2k.k ea/ofu dh vge-Hkfedk gA

/ofu 'kcn l 1/2dr dk gA l 1/2dr ea'ofu 'kcn1/2 , d /kkrq g1/2 ft l l s /ofu 'kcn cuk gA

oKkfud n1/2V l sok; qds nco v1/2 fonyu l sok; p.Myh; nco ea vkusokys ifjorZu ; k mrkj & p<ko dk uke /ofu gA

Hkk"kk foKku ea/ofu dk ; g 0; ki d : i xtg; ughagA ; gh dkj.k gSfd l keU; /ofu l s Hkk"kk & /ofu fHku gA Hkk"kk foKku ea Hkk"kk /ofu ; k okdEor-uke l s tkuk tkrk gA bl dh ifjHkk"kk bl izdkj gS%

BmPpkj.k rFkk Jo.k dh n1/2V l s Lor a 0; fDrRo j [kusokyh Hkk"kk eai z p/ /ofu dh y?k1/2ke bdkbz dk uke gh Hkk"kk /ofu gA p

ckckjke l DI suk us l keU; Hkk"kk foKku i 1/2rd ea /ofu ds ifjHkk"kk fy[krs gq dgk gS & B/ofu eut; ds fodYi & ifjghu fu; rLFkku v1/2 fuf'pr iz Ru }kj k mRi knr v1/2 JkrsUnz }kj k vfodYi : i l sxghr Loj ygjh gA Hkk"kk foKku ea/ofu dk l h/kk l Ecl/k Hkk"kk; h /ofu l sgA bl Hkk"kk; h /ofu dks v1/2 vf/kd Li"V djus ds fy, ge dg l drs gA %

Beut; vi us Hkkoka v1/2 fopkj ka dks ixV djus ds fy, ftu fofHku /ofu; ka dk iz kx djrk g1/2 mlga Hkk"kk; h /ofu dgrs gS %

egRo %

Hkk"kk dh l j puk ea Hkk"kk; h /ofu; ka dk fo'kSk egRo g1/2 D; k1/2d Hkk"kk; h /ofu; k 1/2o.k1/2 v{kj] 'kcn vkfn 1/2 gh Hkk"kk dh l j puk djrh gA fcuk Hkk"kk ds Lo: i dh dYi uk Hkh ugha dh tk l drh gA

4 /ofu dsy{k.k v1/2 Hkk"kk; h /ofu; k %

/ofu dsy{k.k %

i 1/2 ea/ofu dk vFkz ifrikfnr djrs gq Li"V fd; k tk p1/2k g1/2 fd /ofu ea rhu vk/kj i 1/2k gS%

- 1- mPpkj.k
- 2- l 1/2gu l 1/2pkj.k 1/4 d kj.k1/2
- 3- Jo.k

bueamPpkj .k dk l ædk oDrk l } l Ppkj .k dk l ædk /ofuokfgdk rjæka l s'bl earjækadh xfr vksj Lo: i Hkh vkrs gð rFkk Jo.k dk l Ecl/k Jksrk l sgð

Mkwdfiy nð f)onh us/ofu vksj Lofue dk vlrj Li"V djrsq /ofu dsfo"k; eaLi"V fd; k gð bl vk/kkj ij /ofu dsy{k.k gð%

- 1- /ofu ,d l æsr ek= gð
- 2- /ofu ,d Hkkðrd ?kVuk ek= gð
- 3- /ofu; k; LFkku] iz Ru vkfn dsHksn l svl æ; gð
- 4- /ofu dk mPpkj .k ugha gksrkA
- 5- /ofu bdkbz gð
- 6- /ofu /ofuxe dk 0; atd gð
- 7- /ofu; ka dsfyf[kr : i o.kz gksrk gð
- 8- /ofu cksyus vksj l fus ea vkrh gð

Hkk"kk; h /ofu; k %

/ofu dk vFkz gS & o.kA

/ofu dk fyf[kr : i o.kz gð ; g o.kz gekjh mPpkfjr Hkk"kk dh l cl s Nks/h bdkbz gð blgha bdkbz ka s feykaj 'kcn l eeg vksj okD; kadh jpk gsrh gð vr%o.kz vksj mPpkj .k dk ?kfu"B l Ecl/k gð mlga , d&nw js l s vyx ughafd; k tk l drk gð

Hkk"kk; h /ofu; k; o.kz gð Hkk"kk ea/ofu; ka dks 0; Dr djus dsfy, ftu fyf[kr fpguka dk iz kx fd; k tkrk gð ml so.kz dgrsgð eeg /ofu ftl ds [k.M u fd, tk l ds'ò.kz dgykrs gð

Hkk"kk foKku ea Hkk"kk; h /ofu 'Lofue' dgykrh gð Lofue vksj dkbz phr ugha vfi r q; g o.kkð dk Øeokj l eeg&o.kzkyk gh gð rHkh dgk tkrk gSfd Lofue Hkk"kk dh og vFkz Hksnd /ol; kRed bdkbz gð tks Hkkðrd ; FkkFkz l su gkdj ekufi d ; FkkFkz l sgkrh gS rFkk ftl ds , dkf/kdkj , s smiLor gksrk gð

ikBxr-izu %

fjDr LFkkuka dh i fir-Z dhft, %

- 1- /ofu dk fyf[kr : i ----- gð
- 2- Hkk"kk; h /ofu; k; gh ----- dh l jpk djrh gð

/ofu&; æ %

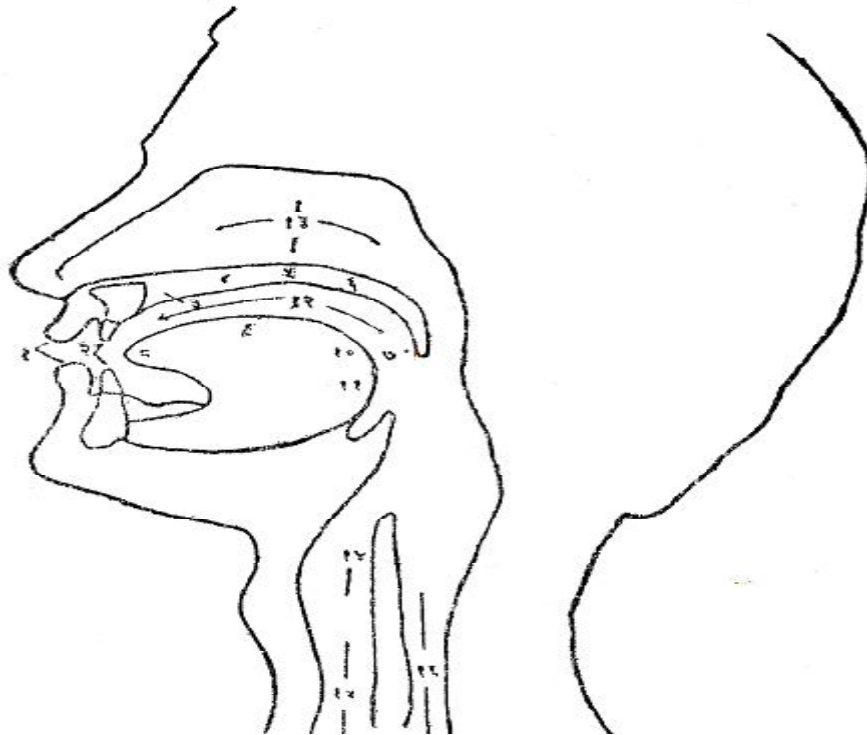
i R; æ i k.kh fdl h u fdl h izdkj dh /ofu ; k 'kcn vi useq[k l sfu% r fd; k djrs gð bu /ofu; ka ds v/ kj ij gh i R; æ fØ; k] fopkj ; k Hkkoka dsfy, vyx&vyx /ofu@'kcn mPpkfjr djrs gð eut; ds vfrfjDr vl; i kf.k; ka eabl ok; qdksch) i ðd ckgj fudkyusdh i ðfRr u gksus ij mul sfd l h Hkk"kk ; k 0; Dr&Hkko&ckskd /ofu; ka dh l f"V ugh gsrhA

Hkk"kk l s l æð/kr /ofu; ka ds fuekZk eaogh ok; qdkj .k gsrh gS tks eeg ; k ukd ds }kjk ckgj fudyrh gð tc gok eeg ds }kjk ckgj fudyrh gS rc og fHkUu&fHkUu izdkj dh /ofu; ka dks fufeZr djrh gð /ofu djuk ; k u djuk gekjh bPNk ij voyfEor gð ; s/ofu; k; ds } dgk l svksj D; kamRi uu gsrh gð bl dk fopkj Hkk"kk foKku dsfy, vko' ; d gð

ftu l k/kuka l s ; s/ofu; k; mRi uu gsrh gð mlga /ofu ; æ dsuke l s tkuk tkrk gð ; g ckr vyx gSfd Hkk"kk foKku ea ; g /ofu; æ eut; ka ds /ofu ; æ dsfy, gh : <+gks x; k gð ; g ckr vo' ; gSfd 'kjhj ds ftu vo; oka l s ; s/ofu; k; fudyrh gð mudsvl; dk; ZHkh gð eeg] nkr] tHk vksj dB] dkd] 'okl uyh vkfn feydj Hkktu ; æ Hkh dgs tkrsgð i jUr qblgha vo; oka l si zku : i l s/ofu; ka dk Hkh fuekZk gsrk gð bl hfy, Hkk"kk] foKku ea budks /ofu; æ dsuke l s dgk tkrk gð

ekuo ds/ofu ; æ eadk&dku l svo; o l fefyr gA budh lFkfr egg eadgk&dgk; gA bl sl e>uk cgr vko'; d gA Loj vkš 0; atu dsmPpkj.k eabudh tkudkjh gksuk pkfg, A vkxs; gk; Loj vkš 0; tuka dk oxhčdj.k gksuk pkfg, A vkxs; gk; Loj vkš 0; tuka dk oxhčdj.k fd; k tk, xkA bl oxhčdj.k ea/ofu ; æ dsfofHku vo; oka dh Hkfedk dks/; ku eaykrs gq gh mudk ukedj.k] Hkn fd; k tkrk gA vr%egg ds vUnj] ckgj /ofu mRi kn d vo; oka %vaxk dks bl fp= l sl e> yfht, &

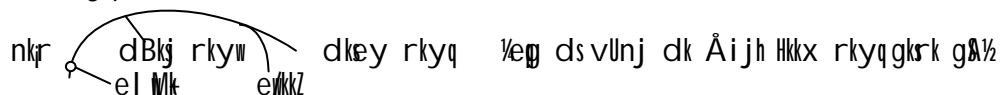
ok.kh ; k=dh dk fp=



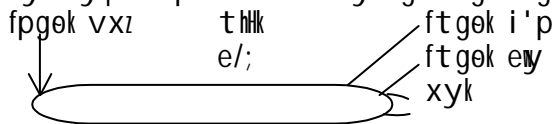
- 1- vksB] 2- nkr] 3- ori z'el Mlk& 4- dBkjrky] 5- evkkz] 6- dkeyrky] 7- xyfcy] 8- ftgekukd] 9- ftgeke/; 10- ftgeki'p] 11- ftgekey] 12- ed[kfooj] 13- ukfI dk foj] 14- Loj ; æ] 15- 'okl ufydk] 16- vluufydkA

ok.kh ; æ %Hkx %vax%

- 1- vksB & Åij] uhps nks gkB gkrs gA ; s gkB dkey] yppys gkrs gA
- 2- nkr & Åij rFkk uhps nkrka dh nks i fDr; k; gkrs gA
- 3- ori z'el Mlk& nkrka dh idM+dk LFkku el Mlk dgykrk gA
- 4- dBkjrky & nkrka ds ikl vUnj el Mka l syxk dBkj LFkku dBkj rkyq gkrs gA
- 5- evkkz & rkyw dke/; Hkx %dBkj rkyqvks dkey rkyq ds chip dk % evkkz gkrs gA
- 6- dkey rkyq & rkyq dk Hkhrjh Hkx %vure Hkx % dkey rkyq gkrs gA



- 7- xy foy & xys ds vUnj Nk/k l k vo; o l LFkku gš tks d.B ea jgrk gA 'okl uyh; k; ; gha l : i kjHk gkrs gA
- 8- ftgek ukd & tHk dk vkxs dk Hkx] tks l cl svf/kd xfr'khy gkrs gA ftgek ukd gkrs gA
- 9- ftgek e/; & tHk ds vkxs vkš i hNs ds Hkx ds e/; dk Hkx ftgek dgykrk gA
- 10- ftgek i'p & dkey rkyq ds uhps tHk dk fi Nyk fgLI k gh ftgek i'p gA



- 11- ftgek ey & ftgek i'p ds i hNs tHk dk ey gA ; g tHk dk vfuRe Hkx gA
- 12- e[k foj .k ½ e[k j ½ & ; g e[k ds vlnj 'okl] izokl ds e[k LFkku g[tks Hkxstu uyh l s t ½ k jgrk gA
- 13- ukfI dk foj & ukd ds Hkhrj dk Hkx tks nks onka ea foHkDr gkrk gS vkj xys ds Hkhrj 'okl uyh l s t ½ k jgrk g[ukfI dk foj dgykrh gA
- 14- Loj ; æ & xys ds vlnj d.B ds nksuka vkj vr; r eghu vl [; rUr/ka dh cuh nks rfu=; k; gkrh g[tks bPNku[kj Qsyrh vkj fl dM[h gA ; sgh Loj ; æ dk dke djrh gA
- 15- 'okl ufydk & dB ds uhp sdh uyh tks QDMka l s t kdj nksuka vkj feyrh g['okl ufydk gA
- 16- vlu ufydk & ; g e[k ea xys l s vkj vkek'k; l s t ½ k uyh g[tks Hkxstu] i kuh i ½ ½ vek'k; dk i gpkrh gA ½

5 fglh ds Loj vkj 0; æ u %

Hkx'kk; h /ofu ea Hkx'kk dh /ofu dks 0; Dr djus ds fy, fpguka dk iz kx fd; k tkrk gA /ofu fpguka dks o.kz dgrs gA , d s o.kz ½ ofu; ka e[ea Loj rFk 0; æ u nksuka 'kkfey gA okLro ea /ofu; ka dks 0; Dr dju: okys ; s fyf fpgu gh o.kz gA vFkz & 'o.kz Hkx'kd /ofu; ka ds fyf [kr : i gkrsgA

o.kz Hkx'kk dh l cl s Nk/h bdkbz gA ey : i ea o.kz os fpgu gkrsg[tks gekjs e[k l s fudyh g[/ofu; ka ds fyf [kr : i gA

fglh Hkx'kk ds y[ku ds fy, tks fpgu ½ o.kz iz [r gkrsg[muds l ey dks o.kz ekyk dgrs gA ; gk /; ku nus dh ckr gS &

mPpkfjr /ofu & l dsrka dks tc fyfic) fd; k tkrk gS rks os o.kz dk : i /kkj .k dj yrs gA bu o.kz ds 0; ofLFkr] Øfed : i dks gh o.kz ekyk dgrs gA

fglh o.kz ekyk ea dgy fdrus o.kz gA bl ds fy, fo}kuka us budh l [; k 48 vkj 52 crykbz gA vr⁹ o.kz l [; k dh /kkj .kk gea Hke ea Mky nrh gA l o[k; er ds vu[kj fglh o.kz ekyk ea dgy 52 o.kz gA ; g ckr Loj vkj 0; æ u ds vksfn, v/; ; u l s Li"V dh tk jgh gA

fglh /ofu; ka dk oxh[dj .k l kek; r% mPpkj .k LFkku vkj mPpkj .k jhr dh n"V l s fd; k tkrk gA bl vk/kkj ij /ofu; ka ½ o.kz ds nks Hkn gA %

- 1- Loj
- 2- 0; æ u

Loj %

Loj mu mPpkj .k o.kz dks dgrs g[ftudk mPpkj .k fcuk vojkk vffok fo?uck/kk ds gkrk gA bud: mPpkj .k ea fd l h vl; o.kz dh l gk; rk ughayh tkrh gA ; s l Hk Loræ gkrsgA rHk dgk gS & Lo; ajktUgrh Loj k% vFkz ~ tks vi uk 'kk l u Lo; a ds gkrsg[muds mPpkj .k ea Hkhrj l s vkrh g[ok; q e[k l s fuokz : i l : fudyh gA

Mkx Hkx'kk Fk frokj us Loj ds fo"k; ea dgk gS & BLoj og ?kks /ofu g[ft l ds mPpkj .k ea gok vck/k xfr l se[k foj l sfudy tkrh gA

fglh o.kz ekyk ea dgy X; kjg Loj gS & v] vk] b] b] m] Å] _] ,] ,] vk\$ vks ¼ 11 LojA

Lojædk oxh[dj .k %

- g[Loj & v] b] m] _
- nh?kz Loj & vk] b] Å
- l a [r Loj & , & ½ \$ b ½
- , s & ½ \$, ½
- vk\$ & ½ \$ m ½
- vk\$ & ½ \$ vk\$

0; æ u %

Loj ds vfrj Dr l Hk /ofu; k; 0; æ u gA Mkx dfi yn[f}onh us 0; æ u ds fo"k; ea dgk gS & B0; æ u og /ofu g[ft l ds mPpkj .k ea ok; qvck/k xfr l s ckj ugha fudyh gA

Mkx Hkx'kk Fk frokj ds vu[kj &

B0; æ u og /ofu g[ft l ds mPpkj .k ea gok vck/k xfr l s ugha fudyus i krhA ; k rks ml s i wkz vo:) gkdj vks c<uk i M[k gS ; k l dh .k ekz l s ?"kz k djrs gq fudyuk i M[k gS ; k e/; j[k l s gv[dj , d ; k nksuka i k'ok l sfudyuk i M[k gS ; k fd l h Hkx dks i dzf[r djrs gq fudyuk i M[k gA bl h i dzkj ok; & ekz l ea i wkz ; k vi wkz vojkk mi l Fkr gkrk gA

bl izdkj ge dg l drsgafd 0; at u og l ?kkk ; k v?kkk /ofu gđ ft l ds mPpkj.k ea 'okl ufydk
 l svkrh gđz 'okl dksedk fooj.k l sfudyusea iwz : i l svi uk dñ ek=k ea vojkk mi fLFkr gkrk gđ
 0; at u Loj dh l gk; rk l smPpkfjr gkrsgđ D; kđd iR; d 0; at u ea ^v* dh /ofu fNih jgrh gđ

d& d\$V) [k&[k\$V) x&x\$V

fglñh 0; at u &

Li 'kz 0; at u &

d) [k] x] ?k] M-

p] N] t] >] ¥

V] B] M] <] .k

r] Fk] n] /k] u

i] Q] c] Hk] e

4

vUr%Fk 0; at u& ; j] y] o

4

Å"e 0; at u& 'k] "k] l] g

41

l a Ør 0; at u &

{k ¼d\$ "k½

= ¼r\$ j½

K ¼t \$ ¥½

J ¼k\$ j½

4

v; kx okg & va ¼v u ¼okj ½

2

v%fol xl

f}xqk & M} <+

2

Loj & 11

0; at u& 43

dy o.kz ¾ 52

fo'kSk & 1- l a Ør 0; at uka dks tc ge o.kēkyk ea l ffebyr ugha djrs gđrc o.kēkyk ea 48 o.kz gkrsgđ
 2- ; |fi 0; at uka ds uhp sgylr ¼d½ yxuk pkfg,] fdUr q i pyu ea fcuk gyuk ¼d½ gh fy [ks t krs gđ

Loj vđ 0; at u dk vlrj %

Loj		0; at u	
1-	Lojka dk Lora= ¼vds½ mPpkj.k fcl; k tk l drk gđ	1-	0; at u Lojka dh l gk; rk l s gh mPpkfjr gkrsgđ
2-	Lojka ds mPpkj.k ea Li 'kz ; k ?k"lz ugha gkrk gđ	2-	0; at uka ds mPpkj.k ea FkkMk cgr Li 'kz ; k ?k"lz gkrk gđ
3-	Lojka dk mPpkj.k l jyrk l sfd; k tk l drk gđ	3-	0; at uka ds mPpkj.k ea cgr l ko/kuh cjruh i Mch gđ
4-	Loj vf/kd le; rd l qkbz nrs gđ	4-	0; at u vi \$kkdr de le; rd l qkbz nrs gđ
5-	Loj l Hkh ukñ gđ	5-	0; tuka ea dñ ukñ dñ 'okl gđ
6-	l Hkh Loj vk{kfj d gđ	6-	0; at u i k; %vuk{kfj d gđ

ikBxr-i'zu %

- 3- ^vā vks ^v% & dgykrsgā
- 4- 0; at u & dh l gk; rk l smPpkfjr gkrsgā

Lojkædk oxhðj.k % vk/kkj

- Lojka dk oxhðj.k fuEufyf[kr vk/kkj ij fd; k tkrk gS &
- ¼d½ ftgek ds 0; ogr Hkkx ds vk/kkj ij
- ¼[k½ gkßka dh fLFkfr ds vk/kkj ij
- ¼x½ dkey rkyq dh fLFkfr ds vk/kkj ij
- ¼k½ Lojri=; vk/kkj ij
- ¼p½ dky ds vk/kkj ij

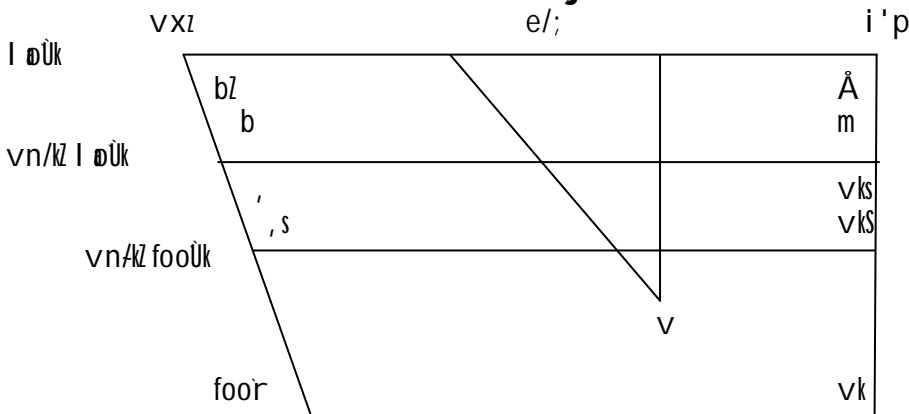
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- ed[k foj ea thHk fd l h o.kz ds mPpkj.k djus ea ied[k l gk; d vx gā Loj mPpkj.k e
- thHk dh rhu voLFkk; gkrh gā ; svolFkk; thHk ds Hkkx ds vk/kkj ij gā bl h vk/kkj ij Lojka dk
- bl idkj foHkkfr fd; k tk l drk gā
- ¼d½ vxz Loj & b] b] ,) , s
- ¼[k½ e/; Loj & v] vk
- ¼x½ i 'p Loj & m] Å] vk] vkā

¼[k½ ftgek ds 0; ogr Hkkx dh Åpkbz ds vk/kkj ij &

- ftgek ds 0; ogr Hkkx dh Åpkbz ds vk/kkj ij Lojka ds oxhðj.k fuEu idkj l sfd; k tkrk gS &
- ¼d½ l ðr & ¼cYdy l dj½ tc ftgek dk 0; ogr Hkkx Lojka ds mPpkj.k ea vf/kdre Åpkb;
- ij gksk] rc ed[k jdk l or gks ds dkj.k os l ðr dkfV eagkrsgā tS & b] b] m] Å
- ¼[k½ vn/kz l ðk & ¼dN l dj½ bl ea ftgek dk 0; ogr Hkkx de Åpkbz ij gkrk gā bl fLFkfr
- eamPpkfjr Loj v) l ðk gkrsgā tS & ,] vks
- ¼x½ fooÙk & ¼cYdy [ky½ tc ftgek dk 0; ogr Hkkx fuEure-voLFkk ea jgrk gS rc Loj
- dh mRifRr foor voLFkk ea gkrh gā tS & vk
- ¼k½ vn/kz fooÙk & ¼dy [ky½ tc ftgek dk 0; ogr Hkkx l ðr dh voLFkk ea dN de Åpkb;
- ij gksk] rc v) l ðk Lojka dk fuekZk gkskā tS sv] ,] vk\$

Lojkædh fLFkfr



thHk ds Åij mBus dh fLFkfr



1/2 1/2 vBkadh fLFkr dsvk/kj &

Loj dsmPpkj .k ea vBkadh nks fLFkr; k; jgrh g& &
1/4 1/2 oUkkdkj 1/2 1/2 vorkdkj

orkdkj & ftu Lojka dsmPpkj .k eagkB oUkkdkj gks tkrs g& mlga orkdj fLFkr ea j [krs g& t& s & vk& vk& B] Å

vorkdkj & bu Lojka dsmPpkj .k eagkB dh fLFkr l keU; jgrh g&

1/2 1/2 dkey rkyqdsvk/kj ij &

bl sgh vuukfI dk ; k dks dh fLFkr Hkh dgrsg& mPpkj .k ds l e; dkey rky@dks dh nks fLFkr; k; gkrh g&
bl fLFkr eaLoj mPpkj .k nks izdkj l sgkrs g& %&

- 1- vuukfI d 2- fujvuukfI d

1- vuukfI d & mPpkj .k ds l e; tc dksk chp eayVdrk jgrk gsvk& QyLo: i ok; qdkdN Hkx ukd l sfudyrk g& vr%bl fLFkr l smPpkfjr Loj vuukfI d dgyrsg& t& & vj vkj b] Å] ,; vkfnA

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1/2 1/2 Lojra=; vk/kj ij ; k vekI i f'k; kadh fLFkr 1/2

ekI i f'k; kadh fLFkr ea gkus okyh f'kffkyrk vk& n<+k dsvk/kj ij Loj ds nks Hkn g& &

1/4 1/2 f'kffky Loj] 1/2 1/2 n<+Loj

1- f'kffky Loj & v] b] m

2- n<+Loj & b] Å

1/2 1/2 dky vek=kdky 1/2 dsvk/kj ij & Loj dsmPpkj .k eayxusokys l e; dks ek=k dgrsg& vr%ek=k ds l e; 1/2 dky 1/2

dk;/ ku ea j [krs gq Loj nks gLo vk& nh?kZ g&

1- gLo Loj & v] b] m] _

2- nh?kZ Loj & vk] b] m] ,] , } vk& vk&

ckk izu & l gh tkMh cukb, & v] b] m] _ & e;/ Loj
vks vk& v) l l or
v] vk & gLo Loj
,] vk & orkdj

0; at u oxhZj .k &

0; at uka dk oxhZj .k fuEufyf[kr pkj vk/kj ij fd; k tkrk g& &

1/2 1/2 iz Ru dsvk/kj

1/4 1/2 LFku dsvk/kj ij

1/2 1/2 Lojra=h; vk/kj ij

1/2 1/2 i k. kRo dsvk/kj A

1/2 1/2 iz Ru dsvk/kj ij &

iz Ru dsvk/kj ij 0; at uka dk oxhZj .k fuEufyf[kr pkj vk/kj ij fd; k tkrk g& Li 'kZ l ak'khZ Li 'kZ l ak'khZ ukfI D;] i kf' oZ] mR(klr] yf. Br] v) LojA

1- Li 'kZ 0; at u &

tc 0; at uka dk mPpkj .k eq[k ds vo; okadk ij Li j i wkLi 'kZ djus ij gkrk g& rc ml sLi 'kZ 0; at u dgrsg& ml ea igys gok eq[k ea: d tkrh g& fQj /kDdk nZj ckj fudyrh g& fgluh ea d] p] V] r] i 1/4 1/2 kpa oxZ ds oxZ Li 'kZ g&

- 2- **I 2K120; 2u &**
budk mPpkjkdjrs l e; nksvo; o brusfudV vk tkrsgdfd gok nksuka dschp l s?k'kz k djrh fudyrh gA tS &
Q] t] 'k] [k] xA
- 3- **Li 'kzI 2K120; 2u &**
bl idkj ds0; atuka ds mPpkj .k ea igysLi 'kz vks ckn ea?k'kz k gkrk gA tS sp] N] >A
- 4- **ukfI D; 0; 2u &**
ftu 0; atuka ds mPpkj .k ea gok ukd l sfudyrh gS os ukfI D; dgykrs gA 0; atuka ea ikpka oxka ds ipe o.kz
ukfI D; gA tS & M-] ¥] .k] u] e-
- 5- **ik'bd 0; 2u &**
budsmPpkj .k ea e[k dse/; Hkkx eanksv0; o feydj ok; qvo:) dj nrs gS fdllrqgok nksuka i k'oka l sgksdj
fudy tkrh gA tS s&y
- 6- **vfR(Mr 0; 2u &**
budsmPpkj .k ea ftgek ukd dBkj rkyq dks Nodj >Vds l s uhps vkdj ok; qfudkyrh gA tS &M] <
- 7- **yq.Br 0; 2u &**
budsmPpkj .k ea gok el Ms ds ikl vkdj dN da urk mRi lu djrh gS tS & 'j*
- 8- **Ån/ozLoj &**
fglunh ea ;] o] v) ZLoj gS &
& bl ds mPpkj .k ea vkB Qs ys ; k dHkh rVLFk jgrs gA
o& bl ds mPpkj .k ea vkB Qs ys jgrs gA
- ¼K½ LFKu dsvk/kj ij &**
mPpkj .k LFKuka ds vsk/kj ij 0; atuka dks fuEufyf [kr oxka ea ck/vk tkrk gS &
¼1½ d.B; ¼2½ rky0; ¼3½ ekk0; ¼4½ nUR;
¼5½ vksB ¼6½ ukfI D; ¼7½ oRL; Z ¼8½ nUR; ksB;
- 1- **d.B; &**
budk mPpkj .k d.B ¼vy ftgek½ l sgkrkgA ^vdq fol tZuh; kuka d.B%vFkkz~v] d oxZvkS g dk mPpkj .k d"B
l sgkrk gA ¼v] d] [k] x] ?k] g½
- 2- **rky0; &**
tc ftgek dk fi Nyk Hkkx dkey rkyq dks Li 'kz djrk gS rc bu 0; atuka dk mPpkj .k gkrk gA
Bbpq 'kkaukerkyh vFkkz~b] p oxZrFkk 'k dk mPpkj .k rkyq l sgkrk gA
b] p] N] t] >] 'k
- 3- **ek0; &**
bu 0; atuka ds mPpkj .k ea ftgek ukd dBkj rkyq ds vks ds Hkkx dks Li 'kz djrh gA
B__Vj "kkuke ekkAP vFkkz~_] V oxZvkS 'k dk mPpkj .k ekkz l sgkrk gA
- 4- **nUR; &**
budsmPpkj .k ea ftgek ukd Åijh nkrka dks Li 'kz djrh gA
Btrgy l kuke-nURkAP vFkkz~y] r] ?k] n] /k] vks l dk mPpkj .k nUR; gA

5- **vksB &**

nksuka gkBa l smPpkfjr gkusokyh /ofu m/kSB; dgykrk gA
Bm/ki /Hkkuk\$ kukekSB; p vFkkz~m] i] oxZ Hk] e dk mPpkj .k gkB l s gkrk gA

6- **ukfI D; &**

ftu /ofu; ka ds mPpkj .k ea ok; qukd l s fudyrh g\$ os ukfI D; gA 0; tuka ds ikpka oxZ ds ipe o.kz
ukfI D; gA
M] ¥] .k] u] e

7- **oRL; Z&**

budsmPpkj .k ea thk dh ukd rky ds vfuRe Hkx , oael Mka dks Li 'kz djrh gA
t\$ & Uq] u] y] j] l] t

8- **nUR; kSB; &**

BcdkjL; nUR; kSBep vFkkz~uhpsdsgkB v\$ Åij dsnkr l sckyh tkusokyh /ofu; k; nUR; kSB; gA t\$ &
Q] c

1/2 1/2 Lojra:h; kadsvk/Mj ij &

Lojra:h; vk/kkj ij 0; atuka ds nks Hkn & ?kksk] v?kksk & gA
?kksk & ftu /ofu; kadsmPpkj .k eaLoj rfi=; kadsfudV vk tkus l smudschp l sgok fudyrh rismueadi u gkrk
gA ; s?kksk 0; atu dgykrs gA
t\$ sfglnh ea ikp oxZ 1/2] p] V] r] i 1/2 ds rhl j\$ p\$ks v\$ i kpoa o.kz ?kksk /ofu ea gA
vFkkz~x] ?k] M- vkfnA

v?kksk %

ftu 0; atuka ds mPpkj .k eaLoj rfi=; k; u rksfudV vkrh g\$ v\$ u gh mudschp l sxtjrh gok eafdl h
i dki dk dEi lu gkrk g\$ osv?kksk /ofu dgykrh gA t\$ & fglh ds ikpka oxZ ds igysv\$ nll jso.kz v?kksk 0; at d
gA 1/2] [k] p] N] V] B] r] Fk] i] Q 1/2

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; g 'kfäokph 'kOn gA bl vk/kkj ij 'kOn ds nks Hkn vYi ik.k v\$ egki k.k gA
vYi ik.k & ftu o.kka ds mPpkj .k ea gok dh de vf/kdrk jgrh g\$; k gok dk cy de gk\$ muga vYi ik.k dgrs
gA Bo.kkZuke iFke] rrh;] ipeh; .k'p vYi ik.k k\$
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egki k.k &

ftu 0; atuka ds mPpkj .k ea gok dh vf/kdrk g\$; k 'okl cy vf/kd gk\$ muga egki k.k dgrs gA egki k.k
ds mPpkj .k ea gok eavdkj t\$ h /ofu jgrh g\$ v\$ bl dk mPpkj .k JeiwD djuk iMfk gA
Bo.kkZuke-f}rh;] prfkkz 'ky'p egki k.k vFkkz~

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iBxr izu &

- I gh fodYi pıdj fyf[k, &
 6- b] p] N] t] >] 'k mPpkj.k LFkku ds vk/kkj ij gS&
 ½d½ enk;] ¼[k½ rky0; ¼x½ vksB
 7- [k] e] 0; atu gS&
 ½d½ egki k.k ¼[k½ vYi i.k.k ¼x½ nksuka l s, d Hkh ughA

6 bdkbZl kjlk

bl bdkbZea/ofu dk vFkZ v/; ; u dh vko'; drk , oa/ofu dk egRo ifri kfnr djrs gq] /ofu dsy{k.k} Hkk"kk; h /ofu; ka ij izdk'k Mkyk x; k gA /ofu mPpkj.k ds vo; o l fp= l e>krsgq /ofu eaLoj vkš 0; atu dks ifjHkkf"kr fd;k gA Loj vkš 0; atu eaHkn Hkh fu: fir fd, x, gA
 bl bdkbZeaLoj ds Hkn fofHku vk/kkj ij foofpr fd, x; sgA 0; atu uka dk oxhdj.k Hkh iz Ru] LFkku] Lojra=h; rFkk ik.kRo ds vk/kkj ij iLrq fd;k x; k gA

vkRe ijHk.k grqizu &

- 1- /ofu D; k gS l e>kb, A
- 2- /ofu dsy{k.k} fyf[k, A
- 3- Hkk"kk; h /ofu D; k gS
- 4- Loj fdl sdgrsgA fglh eafdrusLoj gA fyf[k, A
- 5- 0; atu fdl sdgrsgA
- 6- vUr%Fk 0; atu crykb, A
- 7- vnAZ Loj D; k gS
- 8- l a 0r 0; atu fdrusvkš dks&dks l sgA budh jpuk fyf[k, A
- 9- /ofu ; æ ds vo; o l fpo l e>kb, A
- 10- iz Ru ds vk/kkj ij 0; atu uka dk oxhdj.k fyf[k, A
- 11- LFkku ds vk/kkj ij 0; atu uka dk oxhdj.k fyf[k, A
- 12- LFkku ds vk/kkj ij 0; atu uka dk oxhdj.k dhft, A
- 13- fVIi .kh fyf[k, A
 egki k.k] ?kSk 0; atu] Loj ds Hkn] dkey rkyq ds vk/kkj ij Loj ds HknA
- 14- mPpkj.k ds dks&dks l svax gA uke fyf[k, A

fu; r dk; Z%

- 1- /ofu; æ ½ok.kh; kfi=dh½ ds fp= l sml ds fofHku vaka dks tkudkj h iklr djA
- 2- Loj] 0; atu ds oxhdj.k dk pkVZ r\$ kj djA
- 3- Lojka ds oxhdj.k ds fofHku vk/kkj ij vki l kFk; ka l smPpkj.k fLFkr dks l e>us dk iz kl djA
- 4- mPpkj.k LFkku ds vk/kkj ij 0; atu uka dk oxhdj.k dks oKkfud nf"V l s l e>avkš ml ds vkspr; ij ppkZ djA

ikBxr-izuladsmRrj %

- 1- o.kz
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vkj vks & orkdkj
- 6- rky0;
- 7- egki k.kA

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fo'k; kkk&

- v- 'kCn oxz
 - 1- mRi fUk ds vk/kkj ij %& rRl e] rnHko] nskt] fonđkh] o.kđ dja
 - 2- jpuk ds vk/kkj ij %& : <+] kđxd] kx: <+
- c- 'kCn jpuk dh i fØ; k, W%& I đ/k] I ek]] iR; ;] i q: fDr] f}: fDr
- l - 'kCnka ds izdkj %& I ekufkxz] foyke] vudkfkxz] okD; kđk dsfy, , d 'kCnA

fi z Nk=k; ki dx.k !

Hk'kk 0; fDr ds thou dh veW; fuf/k gđ bl dk iz kx og viuh I fo/kk ds vuđ kj djrk gđ yxkrkj iz kx gkrs jgus ds dkj .k og fLFkj ughajgrh cfYd ijforZ'khy cuh jgrh gđ 0; fDr fo'kSk dk i Hkko Hkh ml ij i Mrk fn[kkbZnrk gđ Hk'kk I nk gh fodkl kđe[k vkđ vtZ'khy jgh gđ fodkl dk uke gh ijforZ gsvkđ ; g dHkh of) ds: i earksdHkh ãkl ds: i eafn[kkbZnrk gđ Hk'kk eadq iz kx /khj&/khj syqr gkrs tkrsgđ rksdđ tMrs Hkh tkrsgđ Hk'kk dsbl cursfcxMrsLo: i dks'kđ cuk, j[kusdsfy, ; k , d: irk fu/kkZjr djusdsfy, dđ fu; e cuk, x, gđ blghafu; eka dks 0; kdj.k dh I k k nh tkrh gđ vFkkZ 0; kdj.k og 'kkL= gđ tksgeafd I h Hk'kk ds'kđ : i dksfy [kusrFkk cksyusdsfu; eka dks Kku djokrk gđ dkerki đ kn xq usHkh 0; kdj.k dsfo'k; eafy [kk g& ft I 'kkL= ea 'kCnka ds'kđ : i vkđ iz kx eafu; eka dk fu: i .k gkrk gđ ml s 0; kdj.k dgrs gđ

Hk'kk /ofu; ka ij vk/kkfjr gkrh gđ /ofu; ka I s'kCn vkđ 'kCnka I sokD; curs gđ bl vk/kkj ij 0; kdj.k ds rhu vak gkrs gđ

0; kdj.k ds vx

- o.kz fopkj 'kCn fopkj okD; fopkj
- 1- o.kz fopkj& ds vx xZ o.kkđ I sl đđ/kr mudsvdkkj] mPpkj.k] oxhđj.k rFkk mudsey I s'kCn cukusdsfu; e vkfn dk mYys[k fd; k tkrk gđ
- 2- 'kCn fopkj& ds vx xZ 'kCn I sl đđ/kr ml dsHkn] mRi fRr] 0; q i fRr rFk jpuk vkfn dk fooj.k gkrk gđ
- 3- okD; fopkj& ds vx xZ r okD; I sl đđ/kr ml dsHkn] vđo;] fo'ySk.k] I đySk.k] jpuk] vo; o rFkk 'kCnka I s okD; cukusdsfu; eka dh tkudkj nh tkrh gđ

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- 1- 0; kdj.k dh i f j Hk'kk nhf't, A
- 2- 0; kdj.k ds fdrus vak gkrs gđ

'kCn ,oain

'kCn& , d ; k vf/kd v{kjka l scuh gpZLora= l kFkZd /ofu dks'kCn dgrsg&tS sjkej Ldwy] dye] i qrd] vkRk vkfn ds'kCn tc rd okD; ea iz qR ughafd, tkrsrc rd Lora= gkrsg& yfdu okD; ea iz qR bu 'kCnka dks vflrRo Lora= u jgdj okD; dsfyx] opu] dkjd vks f0; k dsfu; eka l svuqkkf l r gks tkrk g& 0; kdj.k ds fu; eka eaczkus l s ; s'kCn] 'kCn u jgdj in cu tkrsg&

in& okD; ea iz qR 'kCn gh ^in** dgykrsg&

ipfyr Hkk"kk ea'kCn dksgh in dgk tkrk g& yfdu nksuka eaLi"V varj ik; k tkrk g& okD; l sijs'kCn] ^kCn* gkrk gsvks okD; ea iz qR 'kCn ^in*A ^kCn* 'kCn dksk eaik, tkrsg&yfdu okD; vks Hkk"kk ea in feyrs g& okD; inka l sfeydj curk g& 'kCnka l sugh& okD; ea iz qR 'kCn dh vkdfv vks : i eaifjorZu fd; k tkrk g& bl ifjorZu dsl gk; d 'kCnka k dks0; kdj.k dh foHkfdR* dgrsg& foHkfdR okD; ds iR; d in ea xqr vFkok idV : i l sfon; eku jgrh g& tS & ^jke xkfon dksn[krk g&A bl okD; ea jke fufoHkfdR in gsvks n[krk g& ^f0; k dk drkZ g& dr0; idV djust djk.k ; g in g& ; n; fi dkbZ foHkfdR l kfk ughag& ; fn okD; ea iz qR bu inka dsvks l kFkZd [k&M fd, tk, arksgea 'kCn i klr gkrsg&

Lej.kh; & okD; l sijs'kCn ^kCn* gkrk g&

vks okD; ea iz qR 'kCn in gkrk g&

ikBxr izu

3- 'kCnka vks in dk varj crykb, A

4- 'kCn dh ifj Hkk"kk nhft, A

'kCn Hkn

fofHkku vk/kkj dks ydj fo}kuka us 'kCnka dsi kpb idkj l shkn fd, g&

1- L=kr dsvk/kkj ij& rRI e] rnHko] nskt] fonsh] l dj

2- cukoV dsvk/kkj ij& : <] ; k&xd] ; ksx : <

3- 0; kdj.k dsvk/kkj ij& fodkj] vfodkj] h

4- vFkZ dsvk/kkj ij& foyke] i ; kz okph] , dkFkh] vuclFkhZ

5- iz ksx dsvk/kkj ij& l keku;] rduhdh] v) rduhdh

L=kr dsvk/kkj ij

L=kr dsvk/kkj 'kCn dsi kpb Hkn gkrsg& rRI e] rnHko] nskt] fonsh vks l dj 'kCnA

1/2 rRI e 'kCn& os'kCn tksfcuk fdl h ifjorZu dsT; ka dsR; ka l ddr Hkk"kk l sfglunh ea iz qR fd, tkrsg& os rRI e 'kCn* dgykrsg& tS & i qrd] dfo] o[k] eut;] ekrk] n[k] l i] l eq] un] l jkoj bl h idkj ds'kCn g&

1/2 rnHko 'kCn& rnHko 'kCn mu 'kCnka dks dgk tkrk g& ftudk eWk L=kr rks l ddr gh gS i jarq tks i kfy] i kdr] viHka k vkfn flFkr; ka l sgkrsgq fgnh eavk; g& vFkZr-: i cnydj fglunh Hkk"kk ea ; s'kC; iz qR fd, tkrsg& tS siRk

1/2 nskt 'kCn& os'kCn ftudk dkbZ L=kr ughag& vFkZr ftu 'kCnka dk eny : i l ddr ea ughafeyrka ; s'kCn fglunh dh viuh idfr dsvuq i xkeh.k {ks=kj [kkyh {ks=ka vkfn dsi Hko l sfodfl r gq g& bl idkj ds'kCnka dks nskt 'kCn dgk tkrk g& tS & Hkn] > kM] > aV] Hka] vVdy] > d> d] FkiM] BkdjA

1/2 fonsh 'kCn& fglunh ea vaxst] vjch] Qk] l h] i qzkyh vkfn 'kCn iz qR gkrsg& ; s'kCn fonsh dgykrsg& tS & jyj] cl] vke] vkneh] fdrkc] cxe] xeyk] deht] rki vkfnA

1/2-1/2 d j 'k& fgluh ea dbz 'k& fo'k&dj l keftd 'k& , s g& ftl dk , d v&k , d Hk'kk dk g&srks n& jk
v&k n& jh Hk'kk dkA bu 'k&n& dks l d j 'k&n dgrsg& t& &

j&y&kMh 1/2&st&h \$ fgluh 1/2

ckfj ; r 1/2&st&h \$ vjch 1/2

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'k&n l sfeydj budsv&K&ea ifjor& yk n&rs&g& ; sn&s ; k n&sl svf/kd 'k&n&l sfeydj Hkh curs&g& t& & Je
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3- ; k&k : <& ; k&x : < os 'k&n g& t&s ; k&xd g&us ij Hkh viuk fo'k&k v&F&Z j [k&rs&g& v&F&K& ; s'k&n fdl h fo'k&k
v&F&Z ds fy, : < g&s t&rs&g& t& & i&dt] pkj i kbz vkfn

1/2-0; kdj.k dsvk/kkj ij& 0; kdj.k dsvk/kkj ij 'k&n n&sl dzkj ds g&rs&g&

1- fodkjh 'k&n 2- vfodkjh 'k&n

ftu 'k&n&esiz ; k&x&ud kj d&N ifjor& m&Ri Uu g&rk g& os'fodkjh' 'k&n dgy&rs&g& t& & sc&ki k] l k&uk] c&g&k]
tk&x&uk] n&M&U&k ea vkfn fodkjh 'k&n g& bl dse& ; pkj Hkn g&

1- l k&k 2- l o&ke 3- fo'k&k.k vk& 4- f& ; k

vfodkjh& t&s 'k&n iz k&x&ud kj ifjofr& ugh&g&rs& os'k&n vfodkjh 'k&n dgy&rs&g& t& & /khj&/khj& r&F&k v&F&ok
vk&] f&r&q&okg! v&PN&k! ; s l Hkh vfodkjh 'k&n g& buds Hkh ea ; : i l spkj Hkn g&

1- f& ; k fo'k&k.k] 2- l e&pp ; ck&k&d] 3- l e&ak ck&k&d] 4- foLe ; kfn ck&k&d

i&B&x&r i&zu

5- fodkjh 'k&n dk& l s dgy&rs&g&

6- t&s 'k&n ifjofr& ugh&g&rs&g& os D ; k dgy&rs&g&

1/2-1/2 v&F&Z dsvk/kkj ij&

v&F&Z dsvk/kkj ij 'k&n& ds i dzkj fu&E&ud kj g&

1/2-1/2 foy&

1/2-1/2 i ; k& okph

¼x½ , dkFkhZ

¼k½ vudkFkhZ

¼M-½ vud 'kCnka dsfy, , d 'kCn

d- foyle 'kCn&

foi jhr vFkZ dk Kku djkusokys 'kCnkafoykækFkhZ ; k foi jhrkFkhZ 'kCn dgykrsg& mnkgj.k

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jkr & fnu

mnkj & vupkj

vk'kk & fujk'kk

Åpk & uhpk

, d & vud

¼k½i ; kZ okph 'kCn&

i ; kZ dk vFkZg& vU; ; k nW jkA os 'kCn tks fHkUu&fHkUu gkrsgq Hkh fdI h , d vFkZ dksLi "V djrs g& i ; kZ okph 'kCn dgykrsg& tS s

'kCn& i ; kZ okph 'kCn

dey& tyt] uhjt] iædt] I jfl t

ver& I ækk] vfe;] I kæ] vl hj ih; Æk

vkdk'k& xxu] vkl eku] uHk] 'kC;] 0; k&

¼x½, dkFkhZ 'kCn&

ftu 'kCnka dk , d gh I k/kkj .k vFkZ gkrk g& , dkFkhZ 'kCn dgykrsg&

jke] Hkki ky] rktegy] x&k

¼o'k& 0; fDr okpd I Kk, Wbl ds mnkgj .k g&½

¼k½vudkFkhZ 'kCn&

ftu 'kCnka ds, d I svf/kd vFkZ gkrsg& vudkFkhZ 'kCn dgykrsg& okLro ea; s'kCn okD; eaiz Ør g&dj i d ækuð kj vFkZ nrsrg&

mnkgj.k

dud & I ks.k] /krj.k] x&W

dj & gkFk] fdj.k] VDI

dky & I e;] eR; q

¼M-½vud 'kCnka dsfy, , d 'kCn& vud 'kCnka dsfy, ; k okD; k&k dsfy, , d mi ; Ør 'kCn j [kus dh i fØ; k dks I æki hdj .k eaYSI drsg& oLr& ; sHk'kk dks I ækI r djusea vR; r I gk; d gkrsg&D; k&d ; s'kCn I á wkZ okD; ; k okD; k&k dks vi usea I ev y&sg& tS s

1- ftl s thrk u tk I ds & vts

2- ftl dk vr u gks & vur

3- tks ckr dgh u tk I ds & vdFkuh;

4- bʒoj eafo'okl j [kusokyk & vkfLrd

1/2 iz ks dsvk/kj ij&

iz ks dh nʒV l s 'kCn rhu izdkj ds gkrsg&

1- l keW; 'kCn

2- rduhdh 'kCn

3- v) rduhdh 'kCn

1- l keW; 'kCn& l keW; 'kCnkoyh ds v r x r os 'kCn vkrsgʒ tks ml Hkk"kk dk 0; ogkj djusokys vke ukxfj dka }kjk iz ks ea yk; s tkrsgʒ tʒ & jkʒ/h edku] uy] dʒk vkfn

2- rduhdh 'kCn& fdl h fo'kSk f'k{k} Kku] 'kkL= ; k 0; ol k; l s l eʒ/kr 'kCnkoyh rduhdh 'kCn dgykrh gʒ tʒ & v) sʒokn] fo'kSk.k] l kʒ] vfhk; ʒr] v/; krs k] dkuu

3- vnʒ rduhdh 'kCn& tks 'kCn rduhdh gkrsgʒ Hkh vke vkneh ds thou ea vf/kd ipfyr gks tkrsgʒ vnʒ rduhdh 'kCn dgykrsgʒ tʒ &

ppko] vkwj s ku] jk"V] jkT;] Lk] /ku

mi l xZ	vFkZ	cuusokys'kCn 1/2 nkgj .kʒ
v	vHko] fu"ksk	vdkj .k] v/ke] vps] vi fo=
vfr	vf/kd Åij	vfrnhu] vfrfjDr
vuq	i hN] l eku	vuqkeh] vuqj .k] vuq i
vfhk	l ehi rk] vf/kdrk] bPNk	vfhk'kki] vfhk; ksx] vfhkdj .k
mi	i kl] Nk/k] l gk; d	mi uke] mi ou] mi gkj
iz	vf/kd	izy] i d x] iz ks
fo	fo'kSk rk] ghurk]	fookn] fo'kSk] fouk'k] foeqk
	vl ekurk	

'kCn jpuk&

fglNh dks 'kCn jpuk ; k 'kCn fuekZk dh iʒrRr fojkl r ea feyh gʒ ; gkw mi l xZ i R; ;] l ekl] vkfn ds }kjk u; & u; s 'kCnka dk fuekZk dj Hkk"kk vi us 'kCn oʒko dks c<krh jgrh gʒ

'kCn jpuk iʒqk : i l s rhu izdkj l s gkrh gʒ

- 1- mi l xZ
- 2- i R; ;
- 3- l ekl

mi l xZ

mi l xZ& mi l xZ 'kCn dk 'kfcnd vFkZg& i kl ea vkdj nʒ jk u, vFkZokyk 'kCn cukukA mi l xZ ml 'kCnka k dks dgrsgʒ tks fdl h 'kCn ds igys vkdj vFkZ iz xV djrk gʒ mi l xZ }kjk u, 'kCnka dh jpuk gkrh gʒ tks dN l d r Hkk"kk l sfy, tkrsgʒ rks dN fgnh vkj mn l sfy, x, gʒ l d r mi l xZ 22 gʒ ; sg& i] ij k] vi] l e} vu] vc] ful] fuj} nq } nj] fo] vk] fu] vf/k] vfi] vfr] l ij mr} vk;] ifr] ifj] mi A bueal sdfri; mi l xZ dsek/ ; e l s 'kCn jpuk nʒV0; gʒ

fglNh ds mi l xZ

mi l xZ	vFkZ	'kCn : i
v/k	1/2 k/kʒ	v/ktyk] v/kf[kyk

fcu	¼u"ksk dsfcuk½	fcun[kk] fcu0; kgk
Hkj	¼ij] Bhd½	Hkj i ij] Hkjeku
I] I q	¼vPNk mRre½	I i r] I qe

bl h i dzkj mnĩdsmi l xkĩ }kjk u, 'kCnka dh j puk Hkh dh xbZ gA
m nkgj .k n[k, A

mnĩmi l xZ	vFKZ	'kCn : i
de	¼FKkMk½	defl u] detkj
gj	¼i R; d½	gj jkt] gj i y
cn	¼cjk½	cnfdLer] cni j r
[kqk	¼i d Uu½	[kqkfdLer] [kqkgy
yk	¼cuk½	yki jokg] ykpkj

i k B x r i z u

fjDr LFkukadh i r z d h f t , &

7- mi uke ea-----mi l xZ gA

8- gj i y ea-----mi l xZ gA

i R ;

, d s'kCn ; k 'kCnka k tksfdl h 'kCn ds vlur ea yxdj vFKZ eafo' kSkrk ; k ifjorZu mRi Uu dj nai R ; ; dgykrsgA
i R ; ; nks i dzkj ds gkrsgA

1- dnUr i R ; ;

2- rf) r i R ; ;

1- dnUr i R ; ; & , d s i R ; ; tksfØ; kvka ds ckn ea yxrs g] dnUr i R ; ; dgykrsgA tS &

[ksyk	f[kykvh
i <uk	i <kbZ
fy[kuk	fy[kkbZ

2- rf) r i R ; ; & l Kk vkj fo' kSk.k l oZuke 'kCnka ds vlur ea yxusokys i R ; ; dks rf) r i R ; ; dgrsgA tS &

l ksk \$ vkj	¾ l qkj
ykgk \$ vkj	¾ ygkj
Vks h \$ okyk	¾ Vks hokyk
nWk \$ okyk	¾ nWk okyk

1- l Kk cukusokys i e[k i R ; ;

i R ; ;	'kCn
vkbZ	p < kb] i < kbZ
vkoV	feykoV] l tkoV

rh fxurh] /kjr h

2- fo'k k cukusokysie k i R ; ;

i R ; ; 'kCn

vk Hk[Fkk

eku vfhkeku

bž Hkkj rh;

3- fØ; k cukusokysie k i R ; ;

i R ; ; 'kCn

rk Mærkj jksk

uk nkMæk] [ksyuk

dj l kdj] mBdj

4- Hkookpd l k k cukusokysie k i R ; ;

i R ; ; 'kCn

rk l qjrk] dq i rk

,o cdkjo

5- držkpd i R ; ;

i R ; ; 'kCn

vkj d[fgkj] l ukj

dkj dykdkj] l kfgR; dkj

,jk yWjk] fprjk

6- dežkpd i R ; ;

i R ; ; 'kCn

okW i k[ok] vkBokW

gjk bcdgjk] ngjk

7- L=fyx okpd i R ; ;

i R ; ; 'kCn

vk fi z k] ckyk

bu /kksu

8- fØ; k&fo'k k cukusokys i R ; ;

i R ; ; 'kCn

i wD l Qyrki wD] /kš ž wD

r% I k/kkj.kr%Qyr%

ikBxr izu

fuEufyf[kr okD;ka ds l e{k fn, x, fodYi ka l s l gh fodYi p q d j fyf[k, &

9- 'n; kyq 'kCn ea i R; ; g&

1/2 d 1/2 yq 1/4 k 1/2 vkyq 1/2 x 1/2 ; kyq

10- ^dgyhu* 'kCn ea i R; ; g&

1/2 d 1/2 bL 1/4 k 1/2 yhu 1/2 x 1/2 bu

I ekl

I ekl ds Hkn & I ekl N% i z k j ds gkr s g&

1- v0; ; h Hko I ekl

2- rRiq "k I ekl

3- deZkkj; I ekl

4- f}xqI ekl

5- }U} I ekl

6- cgq hfg I ekl

1- v0; ; Hko I ekl & bl I ekl dk igyk in v0; ; gkrk g& bl s ^i d n izkku* I ekl Hkh dgk tkrk g& mnkgj.k&

ifrfnu] ifrekl] vlej.k] vktle] ; Fkkfof/k] I dqky] ?kj&?kj] iy&iy vkfn

2- rRiq "k I ekl & ; g I ekl mRrjin izkku gkrk g& bl I ekl d in eafokfDr; ka/dkj d fpulgkz dk yki gkrk g&

rRiq "k I ekl eadrkz vks I aksku dks NkM/dj 'kSk I Hkh dkj dka ds fpulgka dk yki gkrk g& vr% bl ds fuEufyf[kr N% Hkn g&

Ø- rRiq "k ds Hkn I ekl ; Ør 'kCn I ekl foxg

1- deZ rRiq "k ernkrk er **dk** nkrk]

2- dj.k rRiq "k j y ; k=k j y I s ; k=k

3- I Einku rRiq "k nsk i e nsk **dsfy**, i e

4- viknu rRiq "k i Fk HkZV i Fk I s HkZV 1/2 vyx gkr s dk Hko 1/2

5- I aks rRiq "k nkl h i e nkl h **dk** i e

6- vf/kdj.k rRiq "k ouokl ou **eaokl**

3-deZkkj; I ekl & ftl I ekl dk igyk in fo'kSk.k vks n i j k in fo'kS; gk ml s deZkkj; I ekl dgrsg& 1/2 fo'kSk& bl I ekl ea l keku; r; k i w z in fo'kSk.k gkrk g& fdllr q dgha dgha i d n fo'kS; Hkh gks l drsg& t s s ?ku'; ke] ctz i k.k vkfn 1/2

mnkgj.k& vykeku l] egktu] uhydey

4- f}xqI ekl & ftl I ekl dk igyk in l q; kokpd fo'kSk.k gk ml sf}xqI ekl dgrsg& t s & l r l b] i p o V h] f=Hko p u] p k s k g k] u o j k f= vkfn

5- }U} I ekl & ftl I ekl eankuka in izkku gka r Fkk mudschp ; kst d 'kCn 1/2 t k M usoky 1/2 dk yki gk ml s }U}

I ekl dgrsgA tS & yHk&gkfu] t; &ijkt;] ekrk&fi rk] jkr&fnu] Hkyk&cjk] nky&jksh vkfnA

6- cgqfkg I ekl & bl I ekl eavU; in izkku gkrk gA bl eau rksi n dk egRo gS u mRrj in dk gh] vfi rQ nkskaI sfHkUk dkbznI jk ¼/U; ½gh in egRoI wkZgkrk gA cgqfkg I ekl I sfu"iUu in ik; %fo'kSk.k gkrk gA tS & djik=h & ¼dj gA ik= ftI dS & I U; kl h

yæknj & ¼yæc gSmnj ftI dk½ & x.kSk

pUnz k[kj & ¼pUnz gS'k[kj ij ftI dS & f'ko

n'kkuu & ¼n'k gA vkuu ftI dS & jko.k

I ekl & I ekl dk vFkZ gS I fki vFkZ- vi uh ckr FkkM/ea dguka

tc ijLij I æk j [kusokysnks; k nksI svf/kd 'kCnka dks feyk dj tc u; k I kFkZd 'kCn cu; k tkrk gS rks ml ey dks I ekl dgrsgA

nks; k nksI svf/kd 'kCnka dks tkM dj u; k 'kCn cukus dh ifØ; k dks I ekl dgrsgA tS & ekrk] firrk] jkti[] yEcknj] n'kkuu] uhydey vkfn

I ekl dshk

iBxr izu

11- I ekl dh ifjHkk"kk nhft, A

12- I ekl foxg fyf[k, & n'kkuu] ykkk] ekq] pkskgk] ifro"z

okD; foKlu& okD; jpuk

'kCnka ds fuekZk dh ifØ; k tkuus ds mi jkr ge okD; ka dh jpuk ds ckj sea tkusaA Hkk"kk dh y?kqre I kFkZd bdkbz okD; gA o. kka I s'kCn , oa'kCnka ds; kx I sokD; cursgA Hkk"kk dh iEke bdkbz okD; gkrsgA Hkk"kk dk i k j EHk 'kCnka I s u gkdj 'kCn okD; ka I sgkrk gS tS & ; fn cPpk 'i kuh* dgrk gS rks ml dk vk'k; gSe[s i kuh pfg, A 'Hk[k* dgus ij ml dk vFkik; gS fd dN [kkus dks nks] eq-s Hk[k yxh gA vFkZ- tc nks; k nksI svf/kd 'kCnka dks bl rjg I siLr[fd; k tkrk gS fd ml I shkoka o fopkjka dks Li"V : i I svfHkO; Dr fd; k tk I ds rks ml sokD; dgrsgA vRk% Hkk"kk dh y?kqre bdkbz tksfd I h Hkko ; k fopkj dks i wkZ-%0; Dr dj I drh gS okD; dgYkrh gA** i ratfy us ^i wkZ vFkZ dh irhfr dj kusokys 'kCn ¼ i n½ I eq** dks okD; dgk gA

bl idkj okD; ean kskra ¼y{k.k.½ vi s{kr g&

1- 'kCnka dh I egrkA

2- i wkZ vFkZ dh irhfrA

okD; dsxqk&

tksoD; Hkko vkSj vFkZ dks Li"V dj usea ftruk I Qy gS og mruk gh xqk I á Uu dgk tkoskA I jy] I nj okD; ea eq; : i I sfuEufyf[kr xqk gkus vko'; d g&

1- vkdkk 2- ; kx; rk 3- I fluf/k 4- inØe 5- vflufr

1- vkdkk& , d in i <us; k I p[us ds ckn fd I h Hk okD; ds vk'k; dks tkuus dh LokHkkfod ftKkl k dks vkdkk dgrsgA tS s dkbz oDrk d[oy ^ekgu us dg dj gh pi gks tk, rks Jkrk dh ftKkl k c<rh tk, xh tc rd fd og ^i kuh ugh fi; k** vFkZ- okD; ds'kSk inka dks Hk u I p[yA okD; ftruh I Qyrk I sftKkl k 'kkr djrk gA og mruk gh I Qy i Hkko'khy gkrk gA

2- ; kx; rk& okD; ea; kx; rk I srkri; ZgS inkads vFkZ cksku dh I keF; A okD; ea I kFkZd 'kCnka dk iz; kx gkrk gA fujFkZd 'kCn rHk iz; kx eayk; s tkrsgA tc os dN vFkZ wkZ gka tS & cdcd fujFkZd 'kCn gSyfdu vFkZ wkZ djus dsfy, bl dk iz; kx okD; eadN bl rjg gkrk gS^D; kacd cd dj jsgkA vFkZ0; Dr djus ds dkj .k ; g I kFkZd

gSvKj ; gh vFkZ dk cksk djkusdh {kerk gh ; kx; rk gA ; gh l kFkZdrk gA

3- I fluf/k& 'kkfCnd nf"V l sbl dk vFkZgSl ehi rKA okD; dsin , d nli jsds l ehi jgus pkfg, vKj ; g rHkh l Hko gkrk gStc ij k okD; , d l kFk mPpfjr f; dk tk, xkA tS & 'jk/kk fl ykbZ vk/kk okD; vHkh rFkk ml dk 'ksk Hkx , d ?k/s ckn 1/2 dk dke djrh gS mPpfjr fd; k tkoskA rks ml dk vFkZ vLi"V gh jgskA dky dh l ehi rk gksuh pkfg, A bl h izdkj y[ku eaHkh , d okD; ds'kCn iki & iki fy[kus pkfg, A

4- inØe& iR; d Hk"kk ea inØe dh viuh 0; kdjf.kd 0; oLFkk gkrh gA bl 0; oLFkk dsfy, inka dk fuf'pr Øe l svkuk t: jh gkrk gA 0; oLFkk ds vuq kj inka dk l a kstu gh 'inØe* dgyrk gA ; fn okD; dk Øe l gh ugha gksk rks ml ds vFkZ eaHkh Li "Vrk ugha gksk tS & jgus okys Fks egkRek xkdkh i k j c l n j d A "okD; nkski wkZ gS gksuk pkfg, **& egkRek xkdkh i k j c l n j ds jgus okys FkA bl okD; ea inØe mi ; Ør ugha gS bl Øe ea okD; fy[kk tk; rks inØe l gh gks tkrk gS vKj vFkZ dk Hkh Li "Vhdj .k gks tkrk gA vr%drk] de] fØ; k dk l e fpr mi ; ksx gksuk pkfg, A

5- vflufr& vflufr l svk'k; gS; Ør] tkMk gupk vFkZr gupk 0; kdjf.kd nf"V l sl keku; : i rKA okD; ea inka dk iz ks djrs l e; 0; kdj .k fu; eka dk mYyaku ugha gksuk pkfg,] vU; Fk okD; v'kØ ekuk tk, xkA tS s^yMelk [kkrh gS vKj yMdh [kyrk g& bu okD; ka eafyak l ædkh vflufr ugha gS bl dkj .k ; sokD; v'kØ gA

ikBxr itu

13- okD; ea dks l s xqk vko' ; d gA

14- ^?kkMk 'kj dk f'kd kj djrk gS okD; 'kØ dhft, A

okD; Hkn& okD; ds jpuK vKj vFkZ ds vk/kkj ij Hkn fd, x, gA

jpuK ds vk/kkj ij okD; Hkn

jpuK ds vk/kkj ij okD; ds e[; rhu Hkn gS%

1- l j y ; k l k/kj .k okD; 2- tfVy ; k feJ okD; 3- l a Ør ; k ; kSxd okD;

1- l j y ; k l k/kj .k okD; & ftl okD; ea, d mnas; vKj , d gh fo/ks gks ml s' l j y* okD; dgk tkrk gA tS s og i lrd i <+jgk gA bl eaog drk mnas; gS tS sog i lrd i <+jgk gS; g fo/ks gA

2- tfVy ; k feJ okD; & ftl okD; ea, d izkku mi okD; ds l kFk , d ; k , d l svf/kd vkfJr mi okD; tMs gkark ml s tfVy ; k feJ okD; dgk tkrk gA tS & jke usdgk fd esdy Hkky tkApxkA bl okD; ea jke usdgk & izkku mi okD; fd esdy Hkky tkApxk& vkfJr mi okD; gA

vkfJr okD; & tksmi okD; Loræ : i l svFkZksk ugha dj k l drk] dny e[; okD; dk l gk; d ek= gkrk gS ml s vkfJr mi okD; dgrs gA vkfJr mi okD; rhu izdkj ds gkrsg&

1- l k k vkfJr mi okD;

2- fo'ksk .k vkfJr mi okD;

3- fØ; k fo'ksk .k vkfJr mi okD;

3- l a Ør ; k ; kSxd okD; & l a Ør okD; ea nks ; k vf/kd l ekuf/kdkj okD; l a kst d ds }kj k tMs jgrs gA l a kst d }kj k tMs jgus ij Hkh iR; d okD; viuk Loræ vflRr o j [krk gS vKj , d nli js ij vkfJr ugha jgrkA tS & ckyd d{kk ea x; s i j l r q o g k f'k {kd ugha FkA ckyd d{kk ea x, rFkk "ogka f'k {kd ugha FkA bu nksika ds ey l s l a Ør okD; cukA

vFkZ ds vk/kkj ij okD; ds Hkn %&

vFkZ dh nF"V l sokD; ds vKB izdkj gS%

1- fof/k okpd okD; & ftl okD; eafdl h ckr dsgkusdk cksk gsrk gS ml sfof/k okpd okD; dgrsgA tS s^gjh vlxjk x; k FkA** fØ; k }kjk deZ dsgkusdk cksk gsrk gA

2- fu"skokpd okD; & ftl okD; eafdl h ckr dsu gkusdk cksk gsrk gS ml sfu"sk okpd okD; dgrsgA tS & gjh vlxjk ugha x; k FkA bu okD; ka eadk; Z dsudkjRed : i dk iz kx gsrk gA

3- izuokpd okD; & osokD; ftueadN tkuusdh bPNk izdV dh tkrh gS izuokpd dgykrsgA tS & D; k rø vlxjk tkvksd bu eadN ckr iN tkrh gS; k mRrj dh vi\$kk dh tkrh gA

4- vkkkl pd okD; & ftl okD; eavkKk ; k vkrnk nusdk vkkkl ; k cksk gsrk gS ml svkKk l pd okD; dgrsgA tS & ejsfy, [kkuk ykvkA [kkuk [kkvka

5- foLe; kfnckskd okD; & osokD; ftueavk'p; Z izdV gsrk gS foLe; kfn cksk okD; dgykrsgA , s sokD; ka ea 'kkd' vk'p; ; g"z vkfn Hkko izdV gsrsgA tS & okg! [kø etk vk; kA vj\$; g D; k gks x; k\

6- bPNkl pd okD; & ftl okD; eafdl h izdkj dh bPNk dks0; Dr fd; k tkrk gS og bPNk l pd okD; dgykrk gA tS & bZoj rfiga 'kh?kz gh mlufir fnyk nA nh?kz qgkA fot; h gkA

7- l ng l pd okD; & ftu okD; ka l sfdl h izdkj dsl ng dh Hkkouk ; k 'kødk dk Hkko izdV gsrk gS os l ng l pd okD; dgykrsgA tS & og 'kk; n dy ejs?kj vk, A gks l drk gSeø-sogk; tkuk i mA

8- l drosokpd okD; & ftu okD; ka eafdl h ckr dh vksj l dros feyrk gS; k fdl h Hkko dk døy l dros feyrk gS vksj ml dsl kFk dkbZ 'krZyxh jgrh gS mluga l drosokpd okD; dgrsgA tS & ; fn rø egur djksxrksvo'; l Qyrk feyxhA og ; fn og vkrk rksøpyk tkrkA

iBxr izu

fuEufyf[kr okD; ka dsl e{k fn, x, fodYi ka ea l sl gh fodYi dk p; u dhft, &

15- gs jke! ; g D; k gks x; k\ & okD; g&

¼d½ fof/kokpd okD; ¼k½ vkkkl okpd okD; ¼x½ foLe; ckskd okD;

16- eðvk; k vksj og x; kA & okD; gA

¼d½ l kkkj .k okD; ¼k½ l a Ør okD; ¼x½ feJ okD;

okP; & okD; ka dsfofHkku Hknka dks tkuusds i'pkr ge tkusafd okP; D; k gA uhpfn; sokD; ka ij nF"V Mky& d½ ekgu i = fy[krk gA

[k½ ekgu }kjk i = fy[kk tkrk gA

x½ ekgu l si = ughafy[kk tkrkA

i Fke okD; eafØ; k ds : i eaLi"V gsrk gS bl eadrkz iæ[k gA f}rh; okD; eafØ; k dk Lo: i crkrk gSfd dN dk; Z¼ = fy[kuk½ gsrk gS vksj og drkZ ds }kjk fd; k tkrk gA vr%; gkWdeZ dh izkkurk gS vksj ogh fØ; k 0; ki kj dk l pkyd gA rhl jsokD; ea u rks drkZ dh izkkurk gS vksj u gh deZ dhA ; gka Hkko dh izkkurk gA ; g okD; døy ; g crkrk gSfd drkZ vksj ½ fØ; k djuseavl eFkZ gA bl izdkj l srhuka okD; Øe'k% drkZ deZ vksj Hkko dh izkkurk dks l fpr djrs gA fØ; k dsfofHkku : i kødk bl izdkj dh l pøuk nus gh okP; dks l fpr djrs gA i fjHkkf"kr djrs gq dg l drs gSfd ^okP; fØ; k dk og : i gS tks ; g crkrk gS fØ; k&0; ki kj dk ey l pkyd drkZ gS vFkok de; ; g bl ckr dh vksj l dros djrk gSfd drkZ fØ; k dks djusea l eFkZ gS vFkok ughA**

okD; eadrkZ deZ vFkok Hkko dh izkkurk ds vk/kkj ij fganh ea l keku; r% okP; ds rhu Hkn ekus tkrsgA %&

- 1- drbKP;
- 2- debkP;
- 3- HkkookP;



i=kpkj iB; Øe
ek/; fed f'k{k e.My e-ç-] Hkiky
½kj k I ok/kdkj I jf{kr½
fMlykek bu ,T; q{skuj i jh{k
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izu i = & 4

fo"i; & fglhh Hk"kk f'k{k.k

iB&4

fo"i; k&k&	1	'kCn o vFKz
	2	vFKz cksk dh n'kk, j
	3	vFKz foLrkj dh n'kk, } foLrkj] I ækp] vFKkz's k] mRd"lz vi d"lz
	4	vFKz ifjorZ ds iæ[k dkj.k
	5	vyækj iz kx

fi z; Nk=w; ki d]

iLrkouk

ekuo I f"V ds i k j Hk I sgh Hk"kk vi us l j y : i I sl æ kj I kxj eavi uh yky ygfj; k; i Hkfor djrh pyh vk jgh g& Hk"kk dh ; g ygjaHkko vks fopkj ka dh ij .kk I sfonHku : i ka evukfndky I si fjorZ'khy jgh g& ekuo bl svi uh vUr i j .kk I sl h[krk vk; k gSvks ; koTthou I h[krk vks fur u; si z kx djrk jgrk g& Hk"kk I ekt I ki s{k oLrq g&

Hk"kk oDrk vks Jkrk dschp fopkj fofue; dk I k/ku gSoDrk dN dgrk gSvks Jkrk ml sl e> yrk g& oDrk dse[k I s tks/ofu fudyrh gSog 'kCn&in&okD; oak&okD; ds : i eagkrh g& oLrq% I kfkZ /ofu; ka ds l a kx I s'kCn curk g&

/ofu; ka ds l a kx I s gkrk tks mi yC/ka

fcuk iz kxh okD; ds dgykrk og 'kCnAA

'kCn dh efgek vi kj g& gekjsn'kz] I kfgR; vks 0; kdj .k vkfn eabl dk vuæ izdkj I so.kz feyrk g& I keku; r%'kCn eagh vFKz bl izdkj fNik jgrk g& mudh fhkuurk djuk vki ku ughag& xkkoeh ryl hnkI usBlid gh dgk g&

'fxjk vFKz ty chp I e] dfg; y fhkuuufhkuuA*

I p Hk gS'kCn rks I Sykuh gksrg& t gk; Hk tkrsg& ftI I ekt ealh ifo"V djrg& ml dh izdfr dsvuæ kj vFKz nus yxrs g& 'kCn ds mPpkj .k I s gks okyh irhfr vFKz g&

'kCn /ofu dk iwz : i ; k fp= gSvks 'kCn dk Kku ml ds vFKz eagSvks vFKz dk ç) vks ik.k I s?fu"B I æk g& 'kCn 'kjhj gSvks vFKz ik.kA i rtfy dsvuæ kj 'kCn vi u&vi usvFKz dk cksk djkusdsfy, gksrg& i jUr ftI &ftI vFKz ds cksk dsfy, 'kCn dk iz kx gkrk gS ogh ml dk vFKz gkrk g&

^l oBkkok Low u Hkko u Hkofur I %r'skHkko%**

ge ; g tkursg&fd Kku 'kCn curk g& vks 'kCn Kku ixV djrk g& 'kCn vks vFKz Kku I sc&ks g& 'kCn

vkj vFkZepkyh nkeu dk l kfk gA 'kCn vkj vFkZ, d gh fl Ddsdsnks i gywga, d gh vkRek dsnks: i gA 'kCn vkj vFkZ dk l ædk fur; gA 'kCn og gß ftl dk vFkZ gA l kjkæ eage dg l drsgæfd 'kCn vkj vFkZfHku ugha gA gk! ; g ckr vo'; g& 'kCn dk 0; ogkj gkrk gSvFkZ dk ugha

2 mnæs; &

Hkk"kk ds vFkZ&i {k ds oSkfud v/; ; u dk uke gh vFkZokku gA Hkk"kk dh l Qyrk ml dh vFkZÜkkZ ea gh gA l ekt dsfy, mi; kx vFkZku /ofu l a kx ¼ kCn½ dk v/; ; u djuk, d Hkk"kk fon-dsfy, vko'; d gA vFkZ fokku ds v/; ; u l s, d Hkk"kk f'k{k d dsfuEufyf[kr mnæs; ka dh i firZ gsrh gSD; käd &

- 1- vFkZ fokku ea 'kCnFkZædk v/; ; u fd; k tkrk gA
- 2- bl ea vFkZ dsLo: i dk v/; ; u gsrk gA
- 3- bl l svFkZ cksk ds l k/ku dk irk pyr gA
- 4- vFkZ fokku l s'kCnFkZ dk l ædk vFkZku ds æ dk irk yxrk gA
- 5- vFkZ& ifjorZ dh fn'kk, @ n'kk, j bl vFkZ fokku ds v/; ; u l sLi "V gsrh gA
- 6- vFkZ fokku dk mnæs; vFkZ ifjorZ l ædkh fl) kUrka dk v/; ; u djuk gA
- 7- bl l sHkk"kk ds v/; ; u ea l qerck jgrh gA
- 8- bl l sgekjh Kku&fi ikl kj 'kkfUr gsrh gA
- 9- i kphu l ædfr vkj 'kCn pyu dk Kku Hkh gsrk gA
- 10- i kphu ok^{3e}; dsokLrfod vFkZæsk ea bl dh l gk; rk yh tkrh gA

3 'kCn] vFkZ&

'kCn vkj vFkZ dk, d nli js ds l kfk xgjk l ædk gSD; käd 'kCn vFkZ dk vFkZ; fDr i {k gSvkj vFkZ 'kCn dh vkRek vFkok i k.k gA vFkZ ds vHko ea 'kCn dh vko'; drk gh ughagSvkj 'kCn ds vHko ea vFkZ dh vFkZ; fDr ughagS l drhA bl ea l lns ughafd dñ vFkZæ; k Hkkokavkj fopkjæ dks l æsrka }kjk 0; Dr fd; k tk l drk gSijarq l eLr Hkk"kk dk dk; Z l æsrka vkj bæsrka }kjk ughapyk; k tk l drkA Hkkjrh; fopkjæ aus 'kCn vkj vFkZ ds i kjLi fj d l ædk ij foLrkj l sfopkj fd; k gA egkHkkL; dkj i ratfy dk fopkj gSfd 'kCn dk iz kx l nð vFkZ dh vFkZ; fDr dsfy, gsrk gA vFkZ 'kCn l si wkr; k viFkd-vkj l Ei Dr jgrk gß bl fy, nksuka eafur; l ædk g& vFkZæR; ; % 'kCn iz kx% fur; g; FkðrkeFkj fHk l ædk% ^egkHkkL; vk**

Jh HkrZfj dh /kkj.kk gS & ^, dL; S-kReuks Hknks 'kCnFkZæ i FkdfLFkrkS& okD; inhi 2@3 nksuka ea okP; okpd l ædk ughagSoju-iædk'; iædk'kd vFkok dk; Zkj.k l ædk gA 'kCn iædk'kd gSvkj vFkZ iædk';] 'kCn dkj.k gSvkj vFkZ dk; & iædk'kd iædk'; Roa dk; Z dkj.k: irka

vUr; k=kReuLrL; 'kCnRoL; l oñka okD; inhi 2@23

egkdfod klfynkl usHkh f'ko vkj i kozh ds l eku 'kCn vkj vFkZ dks vFkZku crk; k gS& okxFkZoo l Ei drkæ okxFkZ fr i RR; A

txr%fi rjks olns i kozh i ješ ojkæA j?kpa k 1@1

vk'k; ; g gSfd Hkkjrh; vkpk; kaus 'kCn vkj vFkZ dk fur; , oa vFkZku l ædk Lohdkj fd; k gA l æsr xg iædkjUrj l sfcEc fuekZk ds dkj.k gh vFkZ xg.k fd; k tkrk gS rFkfi vFkZæsk dh fuEu n'kk, j; k l k/ku dgs tk l drs gA

4 vFkZæsk ds l k/ku&

vFkZæsk ds vkb l k/ku ekusx; sg& ¼ ½ 0; ogkj ½ ½ vki okD; ¼ ½ mi eku ¼ ½ iædj.k ¼ ½ foorh ¼ 0; k[; k[; ¼ ½ ifl) in ¼ ½ 0; kdj.k ¼ ½ dks k

¼ ½ 0; ogkj&

0; ogkj vFkZæsk dk l cl siæqk l k/ku gA euq; dh i kjæHkd Hkk"kk f'k{k 0; ogkj }kjk gh gsrh gA tc cMæ ykx oLrqdh vkj l æsr djrs gq ckyd dks l æ kj dh oLrqka l si fjfpr djkrsgß rHkh 0; ogkj dh i fØ; k dk; Z djrh gSD; käd vupj.k l sgh og l h[krk gA cMæ dks ftl rjg ds iz kx djrs gq og l qrk gSoS sgh og Hkk"kk

xg.k djrk gA f'k{k d ftl rjg dh Hkk"kk dk iz kx djrk gSNk= Hkh ml h rjg dh Hkk"kk dk iz kx djrk gA f'k{k;
; fn 'kq) Hkk"kk dk iz kx djrk gS rks Nk= Hkh 'kq) Hkk"kk dk gh iz kx djrk gA Nk= dks Hkk"kk ds i fr l pr j [kuk
gh mnns; gA

1/2 vki okD; &

l d kj eacgr l h , d h phtagstlga0; ogkj }kjk ughatuk tk l drk gS , d sl e; eaeegu fo}ku] i fl)
fl) ; k igpsgg ykxkadsvki okD; l gk; rk djrs gS vFkzsk djkrsgA vk'k; ; g gSfd J[fr] Lefr] bfrgkl igk.k
vkfn dk iek.k; Dr dFku gh vki okD; dgykrs gA mnkgj .k bZoj 'kCn dksfy; k tk l drk gA bZoj nFVxkpj
ughagSbl fy, ml ds Kku dsfy, 0; ogkj dk iz u gh ughamBrka vkf[kj bZoj dk vFkz dS stuk tk, \ rc gea
nk' kZudka vSj HkDrkads dFkuka ij fo'okl djuk i Mrk gA /keZ iki & i q;] vkrk] l q{k&nq[k] Lox&ujd vkfn bl h
idkj ds 'kCn gS ftl dk vFkz vki okD; }kjk gh tuk tk l drk gA ykxka dk bZoj] Lox&ujd] vkrk] i qZtUe
tS s'kCnka dk vFkzsk /keZ dFka ij gh vk/kfjr gA

1/2 mieku&

fdl h OkLrqds l eku olrqdk vFkzsk ml olrqdks mieku cukdj dj; k tk l drk gA l erk ds vk/kkj
ij vFkz dk cksk gkrk gS tS s'hi j iku l fl eu Mkyk* i Dr eaeu dh ppyrk dks i hi y ds i Rrs dh miek ndj
vFkz l i "V fd; k x; k gA FkkMh l h gok ea tS si hi y dk i Rr k fgyusyxrk gSBhd , d sgh eu Hkh ppy gS {k.k&{k.k
MkyrkA e[k dks panek dh miek ndj e[k plnz iz kx fd; k tkrk gA

1/4 idj.k&

bl sid x ; k okD; 'kSk Hkh dgk x; k gA vusdkFkz 'kCnka dk vFkz fo'kSk iz kx ea idj.k ; k l mHkz l s Kkr
gkrk gA tS s'epsty nks bl okD; ea^ty ikuh ds l mHkz ea iz Dr gS tcf d ^eS ty jgk gP lZ; kZ }Sk ds vFkz
ea iz kx gA ^xkyh^ , d idj.k eaclnd dh xkyh gS rks ni js idj.k eanok dh xkyh gA vFkz~idj.k ; k l mHkz
ds vuq kj gh vFkz dk cksk gkrk gA vyx&vyx l mHkz ea vyx&vyx vFkzsk gkrk gA vFkz dk fu.kZ idj.k ds
vk/kkj ij fy; k tkrk gS tS s'j l * 'kCn ds vFkz gA vkulln] 'kjer] fdl h olrqdk Loj l] N% idkj ds HkkS; j l]
ukS idkj ds dko; j l vkfnA buaal s dka l k vFkz vFkz "V gS ; g bl 'kCn ds iz kx gkaus ij idj.k ds vuq kj gh
Kkr gks i krk gA

1/5 foofr&

foofr dk vFkz gS foj.k ; k 0; k [; kA cgr l s , d s 'kCn gS ftudk vFkzsk 0; k [; k ds }kjk gh dj; k tk
l drk gS tS sjhfrA jhfr dk vFkz tkuus dsfy, bruk vo'; gh dguk i Mxk fd fof'k"V injpuk dks jhfr dgrs
gS ftl sd n ykxkauskD; dk vkrery ekuk gA bl h rjg Hkk"kk foKku dk ^v?kSk* n'kZu'kkL= dk 'fof'k"V }S* vkfn
'kCn gS ftudh 0; k [; k vko'; d gA ^jko.k* 'kCn dk iz kx djust ij ml ds xqk nkska dk o.kZu vko'; d gSfd og
fo}ku Fkk] f'ko dk HkDr Fkk i jUr qjke dk 'k=q Fkka

1/6 in dk l klu;/&

Kkr 'kCnka ds l kfu;/ l s ^VKkr* 'kCn dk vFkzsk gks tkrk gA ml dk vFkz tkuus dsfy, dksk mBkus dh
vko'; drk ughagkrh] vlx&i hNs ds 'kCnka dh l gk; rk l sl e> eavk tkrk gS tS & ckl erh dk HkkR nqjkt l s
vPNk gkrk gS bl okD; l s i k Bd ; g t: j l e> tkosk fd ^nqjkt* Hkh fdl h pkpy dk gh uke gA

1/7 0; kdj.k&

vFkzsk ea 0; kdj.k dk egroi wZLFkku gS tS s dkbz ^tuk* ; k ^djuk* dk vFkz tkuuk pkgrk gS ij dgha
bl h f0; k dk : i ^x; k] ^fd; k^ fey tk, rks bl dk vFkz tkuus dsfy, 0; kdj.k dh l gk; rk ysuh i Mxh fd og
: i dS scuk vSj fdl vFkz dk |krd gA dksk ea og dk; Zughafeyxka ^ekuork* 'kCn dks rHkh tku ik; aks tc
0; kdj.k dh l gk; rk l s tku yaksfd Hko cksk l k k cukus dsfy, ^rk i R; ; yxrk gS vSj ; gk ey 'kCn ^ekuo*
ea ^rk i R; ; yxrk gA ^dqyrk] ^l gtrk* vkfn 'kCn bl h rjg cus gS vSj vFkz dk cksk djkrsgA

1/8 dksk&

dksk vFkzsk 1/2 vFkz i rhr 1/2 dk i e[k l k/ku gA vucl 'kCn gjd dky ea 0; ogkj ea ughajgrs ij mudk
iz kx igysgkppk gkrk gA , dk, d , d iz kx gkaus ij vFkz tkuus dsfy, dksk dh l gk; rk ysuh i Mf h gA e?kok]

o"kk dk vFkZblunz.gS; g 'kCn dksk l sgh Li "V gkxk gA 0; kdj.k tgl; 'kCn ds iz s; i {k dksmn?kfvR djrk gSogha dksk 'kCn ds vFkZ i {k dksmn?kfvR djrk gA ik' pkr; -fo}kuka us in'kzu (Demonstration)] foj.k] vuopkn ds }kj vFkZcksk dh irhfr Lohdkj dh gA

; s l Hkh dkjd dHkh vdsysvkj dHkh vud , d l kfk feyjd vFkZ dk csk djkrsgA

5 vFkZcksk dh n'kk, &

l d kj dh l Hkh oLrq; ifjorZu'khy gA Hk"kk Hkh ifjorZu'khy gftl izdkj ?ofu; kaeaijorZu gkxk gSm l h izdkj iR; d Hk"kk ds 'kCnka ds vFkZea Hkh ifjorZu gkxk gA ; g vFkZ ifjorZu] vFkZ fopkj] vFkZ l dlp] vFkZn's k] vFkZd"z] vFkZd"z & n'kkvka eans[kk tk l drk gA

vFkZfoLrkj (Expnsions Meaning) &

vFkZfoLrkj l svfHki k; gS'kCnka ds vFkZ dk l hfer , oal d[pr {ks= l sfudydj foLr , oa0; ki d gkstkuk vFkZk-'kCnka dk viusey vFkZ l svf/kd foLr vFkZcrkusyx tkukA mnkgj.k & 1/4 1/2 i dh.k 'kCn dksyabl 'kCn dk vFkZ igys ^idY; sohyk; e** vFkZr-oh.kk oknu ea c<k&p<k FkA ckn eafdl h Hkh dk; Zeavkxsgusokys dks ^idh.k* dgk tkusyxkA bl izdkj dsoy ^oh.kk oknu dksky** l sc<dj bl ds vFkZ dk {ks= foLrkj vU; l Hkh izdkj ds dksky rd gksx; kA

1/2 1/2 ^dqy* 'kCn dksyarks igys dqkkvka dksyusokyk dqy 1/2 dqkku-ykr bfr dqy% dgykrk FkA xq dgyka ea xq & f'k"; kads thou eadqkk dk cMk egRo Fk] vr% tks irfnu vf/kd ek=k eavk] fcuk gkFk&i] fNnk; svf/kd ek=k eadqkk ykr Fk oks ^dqy* dgk tkusyxk gsk i jrq/khj&/khjsfdl h Hkh dk; Z dksn {krki d d jusokyk i R; d 0; fDr dqy dgk tkusyxkA

1/3 1/2 ^ry* igys fry* dk l kj 1/4 1/2 ry dgykrk FkA bl h l sry dk uke ry i Mka vc /khj&/khjs l j l ka dk l kj Hkh ry rFk vU; Qyka dscht dsl kj Hkh ry dh Jskh eavk x, A feVvh dk ry Hkh ikr gksusyxk rFk vkt foMEcuk ; gk rd igp xbz gSfd vkneh rd dk ry fudkyr sea Hkh bl dk iz s; egkojds : i eagksusyxk gA

1/4 1/2 ^vH; kl * 'kCn Hkh viusey vFkZ ea ^rhj vkfn dk ckj&ckj Qaduk** l stMk Fk i jrqvkt ; g i qjkoLr ds gj izdkj dsfy; s iz qR gkxk gA vc fd l h Hkh dk; Z ds ckj&ckj djus dks vH; kl dgrsgA t; pln] foHk" k.k] ukjn tS k 0; fDrokp d l Kkva dk Hkh vFkZ foLrkj gksx; k gA vkt dLUkst ds jtk ds vfrfjDr gj fo'okl ?krh 0; fDrk dks ^t; pln* dh l k k nh trk gA jko.k dk Hk bz foHk" k.k ?kj ds Hknh ds : i ea 0; klr gksx; k gA

vFkZ l dlp &

vFkZ l dlp l svfHki k; gS svf/kd 0; ki d vkj foLr vFkZea ipfyr 'kCn dk l hfer vkj l d[pr vFkZ ea iz qR gkskA

1- ^ex* 'kCn dksyarks; g l ddr eal keU; : i l sl Hkh taxy i 'kq/ka dsfy, iz qR gkxk Fk] pks [kj xks k gk] pks xhnM+gk] gkFk gks ; k fl g gka taxy i 'kq/ka ea JSB gkus ds dkj.k fl g ^exdn(dgykrk FkA gkFk dks ^glrueX* dgk tkrk FkA ckn eadsoy gfj.k ds vFkZ ea gh ^ex* 'kCn l d[pr gksx; kA

2- ^xks 'kCn dk i j hkd vFkZ Fk] pyusokykA fdurqvkt l Hkh rjg ds pyusokys thoka dks ^xks u dg dj dsoy xk; dks gh ^xks dgrsgA

3- ^txr* dk vFkZ Fk [k pyusokyk] fdurqvkt ; g jyxkMh] gokbz t gkt] cl dk irhdkFkd u gkdj dsoy l d kj dk vFkZ gkxk gA

4- ty l sfuliUu l Hkh phtka dks ^tyt* ugha dgk tkrkA

5- ^vkfnR; * vfnr dsl Hkh i q fo'kSk : i l sfe=] o : .k] v; k] n {k vkfn ofnd l kfgR; ea ^vkfnR; * dgsx; s gA fdurqckn ea ^l w Z ds vFkZ ea gh vkfnR; 'kCn l d[pr gksx; kA

6- ^kj* 'kCn dk iz s; ^tsekack tk; a vFkZr-l Hkh JSB oLrq/ka dsfy, gkxk Fk] i j urqvc bl dk vFkZ ^nwgk* fy; k tkrk gA

7- ^rek'kk* 'kCn dk Hkh vFkZ bl h rjg l d[pr gksx; k gA vkj h eare-dk uk'k djusea l eFkZ i Lrfr rek'kk Fk ij ckn ea gj , jh&xjh pht rek'kk dgykba

vFkZn's k&

tc dkbz 'kCn viusey vFkZ vFkZr-ipfyr vFkZ dks NkMoj l oFk uohu vyx vFkZ dh irhfr djkus

yxrk gSrc vFkzš k gkrk gA vFkz foLrkj ea vFkz dk {k= c<+ tkrk gš vFkz I dtkp ea?kV tkrk gSfdUrqvFkzš k ea vFkz i wkr; k cny tkrk gA vk'k; ; g gSfd igysfdl h vFkz ea oLrqdk okpd cu x; kA
 fopkj I kgp; Z; k HkkoI cyrk dsdkj.k , d 'kCn ds i kphu rFkk xkSk vFkzpyusyxrsgš fdUrqdkyUurj ea i zku vFkz/khj&/khjs ylr gk tkrk gSvkš ml dk xkSk vFkz ipfyr gk tkrk gA bl izdkj ied[k vFkz ds LFku ij uohu vFkz vk tkus dks vFkzš k dgrs gA
 vFkzš k ea 'kCn dk ipyu ey vFkz I sgVdj gksusyxrk gA dHkh&dHkh rks igys dk ½ey½ vFkz fcYdy Hkyk fn; k tkrk gA ; gh dkj.k gSfd I keku; tu ml stkurs rd ughA

mngj.k 'kCn	ey vFkz	vkt dk vFkz
ikfdLrku	¼ fo= LFku½	vc ed yekuda dk , d nš k gh ikfdLrku dgykrk gA
nfgkrk	nvk ngusokyh	® cš/h
xpkj	xkeh.k	® eFkz
cq w	cf) eku	® cf) gh
eku	efu deZ ; k efu vkpj.k	® pš jgukA

'kCn	igys vFkz	vc ipfyr vFkz
½½ gfj tu	bZoj HkDr	& vNurka dsfy,
½½ egkjkt	jtkk tš sfof'k"Vtu	& [kkuk cukusokyk
¼½ xq	ekxh'kz] f'k{kk nšs okyk&	nqV] /kks[kckk

vFkz d"z

dgk 'kCn dk ey vFkz ylr gk tkrk gSvkš u; k vFkz mRd"Vrk dk I pd gksogka vFkz d"z gkrk gA tš s 'di V' 'kCn dk vFkz Fkk 'QV k ij kkk di Mk' ijUrq bl I scuk 'di Mk' 'kCn 'vPNk di Mk' ; g vFkz gkrk gA 'I kgl * igyspkj h] Mkd k vkfn nqI kgl dsdk; kš dsfy, iz, q r gkrk Fkk ijUrqvc bl dk iz kx vPNsvkš I jkguh; dk; kš dsfy, fd; k tkrk gA 'e'k' 'kCn dk vFkz igys Fkk 'e'k' vFkz I qnj vc bl dk vFkz eksgr gk tkus ds vFkz ea iz q r gkrk gA

vFkz d"z

dgk 'kCn kads vPNsvFkz dk yki gkdj u; sipfyr vFkz eavi d"Vrk vFkz~fxjkoV ik; h tkrh gSvkš fuEu dkšV ds Hkko izV djusyxrk gSogka vFkz d"z gkrk gA vFkz~dfri; 'kCn vPNsvFkz ea iz q r gkrk gš ij ckn ea cjs vFkz ea iz q r gksusyxrsgA vFkz ijorž dh ; g fLFkr vFkz d"z dgykrh gA tš s 'egtu' 'kCn dk vFkz Fkk JSB 0; fDRk ijUrq dkyUurj ea bl dk vFkz 'I m [kšj' vFkz C; kt yšs okyk gk x; kA bl h izdkj 'Loxokl] cšq Bokl] xakykHk' vkfn 'kCn eR; q ds okpd vkš v' kkk Hkko ds |krd cu x; A

ikB; xr izu %

vFkzš k dh nks fLFkr; k; gkrh gš &
 ½½ vFkz d"z ¼½ vFkz d"z

fuEufyf[kr okD; kads I gh fodYi pšdj fyf[k, &

1- vFkz cš k dsl k/ku gš &

½½ vkB ¼½ i kp ½½ rhu

2- 'oj' 'kCn dk vFkz vc nš gk gkx; k gš &

½½ vFkz foLrkj ds dkj.k ¼½ vFkz I dtkp ds dkj.k
 ½½ nšuka ea I sfdl h dkj.k I sughA

6 vFkZifjorū dsdkj.k&

vFkZdk 'kCnkFkZ; | fi dKVi fud , oal kaelrd gš ijUrqvFkZkdk dk l k{kr l eak eu l sgA ekuo eu ppy] l onuk'khy] Hkkopd gkrk gA vr%fofHku ijfLFkr; ka ea ekuo eu dh fLFkr , d&l h ughagkrhA ; gh dkj.k gSfd jkx] }Sk] Øksk] ?k.kk] vkoš vkfn eampPkfjr 'kCnkadsvFkZ ea ifjorū vksj vlrj vk tkrk gA ; g vFkZifjorū i kjk ea0; fDrxr gkrk gS ijUrqckn eal ekt ds }kjk Lohdr gkus ij Hkk"kk ea xg.k dj fy; k tkrk gsvksj Hkk"kk dk vax cu tkrk gA

eu dh fLFkr; ka dk Hkkrd fo'ySk.k ughafd; k tk l drkA ; gh dkj.k gSfd vFkZifjorū dsdkj.kka dks Hkh cakkk ugha tk l drkA dHkh&dHkh vFkZifjorū ea , d ds l kFk nū jk dkj.k Hkh l e) jgrk gA

Hkk"kk foKku dsfo}kuka ea vFkZifjorū dsfuEufyf[kr dkj.k cryk, ag&

cy dk vil j.k&

fdl h 'kCn dsmpPj.k ea; fn dōy , d gh /ofu ij cy fn; k tkusyxs rks/khj&/khjs'kSk vl; /ofu; k; detkj iMej ylr gks tkrh gA mik/; k; 'kCn dk ifjorū gkdj ^vks>k* cu tkuk bl h dk |krd gA cy dk vij.k l svfHk; gSe[; vFkZdsLFku ij xkSk vFkZdk ipfyr gks tkukA dHkh&dHkh dkbZ, d 'kCn viuse[; vksj ipfyr vFkZds l kFk&l kFk nū jsxkSk vFkZdks ifri kfnr djusyxrk gA /khj&/khjsxkSk vFkZe[; LFku ysyrk gsvksj igyk vFkZ ylr gks tkrk gš tš sl ldr dk ^xkLoket' 'kCn emy : i ea xks/ka dk Loket vFkZdk |krd Fkk D; kfd ml l e; xksJSB/ku ekuk tkrk Fkka /khj&/khjs bl dk iz xsk /ku] l ā fRr] /kfeZl 0; fDr ds vFkZ ea Hkh gkus yxk vksj dkyUrj ea/ku l Ei uu /kfeZl 0; fDr dk vFkZ i e[k gksx; k vksj xks/ka dk Loket ; g vFkZ ylr gksx; kA vaxst h dk fj i k/ 'kCn yabl dk emy vFkZFkk ^l pūk nsuk* ijUrqvc bl dk vFkZfy; k tkrk gS Fkkuseafj i k/ fy[kukA

ifjošk

ifjošk ds ifjorū l sHkh cgr l s' kCnkadsvFkZ ea ifjorū vk tkrsgA ifjošk ds vlr xzr Hkkrd] HkkSksfyd

vksj l kekt d rhuka gh ifjošk vkrsgA
 ½ Hkkrd ifjošk dsdkj.k vFkZ ea ifjorū vk tkrk gS; kfd Hkkrd ijfLFkr; k; dgk; 0; fDr; ka dks i Hkkfor djrh gSogka Hkk"kk Hkh i Hkkfor gkrh gš tš svaxst h ea Xykl 'kCn dk vFkZ gS ^kh'kk* ½ dkp ½ vFkok i kuh i hus dk dkp dk i k= ijUrqfglunh ea Hkkrd ifjošk dscny tkus ds dkj.k bl 'kCn dk iz xsk ihry] pkanh] dkp] LVuyš LVhy] dka k] lykflvd vkfn l Hkh /kkrq/ka l scus i k= dsfy, fd; k tkrk gA

¼ HkkSksfyd ifjošk

HkkSksfyd ifjošk dscny sl s' kCnkadsvFkZ Hkh cny tkrsgš mnkgj.k Lo: i 'Bkdj' 'kCn HkkSksfyd ifjošk dsdkj.k mRrj insk ea ^kf=; dk okpd gš cakky ea j l kbZ s dk vksj fcgkj ea ukbz dk* vaxst h ea ^dkuZ 'kCn dk vFkZ ^xyk* vFkok ^vlu* gSfdUrqdgk; tks pht T; knk i šk gkrh gš ogka bl dk ogh vFkZ gksx; k gA vr%bz yB] vesj dk eabl dk vFkZ eDdk gS rks LdkVYSM eackt jkA bXyB] eadN ykx xgjd sfy, Hkh bl dk iz xsk djrs gA

½ l kekt d ifjošk

l kekt d ifjošk dscny sl sHkh dbZ 'kCnkadsvFkZ cny tkrsgš tš s i k B'kkyk] enj l k] Ldwy] dKWySt vkfn 'kCn l ekukFkd gš ijUrqvkt ds l kekt d ifjošk ea buds fHku&fHku vFkZ fy; s tkrsgA ^i k B'kkyk* l s vFkZ k; gSog f'k{kk l l Fkku dgk; fglunh vksj l ldr dh vkjA Hkd f'k{kk nh tkrh gA mnū vksj Qkj l h dh vkjA Hkd f'k{kk nsusokys l l Fkku dks ^enj l k* dgk tkrk gA dgk; vaxst h dh f'k{kk nh tkrh gS ml s' Ldwy* dgk tkrk gS vksj dgk; vaxst h dh mPp f'k{kk nh tkrh gSog ^dKWySt* dgykrk gA vaxst h dsenj vksj fl LVj 'kCnkadsy l ft, budk 'kCn'k^ vFkZ l k/kj.kr; k dN vksj gš fxfj tk?kj ka eadN vksj gS rFkk vLi rkyka eadN vksj gA vaxst h ea Qknj dk l kekt; r% vFkZ fi r k* gS ijUrqfj tk?kj ½ ppZ ea i knjh dks ^Qknj* dgk tkrk gA

ihk&

euq; l kekt d ik.kh gS vksj l kekt d ijfLFkr; ka ds vuq kj Hkk"kk dk iz xsk djrk gA tš & tš s l kekt d ijfLFkr; k; cnyrh jgrh gS s & s gh 'kCnkadsvFkZ Hkh cnyrs jgrsgA ; gh dkj.k gSfd ih<h dscnyus ds l kFk gh dbZ 'kCnkadsvFkZ Hkh cny tkrsgš tš svkjk ea i = 'kCn dk vFkZ rkez i = ; k Hkkt i = Fkk D; kfd ogh i qrdavkfn fy[kus ds dke vkrFkA dkxt dk vfo"dkj gkus ij ml dsfy, ^i = * 'kCn iz q r gkus yxkA dN vksj l e; chr tkus ij dkxt tš sirysvksj folr nū jsinkFkA dsfy, Hkh ^i = * 'kCn dk iz xsk gkus yxk] mnkgj.k kFkZ

I kus dk i=] plnh dk i=] iek.k i= vkfnA Nibzdk vkjkk gks tkusij Nidj i<us dsfy, inkfkk dls i= dgk tkusyxl] t\$ sl ekpj i=A fpVvh dsfy, Hkh i= 'kCn dk 0; ogkj gksus yxkA

fuekzk i f0; k&

dHkh&dHkh fuekzk f0; k dsvk/kkj ij oLrqdk uekadj .k gks tkrk gSvls rc Hkh ml 'kCn dsvFkZ eai fjorU vk tkrk gA l ddr eaxfk /kkrdk vFkZ gS'xkkuk] ,d eaflyuk] ,d eackkuk vkfn'A Hkkt i= ij fy[kdj mlga ,d eaflyus ; k xdfkr dj nrs Fk\$ bl fy, i qrd dsfy, xfk 1/4 tks xkk x; k gkz 'kCn iz kx pykA

fouerk in'kz&

fouerk f'k'Vkpj dk vax gA Hk'kk l sfdl h 0; fDrk dh f'k[kk] Lk dfr] vkfHktkr; vkfn dk irk yx tkrk gA Hkxoku dsfy, d: .kk fu/kku] n; kl xkj] 'kj .kkxr] j{kd vkfn l Eckku fouerk in'kz dsgh ifj .kke gA jktk dsfy, ^i FohukFk] vlunkrk] tgg; i uk** vkkfn dFku bl h fouek ds l pd gA viusedku dks xjhc [kkuk dguk ; k ejh d/h ij i /kkfj, dguk Hkh bl h dk |krd gSvls vFkZ ifjorU dk dkj .k gA 'kCn kadk iz kx , b svFkZ ea dj fn; k tkrk gS tks ml dk okLrfod vFkZ gsrk ughA

vKku rFk Hkkr&

vKku vFok Hkkr dsdkj .k Hkh vFkZ ifjorU gsrk gA t\$ s'vl j* l h Hkkr dsdkj .k j{k l dk |krd cu x; kA ^* dks ml xZekudj ml sl j dk foyk eku fy; k x; k vls ; g norkvka dk fojkskh 'kCn cu x; kA [kkfy l ds l kfk 'fu* ml xZyxkdj &fu [kkfy l * cukuk] ^f[kyQ* ds l kfk ^s ml xZyxkdj ^s [kykQ* cukuk Hkkr dk gh ifj .kke gA

l qk0; rk&

cgr l s'kCnka ds vFkZ ml l e; cny tkrsga tc ge v'yhy] v'kk] vaxy] ?k. kkl in , oayTktud ckrkad sfy, vPN\$ l qj] 'kk] eaxyokpd rFk l quseavPNsyxusokys'kCn kadk iz kx fd; k djrsga t\$ seyR; kx grqt kus dsfy, 'kks tkuk] fn'kk tkuk dk iz kx] fd l h dh er; qdls'xkykdokl gksk ^i pro dks ikr gksk dguk] nqku cn djus dks nqku c<kuk* rFk fpjx c<kus dks fpjx c<kuk* dguk vkfn l qk0; rk dk gh Lo: i inf'kr djrk gA

vFkr vfuf'prrk&

Hk'kk ea, s svud 'kCn gksrgaftuds vFkZ l fuf'pr ugha gsrA veirBkkoka dsokpd 'kCn dksV eavkrga xykc vls vukj dh vls l ddr dj ftruh vki kuh l sbu 'kCn kadk vFkZ crk; k tk l drk g\$ mruh vki kuh l su; k;] ?k. kk] n; k] i e] bZ oj vkfn 'kCn kadk vFkZ ugha bu 'kCnka ds vFkZ ea l gt vLi "Vrk gS tks fuf'pr vFkZ k\$ eack/ kd gsrh gA vuqEi k] n; k] dik vkfn dk Hkn djuk dfBu gA i e] i hfr] Lusj] izk; vkfn l ekukFkZ gksrgg Hkh i e dh fHku & fHku n'kkvka dks 0; Dr djrsga ^dey] mRi y] vEcq] rkejl] i qMjhd] blnhoj vkfn 'kCn l ekukFkZ gksrgg Hkh fHku & fHku jaxka ds deyka dsokpd gA {kkk vk0k\$, oajksk eafHkkt d j\$kk [hpi kuk dfBu gA

o\$ fDr d /kj .k&

ekuoka dh 0; fDrxr /kkj .kk Hkh dbz 'kCnka ds vFkZ ifjorU dk dkj .k gsrh gSD; kd dbz 'kCnka dk vFkZ 0; fDrxr eku; rk ds vuq kj fd; k tkrk gA mnkgj .kkFkZ & ^fgln 'kCn dk vFkZ g& JSB 0; fDr ikphu vjch dks kdkj kaus bl dk vFkZ fd; k g& fgln ds jgusokys JSB 0; fDrA ij l r q d n ykx euekus < x l sb l dk vFkZ ^dkfQj* djrsga tksvl ar vls v'kq gksusij Hkh ipfyr gksx; k gA /ke&v/ke] iki & i q;] vPNk & cjk] [kk] & v [kk] vkfn dh dkbz ,d dl ksh u gksdj viuh & viuh eku; rk vka ds vuq i gA 0; fDrxr ; kx; rk rFk 'kCn ds vFkZ dk vfuf'p; nksuka ea, drk gS i jarqvlrj bruk gSfd , d 0; fDr ij tkj nrk gSvls ml jk 'kCn ijA , d 'kCn dk vFkZ ftruk vf/kd vfuf'pr gksk mruk gh vFkZ ifjorU dk : i Hkh gksk vls ml jsea 0; fDr ds ekuf l d Lrj ; kx; rk ds vuq kj vFkZ ifjofr'z gkskA

l kgp; &

l kgp; Zdsdkj .k Hkh vud 'kCnka ds vFkZ cny tkrsga fl U/kq i nsk l sl Ecu/ k j [kus ds dkj .k ogk ds ?kk&ka dks ^l 0/ko* dgk tkrk gA ^d j* dk' ehj eamRi lu gsrk gSvr%dk' ehj l sl Ec) gksus ds dkj .k ds l j dks dk' ehj dg fn; k tkrk gSvls ^d' ehj dks d j*A fonsk l sigysigy ^Eckd Hkkr eavkusij l jr dlnjxkg ij mrjka

bl h ds l kgp; Z ds dkj .k ^Eckdij ^1 j r h* cu x; kA fl U/kqunh ds l kgp; Z l sigysins k dk uke ^f l U/kq i Mh fQj
ogkj dsfuokl h fl U/kh dgyk; A

'kCn dk , d Hk'kk l snljh Hk'kk eatkuk&

tc 'kCn , d Hk'kk l snljh Hk'kk ea tkrk gS rks ml ea i k; %vFkZ l adkp gks tkrk gA bl dk dkj .k ; g gS
fd L=kr Hk'kk eaml dh vFkZ i f j f / k cMh gksh gS vksj og 'kCn nll jh Hk'kk ea dDy l hfer vFkZ ds l kFk vkrk gA
mngkj .k dsfy, vaxst h dk dks/ 'kCn y& bl dk vFkZ dks/ vkj .k] rgj yi vkfn gS fdUr qfGUnh ea; g 'kCn dDy
i gys tkus okys dks/ ds vFkZ ea gh vk; k gA

rnHork&

tc fdl h rnHko 'kCn dk ipyu gks tkrk gS rks ml dk eny vFkZ yqr gks tkrk gS vksj ml ds l kFk dkbZ
u dkbZ u; k vFkZ tM+ tkrk gS tS & ^JSB* 'kCn dk vFkZ gS ^mUke 0; fDr* i jUr qml ds rnHko 'kCn ^1 B* dk vFkZ
gS/ku l E l lu 0; fDrA bl h izdkj ^Lru* dk vFkZ gS ukjh ds mjkt i j r q bl ds rnHko : i ^Fku* dk iz kx xk;] HkA
vkfn dsfy, fd; k tkrk gA ^nigrk* dk vFkZ Fk xk; ngusokyh ckn ea tc bl dk vFkZ yMelh gks x; k rksbl l s
cuusokys 'kCn nkSg=] nkSg=h] nkSg=k; .k vkfn 'kCnka dk vFkZ Hkh ml h izdkj i f j o f r ^r gks x; kA

0; X; &

vFkZ i f j o r Z u ds l nHkZ ea 0; X; ^vkbjuh* dk gh i; kZ gA 0; X; ds dkj .k Hkh vFkZ i f j o r Z u gksh gA vFkZ
0; X; ds 'kCnka eavf/kdre vFkZ nS k gks tkrk gS vksj fQj osml h u; svFkZ ea i p f y r gks tkrk gA ^ukp u tkus vkpxu
V<k] vk] k ds vU/ksuke uA l [k* vkfn yk d k s D r; k] egkojs 0; X; ds gh i f j .k ke gS tksvi usokpd vFkZ l sfoi jhr
vFkZ nrs gA dat u dks ^nuohj d .kZ dguk dq i dks dkeno dguk] e [kZ dks ^cgLi fr* dguk Hkh bl h izdkj ds
mngkj .k gA gj Hk'kk eabl r j g ds mngkj .k cMh l [; k eafeyrsgA ^pkj fnu dh pknuh fQj vaksjh jkr* ea pkj
dk vFkZ gS FkMh l e;] pknuh dk vFkZ g& l [k] vaksjh jkr dk vFkZ gS nHkA vk] k [kksyuk] vk] k epuk] vk] k yxuk*
vkfn dk vFkZ Oe'k% gksh g& ^tleyuk*] ej tkuk] uhn vkukA

l kn'; &

l kn'; ds dkj .k Hkh dbZ 'kCnka ds vFkZ i f j o f r ^r gks tkrk gS tS & fVdV dks ^VdDl * vksj ml ds l kn';
ds vk/kkj ij vDl dks Hkh fVdDl dgrsgA ^VdV* vksj ^VdDl * ds: i l kE; ds dkj .k fVdDl dk vFkZ ea i f j o r Z u
gks x; k gS vksj vc ngkr ^HkSt i gh ins kZ eafVdV ds LFkku ij ml vFkZ ea ^VdDl * ^j sy dk] Mkd d] j l hnhZ dk
Hkh iz kx d j r s gA

l kell; dsfy, fo'kSk dk iz kx&

dHkh&dHkh fdl h i j s o x Z dk Hkko izdV djus dsfy, fdl h fo'kSk oLrqdk , d k iz kx fd; k tkrk gS f t l ds
mPpkj .k d j r s gh i j s o x Z dk cksk gks tkrk gS tS s l Qn Vki h] i hyh Vki h] yky Vki h Oe'k% d k a d h] t u l ^k h , o a
l kE; oknh dk cksk d gA yky i xMh dgus l si f y l dk cksk gksh gA nks t u dh j k h u l h c ugha dgus l s j k h HkSt u
dk i; kZ gA ^tyiku dj y h f t , * e a d f k u d D y i k u h i h u s d k g h c k s k u g h a g s v f i r q m l d s l k F k v k s d q n [k k u s
dk Hkh l d r gA

bl h izdkj uofuekZk dh i d f U k i p j k o f U k] d f o i z k x] v U ; H k ' k k d k l a d Z v k f n v U ; d b Z d k j . k k a l s u ; s
vFkZ i p y u e a v k r s g a c n y r s g a u ; s v k f o " d k j] u b Z l j p u k g k s i j u ; s u ; s ' k C n o v F k Z l E e [k v k r s g A r k R i ; Z
; g f d v F k Z i f j o r Z u d h i f O ; k v u o j r v u d k u d d k j . k k a l s x f r ' k h y c u h j g r h g A v y a d k j v k y a d k f j d i z k x H k h
bl e a l g ; k s x h g k s r s g A

iB; xr itu %

- uhpsfy [ks o k D ; k a d s l e f k l g h f o d y i p a d j f y f [k , &
- 5- ^xksyk d okl gksuk* dk vFkZ fdl h eR; q tkuus dk dkj .k g&
^d 1/2 l n' ; ^k 1/2 l kgp; Z 1/2 l q k 0 ; r k
- 6- vFkZ cksk dk l k f k r - l a d k g &
^d 1/2 a n ; l s ^k 1/2 e u l s ^k 1/2 g k f k l s

7 vyadkj iz kx&

vyadkj D; \ izdfr dh O k M + l e k t e a j g r k g a k 0 ; f D r v i u h v u k f n r i d . k r k d k s f H k U u & f H k U u e k / ; e k a l s

vfhk0; Dr djrk gA og viusfopkj vls Hkkokadks l jyrkj l j l rk vls l kOn; E; h e/kqje ok.kh l sl gt gh Li "V djrk jgrk gA ; ka Hkh euq; l kOn; Zfiz ik.kh gA ; |fi og Hkkokadks 0; Dr djusdsfy, ppu&puqdj 'kOn ugha j [krk gSrFkkfi Hkkokadh izyrk l s'kCnka dk l a kstu viusvki l kOn; Zdh vls eL/+tkrk gA rHkh og l puu\$ i <us okyka dks vf/kd l svf/kd i Hkkfor djusyxrk gA ; g l kOn; Zcksd rRo Hkkokadh l qnjrk eapkj pln yxk nrs gA Hkkokadks dk0; ea ied[krk l s 0; Dr fd; k trrk gA

Hkkokadks l kOn; Zdk l h/kk l adk vyadkjka l sgrk gA Hkkokadk vyadkj.k djuk ; k l tkuk vyadkj gA mDr tks vyadkj.k djsogh vyadkj gA

^vyadkjkr bfrl %vyadkj**

vyadkj dh ifjHkk"kk bl idkj nh tk l drh g&

dk0; dh 'kkkkk c<kusokys rRoka dks vyadkj dgrsgA

vyadkj ds Hkn&

dk0; dh 'kkkkk nks idkj l sc<kbZ tk l drh g&

1- , d rks 'kCnka ea perdkj ; k l qnjrk c<kdj

2- nll js vFkkA ea perdkj ; k l qnjrk c<kdj

bl vk/kkj ij vyadkj ds nks Hkn g& &

1- 'kCnkyadkj

2- vFkkZyadkj

1- 'kCnkyadkj &

dk0; ea tglk 'kCnka ds }kjk l kOn; Zof) gkrh g\$ ml s'kCnkyadkj dgrsgA t\$ &

^pk: plnz dh ppy fdj.kka [kksy jgh ga ty] ry ea**

2- vFkkZyadkj &

tglk dk0; ea vFkZ ds }kjk l kOn; Zof) gkrh g\$ ml sge vFkkZyadkj dgrsgA t\$ &

^e[; e; d l e eatqeuksj**

'kCnkyadkj ds Hkh& vuq kl] ; ed] 'y\$ki i puqofr idk'k vkfn Hkn gA rFkk vFkkZyadkj ds mi ek] : id] mRi [kk] vfrFk; kSDr vU; kSDr] oDksy vkfn vusd Hkn gA

vyadkj iz,ks vls vFk&

l qe oLrq/ka; k 0; ki kjka dk l k/kkj.k 'kCnka ea idVhdj.k vki ku ugha gsvr%vyadkjka dk iz,ks vko'; d gks trrk gA mnkgj.k ds rks ij xgjh ckr] futhb Hkk"kk] nq[k dkVuk] vki fRr; ka l sf?kj tkuk vkfn dksysl drs gA ckr dh xgjkbd dksuki k ugha tk l drk] Hkk"kk dk thour : i fn [kkbZ ughans l drk] nq[k dkbZ oLrq ugha gsf d ftl sdkV/ k tk l d\$ l sudka 'k=q/ka dh rjg vki fRr; ka l sf?kj uk i R; {k ughafn [k l drkA i j r q fu'p; gh bu l cdk egl l fd; k tk l drk gA muds i Hkko dks udkjk ugha tk l drkA ekuo ds LoHkko dks Li "V djus ds fy, gea i 'kq/kj tkfr; ka rFkk cstku oLrq/ka ds l gkjs vyadkj cukuk i Mfrk gA ; s iz,ks /khj&/khjs brus ipfyr gks trks gA fd vyadkj l e>s ugha trkA vius vkyadkfjd vFkZ ea; s irhd : <+gks trks gA ci nh dk yk/k] cfu; k %dat l % dksv /pk ykd l % dl kbZ % t l dk d n fu'p; u gks % % d j % vkfn vFkZ vrus l ekfr gks x; s g fd l gt gks x; s gA cksypky dh Hkk"kk ds rks ekuks ; s i k.k gh gA vkyadkfjd iz,ks ea; s 'kCn vi uk ; FkkFkZ vFkZ u nqj vi us xqk dk vFkZ nrs gA i k' pkr; fo }ku chy dk dFku gsf d ^vU; l Hkh dkj .kka l s'kCnka ea vFkZ i fjorZu 'ku%' ku % gkrk g\$ fd l r q vyadkjka ds dkj.k , d {k.k ea % on the prs of the moment % gks trrk gA**

vyadkjka ds dkj.k vFkZ fjorZu l Hkh fn'kkvka ea gkrk gsvls dk0; 'kkL= ds l Hkh vyadkj bl i fjorZu dk dkj.k curs gA e[; plnz vls plneq[k bu nks 'kCnka dks gh yA igy sea: i ek* ds }kjk vFkZ gkrk g\$ plnek ds l eku l qj e[; dkar] ped vls T; kRl uk l s; q r ogha paneq[k iz,ks ea e[; dks plnek dk Lo: i gh cuk fn; k x; k gA e[k plnek gh cu x; k gA bl h rjg ds mnkgj.kka l s dk0; Hkj k i Mfrk gA l Hkh dfo; ka dh jpuk; j bl dk mnkgj.k gA dchj tc eu dk ^eudk* Qjus dgrsgA rks vFkZ oBko nq[k rsg gh curk gA

^i d kn dks i <+jgk gfr dgus ij vk'k; mudh dfr; ka dks i <+jgk gfr; gh gkrk gA**

; sigMh ikp D; k p<rs

bjknkausp<h gS

dy njhpsgh cuaks }kj

vc rks iFk ; gh gS nti; Ur tc dgrsgdrkstS sij.kk dk L=kr QW iMrk gA vl eFkzk dkd kanj Hkx
tkrh gA viusl keF; Zdk Hkjkl k 0; fDr dh {k.k eagks tkrk gA ; g vFkZdk gh peRdkj gStks 'kCnka dsek/; e l s
l 'kDr : i ea vfhk0; Dr gkrk gA

iBxr izu & uhps fy [ks okD; ka ds l e{k l gh fodYi pudj fyf[k, &

7- dko; dh 'kkkkk c<kus okys rRo dgykrs gA

½d½ vydkj ¼[k½ }n ¼x½ egkojs

8- dko; ea tgka 'kCnka ds }kjk l kOn; Z of) gks ml s dgrsgA

½d½ vFkZydkj ¼[k½ 'kCnkydkj ¼x½ buea l s dkbZ ughA

8 bdkbZdk l kjlk&

fopkj fofue; dk l k/ku Hkk"kk gA 'kCn vls vFkZ Hkk"kk dks l e>usea l gk; d gkrsgA 'kCn vls vFkZ dk
?kfu"B l ædk gA Hkk"kk ds vFkZ i {k dk uke vFkZ foKku gA vFkZ foKku ea 'kCn vls vFkZ dk l ædk] vFkZksk ds l k/
ku] vFkZ i fjorZu dh n'kk, } vFkZ i fjorZu ds dkj .k vkfn dk foLrkj l sv/; ; u fd; k tkrk gA

9 vRe ijh{k.k ds izu &

1- 'kCn vls vFkZ dk l ædk Li"V dhft, A

2- vFkZ foKku l sD; k rkr; i ; Z gS

3- vFkZksk ds l k/ku mnkgj .k l fgr Li"V dhft, A

4- vFkZ i fjorZu dh n'kkvka dk mYyqk dhft, A

5- vFkZ l ækp D; k gS mnkgj .k }kjk l e>kb, A

6- vFkZksk dh dks & dks l s fLFkr; k gS bueaD; k varj gS

7- vFkZ i fjorZu ds iæqk dkj .k fyf[k, A

8- vydkj fdl s dgrsgA

9- 'kCnkydkj vls vFkZydkj ea varj Li"V dhft, A

10- vydkjka ds dkj .k vFkZ i fjorZu ds k gkrk gS l e>kb, A

10 fu; r dk; Z, oaxrfof/k; k &

1- 'kCn vls muds vFkZ ij fofHku l emj cukdj ppkZ dhft, A

2- ^vFkZ foLrkj* n'kkZus okys 'kCnka dk p; u dj] mudh l ph cukb, A

3- nks l emj cukdj&, d l emj ea vFkZ d"lz vls n'js l emj ea vFkZ d"lz ds mnkgj .kka ij ppkZ dhft, A

4- vFkZ i fjorZu ds dkj .k vls muds dN mnkgj .k dk pkVZ cukdj Qkby ea jf[k, A

iBxr izu mRrjeyk &

1- ryl hnk l us

2- vFkZ foKku

3- vkB

4- vFkZ l ækp

5- l φk0; rk

6- eu l s

7- vydkj

8- 'kCnkydkj

ukV% vRe ijh{k.k iz uka ds mÜkj Nk= bl ikB ds v/; ; u ,oa vH; kl ds vk/kkj ij Lo; a [kkyus dk iz kl djA



i =kpj i B; Øe
ek/; fed f'k{k e.My e-ç-] Hkiky
½kj k I ok/kdkj I jf{kr½
fMykek bu , T; qfSkuj i jh{k
i Fke o"Z

izu i = & 4

fo"K; & fgluh Hk"kk f'k{k.k

i B&5

fo"K; ká k&	Hk"kk; h dksky 1 Jo.k dksky ¼½ Jo.k dksky fodkl dh fof/k; k; ½½ vH; kl I kexh okrkyki okD; jpuk iz ukBrj dgkuh dFku ?kVuk o.kZ ; k=k o.kZ dkO; i kB 2 Hk"kk dksky vfHkO; fDr dksky] i okg] okrkyki vfHkO; fDr ds vk/kkj ij jpuk] 'kCn : i] inczku] ekuo Hk"kk dk iz ksc] Li "Vrk] xfr'khyrk] Øec) rk] i HkkokRi kn drk] egkojnkj Hk"kk dk iz ksc] f'k"Vkpjkud] kj Hk"kk dk iz ksc Hk"kk foLrkj] I kj] I qki 3 okpu dksky] I Loj , oaekS okpu& I Loj okpu dh ied[k fof/k; k] Loj kPpkj.k fof/k] dFku , oao.kZ fof/k] vuqj.k fof/k /; fu] I kE; fof/k] Hk"kk f'k{k.k ; æ fof/kA 4 y[ku dksky & v- fyf[kr vfHkO; fDr ds; ká=d i {k&o.k} fojkekfn fplg c- I fkp;] I fhj y[ku l- jpuk] fucl/k] i=] dgkuh] , dkadh] I lej.k n- egkojso ykclksDr; k;
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fi z; Nk=w; ki d]
i Lrkouk

Hk"kk; h dksky dh pkj i ed[k fLFkfr; k; gS ftu fLFkfr; ka l sxtjrs gq gh dkbz ckyd vi us Hk"kk dksky dks ifji Do dj ikrk gA ; s dksky gS& Jo.k] vfHkO; fDr] okpu vkj y[kuA vr% Hk"kk f'k{k.k blgha pkj dksky

ij vk/kkfjr gA iLrqr v/; k; dksHkk"kk; h dksky dsuke l sfplgr fd; k x; k gS ftl ea i Fke Jo.k vFkkRk-l ukukj okrkzyki dkS okD; dFku] izukRrj] dgkuh] ?kVukvkj ; k=kvka vSj vU; dksl udj ml dk Hkko xg.k djukA nH jk dksky vfhko; fDRk dsvarxZ ijLij okrkzyki] 'kCn] 'kCnka-dksOe l sckakuk Hkk"kk ea i Hkko mRi lu djuk o f'k"Vkpj] ekud Hkk"kk dk iz, kx djuk viuh ckr dksfolrkj vSj l fki ea dguk n'kkz; k x; k gA ogharh js dksky ds : i eaokpu dksky vFkkRk-i <uk dksj[kkidr fd; k x; k gA ftl ea cksydj i <uk] ekSj] okpu] okpu dh fof/k; ka dks l ekfgr fd; k x; k gA var eaprfkz dksky yS ku dksky dksfy; k x; k gS ftl ea yS ku dsl qj Lo: i] fojke fpUgka l fgr yS ku fofHku fo/kkva ea yS ku rFkk yS ku ds; ka=d i {k dks iLrqr fd; k x; k gA

mnas; %

Hkk"kk dksky dksifj"dr vSj l e) djusgr ml dsfofHku dkskyka dk Kku gkuk vR; r vko'; d gA ; s dksky Oe'k%gS Jo.k] vfhko; fDr] okpu vSj yS ku dkskyA bl dksky ds v/; ; u dh folrRr i fO; k rFkk fo/kkva ds v/; ; u ds i 'pkr-gh Hkk"kk ds iz, kx ea i dh. krk gkfl y gk l drh gA Nk= Hkk"kk ds ekS [kd vSj fyf [kr Lo: i dks dS sl e> ik, xA vr%Nk=ka ds ekS [kd vSj fyf [kr Lo: i dks dS sfu [kkjk tk; s rFkk muea l qus vSj i <us ds l kFk&l kFk l qus vSj i <h l kexh dks l e> us dh {kerk dk dS sfodkl fd; k tk; A f'k {kd dks bl ckr dk Kku gkuk vfr vko'; d gA bruk gh ugha Nk= 0; ogkfjd : i ea viuh vfhko; fDr fuFkZdrki nS l da rFkk Hkk"kk ds l gh Lo: i dks l e> dj yS ku eaml dk iz, kx dj l dS mlgab l ; kx; cukuk f'k {kd dk nkf; Ro gkrk gA fdUrq ; g rHkh l Hko gS tc f'k {kd dks bu fof/k; ka vSj i fof/k; ka dk i wZ Kku gka bl h mnas; dksnf"Vxr j [krsgq bl v/; ; u l kexh dks iLrqr ikB; Oe ea 'kkfey fd; k x; k gA

5- Hkk"kk; h dksky

1 Jo.k dksky%

l ukukj nS [kuk] cksyuk ; sekuos ds izdfrnRr xqk gS l kFk gh l ukuk] cksyuk] i <uk vSj fy [kuk Hkk"kk; h dksky ds pkj i ek [k fO; k; j gA ftuea l ukuk i Fke fO; k gA Jo.kSUnz; ks }kjk ge tks dN l qrs gA og gekjk Jo.k dksky gA ge tks dN dkuka l sl qrs gS ml svi usfpru vSj cksk l sl e> us dh fO; k Jo.k dksky gA bl izdkj fd l h 0; fDr vFkok /ofu; ka }kjk mRi lu l kFkZd /ofu; ka dks Jo.kfUnz; ka ds ek/; e l svFkZg.k vFkok l e> us dh i fO; k Jo.k dgykrh gA

egRo%

l h [kus dh i fO; k ea i Bu dh viSkk Jo.k dk vf/kd ; ksnku gA i kphu l e; eadny egg ds }kjk dgh ckr gh fopkj fofue; dk i ek [k l kku gqk djrk Fkk] ftl eadgkuh] dfork vSj xhrka dsek/; e l s; g Kku Jo.k dsek?; e l sglrkrfjr gkrk Fkka Nk= xq l s Jo.k dj i kB dks dBlFk djrs Fka vkt Hkh ; g i fO; k tkjh gS fdUrq bl dsl kFk gh jkSM; kS Vsyhfotu] ohfM; ksvkfn dk vf/kd i Hkko'kkyh gq gA Jo.k dksky dk fofo/k l kfgR; d {ks=ka ean {krk l sfudVre l ek gA

Jo.k nks dsdkj.k%

1/4 1/2 v'kkar okrkoy .k 1/2 1/2 Jo.kSUnz; ka ea fodkl 1/3 1/2 /; ku dSUnr u gkuk ; k i <us ea v: fp 1/4 1/2 i kB; OkLrq ea fdy"Vrk 1/6 1/2 , d l kFk nks dke djuk 1/7 1/2 ekS [kd vFkZ dk vHkko 1/8 1/2 f'k {kdka ea : fp dk vHkko 1/9 1/2 d {kk eadBkjs fu; =akA

nks fuokj.k mik; %

1/4 1/2 'kkar okrkoy .k 1/2 1/2 Jo.kSUnz; fodkjkadk mi pkj 1/3 1/2 /; ku dSUnr djuk 1/4 1/2 : fp dk fodkl 1/5 1/2 foy"V i kB; oLrq dks jkdp cukuk 1/6 1/2 , d l e; ea, d gh dke 1/7 1/2 ekS [kd dk; l dks i kR l kgu 1/8 1/2 f'k {kdka }kjk Hkk"kk ea : fp ysk 1/9 1/2 d {kk ea LoLFk fu; =akA

viSkr Jo.k dksky %

vPNs Jkskvka eafuEu dksky viSkr gS&

1/4 1/2 oDrk ds mnas; dh i gpku djuk 1/2 1/2 oDrk ds l kFk l gkukfir fodfl r djuk 1/3 1/2 D; k dgk tk jgk gS i wZ /kkj.k djuk 1/4 1/2 ek [k fopkjka ds fy, Jo.k 1/5 1/2 l folrkj foj.k ds fy, Jo.k 1/6 1/2 ekS [kd funZkka dk vuq j.k 1/7 1/2 folrkj ds Oe dks; kn djuk 1/8 1/2 vuqku , oafu"d"lZ fudkyuk 1/9 1/2 D; k dgk tk poptk gSekuf l d : i l sl kjka k

fudkyuk ¼10½ oDrk ds l k{; kq dk eW; kdau djuk , oa vka duk ¼11½ i fDr; ka ds e/; Jo.k ¼12½ dYi uk ds rF; ka eavrj i dV djuk ¼13½ vokNuh; , oav l kFkZ l kexh l sokNvR , oa l kFkZ l kexh i Fkd djuk ¼14½ l e>usdsfy, l nHkZ l # dk mi ; kx ¼15½ l Øe.kdkyhu rRoka dh igpku ¼16½ vrhr ds vutko ds l nHkZ ea Jo.k ¼17½ D; k dgk tk jgk g\$ l eh{kRed fo'y\$sk.k djuk ¼18½ l eh{kRed} jpuRed , oa i dkl kRed Jo.kA ¼19½ Jo.k dksky fodkl dh fof/k; k; %

fo | kFkZ; ka ea Jo.k dksky ds fodkl grqf' k{kd dks pfg, fd og ckydka dks l pu\$ ckyus dh i fØ; k ea l fØ; j [ka D; kfd Jo.k dksky gh 'kq mPpkj.k v\$ ckyus dh i "Bhkie r\$ kj djrk gA l Loj okpu Loj kPpkj.k Jo.k fof/k; kads }kjk Jo.k dksky dk fodkl fd; k tk l drk gA vko'; drk g\$ vH; kl dhA Jo.k l kexh dksky grqfuEufyf [kr fof/k; ka dk iz; kx fd; k tk l drk g\$

1- okrkzyki %

fo | kFkZ; ka dh eK [kd vfhko; fDrk gr f' k{kd dks pfg, fd og d{kk ea, d h 0; oLFk djaf t l l sNk= vki l ea ckrphr dsek/; e l sfpkj&foe'kZ djA bl grqos ijLij , d&nH jsdk ifjp;] ?kVuk o.kZ] fo | ky; dsckjs ea ckrphr dj] ft l l smudh f>>d rksfeVxh gh l kFk gh os vi usfopkjka dks Nk\$&Nk\$/sokD; ka ea0; dr djuk l h [kaA

okrkzyki dh fo'k\$krk %

, d vPNsokrkzyki eafuEukfd r fo'k\$krk, j gkuh pfg, rkfd okrkzyki l kFkZ o jkpd cu tk; \$

- 1- okrkzyki e/kj gkA
- 2- ml ea i HkkokR i kndrk gkuh pfg, A
- 3- cky&pkj dh Hkk"kk ea xfr' khyrk gkuh pfg, A
- 4- cky&pkj ea cukoVhi u ds LFkku ij LoHkkfodr k gkuh pfg, A
- 5- cky&pkj ea ; Fk\$pr gko&Hkko gkA
- 6- ckr&phr dk rjhd k f'k"Vkpj; Ør gkA
- 7- okrkzyki dk Hkko Li"V gkA
- 8- 0; kdj.k l eakh 'kq rk gkuh pfg, A

okrkzyki dheuko\$Kfud fof/k; k%

fo | kFkZ; ka dks okrkzyki fl [kkus grq dbz fof/k; ka dk iz; kx fd; k tkrk g\$ ftuea i e[k g\$ t\$ \$

1- mi ; Ør okrkoy.k%

?kj rFk vkl & i kl ds okrkoy.k] Ldny dsfe=ka dschp bl rjg dk okrkoy.k fufeZ gkuh pfg, ft l ea fo | kFkZ cf>>d gkdj ckrphr dj l dA

2- vuqj.k%

cPpa cM\$-ykska ds gko&Hkko] mPpkj r /ofu; ka dk vuqj.k djrs gA vr% cMka dks pfg, os' kq mPpkj.k rFk mfpr gko&Hkko ea ckr&phr djA

3- vH; kl %

kyd dksyxkrkj okrkzyki dk vH; kl djuk pfg, fcuk vH; kl ds og okrkzyki Hkny tk; skA okrkzyki ds l k/ku%

f' k{kd }kjk fo | kFkZ; ka ea eK [kd jpuK ; k okrkzyki dk vH; kl djus gr fuEufyf [kr l k/ku ka dk mi ; kx dj l drk g\$

1- fp=kadk iz; kx%

fp=ka dks fn [kdj ml ij izu i Nrsgq okrkzyki djkbz tk l drh gA

2- dgkuh jpuK%

kydka dks Nk\$/h dgkuh l qkdj ml dh i qjkoFr djkbz tk l drh g\$ vFkok fd l h ?kVuk or'klr] ; k=k o.kZ dks dgyk; k tk l drk gA

- 1- vLi"V okD;
- 2- fujFkZl 'kCnka okys okD;
- 3- tfVy okD;
- 4- vfuofgr okD;
- 5- i q: fDr nkSk okys okD;
- 6- cey 'kCn Hkksus okys okD;

Nk= tc okD; dksfyf[kr vksj eks[kd : i l sn[kr} l qrs vksj i <rs gark muea vi us fopkja dks Bhd <a l sokpu djusdh l keF; Zvkrh gA bl dsvrfjDr f'k{kD Nk=ka l sfyf[kr vksj eks[kd nksuka rjhoka l sbl dk vH; kl djK l drk gS tS &

- 1- 'kCn dh i firZdj okD; cukb, &
 - 1- puh-----gkrh gA
 - 2- uhe dh i Rrh dk Lokn-----gkrk gA
- 2- fn, x, 'kCnka dks l gh Øe cukdj fyf[k, &
 - 1- ge ?kj dy tk, aA
 - 2- yMds [ksy ehku dseagA
- 3- bu 'kCnka dh , d&, d okD; cukvk&
 - 1- xk;] ntk
 - 2- fo | ky;] i <Ukk
- 4- bu okD; ka dks l gh djK&
 - 1- l wZ i wZ fn'kk dh vksj fudyrk gA
 - 2- ekyrh usfdrkc QkM+nhA

3½ izukRj%

iR; d ckyd eaftKkl k gkrh gSftl sog izuka dsek/; e l scj&ckj i NrK gA ml dh ftKkl k dks'kkar djusrFkk Kku nsudh ; g fof/k izukRj fof/k gA bl dk vkjHk l qjkr dh nsu ekuk tkrk gA bu Nks/&Nks/sizuka dsek/; e l scky dks vusd tkudkfj; k; fey tkrh gS l kfk gh ml s l kpus dk vol j feyrk gA ml ea vi uh ftKkl k dks Hk Øec) : i ea0; Dr djus dk vkRefo'okl tkr gkrk gA vkjHk l s Nks/h&Nks/h d{kvkka ea tgk; cPpka dk vfhk0; fDr i{k detkj gkrk gSosl h/k&l hks; k l qh ghpZckr dksLej.k j [kdj ugha dg ikrA , d seage fp= dh enn l sml l sizuka dsmRrj tku l drsgS tS & xk; dsckjsea; fn fo | kfkZ ka l s i k p okD; dgus dks fn, tk, rks l Hko gSmuea Øec) rk dk vHko gks vksj ; fn ; gh okD; xk; dk fp= fn [kkdj mul sizukRj ds ek/; e l si Na tk; a rks cgrj ifj.kke l keus gka; tS &

- izu% ; g fdl dk fp= gS
- mRrj % ; g xk; dk fp= gA
- izu% xk; dsfdrus iS gkrsgA
- mRrj% xk; dspkj iS gkrsgA
- izu% xk; dk jak ds k gS
- mRrj% xk; dk jak dkyk gA
- izu% xk; D; k [kk jgh gS
- mRrj% xk; ?kkl [kk jgh gA
- izu% Xokyk D; k dj jgk gS
- mRrj% Xokyk xk; dk ntk ng jgk gA

vko' ; d ughafd ; sizu doy f'k{kD }kjk gh i Na tk, Nk= Hkh ijLij izu i N l drsgA gk izukRj ds nksku ; g ckr /; ku eaj [kuk pkfg, fd izu Li"V gk ftudk , d gh vfkZfudyrk gk izuka eafoko/krk gksuh pkfg,] tS & l gt] Kkuo/kZl [ksti wZ rdZ vk/kkfjr vkfn izu Nk=ka dsekuf l d o cksk{kerk ds vuphy gksuh pkfg, A

4½dgkuh dFku%

dgkuh cPpadh igyh i l n gš ; g , d k ek/ ; e gš tksu dōy Nk=ka dk / ; ku dōnhr j [krh gācfYd i kB ;
l kexh dksHkh l gt cukrh gā cPpa tc vi uh nknh] ukuh] eEeh ; k xq th l sdgkuh l pūrs gāfQj ml h dgkuhs dks
vi usfe=ka dks i l ūurki dōd l pūkrsgābl l scPpadgu dk rjhdk l h [krsgāfd ckr dš sdgh tk ; A bl h rjg mlga
dkbz v/kjh dgkuh l pūkdj ml s i jk djus dks dgk tk l drk gš ftl eacPpa vi uh cksk {kerk} rdZ 'kfdRj 'kCn
l a kstu] dYi uk ds vk/kkj ij dgkuh i jh djrs gā bl ds vfrfjDRk Nk=ka l smuds thou l eākh dkbz ?kVuk] Lolu
dks Hkh dFku dsek/ ; e l sl pūkus ds fy , dgk tk l drk gā tš & , d txy ea dbz tkuoj Fks l Hkh fgy&fey
dj jgrs FkA , d&nū js dh nēk rdyhQka ea enn djrs FkA , d fnu ogk vk ; k , d prj fl ; kJ A ftl us l Hkh
tkuojka dks , d&nū js ds ifr xyrQgeh i šk dj nhA mudh , drk /khj&/khjs Vwus yxhA dkbz ugha tku ik ; k
vkf [kj dkj .k D ; k gā l nk fey&t ydj jgus okys D ; mvkt l cl syMf s jgrsgā rHkh , d fnu-----
bl ds vksx dgkuh Nk=ka }kjk i jh dj k , a bl l smudh Jo.k {kerk ds l kFk&l kFk cksk 'kfdR o vfhko ; fDRk i {k dk
Hkh irk pyr k gā

5- ?kVuk o.kū%

thou l sl eā/kr dkbz ?kVuk vFkok vk [kka nēkh dkbz ?kVuk dk o.kū l pūkdj thou ea ?kVuk ds i Hko dks
n'kkZ ds l kFk&l kFk 'kCnka eam l ?kVuk dh vfhko ; fDr Hkh Nk= l h [krk gā D ; kēd ?kVuk tks vrhr ea ?kV pūdh gš
vkš dgusokyk vkt ml ?kVuk dscj seacr k jgk gš ftl eadn Lefr] d n dkYi fudrk ds l kFk&l kFk ?kVukuq kj
Hkkoka ea Hkh i f jorū gkrk gā vi us ?kVuk vutko l pūkus ds ckn f'k {kd Nk=ka l sHkh muds thou dh fd l h ?kVuk dks
l pūkus dks dgā , d sea ckyd vi us thou l sl eā/kr fd l h Hkh ?kVuk dks [kydj cky i krk gš ; g ml dh Lora=
vfhko ; fDRk gā f'k {kd dks pfg , fd og ckyd }kjk ?kVuk l pūks l e ; ml dh ckrka dks T ; ka dk R ; ka Lohdkj dja
u fd chip ea vka d dj ml ds fopkj ka dks vo :) djā ; s ?kVuk l q'kkūr Hkh gks l drh gš vkš nēkkūr HkhA ckyd vi uh
'kkyk ds l kFk Hkē .k i j x ; k gš ey sea ?kVh fd l h ?kVuk dk o.kū Hkh gks l drk gā cl / ; ku j [kuk gš ok fd ok D ;
Nk/s gk l j y o l gt Hk"kk gks rkd fo | kFkhz Hkh ml sdgus dk l gl t p/k l dā tš s & eā eyk nēkusx ; kA ogk
cg r txex gks jgh FkhA , d k yx jgk Fk nhokyh gā pūkar j Q nēkua l th FkhA rjg&rjg ds f [kyk d s vkš xēckj s
fey jgs FkA eā s G Hkh i ki k l sdgdj , d cMk xš dk xēckj ysfy ; kA fQj , d nēku l s Nk/h&l h xēM+k yhA
eā s xēM ; k dh dykbz l s xēckj cka k fn ; k exj ; s D ; k oks xēckj e jh xēM+ ; k dks y d j mM+x ; kA

6- ;k=k o.kū%

fd l h Hkh ; k=k dks vfoLej .kh ; ?kVuk vka vkš ml ds vutkoka dk o.kū Hkh fd ; k tk l drk gā Nk/h d {k vka
dh vi {kk cMk d {kk dscPps vi us ; k=k o'rkūr dks cgrj l pū l drsgā D ; kēd Nk/scPps ; k=k dh ych i fō ; k dks
Lej .k j [kus ea vl eFkz jgrs gā bl g r q i nōz ea gh cPPka dks ; k=k o.kū dh : i j [kk nh tk l drh gš tš s %
v ; k=k djus dk fopkj D ; ka tkx r g p k \\
v ; k=k ds fy , D ; k&D ; k rš kfj ; k dh xb \\
v ; k=k ds fy , D ; k l k/ku pūk \\
v ; k=k ea l g ; ksch dks & dks FkA
v ; k=k ea dks & dks l h ?kVuk , j vutko gq \\
v ; k=k l s D ; k ykHk g p k \ vkfn

bl rjg dh : i j [kk nēdj Nk= tc bl ij fopkj djxk rks vrhr dh Lefr ; ka dks myV s kA fQj bu iz uka
ds mRrj Ōe l s tkM s kA bl rjg og i j s ; k=k o.kū dks dg i kus ea l eFkz gks kA igys tc f'k {kd vi us ; k=k
vutkoka dks dg s k Nk= / ; kui dōd l pūdj ml s vi us ; k=k o'rkūr l s tkM s kA ; g ml dsek [kd i {k dks l m<+ djus
dk gh , d mi Ōe gā

7- dkō; i kB%

cPpsy ; c) /ofu ; ka dks l pūse a cMk : fp j [krsgā vkš dfork ; k xhr , d y ; c) j pūk gkrh gš vkš bl s
dBLf djuk Hkh vkl ku gkrk gā vr%nsud thou l s t pūh oLr pka i j dfork dguk l pūk ml gā cgr vPnk yxkrk
gš tš s & i 'kē i {kh ek v j} fdrkc } k j} ekj vkfnA Hk"kk dh l gtrk l jyrk vkš y ; c) rk gkus ds dkj .k cPpab l ga

[ksy&[ksy eanksgjkrsgjgrsgA ; sxhr cPpka ds Hkk"kk Kku gsrqcgqr mi ; kxh gš xhrka dh eLrh ea mUga Fkdku Hkh egl u ughagkrh vks Øe Hkh jkpdrk ds l kFk gkrk gA ; gh dkj .k gSfd i kFkZuk uhfr dFkuka dks l gtrk l s ; kn djrsgA f'k{k kd dks Hkh pkfg, fd d{k ea , s h dforvkka dk vkn'kz okpu dj Nk=ka l sbl dk , dy vks l kefigd okpj dj k, A

tš s %& vkyw dpyw dgka x ; s FkA

l Cth dh Mfy ; k ea l ks jgs FkA

bl ds vfrfjDr Nk=ka dks Lo ; adh : fp dh vPNh dforvkka dk Hkh i k B djus ds fy , i fjr djuk pkfg, A

ikBxr-izu %&

l gh mRrj NkVdj fyf[k, %&

5- ogh okrkzyki i HkkokRi kn d gkrk gš ft l e&&

¼½ cukoVhi u gš ½½ LokHkkfodr k gš ½½ vfHki k ; gš ¼½ dfBu Hkk"kk gS

6- okD ; dh l kFkZdrk bl h ea gSfd og %&

¼½ l eFkZ gka ½½ Jfr l Eer gks ½½ tFVy gks ¼½ Li"V gks

7- izukRrj fof/k l ek/kku djrh gš cPpka dh %&

¼½ ftKkl k ½½ tFVy r k ½½ eš [kd vfHkO ; fDr ¼½ mij kDrk rhuka ugha

8- dgkuh dk e[; ?kVd g %&

¼½ dYi uk ½½ rdZ k fDr ½½ cksk {kerk ¼½ dgu 'kSyh

9- ?kVuk vks ; k=k o.ku dk l eak g %&

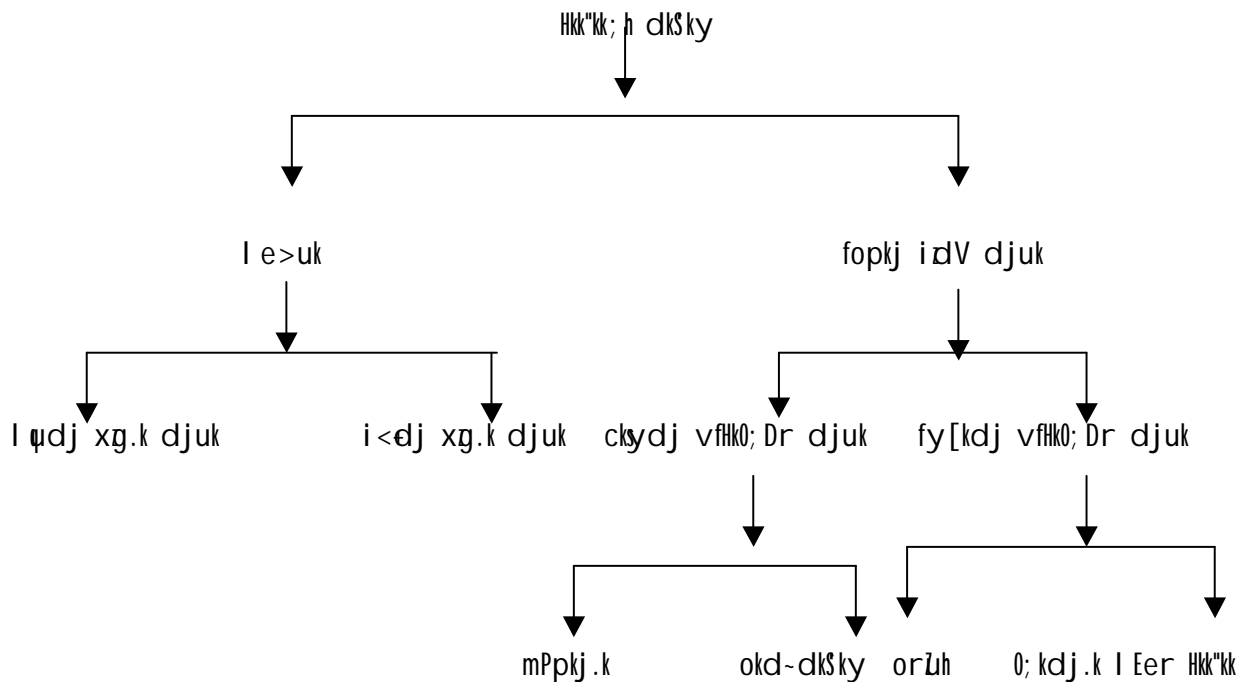
¼½ orZku dh Lefr l s ½½ Hkurdky dh Lefr l s ½½ vrhr dh Lefr l s ¼½ rhuka l s ugha

10- dfor k dks dBLFk djuk vkl ku gš D ; kkd %&

¼½ bl dk vtdkj Nk/k gkrk gš ½½ Nk= vu d j .k djrsgš ½½ bl ea y ; c) rk gkrh gš ¼½ Hkk"kk l jy gkrh gA

5-2 Hkk"kk dksky %&

ge fopkj ka dk vknku&inku djus ds fy , Hkk"kk dks l k/ku ds : i ea iz Dr djrsgA vi us Hkko dks n l js rd igpkus ds fy , oDrk Hkk"kk dsek/ ; e l svi us fopkj l Ei f"kr djrk gA n l jh vks fookn dks xg .k djus okyk 0 ; fDr oDrk dh ckr dks l e> tkrk gA tc ; gh l ns k fdl h ds l e{k fyf[kr : i eafdl h ds l keus tkrk gS rks ; g i < us dh fØ ; k Hkh eš [kd Hkk"kk dksky ds v r x r vkrk gA Hkk"kk ; h dksky dk ge pkVZ ds } kjk l e> l drsg %&



1- vfh0; fDr dlsky%

fo | kffkz; ka ea viusfopkj mRiUu djusdsifr : fp vksj l kgl tkxr djuk f'k{k d k i fke nkf; Ro gA D; kfd og fo | k cPps ds Hkfo"; dsfy; sHkh dkQh mi ; kxh gkrh gsvr%bl dh uho vkj fhkd d{k kvka eagh Mkyuh vfrvko' ; d gA ik; %ns[kk x; k gsfok}ku l sfo}ku 0; fDRk Hkh Hk" k.k dyk l sykska dks i Hkfor ughadj i krk D; kfd ; g , d dyk g\$ ftl dk Kku /khj&/khj gh gkrk gA bl h dkj .k 'kkyk ea l k dfrd dk; Deka ds nkj ku Hk" k.k i fr; kfxrk Hkh j [kh tkrh gA

okLro ea Hk"kk dlsky og dyk g\$ ftl dsek/; e l s0; fDRk viusfopkj l ekt ds l e{k j [krk g\$A bl dlsky dks i Hkko' kkyh cukrsgg oDrk dk mrkj & p<ko] Lojk?kkr] cyk/kkr] Loj eavkst] d#.kk dk iz kx fo" k; kuq i djuk gkrk gA dfBu 'kCnka dk mi ; kx] y&y&okD; ka dk iz kx Hk"kk dlsky dks : fpdj cukrk gA

2- i dkg%

Nk=ka dks vfh0; fDr dh dyk ds l kpa ea <kyuk Hkh furkar vko' ; d gA bl dsfy, l E; d i dkg] cyk?kkr] vuurkr mPprkj nh?kz k vkfn mPpkjd fo/kvka dk l gjk fy; k tkrk gA dkbZ Hkh oDrk rHkh i Hkko i wkZ gks l drk g\$ tc ml ea Li"V mPpkj .k rFkk fopkj ka dk i dkg gk\$, d ckr l s t q/ h ni jh ckr gksuh pkfg, A ckrka dk Oe l rr- pyrsjguk gh 0; k[; ku vFkok Hk" k.k dks xfreku djrk gA ik; %ns[kk tkrk gsf d Hk" k.k ea dkbZ dfBu 'kCn] l a Dr v{kj vFkok y&y&okD; ds vku l s Jkr kvka eafopkj ka dk i dkg vo:) gk tkrk gA mudh cksk {kerk eackj & ckj : dkoV vku l sml ea uhj l rk vk tkrh gA

vr% Hk"kk vfh0; fDRk ds nkj ku oDrk dks mu dfe; ka l scpuk pkfg, rkd muds okrkzyki ea l E; d-i dkg cu l da tc og tks ki wkZ odR00; nsjgk gsrksok.kh dks og g vkt Loh cukus dk iz kl djA vko' ; drk i Mesi j ok.kh ea og feBkl yk, fd l quosokysdseu ds rkj > dr gk t k, A ftu 'kCn ; k okD; ka dks j [k d r djuk pkgrs g\$ ml smPprk l smPpkjr djA ml h rjg vFkksn ds 'kCnka dks vuurku ds l kFk dgdj ml si si u dks n'kkz; k tk l drk gA t\$ s & ^dks djsk* rkr i ; Z dkbZ djskA

^djsk dks* rkr i ; Z dkbZ ugha djskA

; s l kjs?kVd gsf tudsek/; e l s0; fDRk viuh vfh0; fDRk dyk dks fodfl r dj ml svf/kd e[kjrk inku dj l drk gA

3- okrkzyki %

okrkzyki ea de l sde nks 0; fDr gkrsgA , d g\$ l ækskd ni jk l æks/kr gA bu nksuka ds chp fopkj ka dk vknku & inku okrkzyki dgyrk gA bl ds vfrfjDRk bl ea nks l svf/kd 0; fDRk Hkh l fEefyr gks l drs gA bl dh fo'kkrk gsf d bl e&&

nks 0; fDr gkrsgA , d dgusokyk] ni jk l quosokyk] ; g Oe fujarj cnyrk jgrk gA ftl ea Jkrk fQj oDrk cu tkrk g\$ oDrk Jkrk cutkrk gA

t\$ %

- ❖ i rk ugha e p s D; k gks jgk g\$
- ❖ D; k gks jgk g\$
- ❖ i rk gkrk rks i j s kkuh nij u dj yrhA
- ❖ 'kk; n r e Bhd dg jgh gk\$ gea bl ckjs ea l kpuk pkfg, A

okrkzyki djrs l e; , d ckr dk /; ku j [kuk pkfg, fd nksuka ds chp l a dz Hk"kk , d gh gksuk pkfg, A Hk"kkarj l sl ækn dh l Fkfr ugha cu ik; schA

okrkzyki dks jk pdr inku djus grqegkoj ankj] ?ækonkj Hk"kk dk iz kx fd; k tk l drk gA

dHkh & dHkh okrkzyki ds nkj ku v/kj s okD; Hkh gko & Hkko l si wkZ vk'k; Li"V dj nrk gA

okrkzyki nksrjg l s gkrsg&& ¼ 1½ ftl ea oDrk vks Jkrk l eku : i l s Hkxh nkjh fuHkkrsgA ½ 2½ bl ea oDrk viuh ckr dgrk g\$ vks Jkrk d o y end cudj g&gk; ea l gefr nrk jgrk gA

fo | kffkz; ka dks nksuka i d k j dk f'k{k.k nsk vko' ; d g\$ rkd os okrkzyki ea Hkxh nkjh Hkh fuHk l da vks

vko'; drk i Mæs ij Jkrk Hkh cu l drsga vr%mluga bl rjg dsvol j miyG/k djuk pkfg, ftl eaf'k{kd dh Hkfedk , d i Fkin'kd dh gkuh pkfg, A

4- vfhO; fDr dsvk/kj ij in jpuk& 'kCn : ij in cak

Hkk'kd dksky dsvr&Rk oDrk viusfopkj dksHkk'kk dsek/; e l sJkrkvkard igpkrk gA ftl eaog viuh fo'k; oLrqdksØec) : i eal q Ec/krk cuk; sgq rdz wkz <x l siLrqr djrk gA oDrk viusHkk'k.k dksvstLoh vksj i Hkko i wkz cukus dsfy, , s'kCn] incakd] miokD; dk l tu djrk gSrkfd Jkrk ml dh ok.kh ds Li "Vkpjkj , oa fopkj iokg l siokfgr gka

, d l Qy okD; jpuk ogh gS ftl eal gh 'kCn : ij in l k/kd iR; ; tk&elj in cukus in cakka vksj miokD; kadk iz kx 0; k[; ku dksvfHkO; fDrk dh n'V l sl Qy cukrk gA incakka dh l 'kDrnk] tS sB'kh'kkaokyk ?kj] dkp dk egy] ck: n dk <j okD; dksxfr inku djrk gA , d l 'kDr i Hkko'kkyh vfhO; fDr dsfy, Nk=ka dk 'kCn jpuk] 'kCn : ij in] in cak vkfn dsfuekz k , oai z kx dk Hkyh&Hkkar Kku dj; k tkuk pkfg, A ; g vt; kl vksj ekxh'kz l sgh l Hko gA

5- ekud Hk'kk iz kx&

Hkk'kk eamPpkj.k vksj orzh Lrj ij , d: irk dk fo/kku ekud Hkk'kk dk Lo: i fu/kkzjr djrk gA /ofu; ka dsfo'ke vksj fofo/k&fyfi irhdkaeal s, d dkseku; rk inku dj l oZ l eku : i l s, d eku; : i dk iz kx djrk gA ml h idkj orzh dsfu; eka dks Li "V djdsorzh dh , d gh jhfr dkseku; rk ndj 'kCnka dh orzh eal e: irk dk fo/kku djuk] okD; Lrj ij fofo/krk ds 0; ogkj dk fu'kSk djuk] l ekt ea ipfyr l oZku; 'kCnkoyh dks vuohyu dsek/; e l sxg.k djuk vkfn dsckn tksHkk'kk fufez gkrh gS ogh ekud Hkk'kk dgykrh gA tS s& ep dks fdrka [kjhnuK gA okD; dk vekud : i gA tcf d ^ep s fdrka [kjhnuK gS ; g ekud okD; gA

Hkk'kk dsf'k"Vkpjkj Lo: i grqLoj] 0; at u] 'kCnka vksj okD; ka ds ekud : i ka dk gh iz kx fd; k tkrk gA vekud : i oDrk dh detkjh dsirhd vksj rFkk ; kx; rk] in] ifr"Bk ij izu fplog Hkh vadR djrs gA

6- Li"Vrk vksj xfr'khyr&

fdl h Hkk'kk dks thfor j [kuS ml dh vfhO; fDr dyk dksfodfl r j [kus dsfy, ml dk Li "V vksj xfr'khy gkuk cgr vko'; d gA bl grq l oZ Eke Hkk'kk dk l jy] Li "V vksj vfe/kkenyd gkuk cgr ek; usj [krk gS l kFk gh bl eaf}vFkhz 'kCnk] inka vksj okD; ka dk iz kx Hkk'kk dsegRo dks de djrk gA l keku; r% n"Vkr' fo'kSk.k] vyckj vkfn dk iz kx Hkh rHkh eku; gS tc ; sHkk'kk ds iokg ckskxE; rk dks tfVy u cukdj ml s Li "Vrk vksj xfr inku djrs gA vr%vfhO; fDrk dsnkj ku oDrk dksbl ckr dk /; ku j [kuk pkfg, fd ml dsfopkj xfr'khy cusj gA Hkk'kk iokg eam l dh vfhO; fDr ck/kd u gksrsg ml ds dF; fujrj mnas; i firZ eal gk; d gka

vfhO; fDr ds l e; oDrk dksbl ckr dk Hkh /; ku j [kuk cgr vko'; d gS fd og fdl Lrj ds Jkrkvka ds l e{k viusfopkj 0; Dr dj jgk gA ml dh Hkk'kk vksj Jkrk dsekuf l d Lrj earkjrE; gkuk vko'; d gA tS s & v/; ki d ; fn in'k.k ij ek/; fed d{k k eaodRo; nsjgk gS rks ml dh Hkk'kk] 'kCn p; u] okD;] mnkgj.k] gko&Hkko ea varj gksk ctk; mPp Lrj dh d{k kvkae a in'k.k ij odRo; nus dA oDrk dh ; gh l & c u ml ds odRo; dks Li "Vrk inku djrh gS rFkk iokg ea xfr'khyr cukrh gA

7- Øec) rk&

Øec) rk l srkRi ; ZHkkoka vksj fopkja dks l gh Øe ea ¼, d dsckn n l j k ½ i Lrqr djus l gS rkd ey/Hko vksj fopkja dh l ec) rk cuh jgA D; kad fopkja vksj Hkkoka dk VVrk Øe u doy oDrk ds oDr0; dks i Hkkoghu djrk gSoju-Jkrk dh ckskkRedrk ea Hkh ck/kk mRi uu djrk gA mnkgj.k Lo: lk] ; fn oDrk f'k{k ds {ks= l s t q h fdl h l eL; k ij 0; k[; k dj jgk gS rks ml sviusfopkj bl h fo'k; ij ds unr j [kuk pkfg, ; Fk l eL; k D; k gS dc vksj ds s'kq gpa ml dsudkjRed i Hkko vksj ml ds s l gy>k; k tk l drk gA fdUrqlFfr rc fodV gks tkrh gS tc oDrk vuk; kl dkbz vksj l eL; k chp ea ysvkrk gS rks Jkrkvka l sml dsfopkja dk rkjrE; VV tkrk gA fopkja dh Øec) rk Hkx gkuk vksj muea fo'k; klurj dh fLFfr mRi uu gkuk nkska gh nkski wkz gA bl n'V l s Øec) rk vfhO; fDrk dyk dsfodkl ds i e q k rRo ds : i eafurkar vko'; d rRo gA

8- i Hkkok&ikndrk&

dkbz oDrk pks fdrk gh fo}ku gks ml ds ikl ifjiDo fo"k; Kku] fopkjka dh vFkkg i pth vks folRr 'kCndkSk] D; ka u gks fdUrq; fn og vius fopkj] rF; vks rdka l s Jkrkvka dks ugha ckak ik; k rks ml dk oDr0; fujFKZ dl) gkskA D; kfid ml ds 0; k[; ku ea i Hkkok&ikndrk ugha gS vks cxS i Hkkok&ikndrk ds oDrk viuh vFHko; fDr ds ewy mnas; dks ikr ugha dj l drka

bl grqoDrk dks l epr fo"k; Kku dsl kFk&l kFk l e/kj vks vkt Louh ok.kh] cyk?kr] vuurku] mPprk] l E; d-i pkg rFk Jkrkvka l svk[kka dk l Ei dZ cuk, j [kuk vko'; d gA D; kfid 'kCnka ds perdkj djus ds ctk; oDrk viuh vRreh; 'kSyh ea Jkrkvka ds fny vks fnekx ds vf/kd fudV igp l drk gA Jkrkx.k vkrfoHk] gksdj vkun dh vuHkr djrsgA ml ds fopkjka ij viuh ifr0; k 0; Dr djus dks vkrj jgrsgA , d k oDrk yas l e; rd vius Jkrkvka dks ckaj j [kus ea l Qy jgrk gA ml dh ; g l Qyrk i Hkkok&ikndrk ds QyLo: i gh gA

9- egkojnkj Hkk"kk dk iz xs&

vFHko; fDr dh l q ar bdkb] dFkuc) rk vFkok l = okD; egkojk dgykrs gA ; g 0; kdj.k l s i Fkd l jpk dgykrh gS tks perdr djus okyk vFkZ nrh gA

tS s& eas vkt ml dk dPpk fpVvk [kky fn; kA

i kik ejk ijh[kk ifj.kke n[k dky&ihysgks x, A

okLro ea l segkoj ds Fku ea perdkj mRilu djrsgA bl ea ewy kFkZ u ydj 0; x; kFkZ xg.k fd; k tkrk gA bl nF"V l s; g Hkk"kk dks fodfl r djus ds l kFk&l kFk ml sl kha Zinku djrh gA ml si Hkkok&ikndr cukrh gA Jkrk dks dFku l j l vks l q fpiwkZ tku iMrk gA vr%oDrk dks; Fkl Hko o ; Fk l e; Hkk"kk ea; ku j [kuk vko'; d gSfd vko'; drk l svf/kd egkoja Hkk"kk l s dqrh yMek gS 'kCnka l sf[kyokM+l kfc r gks l drk gS tksfd mpr ugha gA

10- f'k"Vkpjkud kj Hkk"kk dk iz xs&

l eLr ik.kh txr ea ekuo gh gS tks l q hdkjh vks f'k"Vkpjk dh dgykrk gA nu js 'kCnka ea; g euq; dks l H;] f'k"V vks ekuoh; Lo: i inknu djrk gA f'k"Vkpjk ds dkj.k bl ea vks pkfjdrk vf/kd vks vRreh; rk de gA ekuo 0; ogkj ea tks foueak] f'k"Vkpjk vks l H; rk idV gsrh gS ifj.kker%i R; ad Hkk"kk ea, d s'kCn vks okD; kak fodfl r gks tkrsgS tks oDrk dh f'k"Vrk dks 0; Dr djrsgA oDrk vius 0; k[; ku dh 'kq vkr l aksku l sdjrk gS f'k"Vkpjkud kj Hkk"kk dk iz xs djrk gA ; Fk & fiz Hkkbz kj cguk] Jheku] vknj.kh;] l Hkif r egkn;] ekuuh; v/; {k egkn;] Jkrkx.k] l Hkoin] /kS Z mZ l fu,] eavki dk l od gj l qkshkr dhft, A

oDrk dks l e; vks iZ akuphy vius fopkjka ds vfFHko; fDrk 0e ea f'k"Vkpjkud kj Hkk"kk] 'kCnkoyh] oD; kak] in] incak vks okD; ka dk iz xs djuk pkfg, A f'k"Vkpjkud kj Hkk"kk dk iz xs l d nh; ekuk tkrk gS rFk bl dk i Hko Jkrk ij 0; ki d : i ea iMrk gA

l kj l aks&

l kj y[ku l srkri ; Zfdlghadgh gPZ; k fy[kh gPZckrk] fopkjka; k Hkkoka dks, d h U; wure l hek eafy [k nsuk] ft l svuko'; d folrkj u djrsgq vko'; d ckrka dk l eko k fd; k tk; A ft l ds vaxZ l kj fy[kus okyk viuh vks l sdN Hkh ugha tkMrk cfYd nh gPZ fo"k; oLrqdks, d frgkz: i inknu dj viuh ckr dgrk gA y[kd ewy 'kCnkoyh dk iz xs u djrsgq bl ea fufgr Hko dks viuh Hkk"kk ea l ekfo"V djrk gA l kj fy[krs l e; bl ckr dk /; ku j [kuk gsrk gSfd fd, x, i R; ad vuqNn l seq; ckrka dks NkM] dN dh udy mrkj nrs gS ft l ea u gh 0ec) rk gsrh gS vks u gh l q a;) rk ghA vr%bl l scpus dh dks'k'k djuk pkfg, igys l akZ vuqNn dks i <+dj ml ds eq; Hko dks viuh Hkk"kk esfy[krs gq l kFkZ vks l jy okD; ka dk iz xs djuk pkfg, A , d rjg l sge dg l drsgSfd ^kxj ea l kxj* Hkjuk gh l kj y[ku gA

Hkk"kk dk iz xs Hkk"kk foLrkj l kj l aks

Hkk"kk gekjs Hkkoka dks vfFHko; Dr djus dk l 'kDr ek/; e gA ft l ds fy, ge 'kCnka o okD; ka dk iz xs dj viuh ckr nu js 0; fDr rd igpkrsgA ik; %n[kk tkrk gSfd dkbz 0; fDr viuh ckr dks cMh ych pkMh Hkiedk ds l kFk iLrq djrk gA ft l sl qdj egl w gsrk gSfd ; g ckr rks bl l s de 'kCnka ea Hkh dgh tk l drh FkA

oghacdkbZ0; fDr viuh ckr dksbrusl fki eadg tkrk gsfed ckr vkjHk gksrsgH [kRe gks tkrh gsvkš nŃ jk 0; fDr ml sl e> gh ugha ikrkA ckr dksu vf/kd foLrkj l sdguk vkš l fki eadguk nksukagh Hkk"kk vfHk0; fDr dsrjhds gA fdUrqed[; ckr ; g gsfed ckr brusT; knk foLrkj l sHkh uk dgh tk; fd l qusokysdksv#fp gksvkš uk gh brusNks/s: i eafd dkbZ bl sl e> gh u ik, A fQj Hkk"kk dgusdk : i D; k gk&

1- **Hkk"kk foLrkj & v/; ; u vkš v/;** ki u dsnkšku dHkh&dHkh dŃ , d stfVy 'kŃn vk tkrsgšftudksckš kxE; cucusgrqml sfofo/k rjhdkl svFkžkg; cucusdk iz kl fd; k tkrk gS; gh Hkk"kk foLrkj gA Nks/h d{kkvka dsfo | kffkž, ka grq; g izkkyh fo'kškdj vf/kd mi ; ksch gA

tš s & th yxk ikfkh viuh i<ks
doy i<ks u ikfkh gh dks
ejsl; kjsy<ks
dHkh dŃ Fk ea ikŃ u Mkyks
l Ń Fk vkš gh c<ka

bu i fDr; kaea; fn f'k{k'd dŃ Fk* dk vFkZcPpkadks l e>kuk pkg jgk gsrks l ozi Fke ; g crkuk gksk fd & dŃ Fk dš s cuk & dŃ \$ i Fk @ dŃ cjk @ i Fk ¾ jkLrk & dŃ Fk cjkjLrk

1- 'i Fk* 'kŃn ea dŃ mil xl tŃus l s; g 'kŃn cuk gS

2- 'kfcŃd vFkZgš'cjkjLrk* 'xyr jkg* xyr fn'kk

3- 'kfn dŃ Fk ¾ cjh jkg] xyr fn'kk gsrks bl dk fojkskh

'kŃn gksk&l Ń Fk ¾ vPNh jkg] l gh fn'kk&

4- vc bl sl e> ds vuŃ kj okD; ea iz kx dj&

& xyr nksrka ds l kFk jgdj fnuš k us dŃ Fk* vi uk; kA

bl rjg fofHku rjhdkal sfdl h 'kŃn dksfHku&fHku : i kaea l e>kuk gh Hkk"kk foLrkj gA

3 okpu dšky

Hkk"kk ij vf/kdkj ikr dj ml snŃLr Hkk"kk ea in'ku djušgrqftruk Hkk"kk dkscksyuk vfuok; ZgSmruk gh okpu HkhA eukokkfud vkš l keftd nŃV l sl Eoska vkš 'kŃDr; kadk fodkl dj cPpkaea l keftd Hkkouk dk fodkl djus ds fy, okpu f'k{k.k gh T; knk l jy vkš #fpdj gksk gA [ksy&[ksy eacPps igys l kefgd Loj ea fQj 0; fDrxr : i eax | vkš i | eavk, 'kŃn kadsHkh mPpkj.k l h[k yrs gA bl h fy, i k/; ki dkd ekuuk gsfed ok.kh ; k mPpkj.k Hkk"kk f'k{k.k dk eyk/kkj gS okpu l srkri ; & okpu l svk'k; , d smnš ; i wkž okpu gsfed l eaJkrk Hkh ykHk mBk l dA D; kŃd ek= 'kŃn ; k mPpkj.k djuk okpu ugha oju 'kŃn dksnš[k l e>dj 'kŃ mPpkj.k ds l kFk vFkžg.k dh okpu fŃ; k dk izkku mnš ; gA okpu rhu izdkj ds gksr gS ¼¼ ½ l Loj okpu ½½ ekŃ okpu ¼¾ v/; ; u

1- **l Loj okpu & nšud vkš l keftd thou ea0;** kogkfjd dŃkyrk dsfy, Hkk"kk vkš ppkZ dh vko' ; drk gksr h gsfed l ea l Loj okpu cgn l g; ksch gksr gStks 'kŃ mPpkj.k Hkkouk pny mrkj p<ko ds l kFk] fcuk l dŃkp] vkRefo'okl l s viuk Hko inf'kŃr djuš dh dŃkyrk j[krk gA ge dg l drs gš fd cyk?kkr] Loj k?kkr vkjkg & vojkg fojke fplgka ds l kFk i<us dh fŃ; k dks l Loj okpu dgrs gA

idkj & l Loj okpu ds rhu Hkn gS ¼¼ ½ 0; fDrxr okpu ½½ l kefgd okpu ¼¾ ckjh & ckjh l s okpu

okpu l dŃh nks & ckyd dk rŃyuk] gdyuk] Li"V mPpkj.k u dj i kuk] Hk;] l dŃkp] Loj k/kkr & cyk?kkr l dŃh tkudkj dk vHko ckyd ea okpu l dŃh dŃz nks mri lu djrk gsv'kŃ mPpkj.k; Ńr okpu nksk; Ńr okpu dgykrk gA

l dŃku dsmik; & f'k{k'd /; ku na Nk= /; ku na Nk= okpu l kexh fdruh nj l srFk dš s i dMakš gkFk dh Åxfy; k; v{kjka i j j[kdj i<fk gš v{kjkad h igpu dj vFkžg.k ds l kFk i<fk gš i kB; l kexh dh Ni kbZ Li"V vkš l kQ gš i<us dk vH; kl dj k; k x; k gS; k ugh; ; fn ckyd ea mPpkj.k LFky l dŃh dŃz nks gsrks ml dk l dŃku dj nkskadks nj djuš dk iz kl dŃav/; ki d o Nk= dschp Lugi wkZ 0; ogkj Hkh cPpkads okpu l dŃh nks nj djuš ea egroi wkZ Hkfedk fuHkrk gA

2- **ekū okpu & Lok/;** ; u ds}kj k foLr̄r , oaxhkhj v/; ; u vks̄ vkuankuēk̄r , oavkRekfk̄o; fDr dsfy, ekū opu dk viuk egRo gsftl eaef; 'ks'kcn ckgj fudkysfcuk Hkko xg.k dh fØ; k cjkcj pyr̄h jgr̄h gā Nk=kadsfy, rhozxf̄r l sfolr̄r v/; ; u djus; k n̄r̄xf̄r l sikBu gr̄qekū okpu cgr̄ vko'; d ḡs̄ fdl h cl] jsy] Nk=kokl] okpuky;] i lrdky; ; k=k djrs̄ l e; ekū okpu mi; ks̄ gā dks̄ okpu ea, d&, d 'kcn ugh̄ oju 'kcn l eḡka dks, d l kfk xg.k djusdh 'kDr fodfl r dh tk l drh gSi <usokyk ftruh rsth l sokD; vks̄ okD; kākai j n̄V Mky l damruh rsth l s'kcnka vks̄ okD; ka dk Hko xg.k gkr̄k gā l e; vks̄ 'kDr de 0; gkr̄h gā ekū okpu dsidkj & dks̄ okpu rhu idkj ds gkr̄s gā

1- foKku] bfr̄gkl t̄s̄ sxw+fo"̄k; kadsKkukt̄ū o vft̄r̄ Kku dh n̄<fk̄ o LFkk; Ro dsfy, dks̄ okpu ftl dh xfr̄ en gkr̄h gā

2- euk̄j̄at̄u inku djusdsfy, l kfgR;] miU; k;] ukVd vkfn ea t̄gkac̄i) dh vi{kk̄ eu tk̄x̄r jgr̄k gS; g ikBd dks n̄r̄xf̄r l sokpu gr̄q̄īj̄r̄ djrk̄ gā

3- vft̄r̄ Kku dksfolr̄r̄ djusvks̄ viuh ftKkl k 'kkr̄ djusgr̄qīk̄Bd x̄fk̄k̄ads̄īllusmyVrsgq̄ foḡe n̄V Mkyrk̄ gS̄vks̄ vko'; d v̄k̄ka dks/; kui w̄z̄l i <fk̄ gā

v̄r̄r̄%ge dg l drsḡfd v/; ; u okLro eal okPp Lrj dsekū okpu dh og voLFkk̄ gsftl l sKku l n̄<+ vks̄ LFkk; h curk̄ gā f'k{k̄k̄ ds vud̄ mn̄s̄; ka ea; g Kkuk̄ī kt̄ū dsy{; dh īr̄z̄ dk l cl̄ segROI w̄kz̄ d/; e gā

3- l Loj okpufof/k; k; & okpu fof/k; ka dsHh̄ dbz̄: i gkr̄sḡt̄ks̄fuEuk̄adr̄ gsftl̄ḡa ge okpu dh fof/k; k; Hh̄ dg l drsḡ&

1- **Loj̄k̄pk̄j̄.k fof/k & v̄az̄th̄** Okj l h vks̄ mn̄w̄dh vi{kk̄ fglnh̄ eāo.k̄ūq̄ i mPpk̄j̄.k gS̄vks̄ mudh r̄ȳuk̄ ea 'kcn Lo: i vks̄ /ofu l jy] l q̄E; vks̄ Li"V gS̄Qyr̄%o euk̄oK̄kfud̄ Hkh̄ gS̄r̄Fkk̄ l k̄js̄Hk̄m̄ȳ ij bl l soK̄kfud̄ fyfi d̄k̄bz̄ ugh̄a Nki s̄ds̄v{̄k̄j̄ka vks̄ fy [k̄koV̄ ds̄v{̄k̄j̄ka ea v̄r̄j̄ u gkus̄ ds̄dk̄j̄.k Loj̄k̄pk̄j̄.k i) fr̄ l sokpu f'k{k̄.k̄ i p̄fyr̄ gā , d v{̄k̄j̄ dh , d gh /ofu gkus̄ ds̄dk̄j̄.k mPpk̄j̄.k ij fo'k̄sk̄ cȳ n̄dj̄ okpu f'k{k̄.k̄ fn; k tk̄ l drk̄ gā

2- **dFku , oao.kū fof/k &** viuh ckr̄ dks̄īj̄sgko&Hkko vks̄ dFku ds l kfk̄ dguk̄ Hkh̄ , d dyk̄ gā bl eāo.kū dh īz̄kkurk̄ jgr̄h̄ gā okLrfod̄ thou v̄Fkok̄ dYiuk̄ t̄x̄r dh fdl h Hkh̄ ckr̄ dk o.kū jgr̄k̄ gā t̄s̄ s̄dgkuh̄ dguk̄&bl ea dFku g& D; k̄ād̄ fdl h Hkh̄ ?k̄Vuk̄ v̄uēk̄o v̄Fkok̄ dkYīfudrk̄ dk Øeok̄j̄ o.kū bl ea gkr̄k̄ gS̄'c̄r̄* dks̄ foLr̄kj̄ ds l kfk̄ Øeok̄j̄ dguk̄ gh dFku , oao.kū fof/k gā okLro ea bl fof/k dk iz̄ ks̄ djrs̄ l e; f'k{k̄d̄ka dks̄ nks̄ ckr̄ka dk /; ku j [kuk̄ gkr̄k̄ gā i Fke viuh ckr̄ dks̄dgr̄s̄ l e; dFku dk fo'k̄sk̄ /; ku j [k̄j̄ dFku v̄Fkk̄z̄ l økn̄ ftl s̄ īj̄sgko&Hkko ds l kfk̄ l økn̄ 'k̄Syh̄ ea i Lr̄q̄ d̄ja l kfk̄ gh ftl l eak̄ eaHh̄ dFku dgk̄ tk̄ j̄gk̄ gS̄ml̄ ea Øe dk /; ku j [ka ckr̄ka dk r̄k̄j̄E; cuk̄ j̄gā bl l sokD; v̄Fk̄ā w̄kz̄ vks̄ cks̄k̄x̄E; jgr̄k̄ gā

3- **vup̄j̄.k fof/k & f'k{k̄d̄ ds}kj̄k̄ vkn'kz̄ i k̄B̄ dj̄k̄,** t̄kus̄ds̄ckn̄ Nk=kads̄}kj̄k̄ l eku /ofu ea fd, t̄kusokyh̄ okpu fof/k vup̄j̄.k fof/k dgykr̄h̄ gā ; g okpu eyr̄%Nk̄s̄/h̄ d{̄k̄v̄k̄ads̄fo | k̄f̄k̄z̄; kadsfy, mi; ks̄x̄h̄ gkr̄h̄ gS̄t̄ks̄'k̄cn̄ka mPpk̄j̄.k vk̄j̄k̄ḡ&voj̄k̄ḡ r̄Fkk̄ gkoHkko l svut̄ku gkr̄sḡā , d̄ seaf'k{k̄d̄ l jy 'k̄cn̄ka ea Nk̄s̄/h̄&Nk̄s̄/h̄ j̄ l R̄ed̄ dfork̄vk̄a o x̄hr̄ka dks̄ i gysLo; a gkoHkko ds l kfk̄ i <kr̄sḡs̄bl ds i'pkr̄ īj̄h̄ d{̄kk̄ ds̄ Nk= bl dk vup̄j̄.k okpu djkr̄sḡā Hk̄k̄"kk̄ f'k{k̄.k̄ ea Nk=k̄a dh #fp̄ m̄Rīll̄u djus̄ vks̄ ml̄ḡa okpu dsfy, m̄Rīf̄j̄r̄ djus̄ ea vup̄j̄.k fof/k dk egROI w̄kz̄ ; ks̄nku gā ; fn̄ f'k{k̄d̄ i w̄kz̄: i l sf'k{k̄.k̄ ea v̄f̄Hk̄#fp̄ y} l ēq̄r̄ gko&Hkko r̄Fkk̄ 'k̄q̄) mPpk̄j̄.k ds l kfk̄ okpu d̄js̄ r̄ks̄; g fof/k f'k{k̄.k̄ dsfy, c̄gn̄ mi; ks̄x̄h̄ fl) gks̄ l drh̄ gā

4- **/ofu l k̄E; fof/k &** bl fof/k ds v̄r̄x̄r̄ Nk=k̄ea l eku /ofu okys'k̄cn̄k̄ads̄ l eak̄ eaf'k{k̄d̄k̄ads̄}kj̄k̄ bl i d̄kj̄ ds 'k̄cn̄ka dh l p̄h̄ cuk̄bz̄ t̄kr̄h̄ gsftl̄ ea Nk=k̄a dks̄/ofu l k̄E; fdl̄r̄q̄v̄Fkz̄ Hkn̄ dk Kku c̄Pp̄ka dks̄ dj̄k̄; k t̄kr̄k̄ gā bl r̄j̄g ds 'k̄cn̄ka dk p; u ; | fi f'k{k̄d̄ka dsfy, d̄N̄ ēf̄' dy vo'; gS̄fd̄r̄q̄bl l eak̄ ea c̄gr̄j̄ gks̄k̄ f'k{k̄d̄ n̄s̄ud̄ thou l sl̄ ēn̄/kr̄ 'k̄cn̄ka dk gh p; u d̄js̄ t̄s̄ & dy] py] ty] Fky] ry] pky] tky] nky] rky] mekj̄ jekj̄ vk̄j̄rh̄] Hk̄j̄rh̄] de] /e] eē] i k̄.k̄] =k̄.k̄] /k̄.k̄ vkfn̄ dk f'k{k̄d̄ }kj̄k̄ Li"V mPpk̄j̄.k gkus̄ i j̄ Nk= i q̄%ml̄ dk mPpk̄j̄.k djrs̄ gā

5- ; ā fof/k & ; g uohu ; āka i j̄ vk̄/k̄f̄j̄r̄ fof/k gsftl̄ eaf'k{k̄d̄ ds okpu dk vuj̄dj̄.k mudk̄ vup̄j̄.k dj̄k̄; k t̄kr̄k̄ gS̄bl̄ s̄'l̄ hr̄k̄ ok | * j̄sd̄k̄M̄Z̄Hh̄ dgr̄sḡā bl ea l̄nḡ ugh̄afd ; g fof/k [k̄ph̄ȳh̄ gkus̄ l s̄de gh iz̄ q̄r̄ gkr̄h̄

gSvIš gekjsnš ea tgl; vkt Hkh f'k{kk ds l k/kuka dk vHko gSogk; bu ; a=ka vIš rdudhd ek/; eka dk iz kx vkt
Hkh ijh rjg l Hko ugha ik; k gA
fyf[kr vfHko; fDr d ; kã=d i{k & o.kz

ckyd dksy[ku l ædkh f'k{kk nsusgrqvk'o' ; d gSl oã Eke ml eay[ku dh ftKkl k tkxir djukA ckyd
vkmh frjNh jškkvka l sdbzvkdf rufefr dj ml eajæ Hkj dj iã Uurk dk vuHko djrk gA oš sHkh fp=ka ds i fr
cPpkadh #fp vf/kd gkrh gSvr% muds/; kuka l kZk grqfp=ka ij vk/kkfjr vko' ; d gš dkbzys[ku fØ; k djkbz tkuh
pkfg, A l oã Eke o. kã ds Kku grqmlgajškkadu dk vH; kl djuk T; knkA l oã Eke o. kã ds Kku grqmlgajškkadu
dk vH; kl djuk T; knk vko' ; d gA tš & [kmh vkmh frjNh Nks/h cMh jškk, av) Zor] or] ?kq.M; ka ds esy l s
o.kz cukuk crk; k tk; ; Fkk &

A]&@ \ oc 500. d yA

cPpkadksy[ku dksy fl [krs l e; ; g vko' ; d ughafd o. kã ds l gh Øe dks iz kx eayk; k tk; cYd
T; knk mi ; Ør gksk fd ml Øe eaviuk; k tk; ftl eajškkvka vIš orka dks FkkM/s l s gš Qj l s dbz o.kz l jyrk
l scu tk, A tš & cukoV ds vk/kkj ij [kmh i kbz okys o. kã dks igyk LFku nã vkjHk l sgh o.kz ds l qMšy Lo: i
ij tkj fnuk pkfg, A

o.kžkyk ds v{kjka dks l h[kus ds ckn mlga 'kCnka dh Jãkyk l s tkMh tkrk gSftl ea igys Nks/s vIš fcuk
ek=k ds 'kCn & ?kj] py] i <-jg] er] dj fQj rhu v{kj fcuk ek=k ds 'kCn tš & dey] dye] tyt] u; u] gju]
ngu vkfn o. kã ds ; kx l scusbu l jy 'kCnka dks tku ysus ds ckn l a Ør vIš ek=k okys 'kCnka dk vH; kl djik; k
tk; tš & ny] fny] cy] fcy] gju] fgjuA ek=kvka dks vH; kl eay[ku rFkk mPpkj .k dk , d l kFk mi ; kx gksus
l s cPpek=kvka dk l gh&l gh mi ; kx djuk l h[k yrs gA

y[ku dksy cPpkadfy, , d Jel k/; i fØ; k gSvr% bl eamudh v#fp gksuk LokHkkfod gSfdarq; fn
mlgafp=ka ds ek/; e l so.kz vIš 'kCn dk Kku djik; k tk; rks cPpsfp=ka ds l kFk&l kFk o.kz o 'kCn dh cukoV dks
Hkh /; ku eaj [krs gA dñ l e; ds vH; kl ds i 'pkr fp= dks mudh vkã kka ds l keus l s gvK fn; k tk; rks cPpk
/khj & /khj s o.kz vIš 'kCnka dks igpkuuk l h[k yrk gA

'kCnka y[ku eal eFkz gksus ds i 'pkr fo l kFkz ka dks mudh #fp vuq kj Nks/&Nks/s 'kCnka dks tkMh l kFkz
o mi ; kxh okD; fy [kus grq i šjr djã bl ea vuq kj plnfclnq okys 'kCn fl [kk, fQj Øe'k% o.kMkn tš & Hk&e]]
l & 'k] o&c dk Kku djik; k tk; A /khj & /khj s ckyd vH; kl ds }kjk Lojka dk Loyak vIš ek=kvka ds : i ea iz kx
djuk] gL;] nh?kz Lojka dk Hkn] 0; at u ds l kFk ek=k, a dgk&dgka yxkbz tk, vkfn dk Kku l h[k tkrk gA

fojke fplg

fojke fplg fd l hkh jpuk ; k=k ds vko' ; d Nks/&cMh i Mko gš tks ml ds vFkz, oamns; ; dks l i "V djus
ea egroi wIz ; kx nku nrs gA fojke dk vFkz gS Bgjk vIš fplg dk vFkz gSl æsA rkr i ; Zfd l h okD;] mi okD;]
okD; [kM rFkk 'kCnka ds chp #dus dk uke fojke gS rFkk y[ku iz Ør , š fplg tks dFku ds fojke ds l pd gks
gš fojke fplg dgykr gA tks vfHko; fDr dks l jy] fuHkkZuk vIš l qkšk cukus ds l kFk&l kFk okD; ds l qj xBu vIš
vfHko; fDr dks l i "Vrk inku djsr gš fdrq bl ds iz kx earfud l h Hkypnd Hkh u dny vFkz ea Hke mri lu djsr
gš cYd vFkz dk vuFkz Hkh dj nsh gA

tš & T; kšr "kkpk; Zus uofookfgrk dk gkFk nškdj dgk

¼½ - yMek u yMeh gkschA ¼½

- yMek u] yMeh gkschA

½½ ekjks er tkus nka ¼ u Fkz

ekjks er] tkus nka

vr%Hkk"kk dh l a šk.k 'kFDr vIš Hkk"kk ds vFkz cksk dks; Fkkor cuk, j [kus ds fy, fojke fplgka dk Kku vIš
mi ; kšrk vko' ; d gA ; g fyf[kr Hkk"kk dk vfuok; Zvæ gA mPpkj .k ds l e; ge cyk?kkr }kjk dHkh Lojka ds
Åp&uhs iz kx l s vuq idkj l s Hko 0; Dr dj yrs gš fdrq y[ku ea bu l quf'pr fplgka ds }kjk gh ge
fojke fplgka dks 0; Dr dj l drs gA

□	fVli .kh & iwkZojke o jš[kdk ¼ Dah ½ eyr%fglnh dsfojke
	fplg gA 'kšk fojke fplg vxst'h Hkk'kk l sfy, x, gA

oržeku l e; ea fglh ea iz Đr gksusokysfojke fplg bl izdkj gš&

1-	iwkZojke ¼½	12-	yki fplg ¼-----½
2-	viwkZojke ¼½	13-	gd in ¼ ½
3-	v)Zfojke ¼ (½	14-	fooj.k fplg ¼&½
4-	vYi fojke ¼] ½	15-	fVli .kh l pd ¼ * ½
5-	izu fplg ¼ \ ½	16-	l ekfir l pd ¼ &&0&&½
6-	foLe; kfn fplg ¼½	17-	l erk l pd ¼ ¾½
7-	vorj.k fplg ¼ ^ ½ ¼ * ½	18-	i q: fDr l pd ¼ **]½
8-	; kst dk ¼&½	19-	fr; Z l ph ¼@½
9-	jš[kdk ¼&&&½	20-	v/kjšk ¼&½
10-	l š[klrd ¼ 0 ½		
11-	dkšBd ¼ ¼ ½ ½		

- 1- iwkZojke ¼½ l kekl; r%okD; dh l ekfir ij iwkZojke yxk; k tkrk gA tš s & ĵke usdgk fd ea dy fnYyh tkÅpkA*
fVli .kh & dŃ ykx iwkZojke dsLFkku ij ¼- ½ fclnq QyLVki dk Hkh iz kx djrs gš tks xyr gA
- 2- viwkZojke & fdl h okD; dk mi okD; ds vŃr eam l e; viwkZojke yxk; k tkrk gš tc dkbZ l ph] m)j.k ; k fopkj iLrŃ djuk ckdh gš tš s & ^ml us l kpk %, Ń svkneh dks lykfuax deh'ku eagkuk pkfg, FkA*
- 3- v)fojke& Loræ dFkukŃ mi okD; ka ; k okD; [kMka dks i Fkd djus dsfy, v/kZojke dk iz kx gkrk gA tš & ^tks pkgs djš cl] gea i š kku er djka*
- 4- vYifojke & tc , d okD; ea cgr l s'kŃn okD; kák] 'kŃnák vFkok okD; [kM vk tk, arks i R; d ds chip ea vYifojke* fplg yxk; k tkrk gA tš s & ^os i š y gh vkr&tkrš i š scpkus dh xjt l š l kbfdy u ml gaus [kjhnh] u ml dh l okjh dhA*
- 5- izu fplg & izul pd okD; ds vŃr ea yxk; k tkusokyk fplg izuokpd dgykrk gš tš s & ^ræ dku gks rŃgaD; k dke gš
- 6- foLe; kfn cškd & okD; ea iz Đr g"Ń ?k.kk] vk'p; Z vkfn Hkkoka dks 0; Dr djusokys l ækku l pd 'kŃnka dsfy, foLe; cškd fplg iz kx fd; k tkrk gA tš & ^vjš ræ dc vk; š*@ gk; ! dš h d# .k n'kk!@ fN!fN! ræus, Ń k l kpk!
- 7- vorj.k fplg & tc fdl h dFku dk m)j.k fn; k tk; rksnkšjk m)j.k fplg iz Đr gkrk gš & tš s & ^ekgu us dgk & ^eš cktj tkÅpkA*
tc fdl h i Ńrd vkfn dsuke] fdl h 'kŃn dh fo'k"Vrk ; k foyxrk dk n'kŃA gks rks bdgjsv)j.k fplg dk iz kx gkrk gA tš & ^eš dkyhnl dk ^eš knr* i <kA*
- 8- ; kst d fplg & ; g l kekl d fplg Hkh dgykrk gA , d tš svud 'kŃnka; k i q#Dr inka ds chip bl dk iz kx gkrk gA tš s pk; &ok; @ ckj&ckj @ jkr & fnu @ Kku & foKku
- 9- jš[kdk fplg & ; g ; kst d l s dŃ cMk gkrk gš tks l jy okD; ; k mi okD; ea fufgr foj.k dks Li"V djus dsfy, iz Đr gkrk gA tš & Hkkjrh; l suk ds rhu vx gš & ty] Fky vkš ok; q
- 10- l š[klrd & bl syk?ko fplg Hkh dgrsgA bl dk iz kx fdl h 'kŃn ds l š[klrd : i ds l kFk fd; k tkrk gA tš s & MKW vMkVj ½ ia ¼ ŃM ½ Lo- ¼Loxhž ½

- 11- dksBd fplg & dksBd dk iz kx fdl h okD; dsvlrxr vk, fdl h ind vFkz dFku ; k l anHkZ dsmYys[k dsfy, fd; k tkrk gA tS s^xknku ¼ apn½ dk JSBre miU; kl gA
- 12- yki fplg & fdl h cMsdFku ds i k j k ds vak o var ds vak dksndj chip ds Hkx dsfy, yki d fplg dk iz kx fd; k tkrk gA tS s &
 ^pk: pln dh ----- ty Fky eA*
- 13- ga in & fy[krsle; tc dkbz'kCn in ; k okD; kak NW tkrk gSrc bl fplg dksyxkdj ml si iDr ds Aij mfpr LFku ij fy[k fn; k tkrk gA tS &
 ^khjt /kje fe= v# ukjhA
 vki rdky ijf[k; spkjhA*
- 14- foj.k fplg & fdl h ckr dksdgdj tc vxsmi dk foj.k iLr fd; k tk; rc bl fplg dk iz kx fd; k tkrk gA tS s &
 jke %& jkek; .k dsuk; d] n'kjFk ds i e vls l hrk ds ifr Fk ftUgkausjko.k dk o/k fd; kA*
- 15- fVli.kh l pd & fVli.kh dh l pd nns dsfy, bl fplg dk iz kx fd; k tkrk gA i k B; l kexh ea vko'; drku kj 'kCn ftl dh fVli.kh nh tkrh gS; g fplg yxkrj i"B ea u hps Qv/uk/ ij l kexh nsnh tkrh gA tS & egjk.kk irki ml oDr * prd ds i kl [kM:FkA
 * prd & egjk.kk irki dk cgr l e>nkj vls cgnj ?kkMsd k uke gA
- 16- l erkl pd & nksolrpkadschip l ekurk n'kkZ dsfy, bl fplg dk iz kx gkrk gA i k; % l ekukFkZ 'kCnka dsfy, fglnh eabl fplg dk mi; kx fd; k tkrk gA tS sohj&i kuh @ /ku ¾ cny
- 17- i q fDr l pd & ; fn iR; d i iDr eadkbz'kCn ckj&ckj vk jgsgsrksy[ku l scpusdsfy, bl fplg dk iz kx fd; k tkrk gS tS s
 i iMr tokgyky ug:
 ** enuekgu ekyoh;
- 18- fr; d fplg & fodYi l pd fplg gkrk gA tS s &
 dgy eadyd @ nx yxkukA
- 19- v/ksj[k & fdl h in okD; ; k mi okD; dh fof'k'Vrk n'kkZ dsfy, bl dk iz kx gkrk gA cksyrsl e; ml 'kCn ij cyk?krk gkrk gA tS &
 jke usd".k dks cyk; kA jke usd".k dks cyk; kA
- 20- l ekfr l pd & fdl h vky[k] jpuj] dfork vkfn dh l ekfr ij bl fplg dk iz kx fd; k tkrk gA && X &&&

l pkPp l qj y[ku

vPNk y[ku vPNs0; fDrRo dk i f j p k; d gkrk gA vr%y[ku ea l qkj dk rkrri ; ZgS0; fDrRo ea l qkjA Nk=ka dsfy, bl dk egRo vls Hkh vf/kd gks tkrk gSD; k i d i j h k k ea l qj y[ku l svPNsvd i klr gkrsgA bl ds vfrfjDr Hkh l y[k l suk d j h] 0; ol k; rFk i k f j o k f j d l a d k a ea l p k P; vls l qj y[ku ds dbz y k k gA bl hfy, egki # "kka us Hkh l qj y[ku dk xqkxku fd; k gA xkdkth usrks; gkard dgk gSfd & & gLrfyfi dk [kjk gksuk v/kjh i < kbz dh fu'kkuh gA*

i j h k k "k k & l y[k dk v f h k i k; gS & l \$ y[k v f k k r v P N k y s [k A v P N s y s [k l s v k ' k ; ; g f y [k k o V t k s v P N s < x l s f y [k h x b z g k s v P N s i d k j l s i < k t k l d A f t l d s v { k j [k M h e a f i j k s e k f r ; k a l s g k A m n n s ; & l p k P p v l s l q j y [k u d k m n n s ; g S &

- 1- ckyd vkd"kd] l Mksy v{kj fy[kusdk vH; kl djA
- 2- ckyd ds gkFk vls eflr"d ea l ello; gkA
- 3- Nk=ka dks bflnz f'k'kk feyA
- 4- ckyd ea y[kd ds ifr l kCn; kZukfir dh Hkkouk tkxr gkA
- 5- Nk=ka ea thou ea l q; oLFkk vk, A

- 6- fo | kFkZ 0; ogkj ea vPNk in'kz djA
- 7- fo | kFkZ l qj vks l pPp y[ku djrsq l e[pr xfr dk fuokz djA

l qj y[ku eagksoykh =fV &

fo | kFkZ l qj dsy[ku ea D; k & D; k =fV gkus dh l Hkkouk jgrh gA

- 1- fo | kFkZ 'kCnka dh cuoV ea xHkhj ugha gksA
- 2- v{kjka dk cMk&Nks/k gksukA
- 3- 'kCnka dk >pk0 ; gk&ogka gksukA
- 4- i fDr; k; vkMh frjNh gksukA
- 5- l en'k l e: i 'kCnka dk v'kq y[ku t\$ se] ;] /k] ?k
- 6- f'kjks[kk dk uk gksukA
- 7- i R; d 'kCn ds chp mi ; qR LFku dk vHko gksukA

l qj y[ku dk l akksku & Nk=ka ds l y[sk dk l akksku djrs l e; f'k{k d dksfuEufyf[kr ckrka dks /; ku eaj [kuk pKfg, A

- 1- ; Fkk l Hko l y[sk dk; Z dk l akksku muds l keus gh fd; k tk; A
- 2- v'kq fy [ks 'kCnk] v{kjka dk] 'kq rk ds l kFk dMh ij , d vkj fy [k nA
- 3- v'kq v{kjka ij f'k{k d }kj yky L; kgh l s xkyk yxk fn; k tk; A
- 4- 'kCnka ds chp fdruk varj j [kuk gSbl ckr dh tkudkj nh tk; A

/; ku nus; k; ckrka & fo | kFkZ fT l e; y[ku dk; Zdj jsgkrs gArc f'k{k d dks pKfg, fd og /; ku nafd ckyd Bhd <x l scBsga; k ugha@ dye l svk[kka dh njh Bhd gS; k ugha@ dye i dMius dk rjhd @ ; fn 'kq y[sk gS rls f'k{k d dk mPpkj .k Li"V gS; k ugha@ vkfn ckrka ij /; ku fn; k tk; A

jpukeuo , d l onu'khy ik.kh gsvr%vi usvkl & ikl dsokrkoj.k rFkk l Ei dZea vk, ykska l svi usvutko ; k rksog ekf[kd : i eackVrk gS; k vi usHkkoka dks fy [kdj vfHko; Dr djrk gS tks y[ku dgykrk gS y[ku dk {ks= 0; ki d gSD; k d fofHku 0; fDr; ka ds Hko tc vyx&vyx : i ka ea y[kuhc) gkdj dksZ l kFkZ y[ku djrs gA og jpukeuo dgykrk gA t\$ &x/k jpukeuo ds vlrxr i=] fucak] dgkuh] , dkadh] ukVd] l d dj.k vkfn vkj i | jpukeuo ds vlrxr dfork] xhr vkfnA

fucak & l svk'k; Øec) fopkjka eadh jpukeuo l sgA fucak dk fo"k; {ks= dk Qh foLrR gS; g fd l h Hkh fo"k; ij fy [kk tk l drk gA ineyky iHkyky c['kh th usdgk &

vr%fd l h Hkh fo"k; l sl a[kr fopkjka dks Øec) : i l sfy [kdj ge ml sfucak dk : i nsl drsgA fucak k , d [kkyh lykw ds l eku gS fT l sge 0; ofLFkr fgl l ka ea %t\$ sj l kb] Hkkt ud{k] 'k; ud{k] cBd] vlxu] cjenk vkfn 1/2 foHkkt r dj ml lykw dks l q; kstr nrs gAm l i dzj ge vi usHkkoka vkj fopkjka dks Øe eackkdj ml dk y[ku djuk fucak gA fu\$cdk 3/4cdk l seDr jpukeuo gh fucak gA

fucak y[ku Hkk"kk f'k{k.k dh , d i ed[k fo/kk gS tks fo | kFkZ ka ea Hkk"kk Red fodkl dh , d vko' ; d i fØ; k gS tks Nk=ka dh Hkkok Red vutkr dksu doy y[ku ds : i ea l xghr djrh gSoju vi usHkkoka dks Øe l sclakuk Hkh fl [kkrh gA bl n"V l sfucak f'k{k.k ea egROI wkZ Hkfedk dk fuokz djrs gA fucak y[ku ds i ed[k mnns ; gA &

- 1- Nk=ka ea fopkj {kerk dk fodkl djuka
- 2- muea Loræ vfHko; fDr dh {kerk dk fodkl djuka
- 3- fopkjka dks i Hkkoh <x l siLr djus dk dksky tkxr djuka
- 4- fopkjka l jy o Li"V : i ea vfHko; Dr djuka
- 5- rdZo dYiuk 'k fDr dk fodkl djuka
- 6- de 'kCnka ea T; knk l s T; knk Hko 0; Dr djuka

- 7- mfpr fojke fplgka dk iz; kx o l gh LFkkuka ij vuqNnka dk foHkketu djuka
- 8- vi usfy [ks fopkjka dk voykdu djuka

fucak

l kfgR; dh foHkku fo/kkvka ds }kjk f'k{k d ekrHkk"kk dsf'k{k d dk dk; Zdjokrk gA LokHkkfod vfHkO; fDr dk JSB ek/; e gSfucakA ftl dk vFkZfu%\$cak 3/4vPNh rjg l scak gqvk vFkkZr fdl h fuf'pr fo"k; ij fopkjka dks l pbc) djuk fucak dgykrk gA fucakka ea fopkjka dh vfHkO; fDr Øec) rFkk l oëku; Hkk"kk ea dh tkuh pkfg, fopkjka ds iLrfrdj.k ea 0; ki drk ds dkj.k gh ml sx | dh dl ksvh ekuk x; k gA fucak ds idkj & 1/4 1/2 o.kLukRed 1/2 1/2 foaj .kkRed 1/8 1/2 fopkjRed 1/4 1/2 HkkokRed fucak ds rhu vx &

- 1- Hkkfiedk ; k iLrkouk & fo"k; dk ifjp; ndj fo"k; dh vkj vkdf"kr djuk
- 2- fo"k; iL kj ; k e/; Hkkx&; g fucak dk ewy Hkkx gSftl ea fo"k;] fopkjka dk Li"Vhdj.k fd; k tkuk gA
- 2-3 mil gkj & fucak dk vire Hkkx tks l kj dgykrk gA

mnas; & f'k{k.k ea fucak fo/kk ds v/; ; u ds ied[k mnas; bl idkj gA

- 1- vfHkO; fDr dh foHkku 'kfy; ka l si fjr djuka
- 2- y[ku ea Li"Vk , oa 'kq rk ykuka
- 3- 'kCndksk ea of) dj ml ds }kjk okD; iz; kx dk fodkl djuka
- 4- rdZ , oafpru 'kDr dk fodkl djuka
- 5- fujh{k.k.kkRed 'kDr dk fodkl djuka
- 6- fopkjka ea rkjrE; rk j [kuk fodfl r djuka
- 7- l kfgR; dh foHkku fo/kkvka l si fjr djuka
- 8- l tukRed , oa ekyd 'kDr dk fodkl djuka
- 9- 0; kdj.k l Eer Hkk"kk dk iz; kx fl [kkuka
- 10- fopkjka l sLi"Vrk fodfl r djuka

fucak f'k{k.k dh fof/k; k&

- 1- fp=Red fof/k & fp= fn[kkdj tS sekj] xk; vkfn cPpka dks mu ij fopkj y[ku graqi k&l kfgR djA
- 2- izuklj & fdl h fo"k; ij Øe l sizu djrsgq ml dsmUkj '; keiVV ij fy[krs tk, vr ea Nk=ka l s mu mRrjka dks tkM+fucak ds: i ea y[ku dk; Zdjka, A
- 3- l fof/k & dN l fcnq/ka dks f'k{k d '; keiVV ij fy[k] Nk= ml ij vius fopkj fy[krs gq fucak : i nA
- 4- idpu fof/k & f'k{k d fdl h fo"k; ij Øec) : i ea idpu nrk tk;] Nk= fy[krspyA exj ; g fof/k Nk=ka ds Lo; a dh jpukRedrk dks vo:) djr h gA

i = y[ku

i = D; k gS

Hkk"kk y[ku dh ftruh Hkh fo/kk; j gSmuea i = y[ku tS k viuki u dghaughafeyrk gA ; g og ek/; e gS ftl ds }kjk 0; fDr vius l snj jgusokysfe=k i fjrprk l ac/k; kard viuh ckr i gprkrk gA gj i = eafy [kusokys dk 0; fDrRo l kdkj gkrk gA ge dg l drsgafd gekjs Hkhrj nck&fNi k 0; fDrRo mlhkdj i = ka l s >kadus yxrk gS vkusvutkusge vius i = ka ea Lo; adksmn?kfvr djrstrks gA ; gh dkj.k gSfd dbZi = vius; q d, frgkl d nLrkost cu tkrs gA vr%Hkk"kk f'k{k.k ea i = y[ku dk viuk egRo gA

i = y[ku dsmnas; &

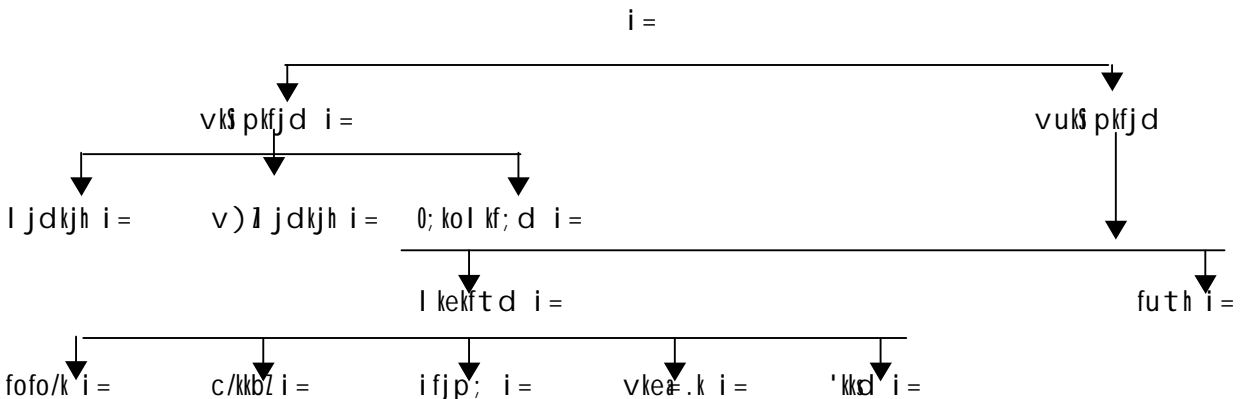
- 1- ; g , d Loræ y[ku dyk gSftl dsek/; e l scPpka dks y[ku ds fu; eka l s voxr djuk gA
- 2- mlga vks pkfjd] vukS pkfjd i = y[ku ds ckjs ea tkudkj h nuka
- 3- Li"V l kfkZl vks l kns; y[ku dk vH; kl djuka

i = y[ku ¼PN½dh fo'kkrk &

- 1- i = dh Hkk"kk l j y , oackypky okyh gkA
- 2- 'kCnka ds iz, kx Hkko vkj fo"i; kuqny gkA
- 3- i = ea y[kd D; k dguk pkg jgk gSog Li"V gkuk pkg, A
- 4- vfi z , oa vf" k"V Hkk"kk ds iz, kx l scpuk pkg, A
- 5- i = ea l a wkrk gh exj fujFKZd fooj.k l scpA
- 6- i = ea v{kjka dh dkVki hV u gk} v{kjka dh cuck V l qj gkuk l si = eu dks i l lu dj nrs gA

i = dsidkj &

fHkUu&fHkUu vol jka ij fy[kk tkusokys i = fHkUu&fHkUu idkj ds gkrs gA ge blgan l idkj l e> l drs gA



i zu&

- 1- i = dh l keft d thou ea D; k vko'; drk gA Li"V dhft, A
- 2- vks pkfjd vkj vukj pkfjd i = ka ea varj crkb, \

dgkuh

tc l sekuo bl /kjr h ij vk; k dgkuh ml dh bPNr fo/kk jgh gA bl ds fodkl ds ckjs ea Bhd&Bhd l e; crkuk rks l Hko ughafdr qge dg l drs gdf nknh ukh mudh Hkh nknh ukh ds l e; l sdgkuh pyh vk jgh gA ikphu l kfgR; ea Hkh fHkUk fp= vkj i pra= foDeckry vkfn bl ckr ds i ek.k gdf dgkuh vR; r ikphu fo/kk gA l e; & l e; ij bl ds l gu ea varj vkrk jgk gS ikphu l e; ea ekrk, nknh cPka dks dYi uk l st t/lt dgkfu; ka l qkrh Fkh FQj /kkfeZd ohjrk l sl a b/kr uhr i j [k dgkfu; ka dk nkj vk; k vc dgkuh foKku rFk uohu Kku l st t/eltj viuk i Hko cuk, gq gA ; g cPka ds eukjat u dk l cl s cMk l k/ku gA bl fy, vkt Hkh i k B'kkykvka ea bl dk iz, kx gkrk gA

ifjHk"kk & eqh i epin usdgkuh dks ¼xYi ½, d, d h j puk dgk gS tksfd l h, d va; k eukHko dks inf' kr djrh gA* dgkuh ds foHkUu pfj=] 'ksh] dFkkud ml h eukHko dks inf' kr djrs gA vr%; g, d je.kh; m | ku u gkclj l qd/kr Qnyka l s; q r, d xeyk gA
 , Mxj, yu i ks us dgkuh dh ifjHk"kk djrs gq dgk gS &
 Nks/h dgkuh, d, d h vk[; kf; dk gS tks &
 • bruh Nks/h gksfd, d cBd ea i < h tk l dA
 • tks i Hko mRi lu dj usea l eFkz gkA
 • tks vi usea i wkr gkA

dgkuh dh mi ; kkrk &

- 1- dgkuh cPka ds Kkuo/ku dk i ed[k ek/; e gA
- 2- i R; sd dgkuh ea dYi fudrk dk l eko s k gkrk gS bl l scPka dh dYi uk 'kDr fodfl r gkrh gA
- 3- cPka ds 'kCnka/kj ea of) gkrh gA
- 4- dgkuh l s?kVuk Deokj dgh tkrh gS bl l scPps 0; ofLFkr < x l sfopkj djuk l h[k tkrh gA

5- I qpsgg iil æ cPps dh Lej.k 'kDr dk fodkl djrs gA

6- Fkdk eknk vPNk dgkuh i<+vks I udj LOfirZ vks eukjatu dk vuttko djrk gA

7- dgkuh cPpkadh Hkk"kk I ef) eacMk ; ksnku nrh gA
 bl dsvfrfjDr f'k{k d pksrksbfrngl] thofu; k foKku vkfn vucl , d s{k= gâftueadgkuh dk iz ksc
 dj fo"k; dsifr cPpkadh #fp tkxr dj I drk gA fdrq; g /; ku I nâ j [kuk pkfg, fd dgkuh I k/ku ughavfi rñ
 I k/; gA
 , dka dh %
 , d \$vadh ¾ , dka dh thou dsfdl h , d i {k dk inf'kr djusokyh fo/kk gS, dka dhA
 ; g , d n' ; vks JO; fo/kk gS ftl sdkuka l sl qk Hkh tkr I drk gsvks vkvka sngkk Hkh tk I drk gA
 ; g , d ikphu fo/kk gS ftl ea0; fDr viusHkkoka dksfof'k"V gko&Hkko ds I kFk iLrñ djrk gsvks n'kd tc ; g
 vfHku; ; Dr iLrñ n[ksrsgâ rksukjatu ds I kFk&I kFk osgko Hkko dh iLrñ vfHku;] I ðkndFku vkfn I h[krs
 gA 0; ogkfjd thou eabu ; ñr; kadk cgr egRo gA
 ; rksgekjs'kj hj dk , d , d vâ vfHk0; fDr dk I k/ku gA tc , d ckyd viuh ckr dguk pkgrk gS rks
 og gkFk&isj Qdrk gA dkbZ0; fDr tks ekuf l d m}x dh n'kk ea b/kj & m/kj Vgyrk gS Øksk ea Hkka p<krk gA
 okLro ea ; g enk, j I 'kDr : i l sgekjh ckr n[jka rd igpkrh gA rHkh johUnukFk Bkdj usdgk gSfd 'gekjh
 vfHk0; fDr dh ; g 'kDr u"V ugha gkuh pkfg, A* bl fy, mlgkous cMs icy 'kCnka }jk bl ckr dk vujsk fd; k gS
 fd f'k{k ea vfHku; & dyk dks iæqk LFku fn; k tk; A
 enyr%, dka dh ukVd dk gh I ð{kr : i gS viuh vkdkj i "BHKie) dFkks dFku I ðkn] ik= rFk okrkoj .k dh n"V
 I sukVd dh vi\$kk I ð{kr gsrk gA
 mnas; %&1- , dka dh dsek/; e l s thou dsfudV vuttko l sckydk dks i jfpr djukA
 2- foijhr ifjLFkr; ka ea Hkh 0; ogkj dqky jguk fl [kkukA
 3- ekuojLoHkko o vkl ikl dsokrkoj.k dks l e>ukA
 4- vDI jkuophy vkpj.k rFk ckrphr djuk fl [kkukA
 5- I gh mPpkj.k o gkoHkko I sviuh vfHk0; fDr iLrñ djukA
 egRo %&1- , dka dh dsek/; e l svius thou ds vkl ikl ?kVusokyh ?kVukvka ij ppkZ dh tkrh gA
 2- ckyd , dka dh epu dsnkjku n[krk gSfd ik= fdu ifjLFkr; ka ea dS k 0; ogkj djrk gA D; k eS, d k dj
 I drk gA
 3- cMka vks Nks/ka dsifr ds k 0; ogkj gsk pkfg,] ckyd , dka dh dsek/; e l s Hkyh Hkkâr I h[krk gA
 4- ijLij okrkzyki vks 'kCn Hk. Mkj ea of) djusea ; g fo | k egRo i wkZ Hkiedk fuHkrh gA
 5- vkt dk fo | kFkZ dy dk ukxfjd gA vr% jktufr] /ke] I kekftd igyprka dsifr ml dsD; k nkf; Ro gA
 og bl ds ik=ka dsek/; e l s Hkyh Hkkâr I h[k I drk gA
 , dka dh cPpkadks i ; kr eukjatu ds I kFk f'k{k Hkh nrh gA vr% f'k{k dks pkfg, fd , d h , dka dh ppa
 vFkok fy [ksftl ea0; kogkfjd thou I ð{kh ?kVukvka I eL; kvka dk mYys[k gka Hkk"kk I gt] I jy] xfjeke; gka
 dFkkud dh i "BHKie etar o pfj=ka dk vfHku; I 'kDr gkS ik= I hfer gka I ðkn Nks/S eukjatu d gkaA os kHkk
 i l ækuophy gsrFk , dka dh I ksnas; gka
 I Lej.k % tS k fd uke gS I Lej.k ¾ I Lej.k ¾ ; kn fd; k gprk vFkok ; kn djuk vks mlgha ckrk
 ?kVukvka dks ; kn fd; k tkrk gS tks i ðZeagkspdh gA bl n"V I sge dg I drsgâfd I Lej.k vrhr dh Lefr; ka
 dk ys[kk&tk[kk gA
 0; fDr fo'kSk dh Lefr dk I ðnukRed fp=.k gh I Lej.k dgykrk gA tks ik; %okLrofd thou dh >ka dh
 iLrñ djrk gA thou I s t/ha ?kVuk, j iil æ fdl h 0; fDr] ik.kh vkfn I sifjp; dks I Lej.k ejs 'kCnka dsek/; e
 I sn'kkz k tkrk gA
 ik; %ge vrhr dh Lefr; ka dks ; k rksu ea l atkdj j [krs gS; k fQj bu egRo i wkZ ?kVukvka dh Lefr gekjs
 fnekx I s/kfey gks tkrh gS fdUrqbllgha Lefr; ka dks 'kCnka dks <kydj yEcs l e; rd thfor j [k I drsgA I kFk
 gh n[jka l sviuk vuttko ckW Hkh I drs gA

I lej.k dks i kB; I kexh ea 'kkfey dj v/; ki d Nk=ka l s Hkh muds thou I cakh ?kVukvkj i l aka vlg vutkoka dks cyokdj fQj fy [kokdj I lej.k dh fo/kk dks cy inku dj I drk gA

ykdkDr vlg egkojs

Hkk"kk dk I kln; Z gS ykdkDr vlg egkojs; bl l s u dny Hkk"kk I kln; E; h gkrh gS cfYd Hkk"kk ds vFk&l i Bk.k ea Hkh I jyrk vlg vkd"zk vk tkrk gA oLrq% ykdkDr vlg egkojs Hkk"kk dks I tho o 'kDre; cukrs gA dgkor] ykd i okn] fdonrh] tuJqr] xkFkk vkfn 'kCn ykdkDr dsgh fudVortzekus x, gA ; s, d vlg Hkk"kk ea i okgrk ykrh gS rks nu jh vlg egkojs Hkk"kk ea yk{kf.kdrk] vFk&fHkZ vfhkuork ykrs gA

ykdkDr & ; g tu I k/kkj.k ea ipfyr ykdifz, mfDr gS tks I kj xfhkZ gks ds I kFk&l kFk I BkItr vlg i Hkkoh gkrh gS bl dk iz kx fdl h dks minsk nus Hky dh vlg /; ku fnyku; mykguk nus 0; X; dh ehBh p/dh yus; k vi usdfku dks i ekf.kd djus ds fy, fd; k tkrk gA bl dk xqk gS; g I h/ksfny dks Nurh gA vFkdkkr-%; s; k rks/kkfebl gkrh gS; k uhfr i jda fo'kSk ckr ; g Sfd bl ga x<us okys dkbZ f'k{k tkr dsegku f'k{k fon-ugha oju xkp ds Hkys & Hkys xkeh.k tu gS tks vi us yecs vutko ds vk/kkj ij bl ga jprsgA tS s& dkbZ vYi k tc vi uh cf) eRrk ij brjk jgk rks ml I sbruk Hkj dg fn; k tk; s& ^v/ky xxjh Nydr tk; S rksog p/y Hkj i kuh ea Hkys gh uk Mms exj ml ij ?kMka i kuh vo'; i M+ tkrk gA

egkojk & ; g vjch Hkk"kk dk 'kCn gS ftl dk 'kkfCnd vFkZ gS'egg ij p<h gPZckr nqhp n usegkojs dks ifj Hkk"kr djrsgg dgk gS& fdl h Hkk"kk dk , d k ipfyr 'kCn vFkok okD; k'k tks fo'kSk < x I s iz qR gkdj vi us I k/kkj.k vFkZ I sfoy{k.k vFkZ i dV djrk gS egkojk dgykrk gA* fgluh dh fo'kky i kpu 'kDre usvjch Hkk"kk ds bl 'kCn dks vkr l kr dj fy; k gA bl dh fo'kSk gS; g ftl : i ea gkrk gS ml h : i ea jgrk gS ; fn bl ds : i ea ifjorZ fd; k tk; srks bl dk I kln; Z vlg i Hkko I ektr gk tkrk gA fdlurq bl dk iz kx Loræ u gkdj okD; ka ds chp eafd; k tkrk gA tS sfdl h I hfer oLrq dks i kusokys cgr ykx gkarks ckr dks I h/k&l h/ksu dgrsgg dgæ s & ^, d vukj I kSchekj^A

ykdkDr vlg egkojseavrj &

- 1- ykdkDr i wZ okD; gS tcfD egkojk okD; kAk ds : i ea iz qR gkrk gA
- 2- ykdkDr dk iz kx I nD , d gh : i ea gkrk gA tcfD egkojæ eafD; k in ifjofrZ fd, tk I drsgA
- 3- vFkZ dh nFV I s Hkh ykdkDr Lor% ea i wZ gkrh gS tcfD egkojk okD; kfJr gkrsgA
- 4- ykdkDr eafD; k dHkh vkfn dHkh e/; rks dHkh vr ea gkrk gS tcfD egkojseafD; k ugh gkrhA

i k B x r i z u &

- 1/4 1/2 ; g fplg 1/2 1/2 fdl fojke fplg dks 0; Dr djrk gS&
- 1/4 1/2 vYi fojke 1/2 1/2 v) fojke 1/4 1/2 foLe; ckdkd 1/4 1/2 iz u fplg
- 1/2 1/2 I Loj okpu dk vFkZ gS&
- 1/4 1/2 o; i wZ xk; u 1/2 1/2 og vak dk vuqFku 1/4 1/2 fyf [kr Hkk"kk dk //ou; kRed i kB
- 1/4 1/2 /ofu fu; eka ds vuq kj Lojka dk mPpkj .kA
- 1/8 1/2 cPpka ds 'kCn & Hk. Mkj ea of) djus dh i edk i fof/k gS&
- 1/4 1/2 , dkyki 1/2 1/2 foyki 1/4 1/2 I yki 1/4 1/2 okrkkyki A
- 1/4 1/2 fuEukDr ea I s dks I k 'kCn I gh gS&
- 1/4 1/2 ngyHk 1/2 1/2 ngyHk 1/4 1/2 ngyHk 1/4 1/2 ngyHk
- 1/5 1/2 Nks/h d{k kvka ea jpu f'k{k.k ds fy, I okZ/kd mi ; qR gS&
- 1/4 1/2 fjDr LFku dh i frZ 1/2 1/2 iz ukSkj 1/4 1/2 fp= o.ku 1/4 1/2 fucdk y[kuA
- 1/6 1/2 I qkPp dk I gh vFkZ gS&
- 1/4 1/2 I qkSy y[k 1/2 1/2 I qkB; y[k 1/4 1/2 I q Buh; y[k 1/4 1/2 I y[ka
- 1/7 1/2 f'k{k.k dh JSB i fof/k gS&
- 1/4 1/2 iz u i fof/k 1/2 1/2 vH; kl i fof/k 1/4 1/2 vuqj .k i fof/k 1/4 1/2 bdkbZ f'k{k.k i fof/k
- 1/8 1/2 Hkk"kk ds ekS [kd f'k{k.k dk vH; kl fdl fD; k I s i k j Hk fd; k tkrk gA
- 1/4 1/2 okrkkyki 1/2 1/2 Hkk"kk .k 1/4 1/2 y[ku 1/4 1/2 okD; jpu

1/0 1/2 Hkk"kk; h dksky eaf'k{kcd dk iedk vak gS&
 1/4 1/2 Jo.k dksky 1/2 Hkk"kk.k dksky 1/4 1/2 okpu dksky 1/4 1/2 y[ku dksky
 1/4 0 1/2 Nks/h d{kkvka ea; kn djkus dh l cl smi; q'r l kexh gA
 1/4 1/2 dgkuh 1/2 dfork 1/4 1/2 i = y[ku 1/4 1/2 l aklBhA

bdkbz l kj %

fdl h Hkh Hkk"kk dksHkyhHkkar l e>Uks dsfy, Hkk"kk; h dksky dk fodkl cgq vko'; d gA vr%fo | kffkz ka
 dsHkk"kk; h dksky dks1/2 Jo.k] vfhko; fDr] okpu] y[ku 1/2 ds sfodf l r fd; k tk; } bl graqdksky dh l eLr fof/k; kj
 mudh fo'kSkrvkva dk iLrq [k.M ea l eko k fd; k x; k g} f'k{kcd Nk=ka dh Jo.k {kerk dks l q<+djus dsfy,
 okrkzyki] ; k=k o.ku] dgkuh] dfork vkfn dk fdl rjg iz kx djA oghavfhko; fDr dsfy, f'k"Vkpjkud kj Hkk"kk
 dk iz kx] ckr dksvko'; drkuq kj l qki vj foLrkj l ds dsdg okpu dsnkjku vuqj.k /ofu l ke;] Lojkkpkj.k
 fo | kffkz ka dh y[ku {kerk dks izy cukus fof/k; ka dk fdl rjg iz kx djA
 fo | kffkz ka dh y[ku {kerk dks izy cukus graqmlgal qkP; y[ku graqds si kkl kgr dj} l kfk gh Hkk"kk eaykdkDr
 egkoj} fojkefplgka vkfn dk iz kx ds sdj} bu l Hkh fo"kk; ka ij l qki ea ppkz iLrq gA

vkRe ijh{k.k izu %

- 1- fglh Hkk"kk y[ku ea dks&dks l sfojke fplgka dk iz kx fd; k tkrk gA
- 2- l Loj okpu dh iedk i fof/k; ka dk l qki ea o.ku dhft, A
- 3- Hkk"kk.k dksky dk D; k vk'k; gA okrkzyki dk Hkk"kk dsfodkl ea D; k ; ksnku gA
- 4- Jo.k dksky vH; kl] l kexh dk l qki ea o.ku dhft, A
- 5- y[ku dksky ds ; ka=d i {k l svki D; k l e>rs gA

fu; rdk; 2%

- 1- fofHku Hkkf"kd dkskyka dksvki viusvuHko ds vk/kkj ij dks l sDe ea j [kuk pkg& viusfe=ka l sHk
t kuus dk iz kl djA
- 2- ?kVuk vFkok ; k=ko.ku dks iHkko cukus graqbuds iLrqrdj.k ea vki D; k ifjor ku djuk pkgA
- 3- /ofu l ke; dsfofo/k 'kCnka dks NkVdj , d l ph r\$ kj dhft, A
- 4- vius l lej.k dks y[ku ds : i ea l xgr djA
- 5- ykdkDr; ka vj egkojka ds ek/; e l s Nks&Nks i l x r\$ kj dj v/; ; u l kexh r\$ kj djA
ppkz , oaLi "Vhdj.k fclnq%-----

mRrjekyll &

5&2	11&4	16&3
1&4	12&4	17&1
7&1	13&4	18&1
8&4	14&2	19&1
9&3	15&1	20&2
10&3		

ukv% vkRe ijh{k.k izuka ds mlkj Nk= bl i k B ds v/; ; u , oa vH; kl ds vk/kkj ij Lo; a [kkyus dk iz kl djA

i = kpkj i kB; Øe

ek/; fed f'k{k e. My] e/; i nš k]
Hkš ky

¼kj k I ok/kdkj I jf{kr½



fMykek bu , T; øšku
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fgUhh Hk'k f'k{k.k
iB I ; k 1 I s5



i=kpkj iB; Øe
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½kj k I ok/kdkj I jf{kr½
fMykek bu ,T; qfSkuj i jh{k
i Fke o"Z

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iB&6

fo"K; k&k&

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- /ofu I kE; fof/k]
- I qks vk\$ ckyk\$
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- bdkbz f'k{k.k]
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- vH; kI fof/k]
- U; wure 'kCn ; kE fof/k]
- O; frjdh fo'ySk.k fof/k
- vkxeu , oa fuxeu fof/k]
- Hk"kk f'k{k.k vk\$ I økn]
- Hk"kk f'k{k.k ea fp=ka dk mi ; kx]

c- Hk"kk f'k{k.k dh fofo/k fo/kvka ea Hk"kk f'k{k.k

- dfork o Hk"kk f'k{k.k]
- x | , oa Hk"kk f'k{k.k
- O; kdj.k , oa Hk"kk f'k{k.k]
- , dkadh , oa Hk"kk f'k{k.k]
- dgkuh , oa Hk"kk f'k{k.k

fi z; Nk=w; ki d]

fi Nys iB ea vki us bdkbz i kp ds vUrxZr Hk"kkbz dksky ds vUrxZr Jo.k dksky Hk"kk dksky] okpu dksky y\$ku dksky jpuk dksky rFkk egkoj sykdksDr; ka dsckj sea i <ka bl iB eage f'k{k.k i fof/k , oa Hk"kk f'k{k.k dh fofo/k fo/kvka ea f'k{k.k dsckj sea i <ka

iLrkouk

oLrqr% Hkk"kk f'k{k.k vU; fo"K; ka dsf'k{k.k l sfHkUu gS vr%bl dsf'k{k.k dh ifof/k; k; Hkh iji jkxr f'k{k.k ifof/k; ka l s dN vyx gA buea dN f'k{k.d izkku gS rks dN ckyd sUrA ; wHkh Hkk"kk l h[kuk euf; dh tletkr i dFuk gS fo | ky; ea i Bu&i k Bu gsrq Hkk"kk gh l 'kDr ek/; e gA fdUrq ckyd dS s Hkk"kk f'k{k.k dja vFkok fdu fof/k; ka l smUgaf'k{k.k dj k; k tk; bl gsrq Hkk"kk fonkaus Kku ds vk/kkj ij vud f'k{k.k ifof/k; ka dk fodkl fd; k gA; si fof/k; kaf'k{k.d }kj dh tkusokyh osfØ; k, agSftuds }kj og ckyd dsfy, l h[kusdk okrkoj.k cukrk gA bruk gh ughaog Nk= dh d{k} ml dsekuf l d Lrj rFkk ml ds okrkoj.k ds vuq i gh f'k{k.k dh ifof/k; ka dk iz, sX djrk gA bu ifof/k; ka dks vi ukus l sf'k{k.k l jy] : fpdj vSj vkunmk; h gks tkrk gS ckyd Hkh v/; ; u ea c<p<+dj : fp yrs gA

blghafo' kSkrvka dks n[krsgq iLrqr v/; k; eabu ifof/k; ka rFkk fofo/k fo/kk vka eabuds iz, sX dks n'kiz k x; k gA

mīs ; & 'kkyk ea izsk djrs l e; cPpk vi uh HkkokFHO; fDr eadkOh gn rd l eFkZgkspplk gsrk gS fdUrq ml l e; ml dh vi uh nfu; k gsrh gS vi usvukko dh Hkk"kk gsrh gA fdUrq fo | kky; vkus ds i' pkr-Hkk"kk ds Lo: i ea v rj gks tkrk gS yfdu l h/k&2 KkuktZu djuk ckyeu dks : fpdj ugha yxrk ml gA Hkk"kk fl [kks gsrq Nks/&Nks/s [ky vSj xrf'of/k djkbz tkrh gS rkd cPpsbl sckf>y vSj uhj l u l e>dj : fp ds l kFk l h[krsgA iLrqr i k B; Øe eabu ifof/k; ka dk l eko k bl h mīs; dks y{; dj fd; k x; k gS bl ea u dpy os Hkk"kk dks vkl kuh l sfy [k i<+ l dks oju-fo | kFkz; ka ea Hkk"kk dh cfu; knh n{krkvka dk fodkl Hkh gksckA

bl ds l kFk gh l kfgR; dh foHkUu fo/kk vka dk vi uk egRo gsrk gS bu fo/kk vka l s fo | kFkz; ka dks mfpr ifof/k dsek/; e l svoxr djuk i k B; Øe dk mīs; gS vSj ; g rHkh l Hko gS tc f'k{k.d dks Hkh bu ifof/k; ka dk mfpr Kku gS vr% i R; d fo/kk ds l kFk ml ds v/; ki u gsrq i k B; kstuk Hkh iLrqr dh xbz gA

v & f'k{k.k ifof/k; k

Hkk"kk f'k{k.k vU; fo"K; ka dsf'k{k.k l sfHkUu gA vr%bl dsf'k{k.k dh ifof/k; k; Hkh iji jkxr f'k{k.k dN fHkUu gS buea dN f'k{k.d izkku gS rks dN cky izkku gA f'k{k ds {ks= ea gq vud uohu vUoS.k. kka vSj iz, sX ka ds d k .k ckyd sUr f'k{k dk fopkj izy gS x; k gA ckyd dh : fp {kerk vSj ekuf l d Lrj ds vk/kkj ij vyx&2 f'k{k.k i) fr; ka dk iz, sX fd; k tkrk gA buea i d [k ifof/k; k; fuEukuq kj gA

/ofu l kE; fof/k & fglnh f'k{k.k ea/ofu l kE; ifof/k dk mi; sX l qus vSj ckyus dh ; kX; rkvka vSj dksky ds fodkl dsfy, fd; k tkrk gA cPpka ea vuqj.k dh i dFuk gsrh gS os tS k l qrs gS oS k ckyrs gS /ofu l kE; ifof/k ea vuqj.k vSj vH; kl nku kagh fØ; kvka ds ek/; e l s l qus vSj ckyus dh ; kX; rk dks fu [kj k tkrk gS os Li "V k Pkj] mfpr y;] Lojk/kkr] cyk?kkr ds l kFk ckyus dk vH; kl rFkk vFkz folhn djus ds l eFkz gks tkrk gA tS &ty] dy] iyA jru] tru] oru [ku] Åu ekyh] tkyh] dkyh HkS k] xS k] eSk pnU] vpy] ppy@QDdMf yDdMA

/ofu l kE; fof/k l s l quso ckyus dh ; kX; rk&

1- /ofu l qus vSj ml eaHkn djuka tS } b&b] m&Å] l &'k] N&{kA

- 2- fglnh dh l Hkh /ofu; k̄p Loj] 0; at u] i} K] {k vkfn dk 'k̄p mPpkj .kA
- 3- f}v{kjh;] r̄v{kjh;] 'k̄n l uuk] ckyuk] ek=k dksi gpk u dj mPpkj .k djuk t\$ &fdl &f?kl] gkFkh&l kFkh] vky&HkkywvkfnA
- 4- cPpka ea ckyus dh f>>d nij djukA
- 5- l a p̄rk{kj] vuukf] vuukf] d 'k̄nka dk l gh mPpkj .k djukA
- 6- fcuk vVds o i dkg; p̄r ckyus dh ; k̄; rk dk foLrkj djukA
- 7- vuuk] cyk?kkr] Lokj?kkr o 0; kdj .k l Eer ckyus ; k̄; cukukA
- 8- l kfgR; dh fofHku fo/kkvka dks l u d j l e>us dh ; k̄; rk dk fodkl djukA
- 9- vius l kFk; ka l s l j y fo" k; ka i j okrk̄y ki dj l dukA
- 10- Jkrk v̄s̄ oDrk ds f'k"Vkpj dk ikyu dj l dukA

l q̄kav̄s̄ ckyk s i fof/k& ; g fof/k rhu i d k j l s f'k{k.k ea iz s x ea y kb z t k r h gA

- 1- f'k{k d Lro] 0; at u] 'k̄n] o k D; vkfn dks Li "V ekud Hk"kk e} l gh mPpkj .k cyk?kkr] Lokj?kkr] vuuk] mPprk] fojke fplgka ds l kFk okpu djrk ḡs cPps /k̄s̄ i d̄ Jkrk ds : i eamu fun̄kka dks l u d j mudk vu d j .k djrs gq l h [kh g p z l kexh dk 0; ogkj ea iz s x djrs gA
- f'k{k d d {kk ds d n̄ ckydka dks p u d j mul s l gh okpu djus dks dgrk g s v̄s̄ ckdh cPps ml dk ikyu dj vu d j .k djrs gA

- 2- f'k{k d ; k̄=d l k/kuka t\$ & j s M; k̄p Vi vkfn dh enn l s cPpka dks d n̄ l u k r k g s v̄s̄ o s k gh ckyus dks dgrk gA bl l s ckydka ds mPpkj .k l a d kh nkSk /kh & 2 nij gkr s pys tkr s gA

l q̄kav̄s̄ ckyk s i fof/k dk iz s x &

- bl fof/k dk iz s x cPpka ea fuEuk̄adr ; k̄; rkvka dk fodkl g r q djuk l Hko gkrk g&
- 1- l Hkh /ofu; ka dks l u ml ea foj k̄k djuk 'k̄p mPpkj .k o l a p̄rk{kjka ds 'k̄nka dks tku l dscka
 - 2- 0; kdj .k dk l Vhd Kku gksuk] ckyusea f>>d nij gksukA
 - 3- /; kui p̄z l u u s̄ ckyuso l e>us dh ; k̄; rk dk fodkl djukA
 - 4- fcuk vVd s̄ /k̄jki dkg fd l h l sokrk̄y ki dj i kukA
 - 5- fofHku fo/kkvka dks gko&Hkko o i w z v f Hku; rk ds l kFk cky i kukA
 - 6- fofHku ep̄k v̄k̄ Hkko Hk̄xekvka dk Kku gksukA
 - 7- ckyrs l e; fglnh dsekud Lo: i dk iz s x djus ; k̄; cukukA
 - 8- l u h g p z ckr i j i z u djuk mudk m̄k̄j n̄s̄ ; k̄; cukukA
 - 9- u, l h [k s x, 'k̄nka dk iz s x dj i kukA
 - 10- fopjka dks Øec) : i l s 0; Dr djus ea l eFkz cukukA

n̄ k̄s̄ v̄s̄ dgk s i fof/k& bl ea ckyd n' ; v̄s̄ Jo .k nkuka gh b̄n̄z ka dk mi ; s x djrs gq Hk"kk l h [krsgA bl ea

n[kdj ckyusds l kfk ckyd i <useaHkh muds dksky dksfodfl r djrk gA bl fof/k }kjk /ofu fyfi fplgka dks i gpkuuk v[š mudk mPpkj .k djuk l e>uk] vfkzkg .k djuk cPpkadsfy, l Hko gksckA ; g i fof/k e[š kd dksky dsfy, cgr mi ; kxh l kfc r gkrh gA

vuđj.k i fof/k& bl fof/k dk iz kx ik; %Hkk" k.k v[š okpu dksky dsfodkl dsfy, fd; k tkrk gA bl ds l kfk y[ku dksky gsrqHkh ; g i fof/k iz kx ea ykbz tkrh gA ; Fkk&

Jo.k o Hk" k dksky& f'k{kd ckyrsgšckyd l qrs gA f'k{kd dk okrkzyki] dgkuh dFku] ?kVuk o.k[š] vuHko dFku] n" ; o.k[š] fp= o.k[š] dk0; i kB] 0; k[; ku] iz ukškj vkfn ds vk/kkj ij os vuđj.k dj vi uk Hkk" k.k dksky fodfl r djrsgA bl ds l kfk gh bl i fof/k l sckyd ekud Hkk" k dk iz kx] f'k"Vkpjkud kj Hkk" k dk iz kx] Hkk" k.k ea Li"Vrk] xfr'khyrk] Øec) rk] i HkkokB i kndrk] egkojnkj Hkk" k dk iz kx] f'k"Vkpjk ; q r] l jy , oa LokHkkfod Hkk" k dk iz kx djuk l h[krs gA

okpu v[š y[ku dksky& ckyd vi us f'k{kd] i fjokj ds l nL; , oa fofHku ; æ dsek/; e l sokpu dksky l h[krk gSft l dsfy, og /ofu l kE;] dFku o.k[š] vkfn fof/k; ka dk Hkh l g; kx yrk gSi fj.kke Lo: i ml dk okpu 'kq' v[š i fji Do gsrk gS v[š] 'kq' okpu 'kq' y[ku ea l gk; d gsrk gA

y[ku dksky& y[ku dksky ea oržh v[š] fojke fplgka dk iz kx egroi wkz gSft l sckyd vuđj.k l sl h[krk gA tš &

- 1- l ery Hkfe ij ckywjk[k ; k /kny fcNkdj r tžh vaxyh l s v[kj cukukA
- 2- jaxhu pkkB] l si Vjh v[š] Q'kz ij fy[kus dk vH; kl djukukA
- 3- x[šs ij Fkekz dksy] lykflVd] ydMh vkfn ds VqdMka dks tkM[đj v[kj cukukA
- 4- i qrd ds v[kj ka dks n[kdj mudk vuđj.k djrs gq v[kj cukukA
- 5- ' ; kei V ij /khj&/khs' kOn fy[kuk] ckyd gkfk dk vuđj.k dj Lo; afy[kuk l h[kakA

bdkbz f'k{k.k & bdkbz l srkRi ; Zfo" k; l kexh dk foodi wkz <æ l sfd; k x; k foHktu gsrkfd f'k{kd fu/kkzjr l e; ea l qo/kk; q r i <k l ds v[š] fo | kfkz vi škr Kku dks vf/kxe dj l dA bl rjg dbz bdkbz; ka l sfeykdj i kB; fo" k; curk gSi k; % , d fo" k; eanl f'k{k.k bdkb; k; gkrh gA ftlgs30 l s45 feuV ds, d dky [kM] ea f'k{kd dks i wkz dj uk gsrk gA bl h l e; kof/k ea f'k{kd ckydka dk eW; ka du i jh{k.k Hkh djrsgarkfd f'k{k.k l kexh v[š] vf/kxe ds l æk ea jgus okyh dfe; ka dsfy, mi pkj kRed f'k{k.k dj k; k tk l dA

bdkbz i fof/k dh fo'kkrk, &

- 1- ; g ; lstuk f'k{k.k o vf/kxe l ækh dk; k dks Øec) : i l sfu/kkzjr l e; kof/k ea i jk djus dk dk; Že i Lr r djrh gA
- 2- f'k{k.k ds l kfk eW; ka du i fØ; k ds pyrs bl i fof/k ea vojšk dh flFkr ugha jgrh gA

- 3- ckyd f'k{k d }kjk fu/kkZjr bdkb; ka dks HkytHkkAr I h[krsgSrFkk v/; ki u ds ifr mudh : fp cuh jgrh gA
- 4- bl ea detkj vSj fi NM s ckydka dks mudh detkSj; ka tkuus dk vol j feyrk gA
- 5- bl ea l eflor Kku vSj 0; fDrRo dk fodkl I Hko gsrk gA
- 6- bl ifof/k }kjk 'ku&2 I Hkh dkskyk {kerkva vSj Kku ds mIs; ka dks i klr fd; k tkuk I Hko gsrk gA
- 7- f'k{k d fdl h , d ifof/k l scdkk ughajgrk I kFk gh fofHku I gk; d l kexh dk iz; kx vf/kd I svf/kd I Hko gsrk gA

izu ifof/k& ; g f'k{k.k dh l cl sikphu izkkyh gA ftl eardz Dr <ak l sckydkadh ftKkl k dksrlr dj muds fpru dk fodkl fd; k tkrk gScPpsik; %viusekrk&fir vSj fo|ky; o l kFk; ka l sik; %izu i NrsjgrsgvSj mudk mUkj tkuusgrq0; kdy jgrsgA

Hkk"kk f'k{k.k ds nSj ku f'k{k d izukSj ifof/k l sokrkyki dj ckyd l izu i Ndj mul sviSkr mUkj i klr dj , d vSj mudh f>> d nij djrk gSoghamlgafopkj 0; Dr dj viuh ckr dguk Hkh l h[kkrk gA tS &vkt rE dgk; ?kæuk pkgrsgks \

vkt ea igysidZ tkuk pkgrk gpfQj ogk; l sokSvax dsfy, tkuk pkgpka

bl h izdkj NkV&2 izu i Ndj v/; ki d ml sfy [kus dks dg l drk gA tS &rE fdl d {kk ea i <fsgks eS d {kk rhu ea i <f k gA

rEgkjs fo|ky; dk uke D; k gS \ ejs fo|ky; dk uke deyk ug: fo|ky; gA

bl h izdkj dbZizuka dks Oe l si Ndj , d fucdk vFkok vuqNn rSj kj fd; k tk l drk gA tS & ; g xk; gA bl ds pkj iSj gA nks l hax vSj , d iNj gsrh gA xk; nkk nrh gA bl ds xkSj l s [kkn curh gA vkfn-----

izukSj ifof/k i kFkfed vSj i wZek/; fed nksuka gh Lrj dh d {kkvka eajpuk] yS ku dksky dsfy, rks mi ; kxh jgrh gA l kFk gh cPpka ds fparu vSj dYiuk 'kfDr ds fodkl ea Hkh l g; kxh gsrh gA

vH; kl fof/k& ; g ifof/k Hkk"kk f'k{k.k ea cgr egRoiwZ gA ; g ifof/k l eLr dkskyka ds fodkl ea l gk; d gsrh gA D; kAd fcuk ckj&2 l uS ckyS i <vSj fy [ks Hkk"kk; h dkskyka ea n {krk gkl y ughagks l drhA Nks/h d {kkvka ea bl hfy, cPpka ds fy [kus vSj i <us ds vH; kl ij fo'kSk cy fn; k tkrk gA f'k{k d }kjk cPpka dks gkFk i dMedj fy [kus dk vH; kl] v {kjka dh /ofu; ka d k mPpkj .k vH; kl bl hfy, dj k; k tkrk gA

vH; kl i fof/k dh fo'kSk, &

- 1- bl ds }kjk l uS i <uS o fy [kus grq/; ku dSUnr gsrk gA
- 2- ckyd f'k{k.k dk; Z vSj l h [kus ds ifr l fO; jgrk gS vSj v/; ; u ds ifr mudh : fp cuh jgrh gS \
- 3- ckyd ea viuh detkSj; ka vSj =fV; ka dks igopku mlganij djus dh {kerk dk fodkl gsrk gA
- 4- ml dk ' 'kkj hfjd] cS) d o l kelftd fodkl gsrk gS ml ea vkrE&fuHk]rk dk fodkl gsrk gA
- 5- ckyd idkg; Dr cky] i <vSj fy [k l drk gA
- 6- vH; kl dk; Z cPpka dks l kFkd xrfkof/k; ka ea 0; Lr j [kdj mlga vuad cjk b; ka l scpkrk gA

vxu vSj fuxeu fof/k& v/; ki u ds nSj ku f'k{k d dks; g /; ku j [kuk pkfg, fd i R; d ckyd dk ekuf d Lrj , d l k ughagks kA dN Nk= fo" k; oLrqds l k/kj .k l sl k/kj .k fu; eka dks l h [kuseavl eFkZ vSj vl gk; egl \

djrs gðvr%, d seafu; e crk, fcuk gh Nk=ka dks Hkk"kk f'k{k.k djk; k tkrk gð ; Fkk fuEu ek/; fed Lrj ij cPps dk Hkk"kk ij i; klr vf/kdkj gks tkrk gSftl I sos Hkk"kk ds I jy fu; eka dks I h[kus dh fLFkr eavk tkrk gSfdUrq bruk ughafd I Kk] I oZuke] fo'kSk.k vkfn ds Hknka vksj mi Hknka dks I e> I ds; g Hkn ek/; fed 1/2mPp½ d{kkvka ds fy, mi s kxh jgrk gð vr%bl fLFkr ea f'k{k.k gsrq fuEu izkkyh iz kx ea ykbz tkrh gð

1- fuxeu izkkyh& bl izkkyh ds vLrxr Nk=ka dks igysfu; eka I svoxr djk; k tkrk gSfQj mngkj.k ndj ml dk Li"Vhdj.k djk; k tkrk gð cPpsfcuk fu; eka dsckjs ea I e>sfok; oLrq dks jV yrs gð nll js'kCnka ea; g izkkyh vKkr I sKkr dh vksj] mngkj.k I sfu; e dh vksj tkrh gS tksfd f'k{k.k I #ka ds foijhr pyr h ea Hkk"kkfon-bl sveukoKkfud ekurs gð

2- vlxu izkkyh& fuxeu izkkyh ds Bhd foijhr bl izkkyh ea Nk=ka ds I Eedk mngkj.k iLrq fd, tkrsgS fQj bu mngkj.kka dk fo'ySk.k dj mudh I gk; rk I sNk=ka I sfu; e fudyok, tkrsgSfQj i q% mngkj.k iLrq dj fu; e dk ijh{k.k fd; k tkrk gSbl izdkj bl izkkyh ds pkj mi fu; e gS 1/4½ mngkj.kka dk iLrqrdj.k 1/2½ mngkj.kka dk fo'ySk.k 1/8½ fu; ehdj.k vksj 1/4½ ijh{k.k

; g izkkyh i wkr%eukoKkfud gSD; kfd ; g I jy I sdfBu dh vksj Kkr I svKkr dh vksj] LFky I sl (e dh vksj) fo'k"V I sl keku; dh vksj f'k{k.k I #ka dk pkyu djrh gð ftl ea Nk= vi usvutko ds vk/kkj ij 0; kdj.k dsfu; eka dks I h[krsgð vr%bl izkkyh I sik; k Kku Nk=ka dsekul iVy ij yasl e; rd vidr jgrk gð vjHk I svar rd I h[kus ds ifr mudh : fp cuh jgrh gð I kFk gh mlga I h[ks Kku dk fujh{k.k] fparu , oal keku; hdj.k djusdk vol j feyrk gð ftl I smudk ekul d fodkl gsrk gSbl nFV I sxgu v/; ; u gsrq; g izkkyh I oZSB ekuh xbz gð bl snks : i ka ea foHkkftr fd; k x; k gð

1- I# izkkyh& ftl eafu; e dks I # : i ea ifjofr dj fn; k tkrk gð ftlga Nk= fcuk I kps I e>sjV yrs gð fdUrqveukoKkfud fof/k gks ds dkj.k bl dk iz kx Nk/h d{kkvka ds fy, mi ; q r ugha gsrka

2- fdrk izkkyh& bl ea 0; kdj.k vkfn dsfu; eka dk Kku djus ds fy, i qrdagkrh gð ftl ea, d v/; k; ds iR; d fu; eka ds mngkj.k vH; kl I fgr fn, gsrsgð i qrd I gk; d dh Hkkiedk dk fuokg djrh gSfdUrq bl ea Hkh Nk=ka dks fujh{k.k] fparu vksj fu; ehdj.k dk vol j ugha feyrk gð bl izkkyh I s 0; kdj.k dsfu; eka dks I h[kus ds ckn Hkh cPps budk iz kx djusea I eFkz ugha gks i krð

Hkk"kk f'k{k.k vksj I oln

nks i k=ka dschp gks okyh okrkd; k ckrphr dks I oln dgrsgð 0; fDr vi usfopkjka; k Hkkoka dks 0; Dr djrs dsfy, I oln dh I gk; rk yrk gStks I oln ftruk I tho] I kekftrd vksj jkpd gksk og mruk gh vf/kd vkd"kd gkska ; g I oln gh 0; fDr ds 0; fDrRo dks i Hkkoh cukrsgð I Hkk eam I s I Eekfur djkrsgð vr%v/; ki u dsnkj ku Nk=ka I sijLij I oln ifØ; k djkrsgjuk pkfg, A I oln ds sgk rFkk I oln djkr I e; fdu ckrka dks/; ku j [kuk pkfg, vPNs I olnka dh D; k fo'kSk.k, agksuh pkfg, bl ckjs ea f'k{k.k dks pkfg, &

- 1- I oln Nk/s gka Li"V gka
- 2- ml dh Hkk"kk I jy gksuh pkfg, A

- 3- I ðknka ea LokHkkfodr k ds I kFk&2 I thork vls jkpdrk gksuh pkfg, A
- 4- I ðknka ea iðkgrkj Øec) rk rFk rdZ I Eer fopkj pkfg, A
- 5- I ðkn Nk=ka dh cksk(kerkuþhy gksus pkfg, A
- 6- I ðknka dk vkjHk vls vr jkpd gksuk pkfg, A

bl ds vfrfjDr f'k{k d Nk=ka dks I ðkn fy [kus gsrq i fjr dja r kfd cPpka dh dYi uk 'kDr] I 'tukRed 'kDr o rdZ kDr dks fodfl r djus dk vol j feyA bl ea dgkuh] , dkadh vls ukVd vkfn I sHkh I ðkn ysdj cPpka I s lys djok, A tS &tkuojk i 'k& i f{k; ka ds ckjs ea ckrphr] cktkj & cktkj] i Mks & i Mks] nks fdl kuks 0; ki kfj; k fe=ka ea ijLij ppkz dsfy, Hkh I ðkn rS kj dj k, tk I drs gA

Hk'k f'k{k.k ea fp=lædk mi ; ks&

f'k{k.k ds nks ku iz ðr v/ ; ; u I kefxz ka ea fp= cgr egROI wkz gA D; kfd ; g , d n' ; I kexh gsvls os s Hkh cPpka dks fp= ds i fr vf/kd yxko gsrk gA vkt dbz vk/kfud n' ; I kexh mi yC/k gS tS &Vsyhofotu ij fn [kkbz tkuh okyh dbz fQYe] pyfp=] ohfM; ks pkv i lrdA ftuea fp=ka dks n[krs gh cPpka dseu eaml ds i fr dN fopkj mBrs gSftlga 0; Dr djus dh icy ftKkl k ml ds vfhk0; fDr dks ky dks I q<+cukrh gA og fp= dk o.ku djrk gS ml dsfy, I kFkd 'kCnka dk iz ks djrk gA I q) rjhds I svi usfopkj 0; Dr djus yxrk gA fp= I s l æ/kr dN I dsr ndj okD; ka dh jpkj Hkh djkbz tk I drh gA ; Fk esy d k fp= fn [kykdj mlga dN 'kCn I dsr@' ; kei V ij fy [k fn, tk; tS & ncku] > y] dks D; k dj jgk gSefgyk D; k [kjh jgh gS cPp k D; k n[k jgk gsvkn Øe I sfn, tk, ftudsmkj Nk= igysckydj fQj fy [kdj nA r kfd fcuk i < sckyd fp= ds ckjs eavi usfopkj 0; Dr dj ik, A ; gh dkj .k gsfvkt Nks/h d {kkvka dh i lrdka ea vf/kd I svf/kd fp=lædk I ekosk fd; k tkrk gA ; s v/ ; ki u i f0; k dks I jy cukus ds I kFk& I kFk ml s : fpi wkz Hkh cukrs gA

fp=fof/k ds xqk&

- 1- ; g i) fr fp=kRed gksus ds dkj .k cPpka dsfy, rks vkd'kd gS gh f'k{k dka dsfy, Hkh vf/kd I qo/kk tud gA
- 2- fp= ds }kjk fn; k x; k f'k{k.k cPpka ij xgjjbz I s i Hkko vdr djrk gA
- 3- ; g fof/k euk&kfud gSftl ea igys n' ; fca fQj fopkj fca rri 'pkr Hkko fca cukrs gA
- 4- cMh d {kkvka ea Hkh ; g fof/k iz ðr gsrh gS ; Fk /ofu ; æ i < krs I e; eqk fooj ds ckjs ea tkudkj nss gsrq dkQh ennxkj I kfer gksA

iBxr izu bdkb&v

fuEufyf [kr okD; ka dsfy, I gh mukj pvdj fyf [k, &

- 1- b/kj & m/kj] Åu & [ku fdl f'k{k.k i fof/k }kjk fl [kk; k tkuk mi ; ðr g&
- v- vuqj .k i fof/k c- /ofu I kE; i fof/k
- l- vH; kl i fof/k n- n[kks vls i < ks i fof/k
- 2- Hk'k dh eks [kd vfhk0; fDr ds fodkl gsrq I okz/kd mi ; ksch f'k{k.k i fof/k g&
- v- n[kks vls cksyks i fof/k c- I qks vls cksyks i fof/k
- l- /ofu I kE; i fof/k n- vH; kl i fof/k

- 3- fp= o.kū grqfdl f'k{k.k ifof/k dk mi ; kx djuk mfpr g&
 v- n[ks vkš dgks ifof/k c- /ofu l kE; fof/k
 l- vuqj.k ifof/k n- vH; kl fof/k
- 4- fy[kkoV dk l qkB; o l qMky gksuk fdl izdkj ds dksky dk vx gS
 v- Jo.k c- Hkk"kk
 l- okpu n- y[ku
- 5- mPpkj.k dh 'kq rk dsfy, l okz/kd mi ; kxh f'k{k.k ifof/k g&
 v- vH; kl ifof/k c- /ofu l kE; ifof/k
 l- vuqj.k ifof/k n- ckyks] ku ifof/k
- 6- fuEufyf[kr ea l s, d ifof/k f'k{k.k vkš ey; kadu nksuka dks l kFk&2 yd] pyrH g&
 v- ekw] jh ifof/k c- bdkbz ifof/k
 l- vH; kl ifof/k n- vuqj.k ifof/k
- 7- jpuk dksky ds fodkl grq l oklke f'k{k.k ifof/k gS
 v- bdkbz f'k{k.k ifof/k c- vuqj.k ifof/k
 l- vH; kl ifof/k n- izu iz qDr ifof/k
- 8- f'k{k.k dh JSB ifof/k g&
 v- izu ifof/k c- vH; kl ifof/k
 l- vuqj.k ifof/k n- bdkbz f'k{k.k ifof/k
- 9- ckY; koLFkk ea Hkk"kk l h[kus dk eq; vk/kkj gksrk gS
 v- v/; ; u c- vuqj.k
 l- Lej.k n- vH; kl
- 10- ekš[kd vfHk; fDr dk l cl sieq[k ykHk gS\
 v- cPpk dh f>>dnj gks tkrh gS c- muea vkRefo'okl c<fk gS
 l- Jo.k dksky c<fk gS n- Hkk"kk dksky c<fk g&

**½ Hkk"kk f'k{k.k dh fof/k fo/kkvka ea Hkk"kk f'k{k.k
 dfork ea Hkk"kk f'k{k.k**

fdl h Hkh Hkk"kk ea l a wKz Kku grqm l Hkk"kk dh fof/k fo/kkvka dk Kku gksuk vfr vko'; d g&Nk= bu fo/kkvka dks l gt xg.k djok, bl grqf'k{k kd dks fof/k fo/kkvka ds Kku ea i kjar gksuk vko'; d g& bl grqf'k{k kd pkgsrks ml dk i dz i f'k{k.k Hkh ys l drk g& vr-%Hkk"kk f'k{k.k ea fof/k Hkk"kkvka dk D; k egRo gS rFkk fof/k fo/kkvka ea Hkk"kk f'k{k.k dS sgks f'k{k kd dks ; g tku ysuk pkfg, A

dfork ea Hkk"kk f'k{k.k %

Hkk"kk f'k{k.k ds nks ek/; e gS i | vkš x | A ftl ea i | vFkzr dfork] xhr vfr ikphu fo/kk g& dfo ckYef d bl ds izkrk ekustkrsg& Hkkoka dh vfHk; fDr gh dfork dk ey L=kr g& dfo dsân; ea tks Hko m}fyr gksrsgS osgh dfork ds: i ea l q[k l si LQVr gksrsg&
vFkz vkpk; Zvkun o/kū usfy[kk g& ^vFkz gh dk0; dh vkRek g&*

ogh fo'oukFk dfojkt dk ekuuk gS& 'jl l s; Ør okD; dko; gA*

ia txéFk usdgk g&'je.kh; vFkZ dk ifriknu djusokyk 'kCn gh dko; gA

bl izkj fofHkuu Hkk"kkfonkausvyx : ikaea dko; dks i fjHkkf"kr fd; k gSfdl h usbl svFkZ Ør jpuk ekuk gSrkfdl h usjl l s; Ør je.kh; vFkZnusokyh jpuk dgk gA ijUrq; sl Hkh dfork dsrRo dgst k l drsg&dfork bu l cdk l exz : i gA

dfork f'k{k.k dsl kell; mīs;

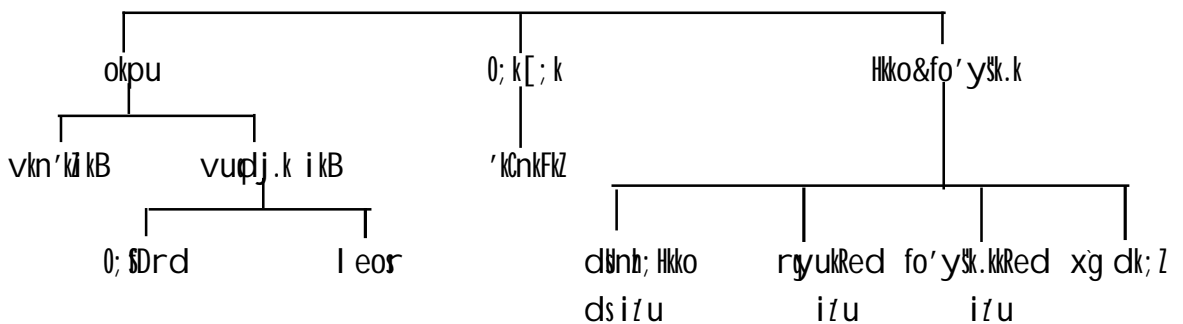
- 1- Nk=ka dh dfork ea : fp mRiUu djukA
- 2- muea xfr] y;] Hkko; Ør okpu dh ; kX; rk inku djukA
- 3- Nk=ka dh dYiuk'kFDr dk fodkl dj mlga l 'tu ds {ks= ea yxkukA
- 4- dfork ds ek/; e l scPpka dk l d kj l sjkxkRed l ædk LFkfr djukA
- 5- muea l kñ; kLHkfr dh {kerk mRiUu dj mlga j l] Nñ] vyækj dk Kku djukA
- 6- dfork dk jl kLoknu dj ml svius'kCnka ea 0; Dr djus dk dksky tkx djukA
- 7- Nk=ka dks Lo; a dko; jpuk gsq i k&l kfr djukA
- 8- muea fgluh Hkk"kk dsifr iæ tkx djukA
- 9- fofo/k Hkkoka dh jpukvka o muds l eh{kRed v/; ; u gsq i k&l kfr djukA
- 10- x | vks i | ds vlrj dks egl v djukA

dfork f'k{k.k dsfof'kV mīs ; % fo | kFkZ, ka eafdl h fo'kSk dfork ds Hkko dks l e>usdh 'kFDr mRiUu djuk gSftl dk fu/kkZ .k iLrj ikB ds f'k{k.k fclnq/ka ds vk/kkj ij gsk gA

dfork f'k{k.k ds v

dfork f'k{k.k ds iæ[k rhu v& gA

dfork f'k{k.k ds v&



dfork f'k{k.k dh fof/k; k

fdl h Hkh fo/kk eaf'k{k.k dk; Zgsqml dh izkkfy; ka dk p; u djrs l e; ml dsmīs; ka, oa'k&{kd Lrjla dk /; ku j [kuk i Mf&k gA tS &

- 1- **xhr fof/k&** /oL; kRedrk gsqxhr Nk/h d{kkv&æcgr i Hkkodkj h gksrgSf'k{kd }kjk y; vks gkoHkko ds l kFk vkn'kz ikB fd, tkusikusij Nk= ml h : i eaml jpuk dk ikB djrs gA

2- **vfHku; fof/k&** dN xhr vfHku; dsek/; e l sT; knk cgrj vFkZckk nrsGj fdUrqvfHku; dsnkjku f'k{k d dks/; ku j [kuk gksk fd vx l pkyu vko'; drk vuq i gh gksvU; Fkk gkL; kLin fLFkr gks l drh gA

3- **vFkZckk fof/k&** dfork ikB djrs l e; f'k{k d i dDr; ka dk vFkZ Hkh crkrk pyr k gA ; g fof/k ek/; fed d{k kvka dsfy, T; knk mi; Dr gSvkj ik; %bl h fof/k dk iz kx fd; k tkrk gA

4- **0; k[; k fof/k&** ; g vFkZckk rFkk dFku izkkyh dk fodfl r : i gA bl eafufgr Nn] vydkj] i l x vkfn ds l kFk&2 izukj }kjk dfork dk Hko Li"V dj k; k tkrk gA

5- **[kMklo; fof/k&** ij h dfork dksvyx&vyx [kMkaeackVdj f'k{k d ml si z ukj] 0; k[; k fof/k ea l e>krk gA

6- **ryuk fof/k&** , d gh dfork dh ryuk ml h Hkk"kk] ; k vU; Hkk"kk dh dforkval sdh tkrh gA ; svk/kkj gks l drsg&l eHkk"kk dfo ryuk] fofHku Hkk"kk dfo ryuk] l eHko ryuk] , d gh dfo dh l eku Hko okyh dforkA

7- **0; kl fof/k&** dfork dsHkoka dksxg.k djokusgrqf'k{k d fofHku i l x n"Vka] l anHk] mnkgj.kka dk iz kx dj dfork ds vFkZ dks foLrkj i d l e>krk gA bl grqf'k{k d dks l kfgR; dk fo'kn-Kku gksk vko'; d gA

8- **l eh{k fof/k&** bl eadfork ds vFkZ vkj 0; k[; k ds l kFk&2 l kfgR; d vkykpk vkj fl) karka dks Hkh Li"V djuk i Mf k gA

dfork f'k{k.k dh i f0; k M kiku 1/2 dfork f'k{k.k dh i f0; k grqfuEu l kiku r; fd, x, gA

1- **iLrkouk&** l eku Hko okysfd l h dfo dh i dDr] fp=] 4&5 l jy izu vFkok jkpd i l x kads }kjk dfork f'k{k.k dh iLrkouk r\$ kj dh tkrh gA

2- **mif; dflu&** i dKku dksuohu Kku l st kM us dsfy, f'k{k d mif; dFku dsek/; e l sfo" k; oLrqdk Li"Vhdj.k djrk gA

3- **iLrhdj.k& vkn'kz ikB&** f'k{k d dks d{k dsLrjkupny gkoHko] y; rFkk vko'; drkuq kj vx l pkyu l s dfork dk ikB djuk mi; Dr gkrk gA

4- **vuqj.k okpu&** vius }kjk i <k, ikB dks f'k{k d Nk=ka ds, dy vFkok l eor : i l svuqj.k okpu djokrs gA mPpkj.k ds nkjku fd; sv'kn/A 'kCnka dks'; kei e ij fy[kdj ml s'kd] : i l smPpkjr djok, A

5- **vRehdj.k&** dfBu 'kCnka ds Li"Vhdj.k vkj Hko xg.k grqfoLr 0; k[; k dh tkrh gA

6- **i q% l Loj ikB&** , d ckj Hko xg.k dsckn dfork ikB fon; kFkZ ka dsfy, vkj Hkh vkum i wkz gks tkrk gSvr% f'k{k d }kjk l e>k, tkus ij , d ckj fQj dfork dk l Loj okpu dj k; k tkrk gA

vkn'kZokpu& ¼'k{k(d Li "V] 'kq)] , oaHkkoikwZok.kh eaLojka dsmrkj&p<ko dsl kFk i Lrŕ dfork dk vkn'kZokpu djsxk rFkk i ũrd [kksyusdk vkn'sk n'skA

Hko ijh{k& Nk=ka dks dfork ds dŕh; Hko dh vuŕŕir gŕZ; k ughabl dsfy, f'k{k(d nks; k rhu izu i n'sk I kFk gh dfork dh 'ksh o I kŕ; Z I s Nk=ka dks voxr dj k, xk] tŕ &

iz1 xkfi ; k m) o I s D; k dgrh gS\

fo | kFkh&mŭkj n'skA

iz2 xkfi ; ka us bŕŕn; ka dh f'kFkyrk dk mnkgj.k dŕ sfn; k \

fo | kFkh&mŭkj n'skA

f}rh; vkn'kZokpu& ¼'k{k(d }kj k½ dfork ds Hkko fo'y'sk.k rFkk I eh{k ds i' pkr Hkkoka dh , dkxrk , oa i wZ jI kLoknu dj kus dsfy, f'k{k(d dfork dk i ũ% I Loj okpu djsxkA

vuŕj.k okpu& ¼Nk=ka }kj k½ dfork ds Hkkoka ds vuŕ kj mfpr vkjkg&vojkg ds I kFk dfork ds 'kq) okpu ds vH; kl dsfy, Nk=ka }kj k i ũ% vuŕj.k okpu dj k; k tk, s'kA

I kŕ; kŭŕ izu& dfork ds vFkZ, oal kŕ; Z dks Nk= dgk rd xg.k dj ik, gSbl st kpusgrqf'k{k(d I ä wZ dfork I s Nk=&2 izu i n'skA vŕ Nk= i n's x, izuka ds mŭkj n'skA

tŕ & 1- xkfi ; k m) o I seu ds fo" k; ea D; k dgrh gS\

2- xkfi ; ka dh bŕŕn; k; D; ka f'kFky gks xbZ gS\

3- xkfi ; ka us bŕŕn; ka dh f'kFkyrk dk mnkgj.k fdl I sfn; k gS\

4- xkfi ; ka us m) o dh D; k fo'k'skrk crkbZ gS\

5- i Lrŕ in ea fdl Hk'kk dk iz; kx gŕk gA

dfork I kj ¼ ũj kofŭk i kŕ Kku dks I ũ<+dj usgrq'; kei V ij eq; fcnqfy[kdj] vFkok dfork I kj dks vi us 'kCnka ea eŕ[kd : i I s dg dj ; k iz ukŕkj ds ek/; e I s I ä wZ dfork dh i ũj kofŭk dj I drk gA

xg dk; & 1- ey dfork dk Hkko vi us 'kCnka ea fyf[k, A

2- I j dk dkbZ vŭ; in fy[kdj ykb, A

Hk'k eax | f'k{k.k

x | fopkj&fofue; dk egRo i wZ I k/ku gS& I kfgR; dh fofŕŭ fo/kk vka ds Kku , oa xŕkhj v/; ; u grqi) ds I kFk x | f'k{k.k dk vi uk egRo gA Nk=&2 o.kŭRed y[k] fucdk] I ŕkn] egkRekvka ds thou pfj=] ; k=k o.kŭ]

dgkuh vkfn dk bl ds vllrxzr l ekošk gkrk gA bl l sek/; fed vKš mPp ek/; fed Lrj ea Øe'k%fo"k; ds ifr Lrjkuoqny xgurk vKš xHkhjrk gkrh gS rks egkfo | ky; ka ea l kfgR; dh fofo/k fo/kkvka ds l kFk budk 'kkL=h; vKš ik; kšxd v/; ; u vKš Hkh xHkhj gks tkrk gA

vFk& 'x | * 'kCn l aÑr ds xn~/kkrq l scuk gSftl dk vFkZ gSLi "V dgukA vFkZr x | ml sdgrsgSftl eage Lohkor%ckyrsgSbl ea jkx ughā gkrk dōy Hkko izdV djuk bl dk mīs; gkrk gA vkpk; Zfo'oukFk usdgg gS 'x | og 'kCnkFkZ; kstuk gš tks Nankc) ughagkrhA vllr%ge dg l drsgSfd eks[kd vKš fyf[kr : i ea l k/kj.k <x l sdgh xbzckr ¼Nan jfgr½ x | gA

x | dh fo'kšrk, a%

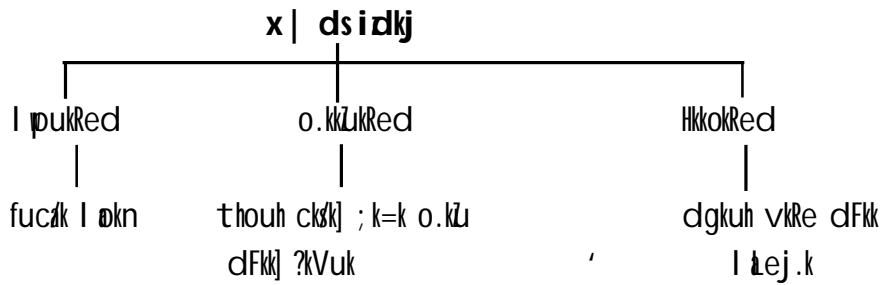
- 1- x | ea mRÑ"V , oa ifjekftr Hk"kk dk iz; kx gkrk gA
- 2- x | ogh JSB gSftl ea Hkko xg.krk gkA
- 3- x | dh foHkUu fo/kkvka ds vuq i bl dh Hk"kk ea varj gkrk gA
- 4- mfpr vkjkg&vojkg o fojke fplgka dk iz; kx gh x | dks okpu dh ; kx; rk inku djrs gA
- 5- ikB; i qrdka ea fufgr x | dh Hk"kk ekuf l d cks) d o rkfdz 'kDr ds vuq i gksuh pkfg, A

x | f'k{k.k dsmīs; & orēku cī) oknh ; q ea rd&fordz vKš vlošk.k dh i dīuk dk tgg; mūkjškj fodkl gks jgk gSogh x | f'k{k.k dk egRo Hkh c<fk tk jgk gA ; | fi foHkUu Lrjka ij x | f'k{k.k ds vyx&2 mīs; gkrsgSfdllrq l keU; : i ea x | f'k{k.k ds fuEufyf[kr mīs; gks l drsgA

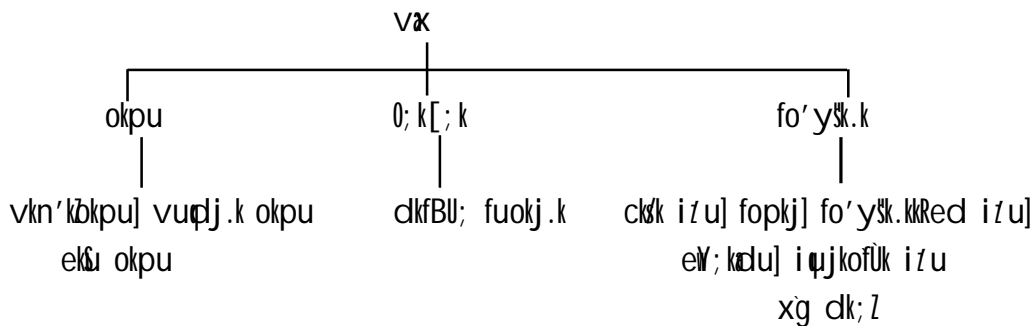
- 1- Hk"kk ds ifr vFk: fp tkxr djukA
- 2- x | ds 'kq okpu dh ; kx; rk inku djukA
- 3- x | y[kdka vKš x | y[ku dh 'ksh&egkoj; ykdkšDr; k l fDr vkfn dsckjsea tkudkjh ds l kFk&2 y[ku ea ml ds iz; kx dh {kerk inku djukA
- 4- y[kd ds Hkko fopkj dks l e> ml ds xqknkšk dk foopudj vkn'kk&dks Lohdkj dj vi uh dYi uk cī) dks fodfl r dj jpukRed 'kDr dk fodkl djukA
- 5- ijLij l okn djuš Hk"kk.k nš; i = fy[kusdh dqkyrk gkfl y dj l keftd thou eaviuk i Hkko Mkys ea l eFkZ cukukA
- 6- v/kukrd fo"k; k l puvka vKš l el kef; d l el; kvka dk cksk dj l H; o l q aÑr thou thus ; kx; cukukA
- 7- Lok/; k; dh vknr fodfl r djukA

x | f'k{k.k vko'; drk , oaegRo&

- 1- , d ni js ds fopkjka dks l gh : i ea l jyrk l s xg.k djokus grq
- 2- cks) d fodkl djkus ds fy, Hkk"kk f'k{k.k ds vf/kdkak m'is ; ka dh i frZ djokus grq
- 3- Hkk"kk f'k{k.k ds vf/kdkak m'is ; ka dh i frZ djokus grq
- 4- Hkk"kk; h dks kyka ds vH; kl djkus ds fy,
- 5- fofo/krki wkZ fo"k; l kexh mi yC/k djokus grq



x | f'k{k.k ds vx



ilrlouk & iWZKku ij vk/kkfjr izuka ds }kjk ey fo"k; oLrqrd igpusdk iz kl fd; k tkrk gA bl grqf'k{kd dgkuh] fp=] i frHkir] vuekyopu vkfn dk l gkjk ys l drk gA

m'is ; dflu& iWZKku l suohu Kku rd igpusgrqm'is ; dflu , d ek/; e gS tks vf/kd cMk ughagkuk pkfg, A **vkn'kZokpu&** f'k{kd }kjk fd, x, okpu dks ml h vuq i Nk= Hkh okpu djax} ; g , dy vkj l eor nksuka rjg l sdjk; k tk l drk gA

vuqj.k okpu& f'k{kd }kjk fd; sx, okpu dks ml h vuq i Nk= Hkh okpu djax} ; g , dy vkj l eor nksuka gh rjg l sdjk; k tk l drk gA

v'k) l akku& ikB ds nkjku vk, ef' dy 'kcnka dks f'k{kd ' ; keiV ij l gh : i l sfy [k nrs gA

cks k izu& fopkj xg.k dh n'V l sfo"k; oLrqij vk/kkfjr rhu pkj cks k izu l jy Hkk"kk ea iNs tk l drs gA

dkfBR; fuokj.k& dfBu 'kcnka ds vfKZ grqf'k{kd l h/k&2 mUkj uk crkdj fofHku i fof/k; ka dsek/; e l sNk= }kjk gh fudyok, avodk'k ds l e; dk l nq; kx o eukjat u djus; kx; cukuka

x | f'k{k.k dh fof/k; k & x | f'k{k.k dh fuEufyf[kr fof/k; k; g&

- 1- **ikB; i qrd fof/k&** ; g fof/k orZku ea vf/kd ipfyr gA ft l ea ikB; i qrd] fo"k; oLrq a, oa'kcnkoyh dk l eipor oxhdj.k iR; d d{kk ds fy, vyx&2 rS kj fd; k tkrk gA tgl f'k{kd l oZ fke x | [kM dk vkn'kZokpu

djrk gSrrrî'pkr Nk= mudk vupj.k okpu djrs gA

2- **0; k[; k fof/k&** bl fof/k eaf'k{k d i Lrqr x | [kM ; k vuqNn dks i <rk gprk , d&2 in dk vFkz Li "V djrk gA dfBu 'kCnka dks i R; ;] mi l xZ l ekl foxg] l ã/k] foykæ 'kCn vkfn ds }kjk Li "V fd; k tkrk gA

3- **gjkW/hz fof/k&** ; g , d eukoKkfud fof/k gSbl l s i ltr Kku LFkk; h gkrk gSbl ds vrxz' f'k{k.k rkfdz Øe , oa0; ofLFkr <x l spyrk gSft l ea Nk= , oaf'k{k d nkuka gh l fØ; gkrsgA

4- **iR; {k fof/k&** 1-midj .kka dk in'kz&xg]r uhe] Qny vkfn dk i kB i <krsl e; mu oLrqvka dks i R; {k fn[kyk dj mudk csk djukA

5- **fp= }kjk&** egki q "kkj uxjk] fo | ky; vkfn dks i <krsl e; mu fo" k; ka ds fp= fn[kyk, tk, A

6- **fØ; k glo Hko ; k vfkuo }kjk&** 'kCnKFkz vkj iz kx l e>kuk] tš s iz kke dk Hkh l kuk] i f{k; ka dk mMekA

7- **l eukFkd l jy 'kCnka dk iz kx l e>kukA**

8- **iz kx fof/k }kjk i l x o'k vFkz o iz kx l e>kuk&** tš & uho i Mæk fo | kFkz thou ij Hkh Hkko thou dh uho i Mæh gA uho Mkyuk&ug: u&&&&l kFk dh uho MkyhA

9- l jy i jfpr 'kCnka ds }kjk i j Hk"kk ; k 0; k [; k djukA

x | f'k{k.k dsl kku& x | f'k{k.k gsrq l oã Fke f'k{k.k i) fr dh tkudkj h Øec) i kB ; kst uk] 'k{kf.kd l k/ku rFkk okroj.k vko'; d gA bl h ij l ä wZ fujh{k.k dh i fØ; k l Qyrki ðd vxl j gkrh gSx | f'k{k.k dh i fØ; k fuEukud kj gS%&

1- **l keku; i kjHkd ckr&** fnukd] d{k] ox] fo" k;] i dj .k] pØ] vok/k fy [kk tkoxkA

2- **l keku; mĩs; &** x | f'k{k d ds5 l s6 mĩs; ; gk] fy [ks tk, xA

3- **fof'kV mĩs; &** i <k, tkusokys i dj.k dk fof'kV ; gk] fy [kk tk, xkA

4- **l gk; d l kexh&** f'k{k.k ea iz ðr l gk; d l kexh tš & pV] fp=] in'kz oLrqvkn dk mYy[k fd; k tk, xkA

5- **l mKku&** i Lrqr i kB ds fo" k; ea Nk= tks l keku; Kku j [krs g] vFkok i ðz ea i <+p d s g sm l dk myy[k ; gk] fd; k tk, xkA

x | i B ; kst uk

fo | ky; dk uke

dkylak

fo" k; & fglh d{k&3

mĩs;

1- Kku , oa vFkz g .k & Nk= ka dks i kr% dky dh i Ñfr dk n'; fn[kkukA

2- Hkko csk i kr% tYnh mBus ds ykHk crkuk

3- cPpka ea tYnh mBus dh vknr MkyukA

l gk; d l kexh& mxrs gq l j t dk fp=

l mZKku& Nk= vi us?kj ds cM+s 0; fDr; ka dks l çg tYnh mBdj ?kærs gq tkrns [krs gA

fnukd

vof/k

fo" k; k& i B 2 l j

iLrkouk &

- 1- I w Z ds mxus ds l e; dks D; k dgrs gā \
- 2- i kr%dky ds l e; dh gok B&h D; ka gkrh gs \
- 3- i kr%dky ds l e; i {kh D; ks pg pgkrs gā \

mīs; dFlu& vkt ge nī js i kB '1 j* dk v/; ; u dj&A

vln'kZokpu& f'k{k d i kr%dky ds n'; dk fp= cryk, xkA dfBu 'kCnka ds vFkZ crykrs gq i kB dks l e>k, xkA f'k{k d p kgs rks Nk=ka l s vu p j .k okpu Hkh djok l drk gā

Nk= xfrfof/k& Nk= f'k{k d dh ckrka dks /; kui w d l q rsgā rFkk l e>k, x, dfBu 'kCnka dks l e>us dk iz kl djrs gā

' ; **keiV dk; &** dfBu 'kCn&&&

I w kh; ¾ l j t dk mxuk] vkj Hk] 'kqk djuk] LoPN&l kQ] l q /k&l pkl ykHknk; d&okD; ea iz ks&&

ckk izu &

- 1- I qg fir k ds l kFk ?kæus dks tkrk gs \
- 2- ?kj ds ckgj v&kj k D; ka Fkk \
- 3- ?kærs l e; rst D; ka pyuk p kfg, \
- 4- mxrs l j t dk j& d s k gkrk gs \
- 5- vki dh cm D; ka pedrh gs \

dkfBU; fuokj.k& Nk=ka ds }kj k i Ns x; s dfBu 'kCnka rFkk Hkko ds vFkZ Li "V fd, tk, xA

fo'ySk.WRed izu & i kr%dky tYnh dks mBrsgā

l aySk.WRed izu & l j t mxus ij i Nfr dk n'; d s k gkrk gā

i qjkoŭk okysizu & i kr%dkyhu l j ds ykHk crkb,

xg dk; Z& l qg l j ds n s ku n s ks x, fdl h n'; dks nl i d r; ka ea fy [k dj ykb, A

Hk'kk ea0; kdj .k f'k{k.k

euŭ; , d l kekftd ik.kh gs bl ukrnog l rr-vius vkl & ikl ds ykxka l s i dZ cuk, jgrk gā tgk; og viusfopkj ijLij ykxka ea ckVrk jgrk gs bl dk : i p kgs fyf [kr gks ; k ek s [kd fdUr qfopkj ka dh l dkgd rks Hk'kk gh jgrh gā vr%bl Hk'kk ea fu; ferrk v k s fLFjrk ykus ds fy, d n fu; e cuk, x, gāft l s 0; kdj .k dk uke fn; k x; k gā

ifjHk'kk & fo}kuka us 0; kdj .k dh i d f ŭk dks n s [krsgq ml svyx&2 rjhdka l s 'kCn l hek ea ck/kus dk iz kl fd; k g s ; Fkk&

- 1- i r t fy ds vu d kj & 'kCnku q kkl u gh 0; kdj .k gā
 - 2- Mkw LohV ds vu d kj '0; kdj .k Hk'kk dk 0; kogkfj d fo'ySk.k gā*
 - 3- t&j ds vu d kj & 'i p fy r Hk'kk l æ kh fu; eka dh 0; k [; k gh 0; kdj .k gā*
- mi j kDr rhuka fo}kuka dser dks n s [k ge l q k s ea dg l drsgSfd 0; kdj .k Hk'kk ea iz q r 'kCnka v k s okD; ka

I ædkh fu; eka dh tkudkj h djrk gð Hkk"kk eaokD; ka dh] okD; kaea' kCnka dh vks' 'kCnka eav{kjka dh fLFkr vks' eglo dks Li"V djus dk dk; Z0; kdj.k djrk gð

0; kdj.k f'k{k dh vko'; drk& 0; kdj.k dsfcuk dkbZ Hkh Hkk"kk f'k{k.k v/kjk gð 0; kdj.k ds l á wZ Kku ds vHkko dk 'kq' cksyuk vks' fy [kuk l Hko ughagð ft l idkj fd l h 'kkl u dks l pk: : i l spykus grqi; klr fu; eka dk gkuk vko'; d gð fcuk fu; eka ds l Ûkk ea vjkt drk dh fLFkr mRi l u gks l drh gsm l h idkj Hkk"kk ea0; kdj.k ds fcuk vjkt drk dh fLFkr mRi l u gks l drh gð vr% Hkk"kk dks foÑfr l scpkuð ml ds 'kq' : i dks l j f{kr j [kus ds fy, A Hkk"kk ea LFkr; Ro ykus ds fy, Hkk"kk ea0; kdj.k dh vko'; drk gð

0; kdj.k f'k{k dh mi ; k&xr& 0; kdj.k f'k{k.k ds vHkko eamÜkj kjk fodkl rFkk fof/kor o o&kfud Kku vl Hko gð vr% Hkk"kk ds fe= ds : i ea0; kdj.k f'k{k.k dh mi ; k&xr& fu Eukuq kj gð

- 1- 0; kdj.k f'k{k.k }kjk Hkk"kk jpuk dk Kku ikr djukA
- 2- Hkk"kk dk 'kq' iz k& djus o l h [kus dk Kku ikr djukA
- 3- uohu Hkk"kk dks l h [kus ea enn djukA
- 4- Hkk"kk dh iÑfr , oa xBu dk 0; kogkfjd Kku djukA
- 5- Hkk"kd rRoka dh l jpukvka dk Kku inku djukA

0; kdj.k f'k{k.k dsmís ; &

- 1- fo | kfkZ; ka dks fofo/k /ofu; ka dh tkudkj h nsukA
- 2- bu /ofu; ka ds l ðe varj dk Kku djukA
- 3- pkjka dksky] i <uk] fy [kuk] cksyuk vks' l fus dk fodkl djukA
- 4- Hkk"kk dh v'kq' rk dh {kerk dks igpkus dh 'kDr dk fodkl dykA
- 5- Hkk"kk l ædkh fu; eka l svoxr djkdj mudk iz k& djuk pkfg, A
- 6- 'kCn ; kstuk rFkk 'kq' orZ h dk Kku djukA
- 7- 'kq' mPpkj.k dh f'k{k inku djukA
- 8- 'kCnka egkojka dk i l akuphy iz k& djuk fl [kkukA
- 9- 'kq' Hkk"kk l h [kus ea : fp mRi l u djukA
- 10- eks [kd vfHk0; fDr grq l o&kl; Hkk"kk fl [kkukA

0; kdj.k f'k{k.k dh fof/k; k&

- 1- **fuxeu fof/k&** Nk=ka dks i gysfu; e crk, tkrs gsfQj mngkj .kka }kjk mlghafu; eka dk iz k& djuk fl [kk; k tkrk gð
- 2- **l wfof/k&** fu; eka dks de l s de 'kCnka ea l kjxfHk' : i ea l ekfgr djuk l wfof/k dgykrk gð folr' i fj Hkk"kkvka rFkk fu; eka dks bl fof/k l s; kn djok; k tkrk gð
- 3- **ik& ; i lrd fof/k&** vl; fo"k; ka dh ik& ; i lrdka ds l eku gh 0; kdj.k dh ik& ; i lrdka dks ik& ; Øeka ea ykxwdj ml dk l ðe fof/k; ka }kjk v/; ; u vks' v/; ki u fd; k tkrk gð
- 4- **vlxeu fof/k&** Nk=ka ds l e{k mngkj .k i l r' dj mlghafu; eka rd igpkus dk iz kl fd; k tkrk gð bl ea mngkj .k] fujh{k.k vks' fu; ehdj.k rhu i fØ; k l s xqtjrs gð

5- **iz kx fof/k&** bl ea mnkgj.k i Lrŕ djds l eku y{k.k okys vákka ds dk; Z , oa xqk fudyok; s tkrsgS rri'pkr ml dk vH; kl dj; k tkrk gSftl eafuEu l kš kuka dk iz kx fd; k tkrk gA mnkgj.k] rnyuk , oafu'yšk.k] fu; ehdj.k , oafu"d"ŕ iz kx vŕj vH; kl

6- **I g l æk fof/k&** bl fof/k dk iz kx 'kŕn f'k{k.k] orŕh] f'k{k.k mPpkj.k] f'k{k.k vkfn ds l e; fd; k tkrk gS; g 0; kdj.k f'k{k.k dh dkbZ i Fkd fof/k u gkdj x | jpuk ds vH; kl ds nkšku vk, 0; kdj.k ds fu; eadh tkudkjh inku djrh gA

7- **iR; {k Hk"kk f'k{k.k fof/k&** ; g fof/k fcuk 0; kdj.k fu; eadk Kku dj; Hk"kk ds 'kŕ : i dk vuŕj.k djusdsvol j inku djrk gA , s sy[kd ftudk Hk"kk ij i wkkŕ/kdkj gSmul sckydk dksokrŕki dsvol j inku fd, tkrsgŕ i kFkfed Lrj dsfy, ; g fof/k mi ; ŕr gA

0; **kogfjd 0; kdj.k f'k{k.k fof/k&** bl ea Hk"kk f'k{k.k }kjk jkpd o vkd"ŕk fof/k }kjk Kku djkrsgg /ofu] orŕh] opu] 'kŕn] fyæ] fŕ; k dky vkfn fodkja dksnj] djusdk iz kl fd; k tkrk gSbl dsl kš ku gA mnkgj.k] iz ukšij] fu; ehdj.kA

3- **0; kdj.k f'k{k.k ifŕ; k&** 0; kdj.k f'k{k.k ifŕ; k gŕqfuEufyf[kr l kš kuka dks iz ŕr djuk vfuok; Z g&

1- **iŕKku&** fo | kFkŕ dks l oŕke i <kus gŕq l kŕ 'kŕn dk iŕZ Kku gksuk pŕfg, A

2- **iLrkou&** iŕZ Kku ds vk/kkj ij iz ukad fodkl dj; k tkrk gA

3- **mŕs; dFku&** l eL; kRed izu dks eŕ; ij d.k l sl æŕ/kr djrsgg] mŕs; dFku cksys tkrsgS tks l ŕ{kŕ o l kjxŕkŕ gkrsgA

iLrŕdj.k&

1- fo'yšk"ŕ.k& mnkgj.k okD; ka dks pŕVZ dsek/; e l si Lrŕ dj f'k{k.k ifŕ; k dks i Hkko'kkyh cuk; k tkrk gA

2- l áyšk.k& fo'yšk.k dsek/; e l s tksfu; e Nk=ka rd igpkus dk iz kl fd; k x; k gSmu fu; eadk sl áyšk.k ifŕ; k ds }kjk ckydk l s dgyokus dk iz kl fd; k tkrk gA

3- fu; ehdj.k& l áyšk.k dh ifŕ; k ea tksfopkj NW tkrsgâmlgaf'k{k.k fu; ehdj.k dsek/; e l s Nk=ka rd igpkus dk iz kl djrk gA

4- i ŕ%vH; kl & fu; ehdj.k ds ckn i ŕ% dŕn mnkgj.k yŕdj fo'yšk.k o l áyšk.k fd; k tk; rkfd Kkr gka fo | kFkŕ; ka dks fu; eadk fdruk cksk gŕkA

5- eŕ; ka du izu& ' ; keiV ij dŕn izu fy[kdj f'k{k.k }kjk Nk=ka dh ckskxE; rk ds Lrj dk irk yxk; k tkrk gA

6- xgdk; & fo | kFkŕ vi us l h[ksgg Kku dks LFkfi r dj ik, abl gŕqi <kbZxbZ l kexh ea l s, d nks izu xg dk; Z dsfy, Hk h fn, tk l drsgA

iB ;ktuk

0; kdj.k f'k{k.k

d{ŕ&uoe

fo'k; & fgŕnh

fof/k& 0; kdj.k

fnukŕ

dkylák

l e; kof/k

mís;

- 1- Nk=ka dks mi l xZ o iR; ; dh vFkZ o ifj Hkk"kk l svoxr dj kuka
- 2- mi l xZ vkj iR; ; ; Ør uohu 'kCnka dk Kku dj kuka
- 3- Nk=ka ea 0; kdj.k ds v/; ; u dh : fp tkx r dj kuka
- 4- Nk=ka ea 0; kdj.k l Eer Hkk"kk ds ifr l dkj kRed n"Vdksk dk fodkl djuka

l gk; d l lexh& pkVZ vFkok ' ' ; keiV ij fy [ks mi l xZ vkj iR; ; ; Ør 'kCn ds mnkgj .ka

i wZ Kku& Nk= mi l xZ o iR; ; ; dsckj sea l keku; tkudkj h j [krs g&

i l r k ou&

- 1- d] [k] x&&&&&&& 0; kdj.k dh n"V l s D; k g&
- 2- nks ; k nks l svf/kd o.kZ feydj D; k cukrs g&
- 3- ey 'kCn ds i wZ; k ckn eafdl h 'kCnka k ds yxkus ij tks vFkZ ea i fjo rZu gkrk gSog D; k dgykrk

g&

mís; dFlu& vkt ge mi l xZ vkj iR; ; ; dk v/; ; u dj&

i l r f r dj .k& f'k{kd vkxeu fof/k }kj k mi l xZ Ør 'kCnka l s l e&/kr izu dj&

- 1- vfr ekuo] vi 'kdu] vfojke e] ^vfrekuo* ey 'kCn fdu nks 'kCnka l sfeydj cuk g&
- 2- bl ea ey 'kCn dk& l k gS\
- 3- 'kCnka k dk& l k gS\
- 4- 'kCnka k ey 'kCn ea tM&ej vFkZ ea D; k dj jgk gS\
- 5- bu l Hkh mnkgj .ka ea 'kCnka k ey 'kCn eafdl vkj yxs gS\
- 6- mi l xZ fdl s dgrs g&\

Nk= i f r f Ø; k & Nk= mi l xZ Ør uohu 'kCnka dks /; kui wZ l u&ks rFkk ifj Hkk"kk dks l e>&

v/; kid dFlu& mi l xZ os 'kCnka k gkrsgS tks ey 'kCn ds i wZ tM&ej 'kCn dk vFkZ cny nrs g&

i R; ;

i l r f r dj .k %fnudj] tyd]j tknwj ; s 'kCn fdu nks 'kCnka l sfeydj cus g&\

buea ey 'kCn dk& l k g&

bu 'kCnka dk foxg djus ij vFkZ ea D; k ifjo rZu g&

bu l Hkh mnkgj .ka ea 'kCnka k ey 'kCn l s tM&ej vFkZ ea D; k cnyko dj jgs g&

v/; kid dFlu & ey 'kCn ds vr ea 'kCnka k tM&us ij tks ifjo rZu gkrk g& iR; ; ; dgykrk g&

eW; kdu& l gh mUkj ij fplg yxkb, A

- 1- vfhkjke 'kCn ea mi l xZ g&
- 1- vfhk 2- jke 3- nksuka 4- buea l s dkbZ ugha
- 2- ikunku 'kCn ea iR; ; ; g&

1- iku 2- nku 3- uknu 4- buea l s dkbz ugha

3- fjDr LFkku dh i firZ dhft, &

1- mi l xZ eyw 'kCn ds &&&&&&& l s tMlej vFKz dks cnyrs gA

2- i R; ; eyw 'kCn ds &&&&& l s tMlej vFKz dks cnyrs gA

vfry?lmqjh; izu&

1- mi l xZ fdl sdgrs gA \

2- i R; ; fdl sdgrs gA \

xgdk; Z&^vfr* mi l xZ yxkdj i kp 'kCn cukb, A

okyk i R; ; yxkdj i kp 'kCn cukb, A

, dka h f'k{k.k

x | f'k{k.k dk egROI wKz vax gSukVd vKj ukVd dk gh mi vax gS, dka hA , dka h vFKz ^, d\$vdh*
thou dsfdl h , d vax dk o.ku djusokyh fo/kk gS, dka hA tks thou dsfdl h , d i l x dks fpf=r djrh gS
u fd l i wKz thou ?kVukOe dka vr%Li "V gSfd ; g i k=kadh l [; k] ?kVukOe] dFkkud o dFkci dFku rFkk Lo: i
eaNk/k gkrk gA ukVd dh gh rjg vfHku; rk] eukjat u] l nefr; ka dk fodkl rFkk l eL; kvka dksn'kkuk] , d vPNs
pfj= dk fuekZk , dka h dk Hkh mis; ; gA thou ds , srgkf l d] i kshf.kd] jktuhfrd] l keftd] vFkok thou ds
l Hkh igyuka l s tMh okLrfod vKj dkYi fud ?kVukvka dks, dka h dsek/; e l sn'kkz, k tk l drk gA ; g cPpkadk
eukjat u djus ds l kFk cPpkadks l kfgR; l s tMh h gS l kFk gh thou ds fofo/k igyuka dh tkudkj h mlga inku
djrh gA fdl i fjLFkfr; ka eagea d\$ k 0; ogkj djuk pkfg; svi usl axka i j fdl rjg fu; a.k j [kuk pkfg, vFkok
fofo/k l eL; kvka dk l ek/kku d\$ s djs vkfn ckrka dh tkudkj j [kuk pkfg, A

, dka h dk mis; &

- 1- cPpkaea 'kq) mPpkj.k dh {kerk dk fodkl djuka
- 2- mlga vkjkg&vojkg rFkk mi ; Dr xfr l sckyus dh {kerk dk fodkl djuka
- 3- mlga , dkxrki wKz l udj vFKzkg.k , oamfpr Hkko Hkaxekvka }kjk ek\$[kd vfHkO; fDr ; kx; cukukA
- 4- cPpkaea vfHku; {kerk dk fodkl djuka
- 5- mlga ekuo thou ds fofo/k igyuka ds ckj sea tkudkj h nsukA
- 6- pfj= fuekZk dj mlga cgrj ukxfjd cukukA
- 7- cPpkadh l tukRed {kerk dk fodkl djuka
- 8- Nk=ka dks eukjat u dsek/; e l svkun nsukA

, dka h f'k{k.k dh fofo/k; k&

- 1- **vk n'kz ukV;** **izklyh&** f'k{k(kd }kjk l i wKz i kB dks gko Hkko , oa Hkko&Hkaxekvka ds ek/; e l s
i k=kud kj i <k tkrk gS ftl ea l Hkh i k=ka ds Hkko , oa pkjf=d fo'kkrkvka dk izdk'ku gks l dA bl fofo/k ea Nk=
l fO; rk 'k; dscjkj gA vr%; g fofo/k mi ; Dr ugha dgh tk l drhA
- 2- **d{Mhku; izklyh&** d{k d{k ea Nk=ka dks fofo/k i k=ka ds : i eack/dj mfpr Hkko&Hkaxekvka ds
l kFk i <usdk funz k fn; k tkrk gS bl l scky d l fO; jg dj vfHku; kRed i Bu djrsgSfdUrqb l fofo/k eaf'k{k(kd

dkS 0; k[; k djus dk vol j ughafey i krkA

3- **jæph; izkyh&** bl izkyh eaf'k{k d }kjk i Bu , oa 0; k[; k dh tkrh gA bl ea izuk{kj }kjk i kB dk fodkl , oa dFkkoLrqdk Li "Vhdj .k ik=ka dk pfj=fp=.k fofo/k Hkoka , oa vuukfir; ka dh foopuk v/; ki d }kjk dh tkrh gA bl shk iwz: i l smi; Ør ughadgk tk l drk gA D; kfid bl ea, dka dh dh j l kRedrk yxHkx l ekir gks tkrh gA

I eok; izkyh&

mij kØr l Hkh izkyh Lo; aea iwz ughagA vr%f'k{k d Lo; al Hkh izkfy; ka ds xqkka dk l ekosk dj , d , d h l eok; izkyh dk fuekzk djaf t l ea okpu] 0; k[; k , oa fo'ySk.k t\$ s xqkka dk l ekosk gkA , dka dh ds l ki ku&

1- **ifjp; Red l puk, &** ft l ds vlr x r t\$ & d{kk} fnuk d fo" k;] fo/kk l e; kof/k , oa i dj .k ds ckjs ea tkudkj h i Lr r dh tkrh gA

2- **mís ;' ; &** ds vlr x r KkukRed] vfkz g .k] vfhk 0; fDr] vfhk: fp] vfhkofÜk] 'yk?kkRed mís ; ka dks Li "V fd; k tkrk gA

3- **I gk; d l kexh&** v/; ki u grq iz Ør l kexh

4- **i Lrkouk&** v/; ki u grq f'k{k d }kjk d N izu Nk=ka l sfd, tkrsgA

5- **i Lr r dj .k&** f'k{k d vfhku; 'kSyh }kjk Nk=ka rd fo" k; oLrq i f"kr djrk gA

6- **vkn'z i kB&** f'k{k d }kjk i kB; l kexh ea vkbz dfBukbz dk l ek/kku fd; k tkrk gA

7- **dlnh; Hko cksk&** Nk=ka dks , dka dh dh i æq k ?kVukvka ds ckjs ea tkudkj h nh tkrh gA

8- **0; k[; k&** i kB; l kexh ds ckjs ea foLrkj l sfo'ySk.k fd; k tkrk gA

9- **i kB; kHku; &** f'k{k d pkgS Lo; a; k Nk=ka ds }kjk i kB dk vfhku; ds l kFk okpu dj k, A

10- **i qj kofÜk&** i kB dks Nk= fdruk vf/ kxe dj i k, gS bl grq i qj kofÜk ds l kFk okpu dj k, A

11- xg dk; z

, dka dh

i kB ; kstuk

d{k&"Be

fo" k; & fglh

fof/k& x | ¼ dka dh ½

i dj .k& gkj ; k thr ¼ }rh; n' ; ½

mís ; &

fnuk d

dky k& i pe

l e; kof/k& rhl feuV

- 1- Nk=ka dks l vfhku; i Bu }kjk jæph; dyk dk Kku djuka
- 2- fofo/k Hko; Ør 'kSy; ka , oa cksy pky ea muds iz s x l s voxr djuka
- 3- l øknka dsek/; e l sek d[k d vfhk 0; fDr dks l q; +cukuka
- 4- Nk=ka dh vfhku; {kerk dk fodkl djuka

5- Nk=ka ea vgl k tš sušrd eW; ka dsifr vL Fkk tkxr djuka

I gk; d I lexh & d{kki ; kxh l keku; mi dj.k i k B; i qrd] oL=Qyu ij fy [ks 'kCnkFK] Nk=ka dsifjp; i=A

i wKku & Nk= v'kkcd egku ds l eak ea , frgkfl d tkudkj h j [krs gA

i Lr k ouk & v/; ki d Nk=ka l smuds i wZ Kku ij vk/kfjr dN izu i Nxs vks Nk= mudk mUkj nA tš s

- 1- bl uk/ ij ; g fplg dku l k gS\
- 2- ; g fplg fdl 'kkl d dh ; kn fnykrk gS\
- 3- v'kkcd egku ds k l ekV Fkk \
- 4- l ekV v'kkcd usvire fot; fdl jkT; ij ikbz\
- 5- okLro os; g fot; mudh gj Fkh ; k thr

i wZ dflu & egkjkt v'kkcd usn[kk , d Nks/k l k jkT; d fyx muds l keus l huk rkus gS os dš s l gu djrs vr% mlgkas d fyx ij vkØ.e.k dj fn; k ftl ea yk [kka ykx ekjs x, A

m i s ; l ds & cPpka vkt ge viuh i k B; i qrd eafn, x, , dkdh gj ; k thr dk v/; ; u djA

i Lr qhdj .k & v/; ki d ^gj ; k thr* , dkdh ds i Fke n' ; dk i Bu mfr Hkkoent }kjk djA

Nk= i frfØ ; k & Nk= v/; ki d }kjk fd, i Bu dks /; kui wZ n[ks vks l A

v/; ki d & ykVjh i) fr }kjk d{kk ds fo | kfkZ ka ea l s i k= p; u djx r Fkk mlga vkeus l keus [kMk dj vfhku; izkkyh }kjk i Bu djus dk funz k nA Hkko; D r l o kn djuso vfhku; g r qf'k {kd Nk=ka dks l g; kx i nku djA ' ; **lei V dk ;** & vfhku; i k B ds n[ks ku vk, d f Bu 'kCn ds vfkZ tš & 0; xrk] m | r] phRdkj] vkfn dks v/; ki d ' ; ke i V ij fy [kks vks Nk= mlga viuh dkw h ij uk/ djA

i qj kofUk , oaeW ; k ou &

- 1- t; xqr dku Fkk \
- 2- t; xqr usfdl dh fot; dk l ekpj fn; k \
- 3- l k; dky ds l e; mi xqr egkjkt dks dgk Wys tkuk pkgrs gS\
- 4- bl , dkdh dh dFkkoLrq dk Yi fud gS; k okLrfod
- 5- l ekV v'kkcd dks l R; dk okLrfod : i n[ks l s Hk; yxrk gS , d k fdl us dgka \

xg dk ; Z

- 1- v'kkcd mi xqr dh ckr l qdj pdr D; ka gq \
- 2- mi xqr l R; dk n'kz djkus ds fy; s l ekV dks dgk; ys tkuk pkgrs Fks \

dgkuh , oahk'k f'k{k.k

dgkuh , d y?kq, oavkune; h x | jpuk gA bl ds l kfk gh dgkuh f'k{k inku djus r Fkk mi nsk nus dk dk; Z djrh gA i pra=] foØeorsky] fgrki nsk vkfn bl ds mnkgj .k gA cky f'k{k.k earks bl dk egRo vks Hk c+ tkrk gA D; k id cPpka dks usrd f'k{k nus grq; g l cl s l jy] jkd vks fiz ek/; e gA

dgkuh D ; k g& i epn usdgkuh dks Li"V djrs gq dgk g& ^; g , d , d h xYi jpuk gSftl ea thou dsfdl h

, d vax ; k , d eukkkko dks inf'kr djuk gh y[kd dk m'is ; jgrk gA ml dspfj= ml dh 'ksh] ml dk dFkkud ml h , d Hkko dks i qV djrs gA mi U; kl dh Hkkar ; g ekuo thou ds l a wkz : i dksfn[kkus dk iz; kl ughadjrk ; g , d je.kh; m|ku u gkdj , d , d k xeyk gSftl ea , d gh i kks dk ek/kq Z vius l etur : i l snf"Vxkpxj gkrk gA

- dgkuh dsm'is ;**
- ftKkl k , oamRI qrk dks 'kkr djukA
 - vkRe l j{k.k inku djukA
 - LoLFk eukjatu dh f'k{k nsukA
 - dYiuk 'kDr , oardz 'kDr dk fodkl djukA
 - okd-'kDr , oafopkj 'kDr dks l q<+djukA
 - l oska dks fu; i=r djukA
 - pkjf=d xqka dk fodkl djukA
 - vkn'kz thou ds ifr pruk fodfl r djukA
 - eukofuk; ka dks i fjektir djukA

dgkuh f'k{k.k dh mi ; ksrk& Hkk"kk f'k{k.k rFkk ckydka ds 0; fDrRo fodkl gsrqdgkuh dh viuh mi kns rk gSftl s
fuEu fcnyka }kjk Li "V fd; k tk l drk gA

- 1- ckydka dk l kekl; Kku o/kz
- 2- Lej.k 'kDr dk fodkl djukA
- 3- 'kCn HkA/kj ea of) djukA
- 4- fopkja ea Øec) rk yukA
- 5- l tukRedrk dk fodkl djukA
- 6- vfHkO; fDr dh ; kx; rk dk fodkl djukA
- 7- ekuo 0; ogkj , oapfj= dk ifjp; iklr djukA
- 8- voykdu , oafujh{k.k 'kDr dk fodkl dyka
- 9- fo"k; oLrqea jkpdrrk , oalokHkkfodrrk yukA
- 10- l e; dk l nq; ksx djukA

dgkuh dspako gsrq/; ku nsis; k; ckr&

cPpka dh f'k{k dk egROI wkze/; e gSdgkuh] vr%f'k{k.k gsrqdgkuh dk p; u djrs l e; fuEukidr ckrk
dk /; ku j [kuk pkfg, A

- 1- dgkuh dh fo"k; oLrq dFkkud 1/2 fo | kfkz; ka dh vk; qds vuqny gksuk pkfg, A
- 2- fo"k; oLrqea fØ; k'khyrk fo | eku gkA
- 3- dgkuh ea dFku Li "V vkj okD; l iklr gksus pkfg, A
- 4- nq'kkr vkj udjRed l kp okyh dgkfu; ka dk puko u djA

- 5- dgkuh i w{kz-%dkYifud u gk{dj okLrfod thou dsdjhc gkuh pkfg, A
- 6- dgkuh ea rdZ vdF; dks l e>us dh 'kfDr gkuh pkfg, A

dgkuh l qkrs l e; f'k{k d dh fo'kkrk, &

dgkuh ek= cPpkadseukjat u grqu gk{dj Nk=ka dks ufrd fodkl , oa thou l ædkh Kku n&seæegRo iw{kz Hkfredk dk fuokzj djrh gsvr% dgkuh dgrs l e; f'k{k d dks dkQh l ko/kkuh j [kuh gkrh g&

- 1- f'k{k d dks dgkuh ds l Hkh rRoka dh i w{kz tkudkj h gkuh pkfg, A
- 2- f'k{k d cky eukfoKku l s ijh rjg ifjpr gkA
- 3- vflku; dqkyrk l s i j i w{kz gkA
- 4- ok.kh ea vkstfLork gkA
- 5- n'; ka dks ewrZ djus dh {kerk gkA
- 6- dgkuhdkj dh Hk'kk /kkj kokfgd cksk xE; gkA
- 7- f'k{k d dgkuh dh i j h dFkkoLrq l s i j fpr gkA
- 8- f'k{k d dFku 'kSyh l s HkyhHkkr i j fpr gks

; fn dgkuh cMh gS rks ml s rhu pjv vflor ea foHkfr dj n&uk pkfg, rFk chp&2 ea dFkud l s l ædkh izu i nrsq bl ckr dh l r'V Hkh dj yuk pkfg, fd cPps dgkuh dks l e> ik jgs g&; k ughA dgkuh f'k{k.k ds l k&ku&

ifjp; kRed l puk, & d{k{k} fo" k;] bdkb] fnukd] dkyak] l e; kof/k] i dj .k m | s ; & kkuRed] vFkzq.k] vflk; fDr] vflk: fp] vflkofUk] l gk; d l kexh] i wKku] i kB; kfel puA

iLrqhdj.k&

- 1- dgkuh dks foLrkj dh n"V l s foHkku vflor ea djuk
- 2- i Fke vflor dks l ukuk ; k fp=kRed in'ku dsek/; e l sfo" k; oLrqLi"V djukA
- 3- , d vflor dh l ekflr ij izu djukA
- 4- bl i dj l Hkh vflor dh l ekflr ij Øe' k% izu djuk rFk dgkuh dks i w{kz djukA
- 5- dgkuh dFku n&ka

' ; lei V dk; & dFbu 'kOnka, oa egkojka rFk l kjak ds fcln/ka dk y&ku

i qjlor& izuk&kj vFlk l kjak dsek/; e l s

xg dk; Z

dgkuh f'k{k.k

i B ; k&uk

Nk=k/; kfi dk dk uke

d{k

fo/k

fnukd

dkyak

vof/k

i dj .k&dl& dh prjkbz

mís; &

- 1- Nk=ka dks dFku 'kSyh I svoxr djkukA
- 2- dgkuh I s l a&/kr Hkkoka I svoxr djkukA
- 3- Nk=ka ea dgkuh I qus , oa i < use ea : fp tkxr djuk
- 4- dgkuh dsek/; e I s u&rd f'k{k o I n&f&Uk dk fodkl djukA
- 5- Nk=ka ea fun& k dsek/; e I s Jo.k dksky dk fodkl djukA

i nKlu& Nk=ka us d{kk rFkk n&ud thou ea dbZ dgkuh I qh g&srFkk i < h g&

I gk; d I lexh& dgkuh] I a&kh pkVZ vFkok I hMh

i Lrkouk& mM&f&k&mM&f&k dks/v vk; kA fy, pkp ea ij h jk/h

rkt h&rkt h] p&ij Mh&p&ij Mh] xky&2 Fh eks/h&2

n&{kk ykeMh us rc mudk& cB p&pk Fkk Mkyh ij tc

ykeMh ckyh] I q yk&H&S k] vkt r& ep&s xhr I qk vka

dks/v ckyk ykeMh cguk] vc u r&igkj h nky xysx

vc rd cgr cg p&pk i kuh

izu i Lr& i&Dr; ka I sykeMh dh fdl prjkbZ dk i rk yxk \

^vkt ge dks dh prjkbZ dgkuh dk v/; ; u dj&s

i Lr&rdj.k&v/; ki d , d fp= ds }kjk izu vkj& dk dj&xk

- | | | |
|-----------|--------------------------|----------------------|
| i Fke fp= | 1- og dks& gS\ | og dks/v gS |
| | 2- bl dh pkp ea D; k gS\ | ml dh pkp ea jk/h gS |
| | 3- og D; k dj jgk gS\ | mM+jgk g& |
| | ¼p= }kjk ?kVuk dk o.k&½ | |

- | | | |
|-----------|-----------------------------|----------------------|
| n& jk fp= | 1- dks/v dgk; cBk gS\ | dks/v Mkyh ij cBk gS |
| | 2- uhps dks& cBk gS\ | ykeMh |
| | 3- ml us dks I s D; k dgk \ | xhr I qkus dks |
| | ¼p= }kjk ?kVuk dk o.k&½ | |

- | | | |
|-----------|--------------------------|------------------------|
| r&rh; fp= | 1- dks/v D; k dj jgk gS\ | dks/v xkuk xk jgk gS |
| | 2- jk/h dgk; j [kh gS\ | dks ds i ats ea |
| | 3- ykeMh D; k I kp jgh \ | ¼p= I s ?kVuk dk o.k&½ |

- | | | |
|--------------|-------------------------|---------------|
| 4- pr&kZ fp= | 1- dks/v D; k dj jgk gS | jk/h ysjgk gS |
| | 2- ykeMh D; k dj jgh gS | tk jgh gS |

i qjkof&Uk , oa&w; k&du iz uk&kj }kjk

- 1- i M+ij dks& cBk Fkk \

- 2- ykēMh us dks I s xkus dks D; kē dgk \
- 3- D; k dks us xkuk I qk; k \
- 4- ykēMh D; kē pyh xbz \

xgdk; & bēkunkjh ij vk/kkfjr dkbz dgkuh rš kj dhft, A

iBxr izu bdkbz^c*

- 1- iM̄r txékFk ds vuq kj dko; dh ifjHkk"kk fyf[k; A
- 2- x | f'k{k.k dsfdllghanks mīś; kē dē mYyś[k dhft; A
- 3- 0; kdj.k dh ifjHkk"kk fyf[k; A
- 4- , dkaēh f'k{k.k dh fdllghanks fof/k; kē ds uke fyf[k; A

bdkbzI kj&

iLr̄r v/; k; eafofHkku f'k{k.k ifof/k; kē tš &/oful kē;] I qks vkś ckykś nś kka vkś dgkē vuqj.k fof/k] bdkbz ij h{k.k] vH; kl fof/k] U; ure 'kCn ; ēefof/k 0; frjēdh fo'ySk.k fof/k] vkxeu fuxeu fof/k; kē dē I āks ea ifjp; nrsqg Hkk"kk f'k{k.k ea bu ifof/k; kē dsegRo dksn'kz k x; k gā I kFk gh Hkk"kk f'k{k.k dh fofo/k fo/kkva ea fdu fcny/kē dks /; ku eaj [kdj Hkk"kk f'k{k.k dj; k tk; bl dh : ijs[kk dks f'k{kē dh I qo/kk grqiLr̄r fd; k gā tš sdfork] x |] 0; kdj.k] , dkaēh] dgkuh rFk iR; d [kM ds I kFk v/; ; u dseW; kēdu grqviuh ixf̄r tkfp; s vkś fu; r dk; Zds: i eadN oLr̄fu"B] ckskkRed o ik; kēxd izu fn, x, gSrkfd fo | kFkiz i kB; I kēx̄ dksfdruk I e> ik, gSbl dh tkēb gks I dā

vke ijh{k.k izu

- 1- /ofu I kē; fdl sdgrsgs\ pkj /ofu I kē; okys 'kCn fyf[k, \
- 2- I qka vkś ckyks fof/k dks mnkgj.k ndj Li"V djks \
- 3- nś kka vkś dgks fof/k I sNk= Hkk"kk fdl izdkj I h[krs gā
- 4- vuqj.k fof/k D; k gS Li"V dhft, \
- 5- bdkbz fof/k dks ifjHkk"kr dhft, \
- 6- izu iz qDr D; k gS\ dēky f'k{k.k dsfy, bl sfdl izdkj iz lēx djuk pkfg, \
- 7- vH; kl dsfdrus izdkj gkrs gS\
- 8- U; ure ; ēe fof/k dh nks fo'kšrk, acrk, A
- 9- 0; frjēdh fo'ySk.k fdl sdgrsgā
- 10- vkxeu vkś fuxeu fof/k ea v̄rj Li"kv dhft; A
- 11- v- ğI I s; q̄r okD; gā* iLr̄r ifjHkk"kk g&
 v½ txékFk ¼c½ fo'oukFk ¼ ½ vkuno/kz ¼n½ dkfyntl
 c- ~kCnkuqkkI u gh 0; kdj.k gS 0; kdj.k dh ; g ifjHkk"kk g&
 v½ iartfy ¼c½ MKW LohV ¼ ½ t&j ¼n½ rhuka ea I s dkbz ugha

- l - thou dh fdl h , d ?kVuk dk n'; fp= g&
 v½ dgkuh ¼c½ , dkædh ¼ ½ mi U; kl ¼n½ ukVd
 n- ^dgkuh , d je.kh; m|ku u gkdj , d , d k xeyk gsfTl ea, d gh i k&ksdk ek/kq Zvi us
 l etur : i l snf"Vxkpj gkrk gA** mDr dFku g&
 v½ t; 'kdj i l kn ¼c½ vejdkr ¼ ½ iæpn ¼n½ fueÿk oekZ

fu; r dk; Z&

- 1- dfork dk y; v½ gko Hkko ds l kFk i kB dja&
- 2- ^l Kk ds Hkn* ij , d i kB ; kstuk r\$ kj dhft, A
- 3- i ; kbj .k l j {k.k dks ydj , d , dkædh r\$ kj dhft, v½ d {kk ea Nk=ka } kj k ml dk
i Lr rhdj .k dhft, gS
- 4- dgkuh f'k {k.k ds fy, dkæul h i fof/k mi ; q r gkxh vi us l kFk; ka l s bl l ædk ea pplZ
djA

i k B x r i z u k æ d s m ū k j

i k B x r i z u ^ v * d s m ū k j

- 1- /ofu l kE; i fof/k
- 2- n s [k k a v k j d g k a f o f / k
- 3- n s [k k a v k j d g k s i f o f / k
- 4- y s [k u d k s k y
- 5- v u d j . k i f o f / k
- 6- b d k b z i f o f / k
- 7- i z u i z q D r i f o f / k
- 8- i z u i f o f / k
- 9- v u d j . k
- 10- c P p k a d h f >> d n j g k s t k r h g A

i k B x r i z u ^ c * d s m ū k j &

- 1- je.kh; vFkz dk ifriknu djusokyk 'kCn gh dk0; gA
- 2- v Hk k " k k d s i f r v f h k : f p t k x r d j u k
c- Lok/; k; dh vknr fodfl r djukA
- 3- 'kCnkuqkk l u gh 0; kdj .k gA
- 4- ¼ ¼ d { k k f h k u ; i z k k y h ¼ ¼ j æ e p h ; i z k k y h

u k / % vkRe ij h {k.k izuka ds m ū k j Nk= i k B d s v / ; ; u d s v k / k j i j L o ; a g y d j u s d k i z k l d j A



i=kpkj iB; Øe
ek;/ fed f'k{k e.My e-ç-] Hkiky
½kjk I ok/kdkj I jf{kr½
fMlyek bu , T; øðku] ijh{k
iEke o'k

ižu i= & pr{k

fo"k; & fglh Hk"kk f'k{k.k

iB&7

fo"k; k{k

mi bdkbz &

- 1- Hk"kk f'k{k.k %
eW; kdu , oauokpkj
- 2- n{krk vk/Mjr eW; kdu
- 3- eW; kdu dh fo'k{rk, i %
 - 1- ; FWFk-k
 - 2- fo'ol uh; rk
 - 3- I øerk
 - 4- oLrfu"Brk
 - 5- 0; ogkfjdrk
 - 6- oKkfudrk
- 7- rkdZrk
- 4- eW; kdu ds izdkj %
funkuRed , oami pkjRed] Loew; kdu
- 5- ijh{k , oaeW; kdu
- 6- ižu i= jpuk &
ek[kd] fyf[kr] oLrfu"B] y?mRrjh;] fucRed
- 7- Cyfi dsvk/kj ij ižu i= jpuk o ifj. Meladk fo'ySk.kj vln'k mRrjladh jpuk

fi z] Nk=k; ki d]

fi Nys iB ea vki us' f'k{k.k i fof/k; ka dsckjs ea i <kA bl iB ea ge fglh Hk"kk , oamI ds f'k{k.k ds vrxr eW; kdu dsckjs ea tkuxA

eW; kedu

eW; kedu dk vFkZ

f'k{k.k , d f=/kph; i fØ; k gS& l oZ Eke f'k{k.k&fu/kkZjr fd, tkrsg fQj bu mnas ; ka dh i kflr dsfy, vf/kxe vuttko inku fd, tkrsg vlsj bl dsckn fofHku rduhdka , oal k/kuka dh l gk; rk l s ; g irk yxkus dk iz kl fd; k tkrk gSfd f'k{k.k&dk; Z nekjk i wktu/kkZjr mnas ; ka dh i kflr gPZ gS ; k ugha f'k{k.k&mnas ; ka dh i kflr dsLrj dh tkp djus dh bl h i fØ; k dks eW; kedu dgk tkrk gA

eW; kedu dk 'kkfCnd vFkZ gSeW; vkdukA fgnh&f'k{k.k ea eW; kedu l srkRi ; Z gSbl ckr dh tkp djuk fd f'k{k.k ds ifj.kkeLo: i Nk=ka ds 0; ogkj ea D; k ifjorZu gPZ gA f'k{k.k l s i wZ ftu f'k{k.k&mnas ; ka dks fu/kkZjr fd; k x; k Fkk f'k{k.k nekjk Nk=ka dks mudh i kflr fdl Lrj rd gPZ gS v/ ; ki d vius f'k{k.k&dk; Z ea dgk rd l Qy gPZ gS cPpka dh : fp; kP : >kukP ; kX; rkvka vlsj 0; ogkj ea fdruk ifjorZu gPZ gS bl ckr dk vuoku eW; kedu nekjk gh l Hko gkrk gA bl izdkj eW; kedu nekjk fo"K; oLrqds Kku dh tkp rks gkrh gh gS l kFk gh ckyd dh : fp; kP vfhkofRr; kP ; kX; rkvkP nf"Vdks kka vkfn ds ifjorZu rFkk fodkl dh tkp Hkh dh tkrh gA bl hfy, eW; kedu dk {ks= ij h{kk l s vf/kd 0; ki d gkrk gSD; ki d ij h{kk dk l adk dny fo"K; oLrws Kku dh tkp l s gkrk gA

eW; kedu ds vFkZ, oaidfr dks vlsj vf/kd Li"V djus grage ; gk dN ifl nA ifjHkk"kkvka ij fopkj djuk pkgA

1- l h l h- j k W 1/2 C. C. Roos ds vuq kj & P eW; kedu dk iz, kx cPps ds l a wZ 0; fDrRo vFkok f'k{k.k dh l eph fLFkr; ka dh tkp& i fØ; k dsfy, fd; k tkrk gAB

2- ts MCY; w jkbVLVku 1/2 W. Rogitstpm 1/2 ds vuq kj & P eW; kedu ea 0; ki d 0; fDrRo l s l ad/kr ifjorZu karFkk f'k{k.k&dk; De dseq; mnas ; ka ij cy fn; k tkrk gA bl eadny fo"K; & oLrqdk eW; kedu gh l fefyr ugha cfYd nf"Vdks k] : fp; kP vkn'kkP fpru&fof/k; kP dk; Z vknrkP oS fDrRd rFkk l kdf t d l ek; kst u ; kX; rkvka dk eW; kedu Hkh l fefyr gAB

3- jk"Vh; 'kS{k d vuq alkku , oal f'k{k.k ifj"kn- 1/2 NCERT 1/2 ds vuq kj & P eW; kedu , d , d h l rr o 0; ofLFkr i fØ; k gS tks nq krh gSfd&

(i) fu/kkZjr 'kS{k d mnas ; ka dh i kflr fdl l hek rd gks jgh gA

(ii) d{k k ea inku fd, x, vf/kxe vuttko fdrus i Hko'kkyh jgs gA rFkk

(iii) 0; ogkj ifjorZu dh i fØ; k fdrus vPNs < x l s i wZ gks jgh gA

bl rjg eW; kedu& i fØ; k ea fuEu rhu i {kka ; k vaks dh mi fLFkr vfuok; Z : i l s i kbZ tkrh gA

(i) f'k{k.k mnas ; (ii) vf/kxe vuttko (iii) 0; ogkj ifjorZu eW; kedu& i fØ; k ds bu rhu i {kka ea fufgr l adka dks fuEu f=Hkq kdkj fp=kdf nekjk HkyHkkf l e>k tk l drk gA

mij kDr foj.k l s vc ; g vPNh rjg Li"V gks l drk gSfd eW; kedu , d , d h 0; ki d rFkk cgvk; keh i fØ; k gSft l ds ek/; e l s f'k{k.k vf/kxe i fØ; k l s t y/h l Hkh ckrka dk ij h rjg eW; vkdukA dk iz Ru fd; k tkrk gA f'k{k.d us D; k fd; k] fon; kFkZ usfdl izdkj l s vf/kxe vuttko vftZ fd,] fof/k; ka rFkk okrkoy.k dk f'k{k.k&vf/kxe ea D; k ; kx nku jgk] mnas ; ka dh 0; ogkj xr ifjorZu ka ds l mHkZ dsfdl : i ea i kflr gPZ vkfn&vkfnA

eW; kedu dk egRo

f'k{k.k ea v/; ki d , oal Nk= nksuka ds fy, gh eW; kedu dk fo'kSk egRo gkrk gA fgnh&f'k{k.k ea eW; kedu ds egRo dks fuEu : i l s Li"V fd; k tk l drk gS%

1- fgnh&f'k{k.k ds mnas ; ka dh i kflr ea l gk; d gS (Helpful in achieving aims of Hindi Teach-

ing)& eW; ka du gh og og i fØ; k gSftl dsnekjk f'k{k.k dsmnæs; ka dh i kflr dh tkrh gA Nk=ka ds0; ogkj&ifjorzu ds Lrj vls I hek dh tkrh eW; ka du dh foHkku rduhdka ds nekjk gh dh tkrh gA ; fn mnæs; ka dh i kflr okiNr Lrj rd ughagkrh gS rks f'k{k.k&fØ; k dk i qo{x.k.k fd; k tkrk fd; k tkrk gA bl izdkj eW; ka du gh f'k{k.k dks mnæs; ka dh i kflr dh tkrh gA

2- f'k{k.k&fØ/k; ka ds mfpe papko , oa iz kx ea l gk; d gS (Helpful in the proper Selection of Teaching Methods)& f'k{k.k&i fØ; k , d f=/kph; i fØ; k gA f'k{k.k&mnæs; ka ds fu/kkz .k ds i 'pkr-mudh i kflr dsfy, v/; ki d f'k{k.k&dk; Z dks fØ; kflor djrk gA f'k{k.k&fØ; k dks dqkyrki wZ l a lu djus dsfy, v/; ki d foHkku izdkj dh f'k{k.k&fØ/k; ka dk iz kx djrk gA bu f'k{k.k&fØ/k; ka dh l Qyrk ; k vl Qyrk dk kku eW; ka du ds i j .kke l s gh gks l drk gA

3- Nk=ka dh ixfr dh tkudkjh gkrh gS (Helpful in knowing about the progress of the Students)& Nk=ka dks fon; ky; ea tks Hkh dN fo"i; I ædkh Kku fn; k gS ml dks Nk=ka us fdruk xg.k fd; k gS bl ckr dh tkudkjh eW; ka du l s gh gkrh gA i j h{k.k.k vkn eW; ka du rduhdka l s gh ; g Kkr gkrk gSfd Nk= us fon; ky; ea fdruh ixfr dh gS dks l k Nk= fdl Lrj ds ; kx; gS vknA

4- Nk=ka dh vyx&vyx oxka ea foHkkrtr djus ea l gk; d (Helpful in Classifying the Student)& eW; ka du ea tc Nk=ka ds miyfØ/k&Lrj dh tkudkjh gks tkrh gS rks ml ds vk/kkz ij mlga vyx&vyx oxka ea foHkkrtr djus ea l gk; rk feyrh gA dks l k fon; kFlz fdl Lrj ds ; kx; gS dks l s fon; kFlz nlvj s fon; kFlz ka l svf/kd ; kx; ; k de ; kx; g&bl ckr dk fu.kz yus ds mi j kr gh mlga vyx&vyx oxka ea oxhkr fd; k tkrk gS vls mudsekuf l d Lrj ds vuq i gh f'k{k.k

5- Nk=ka dh detksj ; ka dks tkuus ea l gk; d gS (Helpful in diagnosing the weak points of the Students)& eW; ka du i fØ; k l s Nk=ka dh detksj ; ka dk Kku gkrk gA dks l k Nk= Hk"kk ds fdl {k= ea detksj gS fdl s'knp/k mPpkj .k ugha vkrk] fdl dh fyf[kr vHkO; fDr ea nksk gS dks v{kj&fol; kl l æd kh =qV djrk gS dks v{kj&fol; kl l ædkh =qV djrk gS dks okpu ea detksj gS vkn ckr ka dks tkudkjh eW; ka du l s gh gkrh gA

6- Nk=ka dh detksj ; ka dks nij dj mudh ixfr ea l gk; d gS (Helpful in the progress of the students by removing their shortcomings)& eW; ka du l s tc Nk=ka dks viuh detksj ; ka dk i rk yx tkrk gS rks os muds i fr l pr gks tkrh gA vls mlga nij djus dk iz kl djrs gA

7- Nk=ka dks v/; ; u dsfy, i j r djrh gS (Helpful in inspiring the students towards to the Studies) & eW; ka du i fØ; k Nk=ka dks i <wbZ djus dsfy, i j r djrh gA tks Nk= fon; ky; ea fu; fer : l l sv/; ; u dk; Z ugha djrs gS tc mlga Kkr gkrk gSfd i j h{k.k ; k i j h{k.k gks okyk gS rks os Hkh i <wbZ ea tv tkrh gA

8- Nk=ka dks 0; fDrxr ekxh'ku ea l gk; d gS (Helpful in providing individual guidance to the Students)& eW; ka du nekjk Nk=ka ds 0; fDrxr varjka dk i rk py tkrk gS vls v/; ki d Nk=ka dh ; kx; rk ds vuq kj gh mfpr ekxh'ku djus dk iz kl djrk gA

9- ekrk&fi rk dks Nk=ka dh ixfr dh tkudkjh gkrh gS (Helps parents to know the progress of their wards)& eW; ka du ds nekjk gh cPpka ds ekrk&fi rk ; k vHkHk kodka dks fon; ky; ea vi us cPpka dh fØ; kvk fodkl rFlk i xfr dh l gh lFlkr dh tkudkjh gkrh gS vls bl ds vk/kkz ij gh os cPps dh f'k{k dsfy, mfpr l fo/kk/va dh 0; oLFk djrs gA

10- 'kS{k.d , oa 0; ol kf; d ekxh'ku ea l gk; d gS (Helpful in providing Educational and Vocational guidance)& eW; ka du ds nekjk Nk=ka dh ; kx; rk] {kerk] eukofRr] : fp; ka rFlk n"V dks ka dk i rk pyrk gA bl l s Nk=ka ds 'kS{k.d , oa 0; kol kf; d funku ea l gk; rk feyrh gA bl izdkj l s ; g Li"V gSfd f'k{k.k&i fØ; k ea eW; ka du dk egroi wZ LFkku gA eW; ka du ds vuq i fufnZB

ekxZij vxl j gksuokys cPpsgh l ek; kstr 0; fDrRo l s; þr gkdj thou ea l Qyrk iklr djrs gA eW; kdu vk; ke

eW; kdu dh i fØ; k eapf'k{k.k rFkk ijh{k.kB l kFk&l kFk l Eiknu fd; k tkrk gA bl fy; seW; kdu dk iz kx vf/kd 0; ki d : i eafd; k tkrk gA bl eaeki u Nk=ka dh fu"i fRr; ka rd gh l hfer ugha gkrk gð vfi rpf'k{k.k dh l Ei wkZ i fØ; k dk eW; kdu^ fd; k tkrk gA ^ijh{k.k^ døy ckydka dsfu"i fRr; kädseki u rd l hfer gA eW; kdu^ eackyd ds l Ei wkZ 0; ogkj&ijforZu vls f'k{k.k dh i fØ; k dsmi dj. kka, oabf/ k; ka dk eki u fd; k tkrk gA fo |ky; eackyd f'k{k.k xg.k djus ds fy; svkrk gA og fo'kSk izdkj ds vuttko vi usfo |ky; ds thou ea iklr djrk gA bu vuttko l sml ds Kku ea of/n l kpusdk <x cnyrk gð ml dh dk; Z'ksh ea ijforZu gkrk gsrFkk ml dh l onu'khyrk , oa vfhkofRr fodfl r gkrh gA ckyd bl l Ei wkZ fodkl dks 0; ogkj&ijforZu^ dgrsgA bl 0; ogkj&ijforZu^ eackyd ds KkukRed] fØ; kRed rFkk HkkokRed i{k l fefyr gA f'k{k.k izkkyh dh l Qyrk 0; ogkj&ijforZu l s gh Kkr dh tkrh gA eW; kdu i fØ; k }kj k fuEukidr ckrka ds ckjs eafu'p; fd; k tkrk gA
 ¼½ f'k{k.k ds mnas; ka dh iklr fdl l hek rd gðZ gS\
 ½ l h[kus ds vuttko fdrus i Hkko'kkyh gA\
 ⅓ ckydka ds 0; ogkj&ijforZu ka ds Lrj dk eki u fd; k tkrk gA

f'k{k.k dh i fØ; k dks ch, l - Cye usf=& i nh i fØ; k (Tri polar process) l s inf'kr fd; k gA

- 1- 'k{k.kd mnas;
- 2- vf/kxe ds vuttko
- 3- 0; ogkj&ijforZu

eW; kdu vk; ke eaf'k{k.k ds mnas; k l h[kus ds vuttko ka rFkk 0; ogkj&ijforZu ka ea ?kfu"B l Eca LFkfi r fd; k tkrk gA f'k{k.k , oa ijh{k.k fØ; k; a l kFk&l kFk l Eikfnr gkrh gA vls mnas; & dñr y{; dk l gh vupeku yxk; k tkrk gA

fglhh dseW; kdu vk; ke

f'k{k.k mnas;	l h[kus dh i fØ; k rFkk l h[kus ds vuttko	0; ogkj ijforZu ds vk/kkj ij eW; kdu
1- Kku & mnas;	0; k[; ku i/nfr] fy [kuk] xg & dk; Z, oa v/; ; u	¼½ ekS[kd ijh{k.k, i ½ fyf[kr ijh{k.k, i
2- dks ky & mnas;	mi; kx rFkk in'ku }kj k Nk=ka dks Lo; a dh fØ; kv ka dks vol j fn; k t k, & vH; kl A	¼½ ekS[kd ijh{k.k, i ½ fyf[kr ijh{k.k, i ⅓ iz kx kRed ijh{k.k, i
3- Kku iz kx mnas;	fd l h l eL; k ij okn & fookn] rdZ }kj k dkj.k , oa i Hkko dks l e>kuk] l o{k.k] 0; k[; ku] fujh{k.k rFkk l jpukv ka dk mi; kx A	¼½ ekS[kd ijh{k.k, i ½ fyf[kr ijh{k.k, i ⅓ iz kx kRed ijh{k.k, i fujh{k.k
4- : fp] vfhkofRr rFkk eW; ka dk fodkl mnas;	thou dh ifjLFkfr , oa l eL; k dk mYy[k djuka thou ifjLFkfr; ka , oa thou ds vuqwyu dk cksk djuka 0; k[; ku] izukRrj dgkuh] ukv dA	¼½ fooj.k rFkk vky[kka }kj k ½ vuqLFkr eki uh ⅓ fujh{k.k ¼ vuq[ph] izukoyh

eV; kœdu fof/k ea f'k{k.k ds l kfk gh ijh{k.k fd; k tkrk gA ckyd dk ijh{k.k Hkh bl ea mnæs; &dœUnr gkrk gA bl fy; s ijh{k.k f'k{k.k&fclnœ/ka ij vk/kkfjr gkrk gA ; fn ckyd ijh{k.k ea l Qyrk i klr ugha dj l dk gš bl dk vFkZ ; g gœvk fd l h[kus dh fœ; kvka }kjk mnæs; ka dh i klr ugha gks l dhA okf'kd rFkk bdkbz ; kst ukvka ds dk; kœo; u ds ckn gh ijh{k.k fd; k tkrk gA f'k{k.k&mnæs; ka ds dkyka kks ds vuq kj ijh{k.k izu&i = ds inkœ dh jpuk ij oy fn; k tkrk gsft l sf'k{k.k , oaijh{k.k ea l Ecl/k LFkkr fd; k tk l dA

ikB;xr izu

izu 1& eV; kœdu dk 'kfkœnd vFkZ D; k gS\

izu 2& eV; kœdu i fœ; k ea dks&dks l s i {kks dh mi fLFkr vfuo; Z gS\

uokpj

uokpj D; k gA\

f'fo'o earduhdh nf"V l s tks iœfr gks jgh gš ml s/; ku ea j [kdj f'k{kfon~vkš eukœKkfud] ftu uohu l k/kuka ds }kj kj f'k{k.k ea l œkkj yk jgs gš mlga^ kš{kœ uokpj^ (Educational Innovation) dgk tkrk gA

uokpj dk vFkZ&

^uokpj^ nks 'kœnka ds ; kœ l s cuk gš& i½ uo vkš ii½/kpkj

bl 'kœn dk vFkZ bl izkj g&

uo &u; kj uohu

vkpkj&vkpj.k] ifjorũ

uokpj og ifjorũ gš tks iœ&fLFkr fof/k; ka vkš inkFkš vkfn ea uohurk dk l pkj djA

vkšy Hkk"kk dk 'kœn g& ^bukœku^ (Innovation)A ; g 'kœn ^bukœv^ (Innovate) 'kœn l s cuk gA bl dk vFkZ g&

Innovate&½d½ to introduce novelties ½uohurk ykuk½

¼k½ to make changes ¼ifjorũ ykuk¼A

^bukœku^ (Innovation) dk vFkZ gœ& bog ifjorũ tks uohurk yk; A

uokpj&dœ ijHk"kk, j

uokpj ds Lo: i dks Hkyh&Hkfr l e>us ds fy,] bl dh dœ ijHk"kk uhps nh tk jgh g&

¼½ puokpj , d , d k fopkj gš 0; ogkj gsvFkok inkFkZ gš tks uohu gš vkš orœku Lo: i ea xqkkRed nf"V l s fHku gA

½½ puokpj og fopkj gš ft l dh irhfr] 0; fDr uohu fopkj ds: i ea djA

uokpj dh fo'kšrk, W

mi ; Dr ijHk"kkvka ds vk/kkj ij uokpj dh fo'kšrk, Wuhps nh tk jgh g&

1- uokpj , d , d k fopkj gš ft l s u; k l e>k tkrk gA

2- uokpj ea dkbz u dkbz fo'kšrk vo'; ik; h tkrh gA

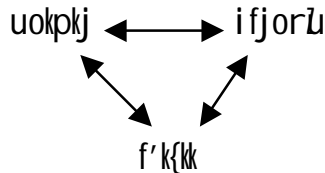
3- uokpj iz kl i wZ fd; k tkus okyk dk; Z gA

4- uokpj dks l e> cœdj dke ea yk; k tkrk gA bl dh mi ; kœrk dks /; ku es j [kdj gh , d k fd; k tkrk gA

5- uokpj ds }kjk orœku ifjLFkr; ka ea l œkkj ykus dk iz Ru fd; k tkrk gA

6- i pfyr fof/k; ka dh vi {kk&xqkka dks /; ku ea j [krs gœ uokpj vf/kd JSB vFkok mlur ekuk

tkrk g&
 fu"d"lz & fu"d"lz ds : i ea dgk tk l drk g&
 puokpj og fopkj g& ftl ds ekuus ; k Lohdkj djus okyk] ml suohu fopkj ds : i ea ns[krk vks
 vutlko djrk g&B
 ifjorzu vks uokpkj ijLij l Ec&/kr gS
 ifjorzu vks uokpkj nksuka gh f'k{kk ij i Hkko Mkyrs gS vks f'k{kk }kjk i Hkfor gksr g& bl s , d
 j[kfp= }kjk , d sLi"V fd; k tk l drk g&



bl l ædk ea ; s rhu ckra vko' ; d g&
 ¼d½ l dkkj dh nf"V l s'kS{k d ifjorzu dh pkgj
 ¼k½ mi ; Dr l nhlz ea uokpkj dk p; u]
 ¼x½ uokpkj dks iz, ksx ea ykus ds fy, l k/kuka dk vk; kstu djuka
 bl vk/kkj ij dgk tk l drk gS fd&
 ¼½ uokpkj vks 'kS{k d ifjorzu & buea ?kfu" B l ædk gS
 ¼i½ bul s f'k{kk ea l dkkj yk; k tk l drk g&
 vr, o ; fn uokpkj dks f'k{kk dk vk/kkj dgk tk,] rks dkbz vfr'k; kSDr u gksxhA

uokpkjæds i dki

f'k{kk ds {ks= ep uokpkj dh vo/kkj .k vHkh ijh rjg l sfodfl r ugh g&A vi usn'sk ea vHkh cgr
 de fo |ky; gS ftuea dHkh&dHkh uokpkj dks Lohdkj fd; k tkrk g& vHkh rd f'k{kk mnas ; ka dh i kflr
 ep ; kstuc) <x l suokpkj dk iz, ksx ugha fd; k tkrkA
 fo |ky; ka ea uokpkj ka dk iz, ksx djus ep ; s l eL; k, Wl keus vkrh g&
 ¼½ uokpkj dk p; u fdl vk/kkj ij fd; k tk, A
 ¼i½ fdl i dki ds uokpkj ka dks vi uk; k tk, A
 ¼iii½ uokpkj dk ifj. kke D; k gksx \ og fo |ky; dh fdl l eL; k dk l ek/kku djsxkA
 uokpkj dks nks oxkz ea foHkfr fd; k tk l drk gS %&
 ¼d½ l eL; k l ek/kku l ædkh uokpkj & tc fdl h nf"V l s ^vi s{kr ifjorzu ^ ds fy, vFkok fdl h l eL; k dk
 l ek/kku djus ds fy, fdl h uokpkj dk p; u fd; k tkrk g& rks , d suokpkj dh ^ l eL; k l ek/kku l ædkh
 uokpkj ^ dgk tkrk g&
 ¼k½ l keftd vlr%Ø; k l ædkh uokpkj & tc vi usgh fo |ky; ds fdl h f'k{kd vFkok fdl h vl; fo |ky;
 ds f'k{kd l suokpkj l ædkh dkbz tkudkj h i klr gksr h g& rks bl i dki ds uokpkj dks ^ l keftd vlr%Ø; k
 l ædkh uokpkj ^ dgk tk l drk g& D; k&id , d h fLFkr ea dkbz Hkh uokpkj foHklu 0; fDr; ka , oa foHklu
 l lFkkrvka dh ijLij vlr%Ø; k ds }kjk fodfl r gksrk g&

uokpkj dh I Qyrk dk eW; kedu

bl ckr dh tkp djusdsfy,] fd ftl {ks= ea geus uokpkj dk iz, lxx fd; k gS ml eafdruh I Qyrk i klr gpl , e- ch- ekbZyl us; sfopkj 0; Dr fd, g&

- 1- ftu 0; fDr; ka us uokpkj viuk; k gS og thou ep I nk ixfr iFk ij vxZ j gksrjgA
- 2- ftu mnas; ka dh i firZ dsfy,] uokpkj dks viuk; k x; k Fkk] D; k mu mnas; ka dh i firZ gplZ gA
- 3- uokpkj dk iz kj vU; fo"K; ka rd Hkh gkA
- 4- geus uokpkj dks ftl {ks= dsfy, viuk; k gS og ml {ks= rd gh I hfer u gkS vU; {ks= ka ds ykx Hkh] ml s viukusea viuh mRl dkrk izdV djA
- 5- fdl h uokpkj ds }kjk vftZ dks kyka dk iz, lxx] vixs vkus okys uokpkj ka ea Hkh fd; k tk I dA
- 6-

iB; xr itu

itu 1 & uokpkj fdl sdgrs gS \

itu 2 & uokpkj dh dkbZ, d fo'kkrk crkb, \

n{krk vk/Wjr eW; kedu

n{krk dk vFkZ gS fui qkrkA fo | kFkZ dh n{krk dk eW; kedu ml ds I okZk.k fodkl dk eW; kedu gS f'k{k dk mnas; ckyd dk I okZk.k fodkl djuk gA

f'k{k.k ean{krk vk/Wjr eW; kedu vk; ke ds iz, lxx dsfy; s I ki ku

v/; ki d dks eW; kedu vk; ke ds vUrxZ fuEukadr I ki kuka dk vuq j .k djuk pfg; s

- 1- f'k{k.k mnas; ka dk i fri knuA
- 2- f'k{k.k&mnas; ka dh i kflr dsfy; s I h[kus ds vuqkoka dk I tZA
- 3- ckydka ea gkus okys 0; ogkj & i fjorZka dk eW; keduA

1/2 f'k{k.k&mnas; k adk i fri knu

bl I ki ku ds vUrxZ v/; ki d dks f'k{k.k&mnas; ka dks Li "V < x I s fu/Wjr djuk i Mfk gA ckyd ds fodkl vj f'k{k ds mnas; ka dh i kflr dsfy; s f'k{k.k dk LFku bl izdkj gA f'k{k ds mnas; ka dks nks Hkxka ea foHkft r fd; k x; k g&

1/2 I keku; mnas; (General Educational Objectives)

1/4 1/2 KkuRed (Cognitive) mnas;]

1/2 1/2 HkkokRed (Affective) mnas;] rFkk

1/3 1/2 fO; kRed Conative) mnas; A

1/4 1/2 fof'k"V mnas; (Content-Objectives) 1/4 fo"K; &mnas; 0; kogkj d : i ek

1/4 1/2 fgluh vFkok Hkxka f'k{k.k] 1/2 foKku f'k{k.k]

1/3 1/2 xf.kr f'k{k.k] 1/4 1/2 Hkxksy f'k{k.k]

1/5 1/2 bfrgkl f'k{k.k] rFkk 1/6 1/2 dyk f'k{k.kA

eW; kedu dh i fO; k ea f'k{k.k ds 0; kogkj d mnas; ka ij gh vf/kd cy fn; k tkrk gS f'k{k.k ds I keku; 0; kogkj d mnas; ka dks fuEukadr Hkxka ea foHkft r fd; k tk I drk g&

1/4 1/2 Kku&mnas; (Knowledge-Objectives)& ckyd dks i fjfLFkr; k inka iR; ; k fl /nkUrka rFkk fu; eka dk csk dj; k tkrk gS ftl I sog igpku dj I dS Lej.k dj I ds rFkk ij [k dj I dA

1/2 1/2 dksy&mnas; (Skill-Objectives)& f'k{k.k }kjk ckydka ea i fjfLFkr; ka vjS thou dh I eL; kvka dk gy < us dh dQyrk] okroj .k ds I kFk vuqpyu dh {kerk mRiUu dj I dA ekuoh fO; kvka ij i Mts okys rF; ka ds i Hkko dks dkj .k , oa i Hkko ds : i ea 1/4 e>us dh {kerk dk fodkl gks I dA

1/3 1/2 vfhkofrr dk fodkl (Development of Attitude) & f'k{kk }kjk ckyd eavi us0; fDrxr] l kelftd rFkk jk"Vh; thou ij iMusokys rF; ka ds ifr l gh n"Vdksk fodfl r djuk gA

1/4 1/2 Kku iz kx mnas; (Knowledge Application Objectives) & f'k{kk l s i klr Kku dks vius thou dh ifjLFkr; ka ds fy; si z kx djus dh {kerk dk fodkl djuka fgl nh f'k{k.k ea Kku iz kx dk fo'kSk egRo gA

1/5 1/2 eW; ka dk fodkl mnas; (Development of Value Objectives) & f'k{kk }kjk thou ds ifr vi f{kr eW; ka dks fodfl r djuk , d ied[k mnas; gkrk gSft l l s kyd vius l ekt] jk"V" rFkk fo'o dk l q kx; ukxfjd cu l dA

f'k{k.k ds fy; s eW; ka du ea fuEufyf[kr fo f'k"V mnas; ka dk ifriknu fd; k x; k g&

1/4 1/2 rF; ka , oa fl /nkrka dk clsk djuka

1/2 1/2 ifjLFkr; ka ds Kku l snud thou dh l eL; kvka dk l ek/kku fudkyus dh {kerk vka dk fodkl djuka

1/3 1/2 rF; ka ds ifr fujh{k.k vls; thou ds rF; ka dks okroj .k ds : i ea l e>us dh {kerk dk fodkl djuka

1/4 1/2 ifjLFkr; ka ds ifr : fp rFkk ekuoh f0; kvka ij l ka dfrd i Hko dks l e>us dh {kerk dk fodkl djuka

1/5 1/2 rRoka ij ekuoh fuHkr dh l jkguk dh {kerk dk fodkl djuka

1/6 1/2 ekuork , oa fo'o&0; ki drk dh vfhkofrr dk fodkl djuka

1/2 1/2 I h[kus ds vutkoka dk l tu

eW; ka du dh i f0; k dk ; g ni jk l ki ku gA l h[kus ds vutkoka ds fy; s ied[k i fof/k; k; rFkk i f0; k; a fuEufyf[kr g&

1/4 1/2 f'k{k.k ds fo"K; mnas; A

1/5 1/2 i k B; 0e dk Lo: i A

1/4 1/2 f'k{k.k & fof/k; k; rFkk i fof/k; kA

1/4 1/2 f'k{k.k & l = , oa l gk; d l kexhA

1/4 1/2 i k B; & i q r da o xg dk; A

1/4 1/2 f'k{k.k d , oa Nk= dh f0; k' khyrkA

I h[kus ds vutkoka l s ckydka dh fu"i frr; ka (Achievements) }kjk mnas; ka dh i kflr ea l gk; rk feyrh gA

1/3 1/2; ogkj & ifjorZka dk eW; ka du

I h[kus ds vutkoka ds l tu l s ckydka ds 0; ogkj ea ifjorZka gkrk gA ckyd dks 0; ogkj & ifjorZka ml ds 0; fDrRo ds l Hkh i {kka l s l Eca/kr gkrk gA bl ds vlrxZr ckg; rFkk vkarfjd nksukagh i dky ds 0; ogkj l feefyr gA ckyd ds 0; ogkj ds rhu eq; i {k gkrk g& KkukRed (Cognitive), HkokRed (Affective), f0; kRed (Psychomotor) A f'k{kk ckyd ds d n fo'kSk xqkka : fp; ka , oa eW; ka dk fodkl djusea l eFkZ gkrh gA 0; ogkj & ifjorZka dk eW; ka du f'k{k.k ds mnas; ka dh fin'kk ea l h[kus dh f0; kvkarFkk vutkoka }kjk fd; k tkrk gA

vk/kfud ij h{kk iz kkyh ds rhu eq; nksk g&

1/4 1/2 ckydka ds l h[kus ds vutkoka , oa 0; ogkj & ifjorZka l s l ca/kr ugh gA fyf[kr ij h{kk; a jVus ij vf/kd cy nrh gA

1/2 1/2 ; g ij h{kk l Ei wkZ i k B; & oLrq ij vk/kfjr ugh gkrh gA

1/3 1/2 ; g ij h{kk; a oLrq u" B ugh gkrh gA rFkk fo'ol uh; ugha gA

eW; ka du vk; ke ea bu nkska dks /; ku ea j [krs gq dN fo' ksk izdkj dh ifof/k; ka dk iz kx
 fd; k tkus yxk gS ftueafuEukidr ckrka dk /; ku j [kk tkrk g&
 1/2 i kB; & oLrq, oa 0; ogkj & ifjoruka ds fy; s, d rkfydk r\$ kj dh tkrh gA
 1/2 bl rkfydk dh l gk; rk l s l Ei wkz i kB; & oLrq ij ij h {kk ds izuka dks r\$ kj djrs gA
 1/2 izu & i = ea oLrfu" B rFk fucl/krRed izuka dh 0; oLFk dh tkrh gA

iB; xr izu

izu 1& n{krk vk/kfjr eW; ka du ds {k= dks & dks l sgS\
 izu 2& Hk"kk dh n{krk dk eW; ka du ds sgsk gS\
 \

eW; ka du dh fo' kskrk, W

eW; ka du dh dfri; fo' kskrkvka dks /; ku l s l e> yuk vko'; d gS fd eW; ka du dk; Z ea
 vf/kdkf/kd fo' kskrkvka dk l oeko\$ k gk l dA eW; ka du ds fy, fuEufyf [kr fo' kskrkvka dk gskuk vko'; d
 g&

1- ; FkFkZ-k &

ftu bdkbz; ka ij cy fn; k x; k gS mlgha dk ij h {k.k gskuk pkfg, vFkZ f' k {k.k ds ek/; e l s
 fo | kFkZ ka dks tks fl [kk; k i < k; k x; k gS eW; ka du ml h ij vk/kfjr gskuk pkfg, A eW; ka du ; FkFkZknh gskuk
 vko'; d gA

2- fo'ol uh; rk &

eW; ka du ea fo'ol uh; rk vR; Ur vko'; d gA fd l h f' k {kd } kj l e; vlrjky l sml h fo | kFkZ dk
 eW; ka du fd; k tkrk gS rks fo | kFkZ dk LFku ogh gskuk pkfg, tks i wZ ea eki u , oa eW; ka du } kj i l r gpyk
 FkA i k rkdks ea Hkh vl ekurk ugkA

3- tlp eal qerk &

eW; ka du i/nfr bruh l qe gskuk pkfg, ft l l s fo | kFkZ ka dh {kerkvk ; kx; rkvka rFk ' k\$kf.kd
 ddkyrkvka dh tlp l qerk l s dh tk l ds rFk mudh dfe; ka vls ; kx; rk dks crk; k tk l dA

4- oLrfu"Brk &

izu , d scuuk pkfg; sft l ds mRrj , d gh gkA oLrfu"Brk gkus l s eW; ka du ea fd l h izdkj dh
 euekuh ugha dj l drk bl l s eW; ka du l Ppk gskrk gA

5- 0; ogkj drk &

eW; ka du 0; ogkj d gskuk pkfg, rkfd ml s 0; ogkj ea yk; k tk l dA

6- oKkfudrk &

eW; ka du l R; rkj ; FkFkZ-] o\$krk 0; ogkj drk vls oLrfu"Brk ds xqk vls y {k.k ka ds vuophy gkus
 ij oKkfud n"Vdks l s vkr i kr gk l drk gA izuka ds fuekZk ea Hkh oKkfudrk gskuh pkfg, A

7- rkfdZrk &

iB; Øe dh l eLr bdkbz; ka l s izu i nS tkrsgs bl l s fo | kFkZ ka dh p; u izfRr l ek l r gk tkrh
 gS vls og l Ei wkz v/; ; u grqrRij gskrk gA vucl izu rkfdZ izu Lrj ij r\$ kj fd, tkrsgSoKkfudrk
 dh fo' kskrk ds l kFk rkfdZrk dk xqk Hkh vk tkrk gA

eW; ka du ds izdkj

eW; ka du ds fuEu izdkj gksrk gS &

- 1- funkukRed , oa
- 2- mi pkj kRedA

funkukRed ijh{k.k dh vko' ; drk

fo | ky; ka ea fu"i fRr ijh{k.k ka dk iz lsk fd; k tkrk gA ftul s; g Kku gkrk gSfd Nk=ka usfdruk I h[kk gA Nk=ka ds l kQY; ds vk/kkj ij mRrh.kz vls vuRrh.kz ?kks"kr fd; k tkrk gS Jf.k; ka dk vba/u fd; k tkrk gA Nk=ka dk oxhbj.k fd; k tkrk gSvxyh d{kk ea i kbufr dh tkrh gA ijarqftu Nk=ka ds l Qyrk ugha fey l dha ml dk D; k dkj.k gS \ bl dk cksk fu"i fRr ijh{k.k l s ugha gkrk bl ds fy, funkukRed ijh{k.k ka dk iz lsk fd; k tkrk gA f'k{kk ijh{k.k dh nf"V l sfu"i fRr , oafunkukRed ijh{k.k, W, d ml js dh ijd gkrh gA fojkskh ugha 'kS{k d eki us ds varxZ nksuka izdkj ds ijh{k.kvka dks l fEefyr fd; k tkrk gA

fu"i fRr ijh{k.k ka }kjkk ckyd dh 'kS{k d ; kx; rkvka dk eki u fd; k tkrk gS l jy 'kCnka ea bl dk vFkz; g gpk fd Nk= usfd l h fo"K; l s l aB/kr i k B; oLrq dks fdruk l h[k fy; k gA ml sfu"i fRr %mi yfC/k½ dgrsgA bl izdkj fu"i fRr ijh{k.k ka }kjkk ; g fofnr gkrk gSfd Nk= usfdruk l h[kk gA bu ijh{k.k ka l s; g Kkr ugh fd; k tk l drk fd tks ugha l h[k l ds ml dk D; k dkj.k jgk gS \ bl ds fy, funkukRed ijh{k.k ka dk iz lsk fd; k tkrk gA

funku ds varxZ de vad ikr djus ds dkj.k ka dk l gh i rk yxk; k tkrk gA vk/kfud funku dh i fØ; k ds varxZ dgy funkukRed ijh{k.kvka rd gh l hfer ugha jgrsgA Nk= dh l eLr i fjfLFkr; ka dk voyksdu djds fof'k"V i kkkoka dks ij /; ku fn; k gS funku ds varxZ oLrfu"B fof/k; ka , oa i frf/k; ka dk iz lsk fd; k tkrk gA

vk/kfud funku ds varxZ Nk= ds 0; ogkj ds l Hkh {ks=ks dks l fEefyr fd; k tkrk gS ml s, d {ks=rd l d fpr : i ea l hfer ugha j[krsgA bl funku ds i k: i ea l kedu; {ks=ka dh v; kx; rk, WmnfS; ks, oa fof/k; ka dk fofHku 0; fDr ij i kko dk v/; ; u fd; k tkrk gS bl ds varxZ l kefgd funku fd; k tkrk gA dgy , d 0; fDr ds funku rd l hfer ugha j[kk tkrk gA

vk/kfud funku dh i fØ; k ds varxZ l p; h vkyS[ka ; k l rr-ijh{k.k ka dk iz lsk gkrk gA bl izdkj ds funku vf/kd 'kfn , oaf'o'ol uh; gkrsgA

funku dsdk; Z

funku dh i fØ; k 0; fDrxr vf/kd gkrh gS bl ds v/kksyf[kr dk; Z g& 1- oxhbj.k& funku dh i fØ; k dk oxhbj.k i kFfed l ki ku ; k y{; ekuk tkrk gA funku dh i fØ; k dks vkjEHk djus ds fy, ; g gSfd l Hkh Nk=ka dks l tkrh; l engla ea foHkkf'tr fd; k tk, A ; g foHkk'tu v/ kksyf[kr l kedu; xqkka ij vk/kkfjr gkrk g&

- ¼½ ekuf l d Lrj
- ¼½ 0; kol kf; d Lrj rFkk
- ¼x½ l ahr dh i D.krkA

bu Lrjka dk iz lsk iz kkl fud vFkok funku dh nf"V l sfd; k tkrk gA 2- fof'k"V ; kx; rkvka dk eki u& funku dk ml jk l ki ku Nk=ka dh fof'k"V ; kx; rkvka dk eki u djuk gkrk gS bl ds varxZ v/kksyf[kr fuEukadr ; kx; rkvka dk Lrj Kkr fd; k tkrk g&

- ¼½ l ek; kstu dk Lrj
- ¼½ vl ek; kstu dk Lrj
- ¼ ½ mRl qrk dk Lrj
- ¼½ fuj'k'kk dk Lrj
- ¼ ½ }Sk dk LrjA

3- funku l ædh dkj.k& ; g dk; Zl cl stfVy vls dfBu gkrk gA bl dsvarxZr ; g Kkr djusdk iz kl fd; k tkrk gSfd ml dsI h[kusdh detksj; kj ml dsI keku; ; kx; rkvka , oafof'k"V ; kx; rkvkaI sfdI izdkj l æi/kr gA bl dsvarxZr Nk=ka ds u l h[kus ds dkj .kka dk irk yxk; k tkrk gA

4- mi plj& funku dk vire dk; Z ; g gkrk gSfd Nk=ka dh detksj; ka dks nij fd; k tk, A tc ml ds detksj; ka dk dkj .k Kkr dj yrs gS rksmu dkj .kka dk nij djusdh i fof/k; ka dk p; u dj ds mudk iz kx djrs gS ftl l smudh detksj; ka dks nij fd; k tk l dA bl izdkj funku ds varxZr i wZdFku dk; Z Hkh fufgr gkrk gA Nk=ka dh detksj; ka dks nij dj ds gh muea l qkij yk; k tk l drk gA l qkij l s Nk=ka dh fu"i fRr; ka ds Lrj dks mBk; k tkrk gA bl izdkj funku dk dk; Z l kOY; rk Hkh gS vls funku dh fO; k xfr'khy Hkh gkrh gA l qkij kRed i fO; k 0; fDrxr vf/kd gkrh gA i R; d Nk= ea vi uh detksj; kj gkrh gA mPpkj .k l ædh dfBukbZ ka dk funku djuk vls dkj .kka dk irk yxkukk vi usea gh , d cMk dke vls bl dk {ks= Hkh ogn gA bl v/; ; u ea ed; dkj .kka dk gh mYys[k fd; k x; k gS l a wZ {ks= dk o. l u djuk l Hko Hkh ugha gA i fro"z u; & u; s Nk= vkrs gS mudh vi uh&vi uh dfBukbZ kllgkrh gA bl fy, ; g funkukRed i fO; k 0; fDrxr vf/kd gA mij kDr dkj .kka ds vfrfjDr dN dkj .kka dk mYys[k fd; k x; k gS ftudk funku ij h{k. kka l s l EHko ugha gA

¼½LokLF; l ædh funku& 'kkjhfd n" B l s l keku; gksus ij Hkh LokLF; dk nksk gks l drk gA ; g dgkor vf/kd 0; kogkfjd g& pLoLFk 'kjhj ea LoLFk eflr"d dk fuokl gkrk gA v/; ; u dh n"V l s Nk= dks LoLFk gksuk vf/kd vko' ; d gkrk gA bl ea vfhkHkkodka dh l gk; rk yh tk l drh gS vls muds LokF; dh tkp djkus l s dkj .k dk irk py l drk gA

¼½Lokloxr nks& Nk=ka ds LoHko ds dkj .k fy [kus i <us ea =qV; kll djrs gSD; ksd os i R; d dke tYnh djrs gA tYnh ea vdl j =qV; kllgkrh gA tcf d mlga 'kcnka dh orZuh dk l gh cksk gkrk gA

¼ ½ i kfjokjd fLFkr& Nk= dh i kfjokjd fLFkr l keku; ugha gS tS s vlfkZd fLFkr vPNh u gksuk] ekrr&fi rk vFkok vU; l nL; ka ea >xMs jguk vfn Hkh Nk=ka ds fy, dfBukbZ ka dk dkj .k gksr gA

¼n½ Nk= dh l æfr vPNh u gksuk okroj .k n"kr gksuk] foijhr i fjfLFkr; kllHkh dkj .k gkrh gA

funku dh fof/k; k

funku dh i fO; k ea i ed; k : i l snks izdkj dh fof/k; ka dk iz kx fd; k tkrk gS & ¼¼ nk' kZud fof/ k] rFk ¼¼ ij h{k. k fof/ka

¼¼ nk' kZud fof/k& funku , oa l ki s k i fO; k vf/kd gA funkukRed ij h{k. kka ds vk/kj ij Nk=ka dk 'kq'n : i ea funku fd; k tk l drk gS tc rd f'k{k d dk Nk=ka l s i kjLifjd l ædh u gA funkukRed ij h{k. kka l s; g fofnr gkrk gSfd Nk= fd l izdkj dh =qV djrs gS i j a q =qV djus dk D; k dkj .k gS \ bl ds dkj .k dk irk f'k{k d gh yxk l drk gS ftl dk Nk=ka l s l ædh jgk , oa i fjfLFkr; ka ij fuHkij djrs gA bl izdkj funkukRed ij h{k. k fo'ol uh; , oa oS] rHkh gks l drh gA tc ij h{k d dk ij h{k k f k z ka l s i kjLifjd l ædh jgk gks vU; Fk ml dk vFkZ u dj k 'kq'n , oa oS] ugha gks kA

¼¼ funkukRed ij h{k.k& funku dh ni jh fof/k funkukRed ij h{k. k gA l k/kj .kr; k bl h fof/k dk iz kx funku dh i fO; k ea fd; k tkrk gA funkukRed ij h{k. k dk iz kx ed; : i l s funZ ku , oa l qkij ds fy, fd; k tkrk gA funkukRed ij h{k. k l s; g fofnr gkrk gSfd , d Nk= dh fu"i fRr i ; kZr D; ka ugha gS \ bl dk dkj .k crkrk gA

fglhh eami pljh f'k{k.k

'k{kf.kd funku dk iz kstu gh mi pljh f'k{k.k gA 'k{kf.kd funku }kj k ckydka dh dfBukbZ ka dk irk yxkdj mu dfBukbZ ka dks nij djrs gq tks f'k{k d & dk; Z vi uk; k tkrk gS ml s mi pljh f'k{k.k dgrs gA

mi pkjh f'k{k.k ds Hkh muds : i gks I drsg& ckydka dh dfBukb; ka dk I kefgd : i I sfuokj.k vks mfpr vH; kl] oS fDrD Hknka ds vk/kkj ij o; fDrxr ckyd dh v'kq/n; ka dk fuokj.k] mi pkj xgka vFkok Hk'kk&i z; ks'kykvka ea ckydka ds mPpkj.k , oa Hk'kk I adkh if'k{k.k vks vH; kl A

mnkgj.k ds fy, I Loj okpu I adkh i dkyf[kr dfBukb; ka dks tku ysus ij mi pkjh f'k{k.k ds fuEukadr : i viuk, tk I drsg&

1/4 1/2 I o7 Eke f'k{k.d ds viuk vkn'kz okpu I Hkh nf"V; ka& 'kq/n , oa Li"V mPpkj.k] mfpr Loj] xfr] ; fr] i okg] vkjkg&vojkg vkfn I s vkn'kz cukuk pkfg, A

1/2 1/2 ftu /okfu; ka , oa 'kCnka ds mPpkj.k ea v'kq/n; kllgksh gS muds 'kq/n , oa Li"V mPpkj.k dh f'k{k.k vks vH; kl djukA

1/3 1/2 'kq/n , oa Li"V mPpkj.k vks ckn mfpr Loj] xfr] xfr] ; fr] i okg dh nf"V I s Hkh ckydka dks if'k{k.k dfBukb; ka dks nj djuk vks vFkz xg.k dh ; ka; rk c<kukA

1/4 1/2 'kCnkFkz I adkh dfBukb; ka dks nj djuk vks vFkz xg.k dh ; ka; rk c<kukA

1/5 1/2 vPN&vPNs vorj.k ka dk p; u dj okpu djuk] okpu ea : fp mRiUu djuk] vf/kd okpu ds fy, i kRi kgr djukA

1/6 1/2 ekS[kd jpuK I adkh fofo/k vH; kl &Hk'k.k] okn&fookn] dfork&ikB vR; k{kjh i fr; ksxrk vkfnA

bl ds vfrfjDr I Loj okpu I adkh mi pkjh f'k{k.k ea fuEukadr ckrka dk Hkh /; ku j [kuk gks&

1/4 1/2 nkSki wkZ I Loj okpu djusokys Nk=ka dh ; ka; rk dks /; ku eaj [krsqg muds vuqny fo"k; & I kexh }kjk mudk f'k{k.k i kJEHk djuk pkfg,] Hkysgh dN I e; ds fy, d{k Lrj I suhpsmrjuk i MA i Bu I kexh muds vuqny I jy vks jkd gksuh pkfg, ft I s /khj&/khj i Bu ea ml dh : fp c< xfr c<vks vFkz xg.k dh 'kDr Hkh c< okpu dks I kns; cukdj , s ckydka ea i <us ds i fr ij .kk mRiUu djuh pkfg, A

1/2 1/2 , s vH; kl fn, tk, ftudh mi ; ksxrk dk Nk= Hkh vuqko djrs pyA

1/3 1/2 ckydka dks Lo; aviuh i xfr tkuus dk Hkh vol j fn; k tk, A

1/4 1/2 jkd , oami ; ksh i qrdka dh ppk?kVukvka dk o.ku] I kgf d dgkfu; kV , s h dgkfu; kVftuea de i fr Hk okyskyd Hkh ifjJe , oav /; ok I k; }kjk egku] cu x, gk I ukbz tk, avks Nk=ka I si <okbz tk, W

1/5 1/2 ckyd ea fNi h gpz fd I h fo'k"V i fr Hk] ; ka; rk] dqyrk dk ml s vkHkkl djuk ft I s ml dh ghu Hkouk nij gS I dkp vks f>>d nij gS vkRe I Eeku dk Hkko i nk gks vks og fuHkzI cuA vfHku;] okn&fookn vkfn dk; Øeka I s Hkx ysus ds fy, ml si i jr vks i kRi kgr fd; k tk, A

bl i dkj Hk'kk&f'k{k.k ds {k= ea ckydka dh Hk'kk I adkh dfBukb; ka dks nj djus ds fy, 'kSf.kd funku , oami pkjh f'k{k.k dh i fØ; k vi ukbz tk I drh g& fuLI Unsg gh ; g i fØ; k ckydka dh I h[kus I adkh dfBukb; ka dks nj djus vks mlga mfpr 'k{k.d i xfr ds fy, rS kj djus ea mi ; ksh gkschA

^k{k.k.d funku , oami pkjh f'k{k.k^ dk egRo

vk/kqud f'k{k.k ea ^k{k.k.d funku , oami pkjh f'k{k.k^ , d uohu iz ks gS vks bl I smu ckydka dks fo'kSk yHk gS tks fdUgh dkj .ka I s I h[kus dh fØ; k ea fi NM+tkrs g& vks vi f[kr i xfr ughadj i kR^ ^k{k.k.d funku , oami pkjh f'k{k.k^ dh mi ; ksxrk, j I kI ea fuEukadr g&

1/4 1/2 'k{k.k.d funku }kjk ckydka dh I h[kus I adkh dfBukb; kV/dk irk py tkrk g&

1/2 1/2 dfBukb; kV, oa dkj .ka dks nj djus ea I epr f'k{k.k&i fØ; k vi ukbz tkrh g&

1/3 1/2 f'k{k.k i fØ; k i Hkko'kkyh gkrh gS vks ckydka dks vi uh 'kFDr , oa ; kx; rkuq kj
 'k{k kd i xfr djus dk vol j feyrk gA
 1/4 1/2 mi pkjh f'k{k.k }kjk Nk=ka dh 0; fDrxr dfBukb; kwnij gkrh gS vks bl fØ; k l s
 vU; Nk=ka ds l e; vkfn dh Hkh {kfr ugha gkrh A
 1/5 1/2 fi NMs ckydka dh ghu Hkkouk nij gks tkrh gS vks os vl ek; kstu l scp tkrsg
 muea vxsc<us dh i j .kk feyrh gS vks muds 0; fDrRo dk l eqpr fodkl ea
 l gk; rk feyrh gA

ikB;xr izu

izu 1& funku dh fdruh fof/k; kllgS\
 izu 2& ^k{kf.kd funku ,oami pkjh f'k{k.k^ dk dkbZ , d egRo crkb; A

ijh{k

eW; ka du dh l cl segROI wZ fof/k ijh{k gA d{k ea i <k, x, fo" k; ds vk/kkj ij Nk=ka ds l Ee[k
 dN izu iLr fd, tkrsg vks mudsmRrjka ds vk/kkj ij Nk=ka dh fo" k; xr ; kx; rk dh tkp dh tkrh
 gA bl fØ; k dks gh ijh{k dgrsgA ; g ijh{k rhu izkj dh gkrh g%

- 1- fyf[kr ijh{k
- 2- ek{k kd ijh{k
- 3- i k; k{x d ijh{k

fyf[kr ijh{k&

Nk=ka dh mi yfC/k; ka , oa 0; ogkj& ifjorU dh tkp tc fyf[kr : i l sdh tkrh gsrksml sfyf[kr
 ijh{k dgrsgA vkt ds ; x ea fyf[kr ijh{k gh l cl svf/kd ykdfiz; gA bl ea , d l e; ea yk[kka Nk=ka
 dks fofHko d nka ea izu&i = forjir dj fn, tkrsgA vks osmRrj&i l rdkvka dh tkp dj mudh ; kx; rk
 dk ekiu dj l drsgA bl es l Hkh dk; Zdk fyf[kr : l ea vfhkys[k l j f[kr jgrk gA dHkh Hkh vko' ; drk
 i Mus ij ml dk i qeW; ka du fd; k tk l drk gA Nk=ka dks i <ej vFkZ xg.k djus, oafyf[kr : i l sfopkj
 dks vfhko; Dr djus dh ; kx; rk dh tkp djus dh ; g , d l o k re fof/k gA

fyf[kr ijh{k ds : i g&

- 1- fucakRed
- 2- y?kq mRrj
- 3- olrqu"B

1- fucakRed ijh{k&

ftu izuka dk mRrj Nk=ka dks foLr fucak ds : i ea nsuk gkrk gS , d sizuka ij vk/kkfjr fyf[kr
 ijh{k dks fucakRed ijh{k dgk tkrk gA bl ea cPpka dks fo" k; l sl a: /kr izuka ij vk/kkfjr izu&i =
 fn; k tkrk gA izu&i = ea 8&9&10 izu gkrsg muea l s Nk=ka dks 5&6 izuka dk mRrj , d fuf'pr
 l e; kof/k ea nsuk gkrk gA

xqk& bl ijh{k ds nekjk Nk=ka dh fyf[kr vfhko; fDr dh ; kx; rk dh tkp gkrh gA i <ej vFkZ xg.k
 djuk] fopkjka dk l xg djuk] fopkjka dk fo' ysk.k djuk] fopkjka dks 0; ofLFkr djuk , oamfpr Hk"kk rFk
 Øe ea vfhko; fDr djuk] rhoz xfr l sfy[kuk vkfn ; kx; rkvka dk eW; ka du djus ds fy, fuoakRed ijh{k, i
 l cl svPNh l k/ku gA

nk& mi ; DrZ xqkka ds gksus ij Hkh ; g ijh{k nk&Dr ugha gA izu&i = ds 10&12 izuka ea l sdoy 5&6
 izuka dk mRrj nsus dh i jEi jk ds dkj .k Nk= fo" k; dk i wZ Kku i ktr ugha djrs gA cfYd dN l Hkfor

izuka dks r\$ kj dj yrs gA izu&i= ea Hkh ikB; Øe ds dN gh vak ij izu iNs tkrs gA vr% Nk= ijs ikB; Øe dk v/; ; u ugha djrs gA bul sfo" k; dh vki' kd tko gh gks ikrh gA

2- y?kqRrj ijh{k&

ftu izuka dk mRrj cgr Nks/k vfkzr , dj nk\$ rhu ; k pkj i fDr; ka eansuk gkrk gAmUgay?kqRrj ijh{k dgk tkrk gA ; g fucakRed ijh{k dk gh ifj"dr : i gA bu eafucakRed ijh{k vka dh vi \$kk vf/ kd izu iNs tk l drsgA vr% ; g ikB; Øe ds vf/kd vak l sl aB/kr Kku dh tko djrh gA buds mRrj Hkh vi \$kdr vf/kd fuf'pr gksr gA bu eakN=ka dh cksk' kDr rFkk Kku dh tko Hkh gkrh gA ; s Nk=ka dh okD; &jpuk dh ; k; rk dh tko djusea Hkh l gk; d gB ijarq; su rks Nk=ka dh rdZ fopkj vkfn ekuf d 'kDr; ka dh tko dj l drh gA v\$ u gh Hkk"kk 'kSyh , oafopkj kFHko; fDr dh tko Hkh ijh rjg l sdjusea l {ke gkrh gA

3- oLrfu"B ijh{k&

ftu izuka ds mRrj fdl h fpgu fo'k\$; k , d&nks' kcn ds nekjk fn, tkrsgA mUgaoLrfu"B ijh{k dgrsgA fucakRed ijh{k ds nkska dks nij djus dh nf"V l sbl ijh{k dk fodkl fd; k x; k gA izuka ds mRrj , d&nks' kcn ka eak gks ds dkj .k bl ea de l e; eavf/kd & vf/kd izu iNs tk l drsgA vr% izu ijh ikB; ppkz l sl aB/kr gksr gA Nk=ka dks fo" k; ijh rjg l sr\$ kj djuk i M\$ k g\$ fo" k; dk dks Hkh vak Nk/k ugha tk l drk gA bl ea izuka ds mRrj fuf'pr gks ds dkj .k gj ifjLFkr ea ijh{k dks fuf'pr vad nusi M\$ gA vfkzr mRrj l gh gS rks i wkz vad v\$ xyr gS rks' k; A izu ds mRrj dh fo" k; oLrfuf'pr gks ds dkj .k gh bl soLrfu"B dgk tkrk gA ; s ijh{k , fo'ol uh; , oai tekf. kd gkrh gA buds nekjk cPpka ds Kku dh l gh & l gh tko gkrh gA

bu xqka ds gks ij Hkh oLrfu"B ijh{k nkskeDr ugha bul scPpka dh fopkj rdZ vkfn ekuf d 'kDr; k Hk"kk & 'kSyh dk iz kx] fopkj ka dh vFHko; fDr vkfn dh tko ugha gks ikrh gA ; s rks dby cPpka dh Lej .k' kDr dh tko djrh gA dHkh & dHkh ; svu\$ku & dk; Z (gues work) dks i k l kgu nrh gA

vr% oLrfu"B ijh{k ij ijh rjg l s fuHkz jgdj] fucakRed , oay?kq mRrj ijh{k vka ds l kFk l eflor djds bl dk iz kx djuk pkfg, A oLrqr izuka dk fuekz k cMh l ko/kkuh ds l kFk djuk pkfg, A ijLij fopkj & foe'kz , oa i; kdr vH; kl ds mijkar gh budk fuekz k fd; k tk l drk gA izuka dh l a; k bruh gks h pkfg, fd Nk= fn, x, l e; eamudk mRrj ns l dA izu Nk=ka ds ekuf d Lrj ds vu\$ph gks pkfg, A dN izu , d sgkftudk mRrj 5 l s 10 ifr'kr rd vl k/kj .k ifrHk ds Nk= ns l dA dN izu , d sgkftudk mRrj 40 l s 65 ifr'kr rd l keW; ifrHk ds Nk= ns l dA v\$ dN izu , d sgkftudk mRrj l Hkh Nk= ns l dA bl l sl Hkh Nk=ka dh ekuf d {kerk] ; k; rk vkfn dh tko Hkh gks l ds xA

ek\$[kd ijh{k&

ek\$[kd : i l s Nk=ka l s izu iNdj muds mRrj Hkh ek\$[kd : i l s gh nsus dks dgk tkrk gA bl s gh ek\$[kd ijh{k dgrsgA fgnh Hk"kk ds eW; ka du ea ek\$[kd ijh{k dk cgr egRo gS D; kAd fgnh Hk"kk & f'k{k .k ea i < us fy [kus dh ; k; rk dk fodkl djus l sigys Nk=ka dks l udj fopkj xg .k djus v\$ cksydj fopkj ka dks vFHko; Dr djus ds ; k; cukuk Hk"kk dh f'k{k dk ied[k mnns ; gA ge n\$ud thou ea i < us & fy [kus l s vf/kd dk; Z l qus v\$ cksyus dk djrs gA Hk"kk ds nks : i ks ek\$[kd , oa fyf [kr] ea l s 0; kogkjd thou ea ek\$[kd : i dk iz kx vf/kd gkrk gA ek\$[kd jpuk gh fyf [kr jpuk dk vk/kj gsvr% fgnh ds eW; ka du ea ek\$[kd vFHko; fDr dh ; k; rk dh tko djuk gh Hkh mruk gh vko' ; d g\$ ftruk fyf [kr vFHko; fDr dh ; k; rk dh tko djuka

ik; k&xd ijh{k&

o& srksik; k&xd ijh{k foKku] Hk&ksy] eul&foKku rFkk gLr dk&kyka l s l a&/kr fo"ka; ka dh ijh{k y&us ea iz; @r dh tkrh g& vl; fo"ka; ka ea ugh& i j&q Hk"kk Hkh , d dk&ky g&vr%ft l idkj vl; fo"ka; ka dh d&kyrk dk e&v; ka&u dj&us dsfy, ik; k&xd ijh{k vko"; yh tk&uh p&fg, A

fg&nh Hk"kk ea l Loj i Bu] dfor&k& i k&B] Hk"kk.k] okn&fookn] l g&v&k] fuc&k&y&v&ku vkfn f&Ø; kv&an&ekj k ik; k&xd ijh{k dk vk; k&st&u dj Nk=ka dh Hk"kk l a&dkh fofHku ; k&x; rk&v&ka dh tk&p dh tk l drh g& g&kj Lor& : i ea; g ijh{k vi&us vki ea i; k&r ugh& g& fyf[kr , oa&ek&[kd ijh{k ds l k&Fk bl dk iz; k&x fd; k tk l drk g&

vPNh ijh{k dsxqk ; k e&v; ka&u dk egRo

nk&ski w&iz ijh{k l eLr e&v; ka&u i f&j. k&ke&ka dk&segRogh&u cuk nr&h g& bl fy, vPNh ijh{k ds xq&ka l s voxr g&ks&k vko"; d g& , d vPNh ijh{k ds fu&Eufyf[kr xq&k g&ks& p&fg, A

- 1- fo'ol uh; rk
- 2- o&srk
- 3- oLr&fu"Brk
- 4- 0; ki drk
- 5- foHk&nh&dj .k
- 6- mi ; k&srk rFkk 0; og&f&j drk

1- fo'ol uh; rk&

, d vPNh ijh{k fo'ol uh; g&kr&h g& bl dk rk&ri ; Z; g g&sf&d ijh{k }k&jk g&ks& o&kyk eki u ik; % vfopy g&kr& g&

2- o&srk&

o&srk dk vf&Hk&i k; g& p&vf&Hk&i k; l ki {kr&k& v&Fk&v& tc ijh{k }k&jk v&Hk&"V y{; dk eki u g&kr& g& r&Hk& ml s o&sk dg&k tk l drk g&

3- oLr&fu"Brk&

, d vPNh ijh{k oLr&fu"B g&kr&h g& , d oLr&fu"Brk ea 0; f&Dr&fu"B r&Roka dk yki g&kr&h g& Nk=&Nk=kv&ka dk& e&v; ka&u fu"i {k g&kr&h g&

4- 0; ki drk&

0; ki drk l sr&kr&ri ; Z& ek&fi r g&ks& o&kyh j&f'k ea vf&/kd r&Roka dk l f&Eefyr dj&uka

5- foHk&nh&dj .k&

, d vPNh ijh{k dh i k&poh fos&ks&kr&k g& ml dk foHk&nh& g&ks&ka , d h ijh{k ds }k&jk m&Pp v&ks& fu&Eu ; k&x; rk ok&ys Nk=&Nk=kv&ka ea foHk&nh& g&ks& t&kr&k g&

6- mi ; k&srk rFkk 0; og&f&j 'k&hyr&k&

mi ; k&srk ; k 0; og&f&j 'k&hyr&k , d vPNh ijh{k dh v&are fo'ks&kr&k g& , d vPNh ijh{k ds v&Fk&v&g&sf&d vPNh ijh{k mi ; k&sch r&ks g&kr&h gh g& l k&Fk ea l j&yr&ki &Z& 0; og&f&j ea yk; h tk l drh g&

fg&nh ea e&v; ka&u dk v&ar ea; gh l kj f&udyr&k g&sf&d e&v; ka&u }k&jk ; g K&kr g&ks& t&kr&k g&sf&d mn&ns ; ka dh i fir&Z dg&kw&rd g&ks& l dh g&sr&Fk ; g Hk&h K&kr g&ks& t&kr&k g&sf&d l e&f&pr mi p&kj&Red v&u&ns&ku fn; k x; k g&sf&d ugh& e&v; ka&u }k&jk Nk=&Nk=kv&ka dh det&ks&j ; ka dk& K&kr fd; k x; k g&sf&d ugh&

ikB; xr izu

izu 1 & ijh{kk fdrus izdkj dh gkrh gS\

izu 2 & fyf[kr ijh{kk dsfdrus: i gkrsgS\

izu i = fuekzk, oacywfi

ipfyr f'k{kk izkkyh eafyf[kr ijh{kk og egROIwZek/; e gSftI ea mRrh.kZ gksdj fo |kFkZ d{kk nj d{kk vkxs c<fsgA ijh{kk izui=ka dsek/; e l syh tkrh gSizu i = ij gh fo |kFkZ ka dk eW; ka du fuHkj djrk gA vr% izu i = cukus ds iWZ, d ; kstuk r\$ kj djuk vR; ar vko'; d gSftI ea izuka dk izdkj mnas;] vads dk vf/kHkj vkfn] l fEefyr gS bl s Cywfi d dgrsgA

Cywfi d cukdj izui = cukus l sl Hkh 'k{k d mnas; dh i frZ djusokysizu i = dk fuekzk fd; k tk l drk gA bl eaf'k{k d dks; g Li"V gkrk gA fd fdl bdkbz l sfdrus vad dsfdrus izu i Nus gS rFkk iR; d bdkbz dks mfr vf/kHkj fn; k tk l drk gA bl izdkj =qV; ka dh l Hkkouk ugha gS, oavkn'kz izu i = curk gA Cywfi d ea vko'; drkuq kj, oaiWZ ds ijh{kk ifj.kkka dsvk/kkj ij okiNr ifjorZu fd, tkrs gA

vPNk izu i = cukus ds fy, l rfyf Cywfi d r\$ kj fd; k tkuk vR; ar vko'; d gA bl ds fy, fu; kstu fu/kkZjr ikB; Oe l sfy; k tkuk pkfg, A fuEukfdar fclnq/ka dsvk/kkj ij Cywfi d dk fuekzk fd; k tk l drk gA

1- izu ds mnas; & ijh{kk ea iNs tkus okys fdrus izu KkukRed fdrus vockkRed fdrus dks kykRed vFkok fdrus vuqz, kxkRed gkax buds fy, ifr'kr }kjk vads dk fu/kkZ.k iWkZd ea gsk pkfg, A

2- izuka dk izdkj & ikB; Oe l siR; d izdkj ds izu t\$ soLrfu"B vfr y?kq mUkj; nh?kz mRrjh; izu iNs tkus pkfg, A bl ds fy, igys ifr'kr dk fu/kkZ.k fQj dy vads ds izuka dk fu/kkZ.k djuk pkfg; A

3- izu i = dks gy djuseal Hkkfor l e; & izu i = ea izuka dh 0; oLFk, s h gks fd fo |kFkZ ka dks izu i = i<us, oagy fd, x, izuka ds mRrj i q% tkpus dk l e; fey l dA

4- fo"K; oLrqij vf/kHkj & iR; d bdkbz dh fo"K; oLrqdsegRo dsvk/kkj ij vads dk fu/kkZ.k fd; k tkuk pkfg, A

5- izuka dk dfBukbz Lrj & l jy izu] l keku; izu, oadfbu izuka dk ifr'kr fuf'pr djuk pkfg, A

6- fodYi dk fn; k tkuk & ; g igys l s fu/kkZ.k dj yuk pkfg, fd fdu izuka ea vkarfjd fodYi fn; k tkuk gA fodYi okys izuka ea dfBukbz Lrj, oaiZu dk izdkj l eku gskuk pkfg, A

7- izu i = dk [kMks eafOHktu & f'k{k d Lo; afoods l s izu i = ea [kM fu/kkZjr dj l drsgSt\$ s [kM v & oLrfu"B] [kM c & vfr y?kq mRrjh; , oay?kq mRrjh; bR; kfnA

ifj.kkka dk fo'ySk.k&

mRrj i qLrdk, Wfo |kFkZ ka dk eW; ka du djus dk, d fo'ol uh; ek/; e gA mRrj i qLrdkvka ds eW; ka du dk mnas; ; g tkuuk gkrk gSfd

fo |kFkZ ka }kjk dks & dks l s izu v/kj s gy fd, x,

dk & dks l s izu gy ugha fd, x,

, s & dks l s izu gSftlgs vf/kdkk fo |kFkZ ka us gy ugh fd; k

fo | kFkZ; ka dks gksus okys dFBukb; ka dk Kku gks tkrk gS rFk f'k{k d vxys l = ds fy, f'k{k.k dh j.kulfr r\$ kj dj l drk gS t\$ sfdl fo"k; oLrq ij vf/kd /; ku nsuk g\$ dks l h f'k{k.k fof/k vi ukuk g\$ bR; kfnA

mRrj i qLrdkvka dk l gh eW; kadu vR; r vko'; d g\$ D; kad bl h ij fo | kFkZ; ka dk Hkfo"; fuHkj djrk g\$ izuka ds l gh mRrj ds l aak ea vk' oLr gksus ij gh f'k{k d dks eW; kadu dk dk; Z djuk pkfg, A fo | kFkZ }kjk fd, x, mRrj 'kCn'k% vkn'kz mRrj l sugha feyus dh l Fkfr eafo | kFkZ }kjk fy [ks x, mRrj ka dk vFkz Hkko Li "V gksus ij Hkh vad inku fd, tkus pkfg, A vkn'kz mRrj eafn, x, foHkktu ds vuq kj mRrj ka ij vad inku fd, tkus pkfg, A

dbZ ckj , d s idj .k Hkh ns[kus ea vkrs gS tc fo | kFkZ , d gh izu dk mRrj nks ckj fy [k nrs g\$ eW; kadu drk dks l tkrk i m d mfr Øekad ds izu okys mRrj ij vad inku djuk pkfg, A mRrj i qLrdkvka ds fo'y\$.k l s dfBu fo"k; ka k Kkr gks rFk vxys dh j.kulfr cukus ea l g; k\$ feyrk g\$

ilB; xr izu

izu 1 & Cywfi \ fdl sdgrs g\$ \

izu 2 & Cywfi \ fdu fcany ka ds vk/kkj ij cu l drk g\$ \ dkbZ nks vk/kkj fy [ka

vkn'kz mRrj ka dh jpuk &

izu i = fuekZk ds l kFk & l kFk vkn'kz mRrj ka dh jpuk djuk Hkh egROI wZ gsrk g\$ t gk; rd oLrq u"B izuka ds fy, vkn'kz mRrj fuekZk dj useafo'k\$ d fBukbZ ugha gsrh] f d r qy? k m Rrj h; o f u c a k k R e d izuka ds vkn'kz mRrj ka dh jpuk ea vf/kd l ko/kkuh dh vko'; drk gsrh g\$ Hk'kk ea v f H k o; f D r d s v u d L r j gks l d r s g\$ g j fo | k F k Z v i u s f o p k j k a d h f o f o / k r k d s l k F k v f H k o; f D r d j r k g\$ v r % v k n ' k z m R r j k a d h H k ' k k l g t] l j y v \$ izuka dh ek\$ ds vuq i gksuk pkfg, A

bdkbZ dk l kj

eW; kadu dk 'kFk d vFkZ g\$ eW; vk\$ dukA eW; kadu l s v f H k i k; g S f ' k { k . k l s i m Z f t u m i s ; k a d k s f u / k k z j r f d ; k x ; k F k m u d h i f r Z d g k ; r d g b A b l i z k j e W ; k a d u f o | k F k Z ; k a d h i x f r e k x h ' k z u] m i s ; k a d h i k f i r] 0 ; o l k f ; d e k x h ' k z u] d e t k s j ; k a d k K k u , o a v / ; ; u d s f y ; s i s j r d j u s e a l g k ; d g k r k g \$ u o h u l k / k u k a v \$ e u k o k k f u d r d u h d l s f ' k { k e a l q k j y k u s d h i f 0 ; k u o k p k j d s v l r x h v k r h g \$ b l i z k j u o k p k j o g f o p k j g S f t l d h i r h r 0 ; f D r u o h u f o p k j d s : i e a d j A

n { k r k v k / k k f j r e W ; k a d u d k v F k Z g S f o | k F k Z d s l o k x h . k f o d k l d s f y ; s f u / k k z j r m i s ; k a d k e W ; k a d u b l i z k j d s e W ; k a d u d s f y ; s d n i e d [k m i s ; f u / k k z j r d j u k g k r s g \$

f d l h H k h f o | k F k Z d k e W ; k a d u d n f u / k k z j r f o ' k s k r k v k a d s / ; k u e a j [k d j f d ; k t k r k g \$, o a ; g e W ; k a d u n k s i z k j d k g k r k g \$ f u n k u k R e d , o a m i p k j k R e d e W ; k a d u A

i j h { k k } e W ; k a d u d h l c l s e g R o i w z f o f / k g \$; g r h u i z k j d h g k r h g \$ f y f [k r e k \$ [k d v \$ i k ; k \$ x d A f d l h H k h v P N h i j h { k k e a f o ' o l u h ; r k o \$ k r k o L r q u " B r k] 0 ; k i d r k f o H k n h d j . k] m i ; k \$ x r k r F k 0 ; o g k j ' k h y r k v k f n i e d [k x q k g k r s g \$

i p f y r i j h { k k i z k k y h e a f y f [k r i j h { k k e g R o i w z e k / ; e g \$ t k s i z u i = v k / k k f j r g k r h g S v r % i z u i = r \$ k j d j u s l s i m Z , d ; k s t u k c u k u k v k o ' ; d g k r k g \$ f t l e a i z u k a d s i z k j] l [; k v a d k a d k v f / H k k j] m i s ; v k f n i e d [k c r k a d k l e k o k g k r k g \$

mÜkj i qLrdk, fo | kFkZ dseW; kedu dk egRo i wZek/; e gA vr% mÜkj i qLrdk vka dk l gh eW; kedu vr; ko'; d gA D; kAd l gh eW; kdu ij fo | kFkZ dk Hkfo"; fuHkj djrk gA

izu i = fuekZk ds l kFk gh vkn' kZ mÜkj ka dh l Vhd j puk Hkh vr; ar vko'; d gkrh gA tks fo | kFkZ dsmfpr eW; kedu ea ekZ n' kZ dh Hkfedk vnk djrh gA vr% izuka dh ekx ds vuq i gh izuka ds mÜkj gkuk pkfg; A"

vReijh{k.k ds izu

izu 1& eW; kedu dk vFkZ Li"V djrs gq eW; kedu dh ifof/k; kWI e>kb, A

izu 2& n{krk vk/kfjr eW; kedu fdl s dgrs gA \

izu 3& mi pkj Red funku dh vko'; drk D; ka i Mfh gS \

izu 4& ijh{k.k iz kkyh ds rhu & rhu xqk & nksk crkb, W

izu 5& fucal Red izu ds rhu nksk crkb, A

izu 6& izu i = j puk ea Cywfi W dk egRo l e>kb, A

iB; xr izuladsmRrj %

eW; kedu

mRrj 1 & eW; kedu dk 'kfcnd vFkZ gS eW; vk; dukA

mRrj 2 & eW; kedu ifØ; k ea rhu i {k vfuok; Z gS&

1 f'k{k.k mnas;

2- vf/kxe vutko

3 0; ogkj ifjorZu

uokpkj

mRrj 1 & uokpkj og fopkj gS ftl dh irhfr] 0; fDr uohu fopkj ds: i ead jAB

mRrj 2 & uokpkj , d , d k fopkj gS ftl su; k l e>k tkrk gA

n{krk vk/kfjr eW; kedu

mRrj 1 & KkukRed] HkkokRed] ekuf l dA

mRrj 2 & Hkk"kk dh n{krk dk eW; kedu rhu izdkj l s gkrk gS&

1½ KkukRed eW; kedu

2½ voj kskkRed eW; kedu

3½ vfHkO; fDr l calh eW; keduA

funkulRed ijh{k.k

mRrj 1 & funku dh fof/k ds nks izdkj g&

1½ nk' kZud fof/k rFkk

2½ ijh{k.k fof/kA

mRrj 2 & ^k\$kf.kd funku , oami pkjh f'k{k.k^ dk dkbZ , d egRo&

1½ {kf.kd funku }kj k ckydka dh l h[kus l calh dfBukb; kWI dk irk py tkrk gA

ijh{k.k

mRrj 1 & ijh{k.k e[; : i l srhu izdkj dh gkrh g&

1- fyf[kr ijh{k.k

2- ek\$[kd ijh{k.k

3- ik; k\$xd ijh{k.k

mRrj 2 & fyf[kr ijh{kk ds rhu : i gkrs g&

- 1- fucakRed
- 2- y?kq mRrj
- 3- oLrfu"B

izu i = fuekZk , oacywfi W

mRrj 1 & izu i = cukus ds iWZ , d ; kstuk r\$ kj djuk vR; r vko' ; d gSftl ea izuka dk izdkj mnas ;] vaks dk vf/kkkj vkfn] l fefyr gS bl sCywfi W dgrsgA

mRrj 2 & fuEu fclnq/ka ds vk/kkj ij Cywfi W dh jpuk dh tkrh g&

1- izu ds mnas ; & ijh{kk ea iNs tkus okys fdrus izu KkukRed fdrus vockRed fdrus dkskykRed vFkok fdrus vuqz , kxkRed gkks buds fy, ifr'kr }kjk vaks dk fu/kkj .k iWkZd ea gkks pfg, A

2- izuka dk izdkj & ikB; Øe l siR; d izdkj ds izu t\$ soLrfu"B vfr y?kqmÜkj h; nh?kz mRrjh; izu iNs tkus pfg, A bl ds fy, igys ifr'kr dk fu/kkj .k fQj dty vaks ds izuka dk fu/kkj .k djuk pfg; A

uk%& vkRe ijh{k.k iz ukadsmÜkj Nk= vi usv/ ; ; u vk\$ vH; kl ds vk/kkj ij Lo; afy[kus dk iz kl djA



i=kpkj iB; Øe
ek/; fed f'k{k e.My e-ç-] Hki ky
½kj k I ok/kdkj I jf{kr½
fMykek bu ,T; q{sku] i jh{k
i Fke o"z

izu i= & prqiz

fo"i; & fglhh Hk"kk f'k{k.k

iB&8

fo"i; k&k&

- Hk"kk iz kx'kkyk&
- Lo: i egRo ,oami ; kxrkj
- I gk; d I kexh]
- n"; JO; ek/; ekads iz kx]
- Hk"kk f'k{k.k ds {ks= eafØ; kRed vuq zku

fi z Nk=k/; ki d]

fi Nys iB ea I kroha bdkbz ds vlrxzr vki us Hk"kk f'k{k.k ea eV; kadu ,oa ukokpkj* ds vlrxzr eV; kadu ds izdkj eV; kadu dh fo'kkrk, i jh{k , oaeV; kadu] izu jpuj Cywfi IV ds vk/kj ij izu i= jpuj ij j.kkeka dk fo'yšk.k , oavkn'kz mUkj ka dh jpuj vkfn ds ckjs ea i <ka

bl iB ea ge Hk"kk iz kx'kkyk ds vlrxzr iz kx'kkyk ds Lo: i egRo ,oami ; kxrkj iz kx'kkyk dh I gk; d I kexh] n"; JO; ek/; eka dk iz kx , oahk"kk f'k{k.k ds {ks= eafØ; kRed vuq zku ds ckjs ea tkudkj ikr dj&A vkb; si kB dk i kj& Hk"kk iz kx'kkyk dh Hkredk , oamís; I s dj&

i Lrkouk &

Hk"kk ekuo thou dk vfHku va gsfTl dsfcuk thou dh dYi uk vl Hko u I gh ngy& vo'; g& tle ds Q&u ckn I scky d ea Hk"kk f'k{k.k dh i fØ; k vkj& gk tkrh gS i gysog jkdj vi uh vko'; drk dh i firZ djrk g& ¼ ds Hk"kk½ fQj b'kjk ka I soLrq/ka dks ekpxrk gS %e& Hk"kk½ de'k%ml ea 'kna dk Kku c<fk tkrk gS v& og ek&[kd ¼ keku; cky pky dh Hk"kk½ dk iz kx djuk I h[krk gS fQj Hk"kk ds I á wkz Kku dh ml dh ; k=k vkj& gkrh gS 'kkyk I s tgl; fofo/k I kefxz; ka dsek/; e I s Hk"kk Kku dks i fj i Do fd; k tkrk g& blgha I kefxz; ka ea Hk"kk I &dkh fØ; kvka ds ukokpkj o 'kq) mPpkj.k gsrq Hk"kk iz kx'kkyk dk vi uk fo'k"V egRo g&

mís; &

i R; d Hkk"kk dh vi uh fyfi o vi uk mPpkj.k gsrk g\$ mudh /ofu; ka ea fHKUrk ds jgrs bl Hkk"kk dks l h[kus gsrqfo'k\$ iz kl dh vko'; drk gsrh g\$ rks ogha dN ok.kh v{ke Nk= Hkh gsrsg\$ft Uga dN o.kk ds mPpkj.k o 'kCnka dh Li"V /ofu; ka ds Kku dk vHko gsrk g\$, d s Nk=ka ds fy, Hkk"kk iz k\$'kkyk cgn mi; k\$kh f'k{k.k l kexh g\$ fdUrq; g , d oKkfud rdudh ij vk/kfjr gsrh g\$ft l s iz k\$ djus gsrqfo'k\$ i f'k{k.k dh Hkh vko'; drk gsrh g\$ v\$, d f'k{k.d Nk=ka dks rHkh bl l adk ea l gh v\$ i wkz tkudkj h mi yC/k dj l dsx tc og Lo; abl ds i f'k{k.k ea i fji Do gskA l exz : i l s Hkk"kk iz k\$'kkyk ds i adk mís; fuEkuq kj g\$ %&

Hkk"kk iz k\$'kkyk ds mís; &

- 1- Hkk"kk&foKku ds eny fl) kUrka dks enZ : i inku djukA
- 2- Hkk"kk&foKku l s l ad/kr fo"k; ds fodkl , oa uohu [k\$st ka dks c<kok n\$us ds fy, A
- 3- Hkk"kk&mPpkj.k ea Nk=ka dks i f'k{k.k n\$ukA
- 4- Hkk"kk dks oKkfud okrkoj.k inku djukA
- 5- vk/kfud oKkfud rjhds l sek ds vuq i vPNs ukxfj dka ds fuelz k dh i fØ; k dks rhoz djus ds fy, Hkk"kk dk i Hkkoh i f'k{k.k n\$ukA

Hkk"kk& iz k\$'kkyk dh vko'; drk

Hkk"kk fo"k; dks d\$y i qrdka l s i <ej ugha l h[k tk l drk g\$ bl ds fy, fo | kFkhZ dks fuj h{k.k djus rFk iz k\$ djus dh vko'; drk gsrh g\$ bl ds vHko ea fo | kFkhZ Hkk"kk&fo"k; dks i wkz i l s ugha l e> l drk g\$ iz k\$ djus l s fo | kFkhZ Lo; a vi us vutkoka ds vk/kkj ij Loj , oa mPpkj.k ds l kFk gh 0; kdj.k t\$ s fo"k; dks vkl kuh l s l e> l drk g\$ iz k\$ kRed dk; k\$ l s gh fo | kFkhZ dh j pukRed dk; Z djus dh 'kDr dk fodkl gsrk g\$ t\$ Hkk"kk dh ; k\$; rk dk , d ed; v\$ g\$ blgha l s mudk c\$) d fodkl gsrk g\$ rFk ml s dk; & d kj.k ea l Ecu/k LFkfi r djus ea l fo/kk gsrh g\$

Hkk"kk& iz k\$'kkyk dk izUk , oafu; k\$u

fons kka ea Hkk"kk& iz k\$'kkyk ds fu; k\$tu gsrq 1968 bZ ea xBr , d l febr usek/; fed fo | ky; ka ea Hkk"kk&f'k{k.k ds fy, iz k\$'kkyk ds fu; k\$tu gsrq fuEufyf[kr fcln\$ka ij izdk'k Mkyk g\$ t\$ fuEu ikdj l s g\$

- 1- Hkk"kk& iz k\$'kkyk ea dk; Z djus okys Nk=ka dh vf/kdre~ l d; k 20 g\$uh pfg, A
- 2- iz k\$'kkyk gsrq U; ure LFkku 120 LD; kj fQV g\$uk pfg, A
- 3- fo | ky; ea de&l & de Hkk"kk&f'k{k.k gsrq rhu fo'k\$, oa i f'k{k'kr v/; ki d g\$us pfg, A
- 4- iz k\$'kkyk ea Hk.Mkj xg fo'k\$: i l s g\$uk pfg, A
- 5- Hkk"kk ds fodkl , oa mPpkj.k ds l kFk gh Loj l k/ku l s l Ecu/kr mi dj . kka ds j [k&j [kko dh mfpr

0; oLFkk , oamudk mfpr mi ; kx fd ; k tkuk pkfg, A

Hkk&i z, kx'kkyk dk izU/k

- 1- Hkk&i z, kx'kkyk ds izU/k grq iz kx'kkyk ea , d iz kx'kkyk l gk ; d vj , d iz kx'kkyk depljh gksuk pkfg, A
- 2- Nk=ka dks Hkk&i z, kx'kkyk ea dk ; Z djus ds fy , i R ; d l l rkg de&l &de nks dkyak mi yC/k djkus pkfg, A
- 3- iz kx'kkyk ea dk ; Z djus grq i R ; d Nk= dks l k/ku , oami dj .k mi yC/k djkus pkfg, A
- 4- iz kx'kkyk ea l e ; , oal k/ku vHkko dh lLFfr ea Nk=ka ds l eng cuk nus pkfg, A i R ; d l eng ea de&l &de rhu Nk=ka dks gh j [kuk pkfg, A
- 5- iz kx'kkyk ea Nk=ka dks Hkst us l si gys mlga funzk&i qLrdk mi yC/k dj k nsh pkfg, A
- 6- Nk=ka dh iz kx'kkyk i qLrdk dk Hkk&i v/ ; ki d }kjk fu ; fer fujh{k.k fd ; k tkuk pkfg, A

Hkk&i z, kx'kkyk dh vUrfd 0; oLFkk

iz kx'kkyk ea fo | kFkz ka dsfy , 6 est agksuk pkfg, A i R ; d est ij N%fo | kFkz dke dj l drsgA , d est v/ ; ki d dsfy , gksuk pkfg, ftl dk mi ; kx og f'k{k.k ds l e ; dj l dA i R ; d est dh yEckbz 6 QhV rFk pk&kbz 4 QhV gkA est xskykdkj : i eagls rksT ; knk vPNk jgsxk D ; kfd xskykdkj est ds pjka rjQ Nk=ka dks cBus ea l fo/kk gkschA Nk=ka ds cBus dsfy , dq lz ; k LVnyka dh Hkh 0; oLFkk dh tk l drh gA cBus dh est ; k dq lz vkjkeng gksuk pkfg, ftl l s Nk= ?ka/s nks ?ka/s cB dj l kfgR ; l sl eU/kr pklz ; k fopkj&foe' lz dj l da ; k dkbz vU ; dk ; D e cuk l da ; k dkbz okrlz jfM ; ks vFkok V i fjdKMj l sl q l dA

Hkk&i z, kx'kkyk dk e[k l nk mUkj dh vj gksuk pkfg, rkfd ml ea izdk'k rFk f[kMfd ; ka l sl w Z dh fdj .ka vk l dA f[kMfd ; k dko dh gksuk pkfg, A gok dsfy , jks kunku dk izU/k gksuk pkfg, A dN iz kx'kkyk ea Nr ds chp eks/k dko yxk nrs gA ftl l svlnj izdk'k vk l drk gA f[kMfd ; ka dks Q'kz l s 4 QhV gksuk pkfg, A f[kMfd ; ka dks dejs l sckgj dh vj [kyusokyh cukuk pkfg,] rkfd muea dN l kelu j[kk tk l dA f[kMfd ; ka ds chp ea , Dofj ; e] okbz ; e] Vj ; e vkfn j [ks tk l drs gA , Dofj ; e dks f[kMdh ea j [kuk mi ; q r ugha gS D ; kfd eNfy ; ka dks vf/kd izdk'k okys LFkku ea ugha j [kuk pkfg, A iz kx'kkyk ea dHkh fQYe fn [kykus ; k dkbz , d s iz kx'kkyk ds dsfy , ftuea izdk'k dh vko' ; drk ugha gsrh] vj k dk dsfy ; drk gsrh gA bl fy , f[kMfd ; ka ea dks i nkz dks yxkus dsfy , izU/k gksuk pkfg, A

iz kx'kkyk ea nhokj ds fdujka i j mfpr LFkku ka i j vyekj ; k j [kh tkuk pkfg, dN vyekj ; ka ea vko' ; d ; U= j [ks tkus pkfg, A , d Nk/h vyekjh f'k{kFkz ka dks uk&cpl vkfn dks bdVBk dj ds j [kus rFk dN vko' ; d e&thu ; k i qrdka dks j [kus dsfy , gksuk pkfg, A

I kfgR; ,oamI I sl EcfUkr I lexb dk j [k&j]Wo

Hkk"kk v/; ki d dks I oā Fke ; g Kkr dj yuk pfg, fd Hkk"kk&iz s'kkyk ea dks I s ; U=ka vFkok in'kka dh vko' ; drk gā bl dsfy, ml si k B; & i r dka r Fk i k B; Øeka dk fo' ysk. k djuk pfg, A bl ds vk/kkj ij ml s ; g Kkr dj yuk pfg, fd in'kū dsfy, dks I s ; U= vFkok oLr'ka dh vko' ; drk gā iz s'kkyk dk ; Z ds fy, fdu ; U=ka vFkok oLr'ka dh vko' ; drk gā rFk iz s'kkyk dh I k/kkj .k vko' ; drk vka dsfy, fdu oLr'ka dks j [kuk vfuok; Z gā

dN fp= ckyd Lo; aHkh vi us?kj I sykdj Hkk"kk&iz s'kkyk ea j [k I drsgā dN ; æ tksfQYe ; k ekMy ds in'kū I sl aā/kr gla mlgafo |ky; dsctV ds vk/kkj ij /khj&/khjsØ; fd; k tk I drk gā bl dsfy, , d de'v h dk xBu fd; k tk I drk gā ; k fufonk ds }jk Hkh ; æ-ka dks [kj hnk tk I drk gā

Hkk"kk iz s'kkyk

iz s'kkyk I srkri ; Zml d{k I sgSftueafo"k; I aākh fofo/k iz s'k fd, tkrsgā pks og j I k; u 'kkl=] tho'kkl=] xf.kr fo"k; gks ; k fQj fgluh ; k dkbZ vU; Hkk"kkA D; kād i R; d Hkk"kk dk vi uk foKku gkrk gSft I I sl aākh fur uohu iz s'k fd; s tkrsgā

Lo: i& ; g Hkk"kk f'k{k.k dh 0; fDrfu"B uru rdudh vFkok uokufØ; k gā bl rdudh dk I oā Fke vfo"dkj vesj dk ea g'v kvt Hkkjr ea Hkh dbZ f'k{k.k I a.Fkkuka ea Hkk"kk iz s'kkyk dh LFki uk dh xbZ gā fdl h Hkh iz s'kkyk dh dk; Z z kkyh ml eafufgr mi dj .kka ij fuHj djrh gā ftl ea 0; fDrxr : i I s Nk=ka ds cBus dh 0; oLFk gkrh gS i R; d Nk= ds ckyus vj I us dsfy, /ofu; æ gkrk gā ; gk xij I ydVj fLop] 2 gjs cYo] 2 yky cYo] 4 c'fiks dk uaj] 5 c'fika I skr djuso iā kfjr djus dsfy, fLop 6- v'v' Oku fLop vkfn mi dj .k gkrsgā

egRo& Hkk"kk f'k{k.k ea bl iz s'kkyk dk vi uk egRo gSD; kād ; g , d , d h 0; fDrfu"B rdudh gS tks f'k{kad dh xj ekstmxh ea Hkh vuojr pyr h jgrh gā bl ea l eL; keyd cPpsftUgampPkj .k I aākh I eL; k gkrh gS mlga 0; fDrxr : i ea Hkk"kk fl [kkus dsfy, iz s'kkyk dh vko' ; drk gkrh gā

Hkk"kk , d I kfgR; d fo"k; gSfdUrqfQj Hkh , d v/; ki d dks vi us Nk= dks dbZ ckj , d si k Bka dk vH; kl djuk gkrk gSftuea i k B dh Hkskfyd jpuk mnkgj .k Lo: i fdl h LFku fo'kšk dh tkudkj h nsuk vko' ; d gks tkrk gā , d h fLFkr eafo |ky; eafLFkr Hkk"kk iz s'kkyk dsek/; e I s ; g dk; Z vki kuh I svj jkpdrk i d Nk=ka ds l e{k fd; k tk I drk gā bl idkj , d v/; ki d vi us v/; ki u ds nkj ku I gk; d I lexb dk iz s'k dj Hkk"kk f'k{k.k ds l kFk U; k; dj I drk gā dHkh&dHkh 'kCnka ds 'kq'k mPpkj .k dsfy; s fo'kšk dj vaxst h Hkk"kk ea u, &u, ; æ , oaf'k{k.k fof/k; k; vk xbZ gSft I dsfy; s Hkk"kk iz s'kkyk dh furkr vko' ; drk gkrh gā

mi ; kxrk& pks ekr Hkk"kk dh ckr gks ; k ogHkk"kdrrk dh Hkk"kk iz s'kkyk us vi uh mi ; kxrk fl) dh gS bruk gh ugha ; g ns kh&fons kh Hkk"kkvka dks ckyus I e>u; i <us vj fy [kus dh {kerk dk fodkl djrh gā

bl eaNk= vi usgh Vi dh gþZ/ofu dks ekLVj Vi l sl þrk gSvkj ; fn og viuh vuþØ; k l sl arþV ugha gS rks i þ% l gh : i l sml sVi djrk gS; g ifØ; k rc rd pyr h jgr h gS tc trd og l arþV ugha gS tkrkA

Hkk"kk iz xs'kkyk dh mi ; kSxrk ds l ECU/k ea fuEufyf[kr egROIwKz rF; i Lnr fd; s tk l drs gA

& Hkk"kk iz xs'kkyk ds ek/; e l s Hkk"kk f'k{k.k ds fy; s mi ; þr okrkj .k dk fuelz k l hko gA

& Hkk"kk dh /ofu) 'kCn okD; 0; oLFkk rFkk 'kq/Ak mPpkj .k dk vH; kl glrk gA

& Nk= : fp vuþ kj viuh xfr l svH; kl dj l drk gA

& l þh gþZ i kB; l kexh dks nks jkus ds fy; s vol j i ktr gkrs gA

& detkj Nk=ka ij i kj h k l s gh fu; æ .k j [kk tk l drk gA

& f'k{k d Hkk"kk iz xs'kkyk ds ek/; e l s i R; d Nk= ij 0; fDrxr /; ku ns l drk gS rFkk mudh v'k{f) ; ka dks ogha Bhd dj l drk gA

& f'k{k d dh v'k{f) ; ka ij Hkh /; ku fn; k tkdj ml s Hkh ogha Bhd fd; k tk l drk gA

& Hkk"kk ds foHkUu dks kyka dk v/; ; u Hkk"kk iz xs'kkyk ds ek/; e l s l hko gS; Fkk&/ofu Hkn)'kCn Hks] okD; Hkn] mPpkj .k 'kq/Ark] i n cak] mi okD; e þr Hkk"kk .k] Jq y[k] i Bu) 'kCn koyh] vuþNn Jo.k vH; kl vkfn ea Hkk"kk iz xs'kkyk ea v/; ki d ekxh'ku ea vH; kl dj ds mi j k þr foHkUu dks kyka dks fo d l r fd; k tk l drk gA

Hkk"kk iz xs'kkyk ea Hkk"kk f'k{k.k&

Hkk"kk iz xs'kkyk ea ekS[k d Hkk"kk dh f'k{k k l Qyrki wZ nh tk l drh gA l keU; r; k d {kk ea , d l e; ea l Hkh Nk= ekS[k d i Bu djrs gS fUr q Hkk"kk iz xs'kkyk ds ek/; e l sv/; ; u djus okyk Nk= vi us i Bu dks Vi djrk gS fQj ml sl þrk gS bl i d kj Lo; a Nk= ; k v/; ki d vi us Vi sfd; sx, i Bu dks l þrk gS rFkk ml i Bu ea d Hkh i kbZ tkus ij ml ea l þkkj fo" k; d funð k nðj mudk l þkkj djrk gA

fyf[kr Hkk"kk dh f'k{k k ea Hkh Hkk"kk iz ks kkyk dk egRo gS Nk= Hkk"kk iz xs'kkyk ea l æfgr foHkUu : fp; ka dh vkn'kz j pukvka dks l þrs gS rFkk i þj r gk d j viuh Hkk"kk ea mudk iz xs'kkyk gA Lo; ajpuk djus ds fy; s i þj r gkrs gA

l gk; d l kexh

v/; ki u ds nks ku i kB; l kexh dks l e>krs l e; f'k{k d ftu&2 l kefxz ka dk iz xs'kkyk gS og l gk; d l kexh dgykrh gA fUr q vk/kfud f'k{k k iz kkyh ea l gk; d l kexh ds l æak ea dbZ uokpkj gq gS ftudh l gk; rk l sv/; ; u dks j kpd o i Hkoi wZ cuk; k tk l drk gA bu l kefxz ka }kj k l h[kk Kku u dðy Nk=ka ea mRl kg tkxr djrk gS ju-l h[ks gq Kku dks yæ s l e; rd vi us Lefr i Vy ea l atks j [k l drk gA nh jh vkj f'k{k d Hkh vi us v/; ki u ds i fr mRl kfgr jgrk gA ifj .kke Lo: i d {kk dk okrkj .k geskk l dkj kRed cuk jgrk gA

vkt ogh f'k{k d Nk=ka dsfy, vkn'kz gkrk g\$ vks ml h f'k{k d dk f'k{k.k vkn'kz f'k{k.k dgykrk g\$ tks viuh i kB; I kexh dks bu jkpd I gk; d I kexh dsek/; e I s i Lr r djrk gA D; kkd ; su dsy Nk=ka dk /; ku d fUnr djrh g\$ cfYd ml gamfpr ij .kk Hkh nrh g\$ pks og okLrfod oLrq gk\$ fp=] pVZ ; k dkbz rdudh mi dj.k I Hkh I s Nk=ka ds efLr" d ea , d fca fuekzk djrk gA ge dg I drs g\$ fd orZku f'k{k.k ds vLrxr v/; ki u ea uohurk ykus dsfy, I gk; d I kexh dk iz kx f'k{k d dsfy, ckNuh; gh ugha vfuok; Z Hkh gA

ifjHk'k &

I gk; d I kexh og I kexh g\$ tks d{kk ea ; k vL; f'k{k.k ifjLFkr; ka ea fyf[kr ; k cksyh xbz i kB; I kexh dks I e>us ea I gk; rk inku djrh gA

&MsM ds vuq kj

dkbz Hkh , d h I kexh ftl dsek/; e I s f'k{k.k i fO; k dks mihl fd; k tk I d\$ vFkok Jo. k\$Unz; I onukvka ds }kjk vks c<k; k tk I ds og I gk; d I kexh dgykrh gA

&dVj , - xM

I gk; d I kexh ds vLrxr mu I Hkh I k/kuka dks I feefyr fd; k tkrk g\$ ftl dh I gk; rk I s Nk=ka dh i kB ea : fp cuh jgrh g\$ rFkk osml s I jyrk i d I e>rs gq vf/kxe ds m\$; dks i ktr dj yrs gA

U , yfou LVkx

mi jkDr ifjHk'k vka l sLi "V gkrk g\$ fd I gk; d I kexh og I kexh] mi dj.k rFkk ; qDr; k g\$ ftuds iz kx djus I sfofHku f'k{k.k ifjLFkr; ka ea Nk=ka vks I engla dse/; i Hko'kkyh <x I s Kku dk I pkj gkrk gA

I gk; d I kexh dk egRo&

bl ea I ng ugha fd I gk; d I kexh v/; ; u dks ubz fn'kk nrh gA ge bu I kefxz ka ds egRo dks fuEu fcaq/ka ds vk/kj ij tku I drs gA

- 1- I gk; d I kexh fo"k; dks LFkk; h : i I s I h[kus o I e>us ea I gk; d gkrh gA
- 2- t gk f'k{k d dk ek\$[kd oDr0; de i Hko mRiUu djrk g\$ oghan'; I kexh i kB dks jkpd rk inku dj ml s cks'k xE; cukrh gA
- 3- ; g vutkoka ds }kjk Kku inku djrh gA
- 4- ; g f'k{k d ds I e; o mtkz nksuka dh cpr djrh gA
- 5- ; g fopkja dks i dkgkRedrk inku djrh gA
- 6- Hk'k I aakh dfBukb; ka dks nj djrh gA
- 7- v/; ki u : fpdj gkus I s Nk= vf/kd I fO; jgrs g\$ vks i kB dks vf/kd I jyrk I sxg.k djrs gA
- 8- bl I sfo | kfkz xrfok/k; ka ea I fO; cus jgrs gA vuq akku o ifj; kstuk ea c<ej fgLI k yrs gA
- 9- Nk=ka dh oLrq/ka dks i R; {k : i I s n[kus Nus egl w djus dk vol j feyrk gA

10- os ikÑfrd o Ñf=e oLr^u/ka ds rnyukRed Hkn dks tku i krs gA

I gk; d I lexb dsmís; &

I gk; d I lexb dk mi ; ks fuEukádr mís; i kflr grqfd; k tkrk gA

- 1- Nk=ka ea ikB dsifr : fp tkr djukA
- 2- ckydk ea rF; kRed I pukvka dks jkpd <æ I siLr^r djukA
- 3- I h[kus dh xfr ea I qkkj djukA
- 4- Nk=ka dks vf/kd fØ; k'khy cukukA
- 5- vfHk: fp; ka ij vk'kkupny i Hkko Mkyuk
- 6- rhoz , oaeen cñ) Nk=ka dks ; kX; rkuq kj f'k{k nsukA
- 7- tVvy fo"i; ka dks Hkh I j l : i ea iLr^r djukA
- 8- kyd dk /; ku v/; ; u ¼ kB½ dh vki dSUnr djukA
- 9- veirZ in kFks dks eirZ : i nsukA
- 10- ckydk dh fujh{k.k 'kFDr dk fodkl djukA

I gk; d I lexb dsdk; &

f'k{k.k 0; oLFkk ea I gk; d I lexb dk egRo i wkZ LFkku gS fo'kSkdj Nks/h mez ds fo | kFkz ka ds fy , rks ; g I gk; d I kexz k; fo'kSk egRo j [krh gA bl ds bl h egRo dks nF"Vxr j [krs gq f'k{k 'kFL=; kaus , der gkdj f'k{k.k grqbl sLohdkj fd; k gA f'k{k.k i fØ; k ea I gk; d I lexb vi us dks & dks I snkf; Ro fuHkrh gS bl ds dk; Z D; k D; k gS vkb, ns{k&

- 1- **ij.k&** I gk; d I lexb ¼n' ; &J0; ½ I s l h[ksgq Kku I s Nk=ka ea mRl qrk gsrh gS I kFk gh iz ks I s l h[kk Kku ml s ij .kk inku djrk gA
- 2- **fØ; k dk fl)ka&bu** I kexz ka ds iz ks I s fo | kFkz ka dks ukuk izdkj dh fØ; k, a djus dk vol j feyrk gA og [sy&[sy ea tVvy ikB; Øe dks Hkh vkl kuh I s l h[k yrs gA
- 3- **Li"Vhdj.k&** I gk; d I lexb dsek/; e I sdfBu I sdfBu ikB; oLrqdks i R; {k ns[kdj Nk=ka ds eu ea mBh 'kcdkva dk I ek/kku gks tkrk gA
- 4- **vulho; Dr f'k{k.k&**
dgrsgSjVsgq Kku I sdjds I h[kk gqk Kku T; knk i Hkko' kkyh vsj yas I e; rd ; kn jgrk gA bl I s Nk=ka ea eks[kd fpru dks Hkh i kRl kgu feyrk gA
- 5- **'kndkkaeof) & jSM; kaVsy/hfotu** pyfp=] Hk"kk iz ks 'kryk vkn dks I qur&2 cPpsbul s l qus 'kCnka dk vupj .k djrs gS ; s I kexz k; muds 'kCnHk/kj ea of) djus ds I kFk&2 ml ds vfHk0; fDr dksky dks Hkh I q;+cukrh gA
- 6- **f'k{k.k eadqkyrk&** ; s I kexz k; f'k{k(d dks ml ds v/; ki u i fØ; k ea dKOh enn djrh gS f'k{k(d

viusfo"k; dks cgrj <æ l si Lrŕ dj l drk gA

I gk; d I kexh iz kx djrs l e; /; ku nus; k; ckr

- 1- ; s l kefxz; k; Nk=ka ds vu[ko] l e>] vk; j; ds vu[k] kj gksuk pkfg, A
- 2- I kexh i k B; o Lrŕ l s l æ ð /kr gksuh pkfg, A
- 3- I kexh dk p; u djrs l e; /; ku j g a f d ; s Nk=ka ea : fp tkxŕ djus okyh gkA
- 4- vuko'; d I kexh dk iz kx ugha fd; k tkuk pkfg, A
- 5- ftruh nj vko'; d gks mruh gh nj iz Œr dh tkuh pkfg, A
- 6- I kexh ; fn uokpkj l s t ð /h o rduhd l s l æ ð kh gS rks iz kl gksuk pkfg, fd bl I kexh dk l pkyu l j y gksuk pkfg, A
- 7- tks l kexh iz Œr dh tk jgh gS og l gh gkyr ea gksuk pkfg, A
- 8- mi; kx l s i w Z f'k{k d dks , d ckj ml I kexh dk Ñf=e okroj .k ea vH; kl dj ysuk pkfg, A
- 9- I kexh ds i Hkko'kkyh mi ; kx ds ckjs ea l eLr l ko/kkuh /; kui w d i <+ysuk pkfg, A
- 10- iz kx ds rjŕ ckn I kexh dks Nk=ka ds l keus l s gV k nsuk pkfg, A

n"; J0; I kexh dk iz kx

n"; J0; I kexh dk iz kx Nk= vŕŕ fo"k; I kexh ds e/; vŕŕ %Ø; k dks rhore xfr ij ykdj Nk=ka dks f'k{k l l e d [kh rFk ft Kkl q cukrh gA , d vPNs f'k{k d ds fy, fo"k; ij vkf/ki R; v/; ki u dk cgj ; kxh ek/; e gA vkb, ns[k s ; s n"; & J0; I kexh D; k gS vŕŕ budk iz kx d s s gkr k gA

J0; I kexh & , d h l gk; d I kexh ft l s d o y dkuka l s l uk tk l drk gS mlga J0; I kexh dgrs gA

1- **j s M; k** ; g f'k{k dk egRo i w k z mi dj .k gSorZeku ea uohu ; æ ka ds jgrs bl ds iz kx ea deh vko' ; vkbZ gS exj xteh .k vpyka ea vkt Hkh ; g i Hkko'kkyh gA bl ds ek/; e l s mPp dks V ds f'k{k 'kkL=h] Hkko'kfonka ds mn xkj] j k'Vh; vŕŕ j k'Vh; ppkZ ukV d k d g k f u ; ka dk i z k j .k vkfn l s Hkko'k f'k{k .k ea dk Qh enn feyrh gA

2- **xleQks rFk fy lokQu & j s M;** ka dh gh Hkko'k ; g f'k{k .k dk i kphu ek/; e gSorZeku eabl dk iz kx de gh ns[kus dks feyrk gA bl ds ek/; e l s Nk=ka ds v'kQ) mPpkj .k ka dks 'kQ) djus ea dk Qh enn feyrh gA

3- **Vi f j d M j & Vi f j d M j & /ofu;** ka ds Kku gr qo' kSk Hkko'k f u Hkko'k gS ft l ea Nk= vi uh gh vkokt dks f j d M Z dj ckj & ckj l u l drs gS r k f d 'k Cnka ds l gh mPpkj .k] ckyus dh xfr] vkj k g & voj k g] fojke fp l gka dk iz kx] viusodr0; rFk mPpkj .k l æ ð kh =ŕV; ka dks Hkyh Hkko'k l e>dj ml ea l ŕkkj dj l drs gA

n"; I kexh & os l gk; d f'k{k .k I kexh ft l g a d o y vkj [kka l sn s [k k tk l drk gS mlga l uk ; k mul sskrphr ugha dj l drs gS mlga n"; I kexh dgrs gA



1- **o k L r f o d i n F k** ; s l kexh ckyd dh bŕ l n z , ka dks i j .k nrh gS ft l g a N w d j mudk fujh{k .k o i j h{k .k dj

Nk= viuh l kp o dYiuk 'kfDr dks l q<+cuk l drsgj t\$ & frryh] Qny] irxA

2- ueus'ekMy1& ; sokLrfod oLrqdk gh Nks/k : i gkrk gS, d h l kexh tksvkdj eacMh gsvFkok ftl dks d{k ea ykuk ; k fn [kkuk l Hko ugha, d h oLrqka ds ueus dks f'k{k.k l kexh ds: i ea iz qR fd; k tkrk g\$ t\$ &gkFkh] tgkt] dgkuh ea 'kj vkfnA

3- fp=& okLrfod oLrqami yC/k u gkus ij] ueus i ktr u gkus ij bu l kefxz ka dk iz kx fd; k tkrk g\$ f'k{k(d pks rks ' ' ; keiV ij Lo; afp= cukdj vFkok r\$ kj fp=ka dk iz kx dj viuk f'k{k.k dk; Z dj l drk g\$ t\$ &egki q "ka ds fp=] i M} cny vkfnA

4- elufp= o j\$[kfp=& i k; % , frgkfl d ?kVukvka o HkSkkyd LFku ds v/; ; u dsfy, iz qR gkrs g\$ t\$ &uD'ks ds ek/; e l sn'kZuk dks l k nsk dks Hk"kk&Hk"kh g\$ fdl insk ea dks l h Hk"kk ckyh tkrh g\$ fdl Hk"kk dks ckyus okys yskka dk ifr'kr fdruk g\$ vkfnA

5- pVZ f'k{k.k dh l Qyrk ea pVZ dk egROI wZ LFku g\$ Hk"kk ds o.kj ek=k] okD;] fofHku 'kCnk] ekuo vakj /ofu vo; oka ds fp=ka dks pVZ ds ek/; e l sl e>k; k tk l drk g\$ bl h rjg ds dbz pVZ ge ul jh d{kvkka ea yxs ns[k l drsgj t\$ &vk&  @b 

6- lysy cM& ; g cPka dh dYiuk 'kfDr o l tu {kerk dks fodl r djus dk vPNk ek/; e g\$ mlga dN fo"k; fn, tk l drsgiftudscjseadkz tkudkj; k fp= , d= djus dks dgk tk; t\$ &pkp ug: dsckjse a10 okD; , d l nj fp= ds l kfk fy[kdj lysy cM& ij pLk dj] l kph ij fp= l fgr y\$[k] cky dflnr dfork vkfnA vPNs in'ku dsfy, cPka dks i kRl kfgR djuk u Hkya

7- cySVu cM& fo|ky; ea vk; kstr fofHku dk; Dje] egROI wZ tkudkj; k f'k{k(d mi ; kxh fp=ka vkfn dks Nk=ka ds n'kZukFZ cySVu cM& ij bl rjg yxk, afd iR; ad fo|kFkZ ml sn\$[k o i<+l dA

8- l xgky; & tgg; egROI wZ o ngyk oLrqka dk l xg gkrk gS fo|kFkZ ka dh l e; &2 ij , d sl xgky; ka ea ys tkuk pkfg, ogk egku l rkh dfo; k l kfgR; dkj k i kphu xFk l ekpj i=& i f=dkvk MkdVdV k vL=&'kL=ka ds l xg dsckjse a tkudkj mi yC/k djkbz tk l drh g\$

9- fp= foLrkj d ; a& vk/kqud f'k{k k iz kkyh ea fp= foLrkj d ; a=ka dk fo'kSk egRo g\$, d sfp= ftUgavk [kka dh enn l sugha ns[k tk l drk mlga fp= foLrkj d ; a=ka 1/4 kst DVj 1/2 ds ek/; e l sn [kk; k tkrk g\$ ftl ea , d valjse de jse acM+ l sijns ij LykbM ds ek/; e l sn [kk; k tkrk g\$ o\$ s, d egxh f'k{k.k l kexh gkus l sbl dk iz kx ik; % de gh gkrk g\$

10- end fp=& end fp=ka dk v/; ; u eaviuk fo'kSk LFku gkrk gSD; kfd bl ea Hkko kHko; fDr l 'kDr gkrh g\$; g , d izkj l sek Hk"kk dk gh : i g\$ ftl ea egg ds vykok 'kj hj dk iR; ad vak Hko 0; Dr djrs g\$ v\$; g cPka ea cgn ykdfiz Hk g\$ t\$ &fe- chu-pkyh p\$ fyu

11- Hk"kk iz kx'kyk& ; g f'k{k.k dh vk/kqud i f0; k g\$ ftl ea Nk=ka dh Hk"kk l adkh dfBukb; k cgHk"kk f'k{k drk vkfn dks 0; fDrxr : i l sn\$[kk v\$ ij [kk tkrk g\$

I ðkn I kexh

ubz rduhdh dh nsu gS ; g I ðkn I kexh tks fu% ang n' ; &J0; I kexh ds I kFk Nk=ka I s i jLi j I ðkn Hkh djrh gS mlga I gh&xyr dk , gl kl djkrh gA ; | fi ; g I fjo/kk Hkkjr tS snsk ea I eLr Nk=ka dks mi yC/k ugha gS tS sbajjSDVo [ysd ckbM/ bā/juV] ohfM; ks dMlyakA fdUrqfQj Hkh dEi ; Wj eaosbā/juV dh enn I s Hkk"kvka dk vuopkn] v{kjka dk Kku] o mlga I gh : i eafy [kukA bZesy dsek/; e I si = ys[ku] I ekpjka dk vknku i nku pSVak vkfnA

vkt cktkjokn ds ; x ea t gk f'k{k ds {ks= ea dbz uohuhdj .k gq gā rks ogha f'k{k cktkjokn ds i Hkko I seDr ugha jg i kbZ gS bl ea ea dkbZ I ang ugha fd mi jkDr I eLr I gk; d I kexh I sf'k{k.k ea dbZ i Hkkodkjh cnyko o I dkj kRed i fj .k ke gkus dh I Hkkouk gS vSj cnyko gq Hkh gA fdUrqfodfl r jk"Vta dh rnyuk ea Hkkjr tS sfodkl 'khy jk"Vta ea vkt Hkh dbZ , s sf'k{k.k I LFkku gS t gk ; g I kefxz k; iz Dr ugha gk i kbZ gA dgha i f'k{k.k ds vHkko ea rks dgha vFkkHkko ds dkj .k Nk= bu I fjo/kvka I soDr gA

iBxr izu

fuEufyf [kr okD; ka ds fy; s I gh 'kcn dk p; u dhft; &

- 1- Jo.kfUnz I ðnukvka ds }kj k f'k{k.k i fØ; k dks vkxs c<kus okyh I kexh dgykrh g&
- 1- I gk; d I kexh 2- J0; I kexh 3- n' ; I kexh 4- I ðkn I kexh
- 2- buVjSDVo f'k{k.k I kexh g&
- 1- n' ; 2- J0; 3- I ðkn 4- mi jkDr rhuka

n' ; &J0; I kexh n' ; &J0; I kexh I srkri ; Zmu mi dj .kka I sgSftueavk[k vSj dku nksuka bfuNz ka dk iz ks gksrk gS bl nf"V I s ; g vf/kd i Hkko'kkyh gS fd cPps bl snS[k vSj I udj oLrq ds ckjs ea vi uh /kkj .kk cukrs gA

pyfp= vFlak fl uek&

oržku I e; ea f'k{k.k dk I cl s I Lrk vSj I oI gyHk I kku gS ; s ftI ds ek/; e I s dbZ vuq dkkukRed tkudkjH Nk=ka rd igp kbZ tkrh gA dbZ /kkfeZd o uSrd dFkkvka dk pyfp= dsek/; e I s in'kz dj cPpka dks jkpd tkudkjH mi yC/k dj kbZ tkrh gS tS s cky guoku] t; x.kk] i pra=] foØecrky vkfnA

2- I elpj I aH fQYe& nsk dh I keftd] vkfkd] jktuSrd] I keftd] /kvukvka I s Nk=ka dks voxr dj; k tk I drk gS tS &e | &fu"ksk] cky&fookg] Hkuk gR; k] i ks+ f'k{k] ; wth I h- ds dk; De vkfn dh tkudkjH o I eL; kvka dh vSj I gtrk I s /; ku vkdf"kr dj; k tk I drk gA

3- Vyhotu& chl oha 'krkCnh eaokkfud vSj I cl sykd fi z I k/kuka ea Vyhotu dk vi uk egRo i wkzLFkku gA bl eaf'k{k kd pksrksLo; aviuh i kB; kstuk rS kj dj Vi dj I drk gA ; k; f'k{k kd ka dks i <kus dh 'kSyh vkfn dks vi usv/; ki u ds fy, iz ks dj I drk gA bl ds vfrfjDr cky I Hk] Doht] tS s dbZ dk; De ka

dk ił kj.k Vsyfotu eafd; k tkrk gA

4- **Hk.k&** bl sl jLorh ; k=k Hkh dgrsgA ; siłrd dsckgj dh nfu; k dk 0; kogkfjd Kku inku djrk gStgk; Nk= oLrpkadks iR; {k n[k&l e>dj ml dk Kku vtZu djrsgSmI dsl ałk eaLora= fopkj iLrę djusdh fLFkfr eagrs gA t\$ &ikB; iłrd eafu/kłzjr&i ; łbj.k Mkd?kj] cłd] esyk t\$ si kBlā ds v/; ; u dsfy, ; g l kexh cęn vko'; d gA

5- **ukVd&** bl ea v/; ; u dh l kexh ds l kFk&2 vfHku; f'k{k.k] l ołn dyk vkfn dk Hkh fodkl gksrk gA cPps c<&p<dj bl eafgLI k yuk il n djrs gA f'k{kłka dks pkfg, fd , s l k/kuka dks c<kok na D;kłd ; s Nk=ka dks f'k{kł n s ds l kFk&2 budk eukjat u Hkh djrs gA dbZ l kekf t d] /kfeZd] , srgkfl d ukVd gS ftudk epu dj;k k tk l drk gS t\$ &ohj f'kokth] iUuk/kk;] vkfn

6- **lySk dM&** ; g l kexh ik; %Nk/h d{kłvka dsfy, T; knk mi ; Ğr gSft l eadkMZ dsek/; e l s'kCn fp=] dks tkMuk ek=k, a vkfn dsfy, dkmZ r\$ kj djukA ; g dk; Zf'k{kł Lo; a Nk=ka dh enn l sdj l drk gS

t\$ & [ek] [yk] [vk] blga tkMuk ^ekyk vk*

7- **Hk'k [ky&** Hk'k'k f'k{kł dsfy, cęn vko'; d gSfd og d{kł ds okroj.k dks jkpd o mRl kgo/kłd cuk, j [ks bl grql e; &2 ij [ky xrfof/k; k; djkbZ tkuh pkfg, A t\$ &Nk=ka dks nks Hk'k'ka eafokkfr dj mul s nskł dforvkā dks ydj vUR; k{kjh] okn fookn] Hk'k.k] dfork ikB] igyh] ukVd vkfn cyokbz tk l drh gA

iz Ğr l gk; d l kexh

n'; l kexh	J0; &n'; l kexh	l ołn l kexh
pkVł xtQ] ekufp=]	Vsyfotu] Młek]	dEl; Wj
cyfVu] lyuy cłM]	pyfp=]	błjuV ¼pšVx½
l xgky;]	dEl; Wj] fQYe]	błj šDVo cyd
estd ykyVu]	jšM; kšotu	cłMZ
LykbM] ' ; kei V	vkfn	ohfM; ks dkllyx
vkfn		vkfn

iBxr izu

fuEufyf [kr okD; ka ds fy, I gh 'kCn dk p; u dhft; &

1- I gk; d f'k{k.k I kexh d{kk ds okrkoj.k dks cuk, j [krh g&

1- I dkj kRed 2- dksykyi wZ 3- udkj kRed 4- Kkuij [k

2- I gk; d I kexh dk mÍs; g&

1- f'k{k.k dks ikÑfrd : i nsuk 2- veirZ in kFks dks erZ : i nsuk

3- Nk=ka dks xfrfof/k eafyIr j [kuk 4- f'k{k.k dks jkpd o Kkuij [k cukuk

HK'k f'k{k.k eafØ; kRed vuq akku

f'k{k.k ds {ks= ea iji jkxr f'k{k.k I sgVdj jkpd rk vÍ xqkorÍ ds I kFk fd; k x; k f'k{k.k dk; Z uokpkj gSftI ea viuh dk; fof/k; ka dk eV; ka du djrs gq] f'k{k.k vi us nÍska dk irk yxkdj dkj. kaadk fo'ySk.k djrk gS vÍ bl vk/kj ij oSkfud fof/k; ka dk I gkj yrk gS vÍ var ea bl fu.kz ij igp tkrk gSfd D; k ifjorZ djuk gS vÍ D; k; ugha rc bl s fØ; kRed vuq akku dgrs gA nÍ js 'kCnka ea fØ; kRed vuq akku 0; fDr vFok I eV dh fØ; kvka ea I dkj ykus dh oSkfud fof/k gA

fØ; kRed vuq akku ds I ki ku &

1- I eL; k dk vÍHKku rFk p; u&

d- I eL; k ds ifr I ðnu'khyrk [k- I ko/kfu; k;

1- I eL; k fo | ky; dh gks ¼½ okLrfod gks dk Yi fud ugha ¼¾ I eL; k dk I adk vuq akkudrkZ

I sgks ¼¼ I eL; k dk {ks= I hfer gks ¼½ I e; o /ku dks vi 0; ; u gks ¼½ fo | ky; ds dk; Øe ea 0; o/kku u gkA

2- I eL; k dk I hekdai , oai fjhHK'hdj.k&

d- fo | ky; dk uke

[k- d{kk oxZ

x- I eL; k dk dFku

3- I eL; k dsdlj. kaadk fo'ySk.k

d- dkj.k dk I eL; k I s rdZ Ør I adk

[k- I eL; k okLrfod gks

x- rdZ ij h{k.k; gks@dkj.k o I kf{k; ka dh I pphA

4- fØ; kRed mi dYi ukv adk fuelz k&

d- I eL; k I ek/kku dh fofHKUu fØ; k, agks

[k- mi dYi uk, a i jh{k.k; gks

x- vuq akkudrkZ dh {kerkvka ds vuqphY gkA

5- fØ; kRed mi dYi ukvka dh i jh{k grqmi ; Ør : i j{k

d- mi dYi ukvka dh i { ; k

[k- fof/k

x- vi f{kr l k/ku

?k- vi f{kr l e;

6- fØ; kRed mi dYi ukvka dh i jh{k.k , oafo'ysk.k&

d- fujh{k.k

[k- l Eefr i klr djuk

x- iz ukofy; ka dk iz kx

?k- l k{kRdkj

M+ i jh{k i w@i'pkr

p- funkukRed i jh{k.k , oafo'ysk.k

7- fu"d"Zifriku&

d- mi dYi ukvka dh mi ; Ørrk

[k- vuko' ; d mi dYi ukvka dks R; kxuk

8- eW; kdu& rkfd Hkfo"; ea vkus okyh dfBukb; ka l scpk tk l dA

9- ifronu r\$kj djuk& ; gh ifronu fØ; kRed vuq akku dk i ækf.kd , oafo'ol uh; vfHky\$[k , oa Hkfo"; dsfy, elxn'kd nLrkost gA

ilBxr izu

1- fØ; kRed vuq akku vk/kfjr g&

1- ikjãfjd fof/k ij 2- oKkfud fof/k ij 3- ifjdYi ukvka ij 4- eW; kdu fof/k ij

2- Nk=ka dh xfrfof/kf; ka ea l qkij grq dh xbz [kkt dgykrh g&

1- [kkt i wZ f'k{k.k iz kkyh 2- xfrfof/k iz kkyh 3- mi pkj kRed f'k{k.k 4- fØ; kRed vuq akku

bdkbz l kj&

Hk"kk iz kx'kkyk ds vUrxZr fo"k; oLrqds ifjp; grq i Lrkouk ds l kfk i kB; Øe eabl l kexh dks j [ks tkus ds vkpR; ij l qki ea izdk'k Mkyk x; k gA i Fke bdkbz ds vUrxZr Hk"kk iz kx'kkyk dksLo: i rFkk f'k{k.k ds {k= eabl dh mi; kxrk rFkk egRo dks ifriknr fd; k x; k gA f}rh; bdkbz ds vUrxZr l gk; d l kexh D; k g\$ ml dh ifjHk"kk] f'k{k.k i fØ; k eabl dk egRo l gk; d l kexh ds mÍs; o dk; Z dks n'kkZsgq bu l kefxz ka ds iz kx ea/; ku nus; kx; dñ l ko/kfu; ka ij ppkZ dh xbz gA rrrh; bdkbz eablgha l kefxz ka ds fofo/k izdkja ij t\$ s n'; l kexh] J0; l kexh] n'; J0; v\$ l ðkn l kexh ij l qki ea fVli .kh dh xbz gS l kfk gh Hk"kk f'k{k.k eabl l kefxz ka dk fdl rjg iz kx gkrk gS bl l ædk ea l f{kr

tkudkj h iLrŕ dh xbz gA bdkbz pkj ea Hkk"kk f'k{k.k dsuohu fØ; kRed vud ōkku dsckjseafj p; fn; k x; k gA

vReijh{k.k izu

- 1- Hkk"kk f'k{k.k ea Hkk"kk iz sxs'kkyk ds egRo o mi ; kfxrk ds ckjs eafyf[k; s \
- 2- tglk f'k{k(kd dk ekS[kd odr0; viuk iHkko ugha mRi Uu dj ikrk ogkWI gk; d I kexh i kB; Øe dks jkpd r k fdl izdkj inku dj rh gS \
- 3- I gk; d I kexh ds iz Ør gkrs gh ml s Nk=ka ds I keus I s D; ka gVk nsk pkfg, \
- 4- n'; I kexh I svki D; k I e>rs gA \ f'k{k.k ea bl dh mi ; kfxrk crkb, \
- 5- ^Nk=ka dk gLry[k vPNk ugha gA* bl I eL; k dks ydj fØ; kRed vud /kku dh ; kstuk rS kj dj fyf[k, A

fu; rdk; Z, oaxrfof/k; k

- 1- LFkkuh; Hkk"kk iz sxs'kkyk dk Hkæ.k dj vius I kFFk; ka ds chp bl ds ea ckjs eapptz dhft, A
- 2- vius i kB; Øe dks iLrŕ dj us gsrq vki D; k cgrj o I gyHk I kexh iz Ør dj I drs gS ml ij i wZ ea; kstuk rS kj dhft, \
- 3- fdl h di Mk fey ; k i kLV vknQI ds ckjs ea Nk=ka dks tkudkj h nks gsrq dks I kexh T; knk mi ; Ør gksh vius I g; kfx; ka I s foe'kZ djA
- 4- Hkk"kk f'k{k.k ds {ks= ea D; k&D; k \ uokpkj rFk u, vud ōkku gq gSmudsckjseatkudkj h gkl y dhft, A
- 5- d{k ea v/; ki u ds nkj ku dN Nk= f'k{k.k ea v: fp fn [krs gS, s Nk=ka ds ckjs ea vki D; k vud ōkku dj i k, aks I kfp, A

iBxr izu mUjkeyk

- | | | |
|------------------------|--------------------|---------------------------------------|
| 1- Hkk"kk iz sxs'kkyk& | 1- 0; fDr fu"B | 2- mPpkj.k I ædkh |
| 2- I gk; d I kexh& | 1- JO; I kexh | 2- mijkDr rhuka |
| 3- n'; JO; I kexh& | 1- I dkj kRed | 2- f'k{k.k dks jkpd , oa Kkuijd cukuk |
| 4- fØ; kRed vud ōkku& | 1- oKkfud fof/k ij | 2- fØ; kRed vud ōkku |

uV& vReijh{k.k iz uka ds mUj Nk=k/; ki d i kB ds v/; ; u , oa vH; kl ds vk/kkj ij Lo; agy djus dk iz kl djA



i=kpkj iB; Øe
ek/; fed f'k{k e.My e-ç-] Hkiky
½kj k I ok/kdkj I jf{kr½
fMykek bu ,T; qfSkuj i jh{k
i Fke o"z

izu i= & prqkz

fo"i; & fgluh Hk"kk f'k{k.k

iB&9

fo"i; k&k&	I ðÑr Hk"kk 0; kdj.k o jpuk
i Fke mi bdkbz&	fgluh o I ðÑr Hk"kk ea'kñkfkz o 0; kdj.k dh I ekurk; ao vl ekurk; a
f}rh; mi bdkbz&	I ðÑr Hk"kk eai ; k; okph foyle 'kñ o ipfyr I fDr; k
r}rh; mi bdkbz&	I ðÑr 0; kdj.k ; fM&l k{k I oZke] fo'kSk.k fØ; k] fyæ]opu] dkjd] foHfDr
'	'kñ: i] /Mrq i] I f{k I ekl] mi l xZrFk iR; ; A
prqkzmi bdkbz&	fyfi] o.këkyk/ofu] mPpkj.k] o.k] 'kñ] okD; jpukA
i pe mi bdkbz&	I ðÑr eafucWk o i= y{k

fi z; Nk=k/; ki d]

fi Nyh bdkbz ea vki us Hk"kk iz s{x'kkyk ds vlurxZr Hk"kk iz s{x'kkyk ds Lo: i egRo , oa mi ; kfxrk] vko'; d I gk; d I kexh] n"; JO; ek/; eka dk iz s{x , oa Hk"kk ds {k= eafØ; kRed vuq ðkku ds ckjs ea tkudkjh i ktr dh bl bdkbz ea ge I ðÑr Hk"kk ea 0; kdj.k o jpuk dk v/; ; u djæA

çFke mi bdkbz

fgluh o I ðÑr Hk"kk ea'kñkfkz o 0; kdj.k dh I ekurk; ao vl ekurk; a bl I e\$Ñ\$Dr ¾
 I ðÑr vFkZ~'l e* mi l xZ; Dr ^Ñ* /kkrqea'Dr* iR; ; ds ; s{x I s I ðÑr 'kñ cuk gA I ðÑr 'kñ dk vFkZ
 g&l ðdkj fd; k gpyk ; k ijekftZr fd; k gpykA I ðÑr I ð kj dh ikphure Hk"kk gSrFk I eLr Hk"kkvka dk emy
 I ksr Hkh I ðÑr gh gA Hk"kk oSkkfudka dk er gSfd I ðÑr ea 0; kdj.k ij fo'kSk /; ku fn; k x; k gA vr, o
 I ðÑr eafDy"Vrk vkuk LokHkkfod gA pfid fgluh Hk"kk dh tuuh I ðÑr gh gA bl dkj.k vf/kdkr%0; kdj.k
 ea I ekurk gh ik; h tkrh gSdgh&dgha vl ekurk; a Hkh gA tkfd fuEu g&

- 1- fglunh , oa l ðÑr ea l Kk, j fohkDr jfgr gkrh gA bueai Fkd l siR; ; yxk; s tkrsgstcfd l ðÑr dh l Kkva ds: i fohkDr; ka ds vk/kj ij , dopu] f}opu , oacgppu eac]vs gkrh gA
- 2- fglunh , oa l ðÑr ds l oZukea ea vUrj gS fglunh ea l kekl; i pyu ea , dopu rFkk f}opu dk iz kx ugha gkrk bl h izdkj fglunh l oZuke ea fyak ugha gkrk gStcfd l ðÑr ea dÑ l oZuke fyak ds vuq kj vius: i cnysr gA
- 3- fglunh fØ; kvka dk dkbZ oxhZdj .k ugha gStcfd l ðÑr /kkrq; x.kka eþ l engka ea fohkDr gS
- 4- fglunh ea v0; ; ka dh l ð; k de gStcfd l ðÑr ea ; g vf/kd l ð; k ea ik; s tkrh gA
- 5- fglunh ea nks fyak & i qYyak , oa L=hfya gkrh gA l ðÑr ea rhu fyak & i qYyak] L=hfya , oa uiq dfya gkrh gA
- 6- fglunh ea nks opu gkrh gA, dopu] cgppu] l ðÑr ea , dopu] f}opu vk] cgppu gkrh gA
- 7- fglunh ea l Ecksku dks dkjd ekuk tkrk gStcfd l ðÑr ea l Ecksku dks dkjd ugha ekuk tkrk gA
- 8- fglunh , oa l ðÑr ea 'kCn 'kDr; kj xqkj jhfr; kj l eku : i l s ikbz tkrh gA
- 9- fglunh ea vyadkj ka dh l ð; k de gStcfd l ðÑr ea vf/kd l ð; k ea vyadkj ik; s tkrh gA
- 10- fglunh ea NUn] pks kbZ nkgkj l kj Bkj mYykyk tS s NUn l ðÑr ea ugha ik; s tkrh gS fglunh ea ekf=d NUn gStcfd l ðÑr ea of.kZd NUn gkrh gA
- 11- vFkZ l Ecu/kh fHkurk Hkh l ðÑr vk] fglunh ea ikbz tkrh gS fyak l Ecu/kh vUrj ea l ðÑr ea vfxu i qYyak gStcfd fglunh ea L=hfya gA

iBxr izu

- izu 1-** fuEufyf [kr okD; ka ea l R; @v l R; NlfV, &
- v- fglunh dh l Kk, j fohkDr jfgr gkrh gA
 - c- l ðÑr ea nks fyak gkrh gA
 - l - l ðÑr ea fohkDr; kj o dkjd vkB gkrh gA
 - n- fglunh , oa l ðÑr ea 'kCn 'kDr; kj l eku gkrh gA

izu 2- ekf=d NUn fd l Hk"kk ea gA \

izu 3- of.kZd NUn fd l Hk"kk ea gA

f}rh; mibdkb&

l ðÑr Hk"kk eai ; kZ okph foyle 'kCn o ipfyr l fDr; k

míS; & bl mi bdkbz ds ek/; e l s l ðÑr ds 'kCnka dks vkRel kr dj k; k tk jgk gS bl ea l ðÑr ds ipfyr 'kCnka ds i; kZ 'kCn , oa foyle 'kCn crk; sx; sgSrkd Nk= ey 'kCn ds vFkZ dks ân; æe dj rFkk ml ds 'kCn Hk. Mkj ea Hkh of) gks Nk= bu 'kCnka dks Hkfo"; eami; kx djus dh {kerk Hkh ikr dj ysuhps dÑ i; kZ okph 'kCn fn; s tk jgs g&

- 1- jke% & jk?ko% j?kumnu% dks kyBn%
- 2- re% & vu/kdkj% frfej%
- 3- iFoh & Hkfe% ol qkj k] jRuxHkz

- 4- bln% & e?kok] 'kØ% nØbn% l jifr%
- 5- Ñ".k% & xki ky% nØdhuunu% dsko%
- 6- deye~ & tyte] iØte] uhjte] vEcØte~
- 7- l w % & fnudj% HkkLdj% HkkuØ
- 8- gfj% & fo".kØ i hrkEcj% HkkuØ
- 9- nØrk & vej% vtj% l j% nØ%
- 10- iØk'k% & vkykØ% T; ksr% nØ%

ulpsfoyle %oi jhr vfkØky% 'kØ fn; stk jgsg&

- 1- l jy% & dfBu%
- 2- dkey% & dBkj%
- 3- /ke% & v/ke%
- 4- Ñ".k% & 'kØy% mTtoy%
- 5- if.Mr% & e[kØ vK%
- 6- 'k=Ø & fe=e] l [kk
- 7- iØk'k% & frfej% vU/kdkj%
- 8- vej% & ej.k/kek] {k; h} u'oj%
- 9- fnol % & jkf=% jkdk] jtuh
- 10- 'kØd% & vkn% ty; Ør%
- 11- Lons k% & fons k% i jns k%
- 12- ykHk% & gkfu%
- 13- vere~ & fo"ke~
- 14- vf/kde-& U; ue~
- 15- mlufR% & voufr%

iBxr izu

- izu 1 & v/kØfyf[kri nkuka foykØ i Bkfu fy[kr&
- d& fnol % &
- [k& vej% &
- x& iØk'k% &
- ?k& mlufR% &
- M& ykHk% &
- izu 2 & v/kØfyf[kri nkuka i ; k] okfpi nkfu fy[kr&
- d& bln% &
- [k& Ñ".k% &
- x& iFoh &
- ?k& deye~ &
- M& gfj% &

ipfyr I fDr; k

¶ BqmfDr% bfr I fDr% vFkz~vPNh mfDr I fDr dgykrh gA fgluh ; k vU; Hk"kkvka dh rjg I uN̄r ea Hkh I fDr; ka dk ipyu gA ikphudky ea I uN̄r Hk"kk dk gh ipyu FkA vkrētu I uN̄r Hk"kk eagh okrkzyki djrs FkA I uN̄r ds ikphu xUFkka ea bl ckr ds vud iek.k feyrs gA dñ I fDr; k mntgj.k ds : i ear"VO; g&

- 1- fo | k nnkfr fou; eA
- 2- vfr I oE otz rA
- 3- xqkk% I oE 'kkkUrA
- 4- fouk'k dkysfoi jhr cñ) %
- 5- 'kBs 'kkB; a I ekpjrA
- 6- ; kx% deñ q dks kyeA
- 7- /kek; j {kfr j f {kr%A
- 8- vkgjs 0; ogkjs dk 0; DryTt% I q kh HkorA
- 9- eqMs eqMs efr% fHkUukA
- 10- I k fo | k ; k foDr; A

ikBxr izu

izu 1 mfpr esyua d#r &

	v	c
d	vfr I oE	I ekpjr~
[k-	; kx% deñ q	; k foDr; s
x-	I k fo k	dkSkye~
?k-	'kBs 'kkB; a	otz rA

I uN̄r 0; kdj.k& ¼ Kk I oZuke fo'kSk.k fØ; k] fya] opu] dkjd] foHkDr]' 'kCn: i] /kkrq: i] I ð/k] I ekl] mi I xZ rFkk iR; ; ½

I Kk& fd I h Hkh uke dks I Kk dgrs gA I uN̄r ea I Kk 'kCnka dks nks Hkxka ea foHkfr fd; k x; k gA vtUr I Kk 'kCn vksj gyUr I Kk 'kCnA ftu 'kCnka ds vtUr ea vp* vFkz~Loj gkrsg muga vtUr* dgrs gA tS & jke] jek] gfj] Hkkuqvkn vtUr ¼Lojkr I Kk½ 'kCn gRfkk okp} fnd} vkn gyUr ¼; atukUr½ I Kk 'kCn gA

fgluh eadrk] deZvkn I ædk fn [kkusdsfy; su} dksvkn 'kCn I Kk ds i hNs tkM+fn, tkrsgSfdUr q I uN̄r ea; g I ædk fn [kkusdsfy; s I Kk ; k I oZuke 'kCn dk : i gh cny nrsgA tS & jke uš dh txg jke% jke dks dh txg jkeA bl h izkj , d 'kCn ds dbz: i gks tkrsgA I Kk 'kCnka ea ¶ q~ iR; ; yxkdj bl izkj dk vFkz i xV fd; k tkrk gA

I q iR; ;

dkjd fplg	foHDr%	, dopue-	f)opue-	cgopue-
us	i Fkek	I q	vks	t I -¼/ I ½
dkS	f}rh; k	ve-	vks~	'kl ~
I } ds }kj	r rh; k	M-k	H; ke-	fHkI ~
dsfy; s	prqkhz	Ms	H; ke-	H; I ~
I s	i peh	M-fl	H; ke-	H; I ~

dkj d} dh	"k"Bh	M-I ~	vkf ~	uke-
e} ij	I Ireh	fM-	vkf ~	I q ~

iæqk vtUr I Kk 'kCnka ds I kfk **I q ~ vkfn foHkDr iR; ; yxkdj tks: i curs gS os bl idkj gA

vtUr i f}yæ vdkjUr **jke 'kCn**

foHkDr%	, dopue-	f}opue-	cgøpue-
i Fkek	jke% 1/4 ke u}z	jkeS 1/4 nks jkeka e}z	jke% 1/4 u}d jkeks u}z
f}rh; k	jke- 1/4 ke dk}z	jkeS 1/4 nks jkeka dk}z	jkeu- 1/4 keka dk}z
r}rh; k	jkes k 1/4 ke ds fy; }z	jkeH; ke- 1/4 nks jkeka ds fy; }z	jke% 1/4 keka I }z
pr f}khZ	jke; 1/4 ke ds fy; }z	jkeH; ke- 1/4 nks jkeka I }z	jkeH; % 1/4 keka ds fy; }z
i peh	jkekr- 1/4 ke I }z	jkeH; ke- 1/4 nks jkeka I }z	jkeH; % 1/4 keka I }z
"k"Bh	jkeL; 1/4 ke dkj dh}d}z	jke; k% 1/4 nks jkeka dk}z	jke. kke- 1/4 keka dk}z
I Ireh	jkes 1/4 ke e}i j}z	jke; k% 1/4 nks jkeka e}z	jkeskq 1/4 keka e}z
I Eck}ku	gs jke!	gs jkeS 1/4 gs nks uka jke}z	gs jke% 1/4 gs jke}z

jke dh gh rjg uj] cky] i e] tud] I Ttu] nq}z] f'k";] I w] xt] e; j] /keZ vkfn 'kCnka ds: i pyrs gA

vtUr L=fyæ vdkjUr ^jek' 'kCn

foHkDr%	, dopue-	f}opue-	cgøpue-
i Fkek	jek	jes	jek%
f}rh; k	jke-	jes	jek%
r}rh; k	je; k	jekH; ke-	jekfHk%
pr f}khZ	jek; S	jekH; ke-	jekH; %
i peh	jek; k%	jekH; ke-	jekH; %
"k"Bh	jek; k%	je; k%	jek. kke-
I Ireh	jek; ke-	je; k%	jekl q
I Eck}ku	gs jek	gs jek	gs jek%

bl h idkj yrk] i kB' kkyk] ØhMk] d{kk] dU; k] ol qkk] I qkk] vt}k] i Hkk vkfn L=fyæ 'kCnka ds: i pyrs gA

vtUr i f}yæ bdkjUr ^gfj 'kCn**

foHkDr	, dopu	f}opu	cgøpu
i Fkek	gfj%	gjh	gj; %
f}rh; k	gfje-	gjh	gju-
r}rh; k	gfj .kk	gfjH; ke	gfjfHk%
pr f}khZ	gj; s	gfjH; ke-	gfjH; %
i peh	gj%	gfjH; ke-	gfjH; %

"k"Bh	gj%	g; k%	gjh. kke~
I Ireh	gj kS	g; k%	gfj "kq
I Ecklku	gs gj!	gs gjh!	gs gj ; %

vtur iflyx mdkjkr "Hkuq' 'kcn

foHDr	, dopu	f)opu	cgoppu
i Fkek	Hkku@	Hkkuw	Hkkuo%
f}rh; k	Hkku@~	Hkkuw	Hkkuo%
rrh; k	Hkkuqk	Hkkuq; ke~	HkkuqHk%
prfkhZ	Hkkuos	Hkkuq; ke~	Hkkuq; %
i peh	Hkku k%	Hkkuq; ke~	Hkkuq; %
"k"Bh	Hkku k%	Hkkuq; ke~	Hkkuq; %
I Ireh	Hkku k%	Hkkuq; ke~	Hkkuqkq
I Ecklku	gs Hkku k!	gs Hkkuw !	gs Hkkuo%

iKxr izu

- izu 1** I Kk 'kcn I sD; k rRi ; Z gS \
- izu 2** I LÑr ea I Kk' 'kCnka dksfdrus Hkxka ea ckV k x; k gS \

I oZke

fglnh ea I oZke 'kcn I Kk ds LFKku ij iz; Dp 'kcn gS fdUrq I LÑr ea I oZke 'kcn I s, s' kCnka dk cksk gkrk gS tks ^I oZ' 'kcn I si kj EHK gkrsgA vpkp; Zi kf. kfu usfy [kk g& ^ I olzhfu I oZkelfu** vFkz~' 'kCnka dh I oZke I Kk gkrh gA bu I okIn 'kCnka dh I q; k 35 gA

buea I s dN iæ[k fuEukuq kj gS &

¼½ I ol	½½ fo'o	¾½ mHkh	¼½ mHk;
⅕½ vU;	⅙½ vU; rj	⅗½ brj	⅘½ Lor~
⅐½ Ro	¼0½ ue	¼1½ i wZ	¼2½ ij
¼3½ voj	¼4½ nf{k.k	¼5½ mRrj	¼6½ vij
¼7½ v/kj	¼8½ vU rj	¼9½ rn~	½0½ ; n~
½1½ , rn~	½2½ bne~	½3½ vnl ~	½4½ ; ðen~
½5½ vLen~	½6½ Hkor~	½7½ fde~	

buea ^Rou** vkj ^Ro** vU; ds i; kZ okph gA ^ue** vFkz dk vkj ^I e** I ol dk i; kZ gA ^I e* rY; dk I eku vFkz idV djus ij I oZke ugha gkskA iæ[k I oZkeka ds: i bl idkj g&

mRre i q "k okph ^vLen 'kOn**

foHkDr	, dopu	f}opu	cgøpu
i Ftek	vge-	vkoke-	o; e-
f}rh; k	eke} ek	vkoke} ukS	vLeku] u%
r}rh; k	e; k	vkokH; ke-	vLekfHk%
prfikhZ	eg; e} es	vkokH; ke-	vLeH; e- u%
i peh	er-	vkokH; ke-	vLer-
"k"Bh	ee] es	vko; kS} ukS	vLekde} u%
I Ireh	ef;	vko; k%	vLekl q

e/; ei q "k okph ^, ten 'kOn**

foHkDr	, dopu	f}opu	cgøpu
i Ftek	Roe-	; øke-	; ø e-
f}rh; k	Roke} Rok	; øke} øke-	; øeku- o%
r}rh; k	Ro; k	; økH; ke	; øekfHk%
prfikhZ	rH; e} rs	; økH; ke} øke-	; øeH; e} o%
i peh	Ror-	; økH; ke-	; øer-
"k"Bh	ro] rs	; ø; kS} øke-	; øekde-
I Ireh	Rof;	; ø; k%	; øekl q

rn-½g½i f/yx

foHkDr	, dopu	f}opu	cgøpu
i Ftek	I %	rks	rs
f}rh; k	re-	rks	rku-
r}rh; k	ru	rkh; ke	r%
prfikhZ	rLeS	rkh; ke-	rH; %
i peh	rLekr-	rkh; ke-	rH; %
"k"Bh	rL;	r; k%	rSkke-
I Ireh	rLeu-	r; k%	rSkq

rr-½g½L=f/yx

foHkDr	, dopu	f}opu	cgøpu
i Ftek	I k	rs	r k%
f}rh; k	rke-	rs	r k%

r}rh; k	r; k	rkh; ke-	rkhk%
prfkhZ	rL; S	rkh; ke-	rkh; %
i p eh	rL; k%	rkh; ke-	rkh; %
"k" Bh	rL; k%	r; k%	rkl ke-
I lreh	rL; ke-	r; k%	rkl q

rr-½g½ui q x fyx

foHfDr	, dopu	f}opu	cgöpu
i Fkek	rr~	rs	rku
f}rh; k	rr~	rs	rku
r}rh; k	ru	rkh; ke	r%
prfkhZ	rLeS	rkh; ke-	rñ;
i p eh	rLeKr~	rkh; ke-	rñ; %
"k" Bh	rL;	r; k%	rskke-
I lreh	rLeu-	r; k%	rskq

uke dsLFkku ij iz ðr I oZuke 'kCn uke dsgh fyx opu vls foHfDr xg.k djrs gñ I ehi dh oLrq ; k 0; fDr dsfy, ^bne~ 'kCn vf/kd I ehi dh oLrqdsfy, ^, rn~ 'kCn rFkk tks i j k k ¼ keus ugha gñ ml s crkus dsfy, ^rn~ 'kCn dk iz kx fd; k tkrk gñ

I Eeku ds vFkZ ea; ðen-dsLFkku ij ^Hkor~ 'kCn dk iz kx gkrk gñ ^Hkor~ 'kCn ds I kFk i Fke iq "k dh f0; k dk : i yxrk gñ t\$ & Hkoku-i BfrA

i k Bxr izu

- izu 1** I oZuke dh D; k i f j Hk k k g s \
- izu 2** I oZuke 'kCn d k s & d k s I s gñ \

fo' k k . k

tks 'kCn I k k I oZuke vFkok f0; k dh fo' k k r k i d V djrs gñ ml ga fo' k k . k dgrs gñ ftudh fo' k k r k crykbZ tk,] ml ga fo' k k ; dgrs gñ t\$ s uhye-mRi ye-ea I s ½deye½ fo' k k ; gñ D; kñd mRi ye-dh fo' k k r k crykbZ x b Z gñ x q k 'kCn I s v P N s v l s c j s n k u k a g h i d k j d s x q k k a d k x g . k g k r k gñ t k s u o Z H f D r v l s c o p u fo' k k ; d k g k r k g s o g h f o H f D r fo' k k . k d h H k h g l o r h gñ t\$ &

- 1- v; a ' k k k u % u j %
- 2- d f p n - n q v k % u j k %

; s l c I k e k u ; fo' k k . k d s m n k j . k gñ b u d s v f r f j D r r y u k R e d v l s c v f r ' k ; c k s k d fo' k k . k H k h g l o r s gñ t\$ & r y u k R e d fo' k k . k & t c n k s d h r y u k d j d s m u e a l s , d g h v f / k d r k ; k U ; w u r k i x V d h t k r h gñ

1- j k e % ' ; k e r ~ i V r j %

2- uj%noH; %fuN"VrjA
 vfr'k; ckskd fo'ksk.k& tc nks ; k nks l s vf/kd inkFks dh ryuk djds , d dks vf/kd ; k U; w
 cryk; k tkrk g} t} &

- 1- jke% l oBka Hkr. kka T; SB% ¼ oBkq Hkr"kd
- 2- xak l okd ka unhuka ¼ okd qunh"kd ifo=rekA

fuf'pr l ; kolod fo'ksk.k ¼ d døy , dopu gk g

foHDr	i qyx	L=lyx	ui d fyx
i Fkek	, d%	, dk	, de-
f}rh; k	, de-	, dke-	, de-
r}rh; k	, du	, d; k	, du
pr}khZ	, dLeS	, dL; S	, dLeS
i peh	, dLekr~	, dL; k%	, dLekr~
"k"Bh	, dL;	, dL; k%	, dL;
l Ireh	, dfleu~	, dL; ke~	, dfleu~

f} ¼døy f}opu gk g

foHDr	i qyx	L=lyx	ui d fyx
i Fkek	f}	}s	}s
f}rh; k	}kS	}s	}s
r}rh; k	}kH; ke~	}kH; ke~	}kH; ke~
pr}khZ	}kH; ke~	}kH; ke~	}kH; ke~
i peh	}kH; ke~	}kH; ke~	}kH; ke~
"k"Bh	}; k%	}; k%	}; k%
l Ireh	}; k%	}; k%	}; k%

f= ¼ru½bl dsl Hh : i cgøpu eagksgS

foHDr	i qyx	L=lyx	ui d fyx
i Fkek	=; %	f=H; %	=hf . k
f}rh; k	=hu~	f=H; %	=hf . k
r}rh; k	f=fHk%	f=l fHk%	f=fHk%
pr}khZ	f=H;	f=l H; %	f=H; %
i peh	f=H; %	f=l H; %	f=H; %
"k"Bh	f=H; %	f=l `kke~	=; k . kke~
l Ireh	f="kq	f=l "kq	f="kq

f=} prj} i 'pu} "kV} l Iru} v"Vu} uou} n'ku} 'kcnkads: i døy cgøpu eagh gksgA i xpu ds

ckn l s d k b z f y a k h k n u g h a g k r k g a

ikBxr izu

izu 1- fo'kSk.k dh D; k i fjHkk"kk gS\

izu 2- rnyukRed fo'kSk.k l s D; k vfhkik; gS\

fØ; k ¼kkq

l ðÑr eafØ; k dks /kkq; k frM-Ur in dgrs gðfglunh Hkk"kk eafØ; kvka ds : i drD; kP; eadrlz ds vuq kj , oadeb kP; eadez ds vuq kj i qYya , oaL=hfyak eacny tkrsgð t\$ & yMek i <rk gA yMeth dgrh gð vkfnA fdUrql ðÑr eafØ; k dk fya k n ughagkrk gA drkzpkgs i qYya gks; k L=hfyak vFlak ui d fya] fØ; k , d l eku gh jgrh gð t\$ &

- 1- ckyd% i rfrA
- 2- ckfydk i rfrA
- 3- Qya i rfrA

l ðÑr ea yxHkx 2000 /kkq; gA ; s /kkq; 10 ¼nl ½ l e mka eafHkkftr gð bu l e mka dks gh x.k dgrs gA ; Fkk&

¼½	Hokfn	½½	vnkfn	¾½	t gk& kfn	¼½	fnokfn
½½	Lokfn	¾½	r qkfn	¾½	: /kkfn	¾½	rulkfn
¾½	Ø; kfn vktj	¼0½	pgkfn x.kA				

fØ; kvka ds nks : i gkrs g&

¼½	ijLeSn vktj	½½	vkReuSn
----	-------------	----	---------

ijLeSn eafØ; k dk Qy nñ jsdsfy, gkrk g& t\$ s l k i pfrA bl okD; eaidkusdk Qy nñ jsds fy, gkxkj fdUrqvktReu in eafØ; k dk Qy viusfy, gkxkA l ðÑr eanl ydkj gkrs gA fdUrqvkt dy i kp ydkja gh ipyu ea gA

/kkq lads: i ijLeSn iR; ;

iq "k	, dopu	f)opu	cgoppu
i Fke iq "k	¼ % fr	¼-k½ r%	¼-½ vflr
e/; e iq "k	¾oe½ fl	¼ pke½ Fk%	¼ w e½ Fk%
mRre iq "k	¾ge½ fe	¼/koke½ o%	¼o; e½ e%

ijLeSn nh vl ~/kkq ¾ gksuk

^yV** ydkj ¼rèku dky½

iq "k	, dopu	f)opu	cgoppu
i Fke iq "k	vflr ¼og gð	Lr% ¼os nks gð	l flr ¼os l c gð
e/; e iq "k	vfl ¼rwgð	LFk% ¼rø nks gkð	LFk ¼rø l c gkð

mRre iq "k vflE ½e½g½ Lo%½ge nks g½ Le ½ge l c g½

ijLeSn ^iB* ½ <uk½/krqVydki

iq "k	, dopu	f}opu	cgøpu
i Fke iq "k	i Bfr	i Br%	i Bflr
e/; e iq "k	i Bfl	i Bfk%	i Bfk%
mRre iq "k	i Bkfe	i Bko%	i Bke

^iB* ½ <uk½/krq^yM% ydki ½u | ru Hø½

iq "k	, dopu	f}opu	cgøpu
i Fke iq "k	vi Br~	vi Brke~	vi Bu~
e/; e iq "k	vi B%	vi Bre~	vi Br~
mRre iq "k	vi Be~	vi Bko	vi Bke%

^yV* ydki ½ keW; Hfo"; r½

iq "k	, dopu	f}opu	cgøpu
i Fke iq "k	i fB"; fr	i fB"; r%	i fB"; flr
e/; e iq "k	i fB"; fl	i fB"; Fk%	i fB"; Fk
mRre iq "k	i fB"; kfe	i fB"; ko%	i fB"; ke%

^iB* ½ <uk½/krq^yM* ydki ½rkKf½

iq "k	, dopu	f}opu	cgøpu
i Fke iq "k	i Brq	i Brke~	i Blrq
e/; e iq "k	i B	i Bre~	i Br
mRre iq "k	i Bkfu	i Bko	i Bke

^iB* ½ <uk½/krq^fof/kyM* ydki ½uK½ fo/; F½

iq "k	, dopu	f}opu	cgøpu
i Fke iq "k	i Br~	i Brke~	i B\$ ø
e/; e iq "k	i B%	i Bre~	i Br
mRre iq "k	i B\$ e~	i Bø	i Bø

**vkrēuinh ^yHk ¼iR djuk½/Mkrq
^yV** ydlj ¼rēku dky½**

iq "k	,dopu	f}opu	cgøpu
i Fke iq "k	yHkrs	yHkrs	yHkŪrs
e/; e iq "k	yHkl s	yHkFs	yHk/os
mRre iq "k	yHks	yHkkogs	yHkkegs

^yHk ¼iR djuk½/Mkrq^yM ydlj ¼Hkrdky½**

iq "k	,dopu	f}opu	cgøpu
i Fke iq "k	vyHkr~	vyHkrke~	vyHkŪr
e/; e iq "k	vyHkFkk%	vyHkrke~	vyHkoe~
mRre iq "k	vyHks	vyHkkofg	vyHkkefg

^yHk ¼iR djuk½^yV ydlj ¼kell; Hfo"; r½**

iq "k	,dopu	f}opu	cgøpu
i Fke iq "k	yLL; rs	yLL; rs	yLL; Ūrs
e/; e iq "k	yLL; l s	yLL; Fs	yLL; /os
mRre iq "k	yLL; s	yLL; kogs	yLL; kegs

^yHk ¼iR djuk½^yM ydlj ¼kKkF½**

iq "k	,dopu	f}opu	cgøpu
i Fke iq "k	yHkrke~	yHkrke~	yHkŪrke~
e/; e iq "k	yHkLo	yHkFkke~	yHk/oe~
mRre iq "k	yHkS	yHkkogS	yHkkegS

^yHk ¼iR djuk½^fof/kryM ydlj**

iq "k	,dopu	f}opu	cgøpu
i Fke iq "k	yHks	yHks krke~	yHkj u~
e/; e iq "k	yHkFkk%	yHks kFkke~	yHks'oe~
mRre iq "k	yHks	yHkofg	yHkkefg

/kkrq; k fØ; k ds rhu okP; gksrs gš &
¼¼ drD; kP; ¼½ deDkP; ¼¾ HkkookP;

ilBxr izu

izu 1 fØ; kvka dsfdrus in gkrs gð \

izu 2 vkReuinh /kkrq i ds vllrxr ^yHk^ /kkrq i yVydki vorðku dky½ eafyf[k, A

opu ,oafyM-

^Nk=% i lrdkfu Øh.kkr^ %o | kfkz i lrdæ [kjhrk gð

^Nk=% i lrdsvØh.kkr^ %Nk= us nks i lrdæ [kjhrkð

bu okD; ka ea ^Nk=^ , dopu ^i lrdæ f}opu vkð ^i lrdkfu^ cgøpu gð

bl izdkj l lÑr ea , dopu] cgøpu] , ð sru opu gkrs gð

dñ 'kcn , ð sgkrs gðftudk iz lsc f}opu eagkrk gð tð s& Jks=] p{kð] dj] cgð Lru] pj .k vkfnA

tð s& eekf{k.kh 0; Fkrs %ejh vkð[kand[krh gð l lÑr ea dñ 'kcn , ð shk gðftudk cgøpu dk gh iz lsc gkrk gð tð s& nkjk %i Ruh½ v{k r %i nck ds pkoy yktk½ [khy½ iq vi ~%ty½ l Hkh] l øul ~%Qw½ iztk] vkfnA

fglnh eanks fyak gð i qYak vkð L=hfyaA l lÑr eabu nks fyakæ ds vfrfjDr uið d fyak Hkh gkrk gð l elr l k k 'kcn bu rhuka fyakæ eafokDr gð

, d gh olrqdk cðk djkus okyk dkbz 'kcn i qYak ea gð L=hfya eð rks dkbz uið d fyak ea gð

tð s& ruq %l=h½ ng %i ø½ vkð 'kjhe~%ui ø½ l Hkh 'kjhjokph gð

^nkj^ 'kcn i qYak eagkrs gð Hkh i Ruh dk vfkz crykrk gð ^nørk^ 'kcn L=hfya gð fdllrqns %i q %k½ dk vfkz ixV djrk gð

i qYak 'kcn&

?k=-iR; k; klr 'kcn i qYak eagkrs gð tð s& ikd] R; kx vollr 'kcn

tð s& djð ; j%

ublur 'kcn] tð s& ; K% ; Ru%A

D; ur 'kcn] yð s& tyf/kð fuf/k%

^u^ rFkk ^m^ ftuds vllr eagkð tð sjktu] i Hkqvkn nð vl g] vkRe] Lox] fxfj] l eq] fnol] vkfn ' 'kcn vkð mudk vfkz crykusokys 'kcn i qYak eagkrs gð

L=hfya 'kcn&

vfu Å] fej fu] fo] vkð bz i R; ; klr 'kcn ik; %L=hfya gkrs gð tð s& vofu] peð Hkfe% Ñfr% y{et%A Å vkð vk & vl; okys ' 'kcn tð s& dq % okes] fo | k] vtk du; k vkfnA ry-iR; ; klr tð s& ifo=rk] turk] vkfn] Hkfe] fo | r] l fjr-vkð cfurk dk vfkz j [kusokys 'kcn L=hfya eagkrs gð tð s& i FohrfMr]-unh] L=h vkfnA

uið d fyak 'kcn&

v0; ; Hkko l ekl rFkk , dopuklr }U} o , d opuklr f}xq l ekl geskk uið d fyak eagkrs gð

tð s& ikf.ki kne] f=Hkøue~vkfnA

^vI * I svlur gksusokys 'kCn tS &eul } riI } rFkk e[k] u; u ykq] ou] eka] : f/kj] /ku] vlu] cy] d[e] j& ; s'kCn ik; %uid d fyM-x eagkrs g& Qykadh tkr crykusokys 'kCn uid & fy& eagkrs g& tS &vke&-vkeydeA

iBxr izu

- izu 1- opu fdrus idkj ds gksrs g& \ iR; d dk , d mnkgj .k fyf[k; A
- izu 2- fy& fdrus idkj ds gksrs g& iR; d fy& ds nk&nks mnkgj .k fyf[k; A

dkjd , oafokfDr

^fO; kJof; Ro dkjde** vFkkz-dkj d os 'kCn g& tks fO; k I s I k{kk~I &ak j [krs g& dkjd I &N r ea fohkDr ds : i ea iz s& gksrs g& ; s Ng gksrs g& fdUr q fohkDr I kr g&

dUkkZ deZ dj .kap I EinkuarFl& pA

vi InkuK/kdj .k&R; kg&dkj dkf .k "VAA

vFkkz-dUkkZ deZ dj .k] I Einku viknu vkj vf/kdj .k ; s Ng dkjd g&

fohkDr & dkjd ka dks tkM&us ds fy; sfgUnh ea ^dk& vkfn fp& dke ea vkrs g& ; s fohkDr 1/2 dkjd fp& 1/2 dgykrs g& I &N r ea I kr fohkDr; k rFkk , d I Ecksku gksrk g&

dUkkZ dkjd rFk i Fkek fohkDr& fO; k ds djus okys dks dUkkZ dgrs g& dUkkZ dkjd ea i Fkek fohkDr gksrh gS tS &v' o% /kko frA jke% xPN frA

deZ dkjd rFk f}rh; k fohkDr& okD; ea iz & r 'kCn ka ea I s dUkkZ ft I 'kCn dks I cl svf/kd pkgrk gS ml s deZ dgrs g& deZ eaf}rh; k fohkDr dk iz s& gksrk g& bl dk fp& ^dk& g& tS & ^jke% i &rd& i BfrA* ; gk dUkkZ jke i <uk fO; k ds fy; s I cl svf/kd i &rd pkgrk g& vr% i &rd& 'kCn deZ gS v& ml eaf}rh; k fohkDr dk iz s& g&

- 1- vFkkz-% mHk; r% i fjr% I oz% vkfn 'kCn ka ea Hkh f}rh; k fohkDr dk iz s& gksrk g& tS & xtee-vFkkz% tye-vfLrA
- 2- xeukFkd /kkr&ka ds ; s& ea tkus ds LFkku ij f}rh; k fohkDr gksrs gS tS & jke% oua xPN frA
- 3- ; kp} n .M} i PN} & ft] i p} ng} fp] uh] & vkfn /kkr&ka ds ; s& eaf}rh; k fohkDr gksrh g&

rrh; k fohkDr rFk dj .k dkjd& ft I I k/ku dh I gk; rk I s dk; Z I Ei lu gksrk gS rFk ft I ds vHko eadk; Z I Ei lu u gS I ds ml I k/ku dks dj .k dkjd dgrs g& ml dk fp& ^dk& ; k ^}kj* g& bl ea rrh; k fohkDr dk iz s& gksrk gS tS & vgadye& i =afy [kkfe bl ds vfrjDr I g] I kd} I e} I k/ke-vkfn ds ; s& ea Hkh rrh; k fohkDr gksrh g& tS & I %jkesk I g xPN frA

I Einkudkj d rFk pr&khz fohkDr& ft I s dkbZ olr&nh tk; s ml s I Einku dkjd dgrs gS vFkok ft I ds fy; s dkbZ dk; Z fd; ktk, ml s I Einku dkjd dgrs g& bl dk fp& ^ds fy, * g& I Einku dkjd ds I Fk pr&khz fohkDr dk iz s& gksrk gS tS & vga c& .kk; /kua nnkfeA bl okD; ea c& .k dks /ku fn; k tk jgk gS vr% c& .k 'kCn I Einku dkjd gS rFk bl ea pr&khz fohkDr dk iz s& g&

bl h izdkj ^ekrk i& k; Hkkstua i pfr*

bl okD; ea idkusdh fØ; k i e dsfy; sdh tk jgh gsvr%i e dh l Einku l Kk gS rFk bl ea prfkhz
foHk fDr dk iz kx gq/k gA

bl h rjg ue% Lokgkj Lo/kkj LofLr rFk : p-/kk r/ka ds ; kx ea Hkh prfkhz foHk fDr gkrh gA tS &
¼½ bZojk; ue% ½ ckydk; n¼/ka jkprA

viknu dkjd rFk ipeh foHk fDr& , d oLrq l snl jh oLrqvyx gksus ij fLFkj oLrqdks&viknu* dgrsg
bl dk fpà ^l \$ gA viknu dkjd ea ipeh foHk fDr yxrh gA tS & o{kk-r-i=ai rfrA bl okD; ea o{k l si Rrk
vyx gks jgk gA vyx gksus dh fØ; k ea iRrseaxfr gkrh gS ijUr qo{k fLFkj [kMk jgrk gsvr%o{k ' 'kCn
viknu dkjd dgyrk gS rFk ml ea ipeh foHk fDr dk iz kx gq/k gA bl h rjg Hk;] j{kj mRi Uu vkfn ds vFkz
ea ipeh foHk fDr gkrh gS tS & ckyd%pkjkr-foHk fDrA

l Ecu/k rFk "k" Bh foHk fDr& nks oLrq/ka dk l æk Lfkkfir djusea "k" Bh foHk fDr dk iz kx gkrk gS tS & jke%
n'kjFkL; i e% vkl hrA

fo'k& l l Ñr ea l Ecu/k dks dkjd ugha ekuk x; k gSD; kfd bl dk fØ; k l s l k{kk-r-l Ecu/k ugha gkrk gA

bl h idkj vlr% vxj v/k% mi fj] l e% JSB% mRrjr% nf{k.kr% vkfn 'kCnka ds ; kx ea Hkh "k" Bh foHk fDr
dk iz kx fd; k tkrk gA

vf/kdj.k dkjd rFk l Ireh foHk fDr&

fdl h oLrq; k fØ; k ds vk/kkj dks vf/kdj.k dgrsgA ; g vk/kkj Lfku o l e; nksuka n'V; ka l sgkrk
gA ; g vk/kkj Lfku o l e; nksuka n'V; ka l sgkrk gA vf/kdj.k dk fpà ^ea ^ij* gA vf/kdj.k dkjd dks idv
djus ds fy; s l Ireh foHk fDr dk iz kx fd; k tkrk gA tS & l % ^vkl us fr"BfrA vgafo | ky; s ØHk fHkA

ilBxr izu

izu 1 deZ dkjd dks ifjHkkr"kr dhft; s \

izu 2 dkjd fdl sdgrsgA \

'kCn: i rFk /krq i

l l Ñr ea l Kk 'kCnka ds 'kCn : i rhu opuka rFk l krka foHk fDr; ka , oa l Ecksku ea ^l q* i R; ; yxkdj
cuk, tkrsgA l Kk 'kCn fuEu idkj l sgkrsg&

vtUr ¼ojkr½'kCn : i&

¼½ vdkjkr& i q/yx&v' o% ¼kkMk¼ vkpk; % ¼xq ½ v/; ki d% ¼xq ½ [kx% ¼ {kh½ pVd% ¼pMk½ tud% ¼i rk½
tu% ¼euq ; ½ fl g% ¼ kj ½ i o r% ¼ o r% ½ l w % ¼ w ½ o{k% ¼ o{k% ½

½½ bdkjkr i q/yx& efu% fuf/k% ¼ [ktkuk¼ dfo% ¼ dfo¼ fxfj% ¼ gkM¼ vfxu% ¼/kx¼ dfi% ¼ clnj½ ; fr%
¼ U; kl h½ Hkii fr% ¼ j kt k½ vkfnA

½½ mdkjkr i q/yx& x#% ' 'kEh k fo". k f l U/k f i Hk f 'k' k f 'k= f cu/k bUn f ¼ plnek½ vkfnA

¼½ _dkjkr i q/yx& nkr] fir] ekrA

½½ vdkjkr L=fyx& jek] ckyk ¼ yMeh½ ol qkk ¼ Foh½ fu'kk ¼ kr½ jek ¼ y{eh½ ek; kZ ¼ Ruh½ dFk ¼ dgkuh½
efgyk ¼ kujh½

½½ bdkjkr L=fyx& efr] dhfr% ¼ 'k¼ i Ñr ¼ dnr½ 'k fDr% ¼ cy½ vkfnA

17½ bdkjklr L=hfya& i qh ½cs/h¼ j tuh ¼kr½ xksh ¼ kozh½ ukjh ¼L=h½ i Ruh ¼Hkk; k½ tuuh ¼ekrk½

18½ mdkjklr L=hfya& /ku% ¼xk; ¼ ruq ¼ kjhj ½ jTtq ¼LI h½ js kq ¼koy ½

19½ Adkjklr L=hfya&o/kw¼cg½

140½ __dkjklr L=hfya& ekr` ¼ekrk½ nfg` ¼ qh½

gyUr 10; ð uUr½'kCn: i

1- udkjklr&i qYya& vkReu-¼/kj xk½

2- l dkjklr&i qYya& pnel } eul } fo}l ~¼fo}ku½

, d l eku o.kz ij vUr gkusokys'kCn: i tS & vdkjklr i qYya] vdkjklr L=hfya] bdkjklr i qYya

bR; kfn ds'kCn : i , d tS sgh gkrs gA

tS & vdkjklr i qYya e&

jke% & jkeS & jkek%

nø% & nøS & nøk%

xt% & xtS & xtK%

e; j% & e; jS & e; jk%

' 'kCn: i dh ppkz i mZ dh mi bdkbz ea foLrkj l s gks pøth gA

iBxr izu

izu 1 l ðÑr ea'kCn: i cukus grqfdu iR; ; ka dk iz kx gkrk gS \

izu 2 fuEufyf[kr dFkuka ea l R; @v l R; fyf[k, &

1- ^nkr` __dkjklr i qYya 'kCn gA

2- ^dfo% bdkjklr 'kCn gA

3- ^i Hkq mdkjklr L=hfya 'kCn gA

4- ^jek* vdkjklr i qYya 'kCn gA

5- Hkk; kz vdkjklr L=hfya 'kCn gA

/kkrq i ¼Ø; k'kCn½

fØ;k& ft l 'kCn l sfdl h dk; Zdk djuk ; k gksuk i k; k tk, ml sfØ; k dgrsgA vFkkz-fØ; k 'kCn fd l h dke dk gksuk ; k djuk crkrs gA

tS s & jke% i BfrA l hrk [kknfrA

ckydk% ØhMfUrA vga fy[kkfeA

bu okD; ka ea i Bfr] [kknfr] ØhMfUr] fy[kkfe vkfn fØ; k in gSftul s' i <eS] ^[kkuS] ^[ksyuS] ^fy[kus dk Kku gkrk gA

/kkrq fØ; k dsey : i dks ^kkrq dgrsgA tS & ^i Bfr*] fy[kkfe] vkfn fØ; k; kvka ea sey 'kCn ^i B` vks ^fy[k* gSvr% ^i B` vks ^fy[k* /kkrq; gA l ðÑr ea fØ; k dsey : i dks /kkrq dgrsgA /kkrq i cukus dsfy; sey /kkrq ds vUr ea ^fyi` vkfn iR; ; tkM/s tkrsgA ; siR; ; dky] volFkk] iq "k vks opu ds vuq kj vyx&vyx gkrs gA vr%fØ; kvka ds : i ka dh jpuk Hk fofHku i zdkj dh gksh gA frM- vkfn iR; ; tM/s l s blga frM-ur dgrsgA

I ĽŃr eady dksydkj dgrsgŃ I ĽŃr eaos srksnl ydkjsgkrh gŃ i jŮrqNk=kads i kB; Øe eafI OZ
i kŮ ydkjsg gh gŃ

- 1- yVydj & ½orĚku dky½
- 2- yM-ydj & ½kkrdky½
- 3- yVydj & ½kfo"; r-dky½
- 4- ykŃ/ydj & ½kKkokpd½
- 5- fof/kfyMydj & ½of/k] fuell=.k] el=.kk½

fo'kŃ& 1- ykŃ/ydkjd dk iz kŃ vkKk nsuk] vuęfr nsuk i kFkZuk djuk] vkfn vFkŃ:ea gkrk gŃ

2- fof/kfyM- ydkj mu vFkZ ea gkrk gŃ I kFk gh fof/k vkŃ fu"kk ea bl dk iz kŃ fo'kŃ : i I s gkrk gŃ
vFkZ dh nŃV I s /kkrq; nks i kdj dh gkrh gŃ & ijLeŃ nh rFk vkReusi nh djrs gŃ

1- **ijLeŃnh&** ftu /kkrq/kads I kFk 'r*] ^r%] ^vŮr* vkfn i R; ; tkMŃ-tkrsgŃmluga ijLeŃ nh /kkrq; dgrs
gŃ **tŃ &** i Bfr] Hkor] xPNŮr vkfnA

2- **vkReuifr&** ftu /kkrq/kads I kFk ^rŃ] ^rŃ] ^vŮrŃ vkfn i R; ; tkMŃ-tkrsgŃmlugavkReusi nh /kkrq; dgrs
gŃ **tŃ & I or]** yHkrŃ ; kprs

3- **mHk; inh&** ftI /kkrq/kads: i ijLeŃ n rFk vkReusi n nksuka eacursgŃmlugamHk; i nh dgrsgŃ **tŃ &**
; kpŃ- uh] â vkfnA

i q "kokpd I oZuke ds vuđ kj fØ; kvka dks rhu izdkj ds i q "ka eafHkDr fd; k tkrk gŃ

- 1- ĆFke i q "k
- 2- e/; e i q "k
- 3- mRre i q "k

fofHku ydkjka ea /kkrq i dŃ scuk, tkrsgŃ\ bl dks i oZ dh mi bdkbz eafolrkj I spplZ dh xbz

gŃ

iBxr izu

izu 1 I ĽŃr eaydkj fdI sdgrsgŃ\

izu 2 I ĽŃr eady fdruh ydkj gŃ \

I fUk

ifjHk"kk& nks ; k nks I svf/kd o.kkŃ ds esy dks I fU/kd grs gŃ

I fU/k dk I keŮ; FkZ gŃesy I e- mi I xZ rFk /kk /kkrq ds feyus I s I fU/k 'kĆn cuk gŃ bl izdkj

I fU/k dk I keŮ; vFkZ gŃvk ^nks o.kkŃ dk I kFk&I kFk feyuk**A

vr% I fU/k dh ifjHk"kk gŃ & ^ij I fUud"kk I Ńgrk*A

I fUk ds izdkj & ijLij fudV vk; so.kkŃ dh nŃV I s I fU/k; k; fuEufyf[kr oxkŃ eafHkDr dh tk I drh gŃ

- 1- Loj \$ Loj ¾ **Loj I fUk**
- 2- 0; ^tu \$ Loj vFkok 0; ^tu ¾ 0; ^tu **I fUk**
- 3- fol xZ \$ Loj] fol xZ 0; ^tu I fU/k rFk fol xZ I fU/k gkrh gŃ

v Loj I fU/k &

Loj I fU/k e[; : i l sNg i d[kj dh gkrh gS*

- 1- nh?kz Loj I fU/k
- 2- xqk Loj I fU/k
- 3- of) Loj I fU/k
- 4- ; .k-Loj I fU/k
- 5- v; kfn Loj I fU/k
- 6- i wž i I fU/k

1- nh?kz Loj I fU/k & ; fn âLo ; k nh?kz v] b] m] __ dsi 'pkr~l o.kz Loj ¼ eku Loj ½ vk; srksmu nksuka ds LFkku ij nh?kz gks tkrk gS ; Fkk &

- 1- nR; \$ vfj ¾ nR; kfj%
- 2- dfi \$ bzk ¾ di h'k%
- 3- fo".kq \$ mn; ¾ fo".kq; %

2- xqk Loj I fU/k & ; fn âLo ; k nh?kz ^v* dsi 'pkr~¼½ ; fn b ; k bZ vkos rks nksuka ds LFkku ij ^* gks tkrk gA ½½ ; fn m ; k Å vkos rks nksuka ds LFkku ij ^vk\$ gks tkrk gA ½½ ; fn âLo ; k nh?kz ^__* vkos rks nksuka ds LFkku ij ^vj* gks tkrk gA ¼½ v[š ; fn ^y* vkos rks nksuka ds LFkku ij ^vy* gks tkrk g\$; Fkk&

- 1- I j \$ bUn% ¾ I j bN%
- 2- HkkX; \$ mn; % ¾ HkkX; kn; %

3- of) Loj I fU/k & ; fn âLo ; k nh?kz ^v* ds ckn , ; k , s vkos rks nksuka ds LFkku ij ^, \$ gks tkrk gA bl h i d[kj v[š ; k v[š vkos rks nksuka ds LFkku ij ^v[š gks tkrk gA ; Fkk&

- 1- r= \$, d% ¾ r= d%
- 2- nD \$ v[š k; ž~¾ nD k; ž~

4- ; .k-Loj I fU/k & tc âLo vFkok nh?kz b] m] __] y' ds ckn dkbZ vl eku Loj vk; srks b] m] __] y' ds LFkku ij Øe'k%; } o} j} y-gks tkrk g\$; Fkk

- 1- bfr \$ vye~¾ bR; ye~
- 2- I k/kq \$ vior~¾ I k/onr~

5- v; kfn Loj I fU/k & ; fn , , } v[š v[š bu Loj ka dsi 'pkr~dkbZ vl eku Loj vk; srksmu ds LFkku ij Øe'k% v; } vk; } vo} vko gks tkrk gS ; Fkk &

- 1- us \$ vu% ¾ u; u%
- 2- uS \$ vd% ¾ uk; d%
- 3- i ks \$ vu ¾ i ou
- 4- i ks \$ vd% i kod%

6- i wž i Loj I fU/k & ; fn in ds vUr eaf LFkr ^, dkj* ; k ^vkdkj* ds ckn ^v* vkos rks ^v* dk yki gks tkrk gS v[š ^v* ds LFkku ij voxg fpà ¼½ yx tkrk gA ; Fkk&

- 1- gjs \$ vo ¾ gjMi

fo".kks \$ vo ¾ fo".kk&M;

c- 0; 'tu I fU/k& tks o.kzLoj dh I gk; rk I smPpfjr fd, tkrsgSos0; 'tu o.kz dgykrsgA 0; 'tu vks
Loj dse/; vFkok 0; 'tu dse/; ea tks I fU/k gkrh gSog 0; 'tu I fU/k gkrh gS ds vuad Hkn gA mueae[;
dk 0; 'tu I fU/k 1- '1 * vFkok 'r* ds I kFk ¼ gys; k ckn e& 'k\$; k p-oxZ gkr rks I -dk 'k ear oxZ dk p oxZ
ea ifjorZu gks tkrk gA fuEukuq kj g&&

; Fkk& dl -\$ fpr-¾ df'pr-

mr-\$ pkj.ke-¾ mPpkj.ke-

2- ; fn I -vFkok r-oxZ ds I kFk "k vFkok V oxZ gks rks '1 * o.kz "k] oxZ r oxZ gks tkrk gS; Fkk&

jkeI -\$ Vhdrs¾ jke"Vhdrs

rr-\$ Vhdk ¾ rēhdk

3- ¼½ oxZ dk iFke] f}rh;] rrrh; o.kz dk rrrh; o.kz gkrk gS; fn in ds vUr ea Loj ijs gks ; Fkk&

I q \$ vUr%¾ I qUr%

txr-\$ bz k ¾ txnh'k%

4- oxZ dk iFke] f}rh;] rrrh; o.kz ml oxZ dk ike o.kz gkrk gS ; fn vUr ea iFke] f}rh; rFkk I } "k] I] o.kz
gks rc] ; Fkk&

I n-\$ dkj ¾ I Rdkj%

mn-\$ iUu%¾ mRiUu%

5- ' 'kCn ds vUr ea; fn edkj dkbZ0; 'tu o.kz gks rc ^e* o.kz vuq kj ¼- ½ gkrk gS fdUr qvUr ea; fn Loj
gS rks ; g fu; e ; Dr ughagA ; Fkk&

I R; e-\$ on ¾ I R; on

dk; e-\$ d# ¾ dk; Z d#

¼ ½ fol xZ I fU/k& fol xZ ds LkFk Loj vFkok 0; =tu ds ey I s tks fodkj mRiUu gkrk gS og fol xZ
I fU/kd gykrh gS ; Fkk&

eu%\$ gj%¾ eukj%

¼½ fol xZ ds ckn ^p* vFkok ^N* gks rc fol xZ ds LFkku ij ^k* gkrk gA

; Fkk & cky%\$ pyfr ¾ cky'pyfr

Hkku# \$ pyfr ¾ Hkkuq pyfr

¼½ ; fn fol xZ ds i 'pkr~^r* vFkok ^Fk* gks rc fol xZ ds LFkku ij ^1 * gkrk gA

; Fkk & fu%\$ rkj%¾ fuLrkj%

ue%\$ rs¾ ueLr%

¼ ½ ; fn fol xZ ds i dZ ^v* gks vks fol xZ ds i 'pkr~^v* ds vfrfjDr dkbZLoj gks rks fol xZ dk yki gS tkrk
gA

; Fkk& N".k%\$ mokp ¾ N".k mokp

0; ki d%\$ bz oj ¾ 0; ki d bz oj%

¼½ ; fn fol xZ ds i dZ v ; k vk NkM+dj vU; Loj gks vks fol xZ ds i 'pkr~dkbZ enq0; 'tu gks rks fol xZ

dsLFkku ij 'j* gks tkrk gA
; Fkk& fu%\$ eye~¾ fueye~
fu%\$ /kue~¾ fu/kue~

ilBxr izu

izu 1 I fU/k dks i fjHkkp'kr dhft, A

izu 2 v; kfn Loj I fU/k dks mngkj.k I fgr I e>kn, A

I ekl

ifjp;& I ekl dk I kekl; vFkZ g&I fki hdj .kA vFkZ~vud inka dk , d gksuk gh I ekl dgykrk gA

I ekl dksLi "V djusokys'kCnka dks foxg 'kCn dgrsgA mu foxg 'kCnka eavFkZLud kj foHkFDr; kayxkbZ

tkrh gA tks I ekl ds iR; d in dk ikjLi fjd I Ecl/k Li "V djrh gA

- | | |
|----------------------|------------------|
| 1- v0; ; h Hko I ekl | 2- rRiq "k I ekl |
| 3- f}xqI ekl | 4- }U} I ekl |
| 5- deZkij; I ekl | 6- cgqhfq I ekl |

1- v0; ; h Hko I ekl &

ftI I kekl d in dk iFke in v0; ; rFkk f}rh; in I Kk gsrk gSog v0; ; h Hko I ekl dgykrk gA ni js 'kCnka eافتI I kekl d in dk iFke in e[; gsrk gSog v0; ; h Hko I ekl dgykrk gS; Fkk&

¼½ ; Fkk'kFDr ¾ 'kFDre~vufRØE; ¼½ ck.ku gr%& ck.kgr%&r}rh; k rRiq "k

½½ çfrfnue~¾ fnbuafnu ifr ¼½ pkjkr~e; e~¾ pkjHk; e&i peh rRiq "k

2- rRiq "k I ekl &

ftI I kekl d in dk ni jk in izkku gsrk gSog rRiq "k I ekl dgykrk gA rRiq "k I ekl ds, d s I Ecl/k dks idV djusdsfy, foxg djusij f}rh; k I sydj I reh foHkFDr rd Ng Hkn gsrsg&

Ñ".ke~vkfJr%¾ Ñ".kkfJr%&f}rh; k rRiq "k

nhuk; nkue~¾ nhunkue~prfkhZ rRiq "k

3- f}xqI ekl &

^I [; k i mZf}xq' vFkZ~ftI I kekl d in dk iFke in I [; koknh gsrFkk f}rh; in I Kk gsrk gS og f}xqI ekl dgykrk gA mngkj.k&

1- i 'pkuka xtek.kka I ekgj%¾ i =pxteu~¼ kp xteka dk I eng½

2- =; k.kka i Fkke~I ekgj%¾ f=i Fke~

; fn mRrj in vdkjklr gsrks I ekgj f}xqea mRrj in dk vdkjklr bZkjkUr ea ifjofr' gksus ij I eLr in L=hfya gks tkrk gS ; Fkk&

1- i 'pkuka oVkuka I ekgj%&i 'poVh 2- i 'pkuka enykuka I ekgj%¾ i 'penyh

4- deZkij; I ekl &

^rRiq "k I ekuf/kdj.k%deZkij; %A vFkZ~ftI I kekl d in dk iFke in fo'ksk.k rFkk f}rh; in fo'ks; gS og deZkij; I ekl dgykrk gA ; Fkk&

?ku' ; ke%¾ ?ku bo ' ; ke%

uhyk&i ye-¾ uhye-mRi ye-

5- }U} I ekl &

^ftI I kelfI d in dsnksuka in izlku gkA vFkz~}U} I ekl ea nks ; k nks I svf/kd I Kk 'kCn gkrs gA vks osnksuka in izlku gkrs gA ; s 'kCn foxg djus ij p ¼vks½ I s tkM+fn ; s tkrs gA ; Fk& jkeÑ".kks & jke'p Ñ".k'p firjks & ekrk p fir k p

6- cgqfifg I ekl &

^cgqfifg I ekl ea nks ; k nks I s vf/kd 'kCn gkrs gA igyk fo'kSk.k : i gkrs gA tks nu js 'kCn dh fo'kSkrk idV djrk gA osnksuka feydj vU; fdl h rhl js 'kCn dh fo'kSkrk idV djrs gA ; Fk& i hrkEcj% & i hre-vEcje~; L; I % n'kkuu% & n'k vkuufu ; L; I %

u^-rRiq "k & u^-dk I {klr : i u gA I ekl eaf}rh; in dk i Fke o.kz.o.kz0; ^tu gkus ij ^u* dk v gks tkrk gA

1- u I R; e-¾ vI R; e-

2- u ctã.k%¾ vctã.k%

; fn ^u* ds vks vksokyk in fdl h Loj I s i k j Etk gkrs gS rksu ds LFku ij vu-gks tkrk gA ; Fk&

1- u vFk%¾ vuFk% ½½ u bz oj ¾ vuh'oj%

ilBxr izu

izu 1 I ekl ds fdrus Hkn gkrs gA \ mudsuke fyf[k, &

izu 2 fuEu 'kCnka ea I ekl dk uke fyf[k, A

v- o{kk~ifrr% c- ?ku bo ' ; ke% I - jkK% iq "k%

mi I xZ

dN , d s 'kCnka k gkrs gS tks I Kk vkn 'kCnka vFkok /kkq/ka I s i wZ tMdej muds vFkz ea ifjorU dj nrs gA mlga ^mi I xZ dgrs gA

mi I xZk /kkRoFkz cyknU; = uh; rA

i gkj kgkj & I gkj & fogkj & i fgkj & orA

â & gj.k djukA

vk\$gkj ¾ vkgkj & Hkstu

fo\$gkj ¾ fogkj & Hke.k djuk

i\$gkj ¾ igkj & pkV djuk

I e\$gkj ¾ I gkj & tku I sekjuk

ifj\$gkj ¾ ifjgkj & NkMteik

Åij fy[k s mnkgj .kka ea ^gkj* ds I kfk ^iž vkn mi I xZ yxus I svFkz ifjorU gks x; kA

mi I xks I s I [; k 22 g&i j i j k] vi] I e} vu} vo] ful } fuj} n} } n} } fo] vkM} fu] vf/k

vfi] efr] l q mr} vfhk] ifr] ifj] mi A
 uhps d q mi l xZ l fgr /kkr q/ka ds vFkz rFkk mnkgj.k fn, tk jgs g&

mi l xZ	mnkgj.k
iz	izd"q izy] iHkko
ijk	ijkHko] ijkt;] ijk/khu
vi	vidkj] vi0; ;] vi N"V
l e-	l ldkj] l ef)] l æ
vuq	vuq j.k] vuq i] vuq jfr
vo	voufr] voKk
ful ~	fu"kk] fuLrst
fuj~	fucy] fuxPNfr
nq ~	njkpkj] nqzr] njkxg
nj~	njkxg] nqzr] nqrj
fo	fooj.k] foey] fot ;
vk	vkcky] vktlle]
fu	fuxghr] fui kfrr
vf/k	vf/kdkj] vf/ki fr
vfi	vfi /kkue] vfi fgre~
vfr	vR; f/kd] vfrØkefr
l q	Lokxre} l qe] l qtu
mr~	mRd"q m) kj] m) o
vfhk	vH; kxr] vfhkku] vfhkxPNfr
ifr	ifrKk] iR; ;] ifronfr
ifj	ifjR; kx] ifjrksk] ifjHkE; fr
mi	mi ou] mi lFkr

iBxr izu

izu 1 mi l xZ fdl s dgrs gS]

izu 2 v/kkyf[kr mi l xZ yxkdj , d&, d 'kCn cukb; &
 mi] mr} vuq ijkl vo

iR; ;

tk 'kCn ; k 'kCnkak /kkr q/ka ; k 'kCnka ds i hNs yxdj muds vFkz ea i fjoRz yk, xk mlga fo'kk.k cuk, j
 mudka iR; ; dgk tkrk gA
 N \$ DRok ¾ N'Rok ¼dj d½
 /ku \$ erq ~¾ /kuoku~¼kuokuk½

iR; ; rhu izlkj dsgrsg&

- 1- Ñr iR; ;
- 2- rf) r iR; ;
- 3- L=h iq "kk

Ñnr iR; ; & tks iR; ; /kkq/ka ds ihNs yxdj mlga fØ; k fØ; k fo'kk.k cuk nrs gā os Ñnr ; k Ñr~iR; ;
dgykrs gā

Ñnr iR; ; dbz izlkj dsgrsg t\$ &

' 'kr] ' 'kkup} Dr] Dror] DRok] Y; i} rēu} r0; r~vuh; jA

DRok iR; ; , oaY; i~iR; ; bl dk vFkZ^dj d\$ gkrk gā bl dk 'Rok' 'k\$ jgrk gā ; fn /kkqI siwz dkbz

mil x] i} ijk] vi] l e~vkfn tMk gks rks DRok dk Y; i~gks tkrk gā 'Y; i~ dk ^; * 'k\$ jg tkrk gā

t\$ & gl ~\$ DRok & gfl Rok

fo\$ft\$DRok ¾ foftR;

rēu~iR; ; & ^dsfy, * vFkZ ea /kkq ds l kFk rēu~iR; ; yxrk gā ^rēu~ dk ^rēu~ 'k\$ jgrk gā

mnk& gl ~\$ rēu~¾ gfl rēu~

j{k~\$ rēu~¾ jf{k rēu~

' 'kr rFk 'kkup iR; ; & 'kr' iR; ; ijLe\$ nh rFk 'kkup~iR; ; vkReu\$ fn /kkq/ka ea yxrs gā 'kr' dk dōy

~kr~ v\$ 'kkup dk ^vku* 'k\$ jg tkrk gā t\$ &

xe~\$ ' 'kr' & xPNr~

l o~\$ ' 'kkup~& l oeku

Dr ,oaDrorq /kkq ds vlr ea tMēj 'Dr' dk ^r* 'k\$ jg tkrk gā Dr rFk Drorqnksuka Hkur dkfyd iR; ;

gā Drorq dk ror 'k\$ jgrk gā

iB\$Drorq & ifBroku~

iB\$Dr & ifBr%

L=hi R; ;

iŋYax 'kCnka dks L=hfya cukus ds fy; sftu iR; ; ka dk iz kx fd; k tkrk gā mlga L=h iR; ; dgrs

gā Vki} Mhi} M~hi M~k\$ bR; kfn L=h iR; ; gā

prj%\$ Vki~iR; ; ¾ prjk

uj\$ M~hi ¾ ukjh

rf)r iR; ; & tks iR; ; l kKj l oZke] fo'k\$ k vkfn 'kCnka ds l kFk iz ōr gkrs gā os rf) r iR; ; gkrs gā

t\$ & rji} rei~erq~bfu vkfnA

mnkgj.k & y?kq% r l ~¾ y?kqj%

'kFDr\$erq~¾ 'kFDreku

iBxr izu

izu 1 Dr ,oaDrorq dk iz kx fdl dky ea gkrk g\$]

izu 2 'kr' ,oa'kkup~iR; ; dk iz kx fdl izlkj dh /kkq/ka ea gkrk g\$ \

izu 3 ^dsfy; \$ vfkz ea /krqea dksu l k i R; ; yxk; k tkrk gS \ fyf[k, A

mibdbzprk l hnr jpuk&fyfi o o.heyk /ofu mPpkj.k o.k'kn] okD; jpuk& fdl h Hkk"kk dsfy[kus
dsfpaka dksfyfi dgk tkrk gA l Hkh Hkk"kkvka dh vi uh vvx&vyx fyfi ; k; gA fgluh vks l hnr dh fyfi
nouxjh gA l hnr 1/2kidd 1/2 dh o.kkyk bl idkj g&

Loj & v] v] b] b] m] A] _] _] ,] ,] vks vks	
0; at u& ^d* oxL	& d] [k] x] ?k] M-
o* oxL	& p] N] t] >] =-
r* oxL	& r] Fk] n] /k] u-
i* oxL	& i] Q] c] Hk] e-
vUr%Fk 0; at u	& ;] j] y] o-
A"e0; at u	& 'k] "k] l] g-
l a pr o.k&	{k] =] >
	t\$ ^ 3/4K-
	d\$ "k 3/4 {k
	r\$j 3/4 =

fol xL	&	1/4 %2
vuokj	&	1/4 & 1/2
vuqkfl d	&	1/4 - 1/2

/ofu vks mPpkj.k

Hkk"kk dk fuekz k /ofu; ka l sgh gsrk gS i R; ; d Hkk"kk /ofu l sfufeR gsrh gA l hnr Hkk"kk /oU; kRed Hkk"kk
gS i wkr; k Øec) gA d.BLFk o.kk ds mi jkr vksB; o.kz ugha vk, gA

^i kf.lfu** ds vuq kj l hnr dh ey /ofu; k; 63 gS /ofu; ka dsfyf[kr : i dks ^o.kz* dgrs gA o.kz gh
/ofufpu gA

^v{kj** 'kn dk l keU; vfkz gStksu"V u gA ftu /ofu; ka dsfoHkx ; k [k.M ughagk l drsmUgav{kj
dgrs gA t\$ sv] b] o] pA o.kz gekjh mPpfjr Hkk"kk dh l okz/kd Nks/h bdkbz gS blgha bdkb; ka dks feyk dj
'kn l ey vks okD; ka dh jpuk gsrh gA l hnr eamPpkj.k ds vk/kkj ij vfkz fuf'pr gsrk gA v'kq) mPpkj.k
vfkz dk vuFkz dj nsrk gA

v'kq) mPpkj.k ds idkj %&		
1- v'kq) o.kyksi	&	l klrkfgd dk l lrkfgd
2- v'kq) Loj	&	iæ & ije
3- v'kq) vkxe	&	l rh & Lrh
4- v'kq) ek=k	&	x# & xq
5- o c iz kx	&	opu & cpr

6- 'k "k l

& ik" k.k&ikl k.k

'kdjk & l dj k

vFKZ'kCn ,oaokD; l jpk

okD; ka dk l a kstu gh Hkk"kk gS oLr% Hkk"kk dk vk/kkj okD; gkrs gS rFkk Nks/s vkSj cM+s nksuka izdkj ds okD; l q Ec) gkrs gA

okD; 'kCnka dk l eug gkrs gS i R; sd 'kCn ea, d vFkok vuod o.kZ gkrs gS ftl uga v{kj Hkh dgrs gS ^v{kj* dk vFKZ gS ftl dk dHkh {kj.k vFkkZ-uk'k u gkA o.kZ dks; g uke bl fy, fn; k tkrk gS D; kfd i R; sd o.kZ dk ukn vu'oj gA ; fn fd l h 'kCn dk mPpkj.k djark mPpkj.k dky eam l ds v{kj ukn dgyk, xs vkSj ml fLFkr ea 'kCn ukna dk l eug gksckA ukn vkSj /ofu dk ik; %, d gh vFKZ gS os gS %&

l LÑr Hkk"kk eaftu v{kjks %o.kkZ dk iz, lxx gkrs gS os gS %&

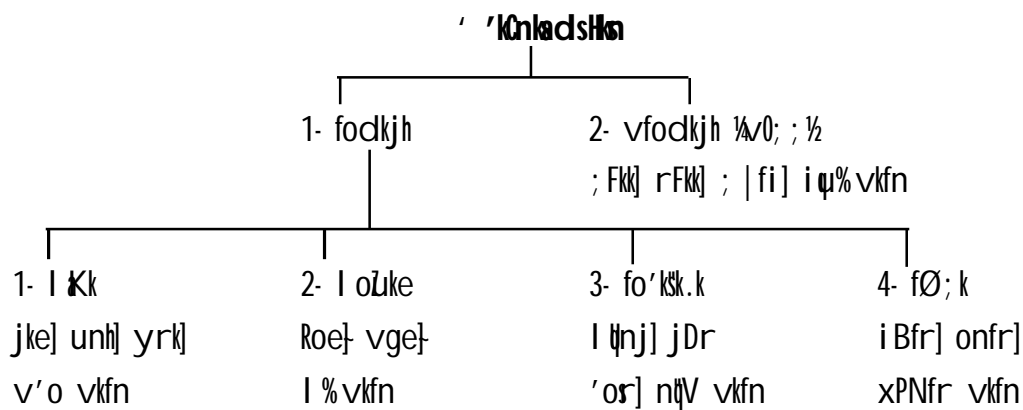
- v] b] m] _] y' & âLo
- vk] b] Å] _' & nh?kZ
- ,] , } vkSj vkS & feJ ¼ a Ør½
- d] [k] x] ?k] M- & ^d* oxZ
- p] N] t] >] ^ ~ & ^p* oxZ
- V] B] M] <] .k- & ^V* oxZ
- r] Fk] n] /k] u- & ^r* oxZ
- i] Q] c] Hk] e- & ^i* oxZ
- ;] j] y] o- & vUlrLFk
- 'k] "k] l] g- & Å"e o.kZ
- ¼ ½ & vuqokj
- M] ^] .k u e & vuqkfl d
- ¼ % & fol xZ

Åij dgk tk pdk gSfd okD; 'kCnka dk l eug gS tS & ^Nk=%i qrd i Bfr**A ; g okD; bl izdkj Hkh gks l drs gA

- 1- ckyd%i qrdkfu i BfrA
- 2- ckyd%i qrdkfu i BfrA

mDr okD; ka ij n"Vikr djustl sijKku gkrs gSfd dN , d s'kCn Hkh gSftuds: i geskk , d l sjgrs gA dN 'kCn , d sHkh gSftuds: i ka ea ifjorZu gks tkrk gS tS & ^Nk=%i qrd i Bfr** ds: i ka ea ifjorZu gks x; kA

ftu 'kCnka ds: i ka ea fd l h Hkh fLFkr ea ifjorZu ; k fodkj% ugha gkrs gA os v0; ; dgykrs gA ftu 'kCnka ds: i ka ea ifjorZu gks tkrk gS os fodkj h 'kCn dgykrs gA



okD; l jpk

jke% l hrka vi .kz rA ¼j ke us l hrk l sfookg fd; k½ bl okD; ea dUkkz ¼j ke½ fQj deZ l hrk vks vlr eafØ; k ¼/i .kz r½ vkbZ gA l lNŋr ea okD; ka ea 'kCnka dks j [kus dk Øe fglnh ds l eku fuf' pr ughagA l lNŋr eage bl okD; dks bl idkj Hkh fy[k l drs gA

l hrka jke% vi .kz rA

vi .kz r- l hrka jke%A

vFkok

vi .kz r- jke% l hrkaA

bu okD; ka ea 'kCnka dk Øe pks tS k gks ^jke** dUkkz ^l hrke** deZ vks vi .kz r-fØ; k gh jgrh Ø D; kfd ftu 'kCnka eafpge iR; ; gkrsgA mu 'kCnka ea LFkku ifjorZu gkus ij Hkh ; sfokfä flglal sigpkus tkrs gA

iBxr izu

izu 1 l lNŋr ea m'e o.kz dks&dks l sgs \ fyf[k, A

izu 2 o.kz fdl s dgrs gA

izu 3 ^d oxZ ds vlrxt' dks dks l so.kz vkrs gA

izu 4 vlr%Fk o.kz vlrxt' dks&dks l sgs \

izu 5 l lNŋr dh ey /ofu; k; fdruh gA \

mi bdkZipe&l lNŋr eafucak o i= y[lu

fglnh Hkk'kk dh Hkkar l lNŋr Hkk'kk eafucak cMs ugha fy [ks tkra fo'k; Hkh ipfyr gksuk pkfg, A d{kk dsLrj ds vuq kj 10 okD; l sydj 150 'kCnka rd fucak fy [kk tk l drk gA tgg; rd gks l ds fucak ea Nks&Nks/s okD; ka dk gh iz, ksx djA okD; ea dUkkz i Fkek fohkfDr dk vks ij LeS nh fØ; k dk iz, ksx dj ks rks v'kd) ; k; ughagkchA l fki ea; g dgk tk l drk gsf d fucak ea Hkk'kk l jy] l qe] 'kd) vks jkpd gks tks i kBd ; k ij h{kd dseu ij vi uk i Hkko vdr dj l dA l lNŋr eafucak&fo |k| m |kue] ee i kB'kkyk] /ksu; i qrdet f'k{kd% vLeidans k% bR; kfn ipfyr fo'k; ka ij fy [ks tk l drs gA

bl h idkj l lNŋr ea i= fy [krs l e; uhps nh xbZ ckrka ij fo'ksk /; ku nsuk pkfg, &

- 1& t gk rd gks l ds i = ea l jy vlsj Li"V l lÑr Hkk"kk dk iz kx gkA
- 2& os i = tks ekrk&firkj x# vkn dks fy [ks tkrsg&mu ea l Ecks ku ds fy, vkj Hk ea l knja ue% uLedkj% ukefHk vkn 'kCn fy [kus pfg, rFkk vUr ea l iæ ueLdkj% uekf.k] vkn 'kCn fy [kus pfg, rFkk vUr ea Hkorke-vkKkdckjh] Hkonh;] Hkonh; % i#% vkn 'kCn fy [kus pfg, A
- 4& os i = tks fe = vkn cjkckjh okyka ds fy, fy [ks tkrsg&mu i = ka ds vkjEHk ea l iæ ueLdkj% l iæ ueLrs vkn 'kCnka dk iz kx djuk pfg, rFkk vUr ea Hkonh; % Hkorl jok] vfkkuafe = e] vkn 'kCnka dk iz kx djuk pfg, A
- 5- i kFkuk i = ka ds vkjHk ea ekU; oj] JheUr% Jheu} vkj .kh; k% vkn 'kCnka dk iz kx djuk pfg, rFkk vUr ea Hkonh; % f'k'; % fohr% fuond vkn ' 'kCnka dk iz kx djuk pfg, A

- l lÑr ea i = bl idkj gks l drsg& 1- vodk' kFk i kFkuk& i = e-
- 2- idk'kk; i = e-
- 3- 'kq'd eDR; Fkz- vkonu i = e-
- 4- LFkkukUrj .ki ek.k i = a inkuk; vkonu i = a vkn

iBxr izu

- izu 1 vodk' kFk i kFkuk; kZ , da i = a fy [krA
- izu 2 'kuk fo'k; ki fj l lÑr s fucak fy [krA] n'k okD; % ½

l kjlk

- 1- fglnh , oa l lÑr ea ' 'kCn kFk o 0; kdj .kxr vud vl ekurk , j gA
- l k k&** fdl h Hk uke dks l k k dgrsgA vFkz~fdl h 0; fDr oLrj LFkku ds uke dks l k k dgrsgA l lÑr ea l k k & 'kCn nks Hkxka ea foHDr g& vtUr l k k 'kCn vlsj gyUr l k k 'kCnA
- l oZke&** l k k ds LFkku ij iz DR gkus okys 'kCn l oZke dgykrsgA tS sl % rksrA l lÑr ea l oZke 'kCn ea , d s 'kCn dk ck&k gkrk gS tks "l oZ" 'kCn l s i k j EHk gkA l okn 'kCn 35 gA
- fo'k k.k&** tks 'kCn l k k l oZke ; k fD; k dh fo'k k r k crykrk gS ml s fo'k k .k dgrsgA
- fD; k&** l lÑr ea fD; k dks /kkrq; k frMUr in dgrsgA l lÑr ea fD; k ea fyax Hkn ugha gkrk gA drkz pgs i qYax gks ; k L = hfya ea vFkok ui d fyax ea
- opu vlsj fyax&** l lÑr ea opu rhu g& bl h idkj fyax Hk rhu gA
- opu&** , dopu] f}opu] cgppuA
- fyax&** i qYax] L = hfya] ui d fyaxA
- dkjd&** f t l dk fD; k l s l k {kkr~ l Ecl/k gkrk gS og dkjd dgykrk gA l lÑr ea dkjd ka dh l d ; k Ng gA
- foHDr&** l lÑr ea i Fek l s yd j l reh l Ecks ku rd foHDr; k j gkrh gA
- l f/k&** nks ; k nks l s vf/kd o .k k s ds ey dks l fu/k dgrsgA
- l ekl &** l ekl dk vFkz gS l q ki hdj .ka vFkz~vud i nka dk , d gkuk gh l ekl dgykrk gA
- mil x&** tks 'kCn /kkrq/ka l s i o z t m e j muds vFkz ea i f j o r u dj n r s g S m l g a m i l x l d g r s g A
- i R ; &** tks 'kCn /kkrq/ka ; k 'kCnka ds i hNs yxdj muds vFkz ea i f j o r u yk , m l g a i R ; ; d g r s g A
- fyfi &** Hk k ds fy [kus ds fpa ka dk fyfi dgrsgA

r rh; k mi bdkbz I Kk&

mRrj 1 fdl h Hkh uke dks I Kk dgrs gA

mRrj 2 I LÑr ea I Kk ' 'kCnka dks nks Hkkxka ea cĳV k x; k gA

I oŁke& mRrj 1- tks ' 'kCn I Kk ds LFkku ij iz Ćr gkrs gS os I oŁke dgys gA

mRrj 2- I oĳ vU;] , rnĳ vLen] rn-vkfn I oŁke ' 'kCn gA

fo'kSk.k&

mRrj 1& tks 'kCn I Kk , oa I oŁke dh fo'kSkrk crykrk gS ml s fo'kSk.k dgrs gA tS &v; a 'kkkku%uj%
bes 'kkkku%FL=; kA

bekfu 'kkkku% i ĳi kf.kA

mRrj 2& tc nks dh rĳuk muea I s , d dh U; urk dk vf/kdrk izdV dh tkrh gS ml s rĳukRed fo'kSk.k
dgrs gA

tS &jke% ' ; kekr-i Vqj%A

fØ; k Vkrq& mRrj 1 fØ; kvka ds nks in gkrs gS ij LeS n] vkReus n

^yHk-/krq yVydĳ

mRrj 2	, dopu	f}opu	cgopu
iFke iq "k	yHkrs	yHkrs	yHkrs
e/; e iq "k	yHkls	yHkfs	yHk/os
mRrj iq "k	yHks	yHkkogs	yHkkegs

opu , oafyx& mRrj 1 opu nks izdĳ ds gkrs gS ¼¼, dopu ½½ f}opu mnkgj .k&i ĳrde&i ĳrds

mRrj 2 fyx nks izdĳ ds gkrs gS ¼¼ i fyx &jke% xt% ½½ L=hfyx & jekĳ cĳfydk

' 'kCn: i rFkk /krq i mRrj 1& I q~i R; ; ka dk iz kx gkrs gS

½ I R; ½i I R; ½ii I R; ½v I R; ½v I R;

mRrj 1 I LÑr eadky dks ydĳ dgrs gA

mRrj 2 I LÑr eady 10 ydĳs gA

I fluk mRrj 1 nks ; k nks I s vf/kd o.kk&ds ey dks I fluk dgrs gA

mRrj 2 ; fn ,] , ĳ vkĳ vkSbu Lojka ds i 'pkr~dkbz vl eku Loj vk, rks muds LFkku ij Øe'k%v; ĳ

vk; ĳ voĳ vko-gks tkrk gS

; Fkk & us \$ vu% ¾ u; u% i kS \$ vd% ¾ i kod%

uS \$ vd % ¾ uk; d%

I ekl & mRrj 1 I ekl ds Ng Hkn gkrs gS muds uke fuEukuĳ ĳ gS

½ v0; ; h Hko I ekl ½i rRi q "k I ekl ½ii f}xĳ ekl ½v ĳU} I ekl ½ deZĳĳ; I ekl

½i cgqĳfg I ekl

mRrj & v& rRi q "k I ekl c& deZĳĳ; I ekl I & rRi q "k I ekl

mi l x& mRrj 1- tks l kK vkfn 'kCnka ; k /kkp/ka l s i wZ tM eJ tks muds vFkZ ea i f j o r ũ dj nrs gS
mlGa mi l xZ dgrs gA

mRrj 2& ¼½ mi ouj ½½ mRd"lZ ¼¾ vud j .k ¼½ i j kHkr ½½ voufr

iR; ; & mRrj 1 %Dr , oa Drorq dK iz sK Hkurdky ea gksrk gA

mRrj 2& ' 'kr-iR; ; dk iz sK ijLeS nh /kkp/ka ea rFk 'kkup-iR; ; dk iz sK vkReus nh /kkp/ka ea gksrk gA

mRrj 3& r e q u -i R; ;

pr q i z mi b d k b z &

mRrj 1& m"e o.k& ' 'k] "k] l] g

mRrj 2& /ofu; ka ds fyf [kr : i dks o.kZ dgrs gA

mRrj 3& d oxZ & d} [k} x} ?k} M-

mRrj 4& ; } j } y } o vUr % Fk o.kZ dgykrs gA

mRrj 5& i kf.kuh ds vud kj l ĀÑr dh Hkoy /ofu; k; 63 gA

i p e mi b d k b z v o d k ' k F k ũ i k F k ũ k i = e ~

vkj.kh; i kpk; Z egkn; %

'kkl dh; mRÑ"V fo | ky; %

Nrjije.Mye~

e/; ins k%

fo" k; % & v o d k ' k F k i k F k ũ k i = e ~

egkn; % & l o k; ka l fou; afuonue-bna; n-vgav | vdLeKn-Toji hfMr%vfLeA vr , o fo | ky; avkxUrql oFk
vl eFk% vfLeA ũi ; k , dfnol L; vodk'ka LohÑR; eka vuqghre~vgŪr Hkour%

Hkonh; k f'k"; k

fn0; k

d {kk&uoeh

m ũ k j 2 f u c ā k y ũ l u e ~

/ks.ŀ

- 1- , Škk ee /ks.ŀ
- 2- vL; k% pRokj % i k < k } s J M - x s , d a y k M x n y a p v f L r A
- 3- /ks.ŀ r . k k f u H k f { k R o k e / k j a n ũ / k a n n k f r A
- 4- /ks.ŀ l j y k J S B k p H k o f r A
- 5- vL; k% o R l k% c y h o n k z H k o f ũ r A
- 6- i k p h u d k y k n o / k s . ŀ v L e k d a i n t u h ; k A
- 7- t u k % / k s . ũ x k e k r k v f i d F k ; f ũ r A
- 8- v | k f i o ; a / k s . ũ u k a l E e k u a d H k ũ A
- 9- vL; k% n ũ / k a i h R o k t u % i f j i ũ v % H k o f r A
- 10- / k s . ũ k % n ũ / k s . ũ n f / k j r Ő a u o u h r a / k r a p f u e h z r A



i=kpkj iB; Øe
ek/; fed f'k{k e.My e-ç-] Hkiky
½kj k I ok/kdkj I jf{kr½
fMykek bu ,T; qfSkuj i jh{k
i Eke o"z

izu i= & prqz

fo"i; & fglhh Hk"kk f'k{k.k

iB&10

fo"i; kkk & I hdr Hk"kk dh f'k{k.k fof/k; k

1- i Eke mi bdkbz&I Hk"kk.fof/k] LojBpkj fof/k] vuqj.k fof/k] iR; {fof/k] /ofu I E; fof/k] vuqkn fof/k] I eok; fof/k] fp=0.ku fof/k] dgkuh dFkufof/k] vuqkn fof/k] I qksvlg ckyk fof/k] vH; kl fof/kA

2- f}rh; mi bdkbz& I hdr fo"i; eaeW; kduA

fi z Nk=k; ki dkk

fi Nyh bdkbz ea vki I hdr 0; kdj.k o jpuk ; Fkk & I k{k] I ozuke] fo'kSk.k] fØ; k] fyax] opu] dkjd vkfn dk Kku i kir dj ppsgA bl bdkbz ea vki I hdr Hk"kk dh f'k{k.k fof/k; ka dsckjs ea i<akA

I Hk"kk.fof/k&

I Hk"kk.k fof/k ea I jy I hdr ds }kjk okrkzyki djds Nk=ka I sHh I hdr Hk"kk ea okrkzyki grqdgk tkrk gA I EHk"kk.k fof/k ds }kjk fnup; kzeal hdr Hk"kk dk iz kx ds sfd; k tk; s bl dk mRre Kku inku fd; k tkrk gA I oE Eke f'k{k]d rhu pkj ckj I hdr ea I e>krs gg s dgrk gA rRi 'pkr Nk=ka I sml dk vuqj.k djokrk gSi q%Nk=ka I s izu i NRk gSNk= I hdr eamRrj nrsgA bl fof/k eafglh dk , d Hh 'kCn iz qR ugha gkrk cfYd I jy I hdr dk iz kx gkrk gS rkd Nk= vkl kuh I s I e> I da o muea /kkj ki dkg I hdr I EHk"kk.k dh n{krk fodfl r gks I da orZeku ea I hdr grqbl i) fr dks vf/kd mi ; qR ekuk tk jgk gA D; kkd bl fof/k I s 0; kdj.k o dfBu Hk"kk dk Hk; nj fd; k tk I drk gS rFkk ; g fof/k Nk=ka ds fy; s jkpd Hh gA

iBxr izu

izu 1- I EHk"kk.k i) fr ds }kjk fdl izdkj dh n{krk fodfl r gkrh gA

izu 2- I EHk"kk.k i) fr ds }kjk fdl dk Hk; nj fd; k tk I drk gA

izu 3-orZeku ea I hdr f'k{k.k grqfdl fof/k dks vf/kd mi ; qR , oa I jy ekuk tkrk gA

Lojĉpkj fof/k&

bl fof/k ea f'k{kcd }kjk Lojka, oao.kk&dk mPpkj.k fd; k tkrk gS rRi 'pkr fo | kFFkz ka }kjk f'k{kcd dh gh rjg mPpkj.k fd; k tkrk gS bl sLojĉpkj fof/k dgrsgA l ĩdr ea 'kĉ mPpkj.k dk cgr egRo gA egf"kz i kf.kuh us f'k{k onlak ea Li "V : i l sdgk g&

^el=ks gh u% Lojrks o.k&ks ok feF; k i; ĉrsu refk&kgA l okxfonks; tekua fgufLr] ; Fkĉnz 'k=ĉ Lojks i jk/khAA vFkz~Lojka, oao.kk&ds'kĉ mPpkj.k l sjfgr el= vFkz dk vuFkz dj nr&k gA bl iĉkj dk v'kĉ ea; tekudsfy; sotz dh Hkk&r ?krd gkrk gS tS & ^bUnz 'k=ĉ in dsxyr iz kx l sbUn%Loj ds vij/k l so=kl ġ ekjk x; kA ^bUnz k=ĉ* bl in dh nks iĉkj l s0; ĉi fRr gkrh gS igyh 0; ĉi fRr& ^bUn% 'k=ĉ; L; l %* nĉ jh 0; ĉi fRr& bUnz; 'k=ĉA igys dk vFkz g&k& bUnz gS ft l dk 'k=ĉ nĉ j s dk vFkz g&k bUnz dk 'k=ĉ bl iĉkj v'kĉ mPpkj.k l so=kl ġ ekjk x; kA dgus dk rRi; Z; g gS l ĩdr Hkk"kk ea 'kĉ mPpkj.k dk vR; r egRo gA Lojka, oao.kk&dk mPpkj.k l ĉi "V l ĉ; ofLFkr, oa l ĉoj g&k pkfg, A ; g fof/k l ĩdr dk0; l kfgR; ds v/; ; u eami; kxh gA bl fof/k l sfo | kFFkz ka ea 'kĉ mPpkj.k rFkk 'kĉ i Bu dh fof/k vk tkrh gA oni k&h fo | kFFkz ka ds fy; s; g fof/k mi; kxh gA

ilBxr izu

izu 1- Lojka, oao.kk&dk mPpkj.k fdl rjg g&k pkfg, \

izu 2- l ĩdr dk0; l kfgR; ds v/; ; u ea d& l h fof/k mi; kxh gA

izu 3- Lojĉpkj fof/k D; k g&

vupj.k fof/k&

l ĩdr Hkk"kk ds v/; ki u ea vupj.k fof/k dk vi uk egRo gA bl ea v/; ki d fdl h, d o.kĉ in vFkok vorj.k dks Nk=ka ds l e{k i <ĉj l ĉkrk gA ckn ea Nk= rnuĉ kj n&ġjkrk gA ; g n&ġjuk vupj.k ij vk/kfjr jgrk gA Nks/h vk; qds vfodfl r efLr"d okyscyd gh ik; %vupj.k djrsgA osvi uscMks dks ft l rjg ckyrs gq vFkok dke djrsgq n[krsgĉ ml h iĉkj ckyus vFkok dke djus dk iz Ru djrs gA cky; kolFkk ea ik; % l Hkh cPps vfodfl r jgrsgA bl fy, os tks dĉ Hkh l h[krsgĉ vupj.k }kjk gh l h[krsgA mngj.k ds fy, ifjokj dscM&Hkb&cfguka dks i <rs gq ; k fo | ky; tkrsgq n[ĉdj Nks/k Hkk&z ; k cfgu i <us ds fy, fo | ky; tkus dk vfHku; djrk gĉ ; gh vupj.k dgykrk gA cM&dk ekrk&fi rk ; k xq vka dk mRrjnlf; Ro gS fd os cPka ea l ĩdkj Mkyus ds fy, muds l Eeĉk dk; Z djA vks pydj vFkz i <kbz djrs l e; Hkh cgr l s dk; ka dks cPka l s djuk vko'; d gkrk gA vr% muds l Eeĉk mudk fun&ku vko'; d gA cPps vupj.k dj ds ml s l Ei lu djus dk iz kl djrsgA vr% Nk=ka dks ekxh'kz nrs l e; bl ckr dk /; ku j [kuk pkfg, fd ge tks cPka dks ekxh'kz nrs gA ge tks cPka l svupj.k djuk pkgrsgĉ os k mngj.k muds l e{k j [ka

l ĩdr Hkk"kk ea v/; ki u ea vupj.k fof/k dk egRo i wkz LFkku gĉ bl Hkk"kk dk i | l kfgR; ik; % d.BLFk gls tkrk gA cPps vi us l scM&dk s ftu 'ykdka; k l ĉkk"krka vFkok ea=ka dks i <rs gq n[krsg; k l ĉrs

gš ml sosLo; ad.BLFk dj Mkyrsgā mudk ; g d.BLFhdj.k ek= vuđj.k ij vk/kfjr gā f'k{k d vi us
Nk= dks tks dñ Hkh fl [kkuk pkgrk gš ml sNk= ds l Ee[k djdsfn [krk gā ckn eam l dk vuđj.k djus
dks dgrk gā ckY; koLFk ea yMfd; ka vi uh ekrk dks Hkstu cukrs gq n[krh gš dkykrj ea os Hkh vi uh
[ky l kexh }kjk Hkstu cukusdk vfhku; djrh gā , d k gh v[š cgr l h phtka dk vuđj.k djrs gq n[kk
tkrk gā yMfd; ka ds xñM+ ka ds [ky v[š yMka dk cV&ckW yđj [kyuk bl vuđj.k ds gh
mngj.k gā

cMk vk; qokys Hkh bl h eukofRr dsgrsgā vi uh : fp dsdk; kādksnñ jka ds }kjk djrs gq n[đj
ml dk vuđj.k djrs gā ; g vuđj.k ekuo dk LoHko gš tks ml s tletkr feyk gā xq l ekorñ l đdkj
ds l e; vi usf'k'; ka l sdgrk gS& ; ku; Lekdal pfjrkfu] rfu Ro; ki kL; kfu uksbrjk.k ; ku; Lekdeuo | kfu
dekt.k rfu Ro; ki kL; kfu uks brjk.khA**

vFkñ-gekjs l pfj=ka dk nē vuđj.k djuk nōpfj=ka dk ughā gekjs i z ka uh; dk; ka dk vuđj.k
djuk fullnuh; dk; ka dk vuđj.k ughā djukā bl rjg ge n[krsgā tle l s yđj eR; q rd 0; fDr
vuđj.k djrk gā ; g vuđj.k gekjs thou ds i R; d : i eaga uš ckyuš ?kēuš fpuru djuš n[kus , a
vL; dk; ka ea nñVxkpj gkrk gā

l đdr f'k{k.k ea vuđj.k fof/k dk cMk egRo gš D; kñd i jñHkd volFk ea ckyd vi us eu l s
fdl h dke dks ughā djuk pkgrkā bl fy, ml scMka dk vuđj.k djus dks dgk tkrk gā /khj&/khjs vuđj.k
djrs & djrs ml dhvknr gks tkrh gS v[š Lo; a gh ml dk; l dks djus yxrk gā og dk; l ml dk Lo; a dk
dk; l cu tkrk gS v[š og dk; l djus yxrk gā

vuđj.k fof/k ds }kjk gh ge Nk= dks tš k cukuk pkgrsgā oš k cuk l drsgā Nk= Hkh vuđj.k
djds tš k cuuk pkgrk gS cu l drk gā

iBxr izu

- izu 1- vuđj.k fof/k ds }kjk ckyd D; k l h[krk gS
- izu 2- ckfydkvka dk Hkstu cukusdk [ky mudh fdl i đRr dk ifjkyd gS
- izu 3- cMka ds fdu dk; ka vkpj.kka dk vuđj.k ckyd dks djuk pfg, \
- izu 4- vuđj.k ds fujrj vñ; kl dk D; k ifj.kke gkrk gS

i R; {k fof/k&

bl fof/k dk iđ[k y{; Hk"kk dks i R; {k : i ea i < kuk gkrk gā oržeku l e; ea l đdr f'k{k.k ea
Hkh i R; {k fof/k dks vi uk; k x; k gā bl fof/k ds vñrñ l đdr f'k{k.k ea ekrHk"kk dk mi ; l x ughagkrk
gā bl ea l đdr 'kCnka dk vFkz v[š fopkj l s l h/k l Ecu/k LFkfi r fd; k tkrk gā izu Nk=ka l s l đdr ea
i ñs tkrs gS rFk muds mRrj Hkh l đdr eagh Lođkj fd; s tkrs gā bl fof/k ea l ož Eke mu i nka dks gh
puk tkrk gS tks l đdr v[š ekrHk"kk nksuka eagh mi yC/k gkrsgā bl dsfy; sf'k{k d fof/k l gk; d oLrñka

; k mi dj .kka dks i ; klr l a ; k ea i Lr r djrk gS vls mudsuke Hkh l d'r eagh crkrk gA ; Fkk& i qrdj i =j vkl uavkfnA bl ds mi jkar mu oLr rka ; k mi dj .kka l s l a /kr i fjpr dk ; ka , oa mi ; kxka dk mYy [k djrk gA ; Fkk& i Bkfe] fy [kkfe] mi fo'kkfe] vkfnA rri 'pkr-f'k{k d Nk=ka dks l jy okD ; ka dh jpuk djus ds fy ; sfun k nrk gS vls Lo ; a ; Fkk LFkku mudh l gk ; rk djrk gA ; Fkk& i qrd a i Bkfe] i =a fy [kkfe] vkl us mi fo'kkfe vkfnA bl h izkj vl ; okD ; ka dh jpuk djuk fl [kk ; k tkrk gA okD ; ka dh i qjkoFr ea 0 ; kdj .k dk Kku dj k ; k tkrk gA

bl fof/k ea l eLr fØ ; k , al d'r Hkk"kk dsek/ ; e l s l i uu gks l s d n l e ; ki jkar gh Nk= l d'r Hkk"kk dks l e > us , oacksyuseal {ke gks tkrsgA bl fof/k l s l d'r Hkk"kk dks l e > uk vls l d'r dk Kku i klr djuk l jy gks tkrk gS l kfk gh Nk=ka ea l d'r Hkk"kk ds ifr : fp tkx' gkrh gA

iBxr izu

izu 1- i R ; {k fof/k dh dkbz nks fo'kkrk , a fyf [k , A

izu 2- bl fof/k ea l oE Eke fdu inka dks pak tkrk gS

izu 3- i R ; {k fof/k ds }kj k Nk= l d'r Hkk"kk dks 'kh?kz l e > us , oacksyuseal {ke D ; ka gks tkrk gS

/ofu l kE ; fof/k&

l d'r Hkk"kk ds f'k{k .k ea /ofu l kE ; fof/k dk egRo i wkz LFkku gA o .kka ds mPpkj .k LFkku Hkh vyx&vyx gks gA t\$ s d n o .kka dk mPpkj .k d .B l s gkrk g\$ d n dk rkyq l s d n dk evkkz l \$ d n dk narka l \$ d n dk vksB l \$ d n dk ukd l \$ d n dk d .B vls vksB l \$ d n dk nkr vls vksB l \$ d n dk ftgekew l A bu LFkku ka ij mPpkj r gks jgs o .kz dh ok ; qVdjkrh gA ml l so .kka dh /ofu Vdjkrh gA bl rjg e [k ekz l sfudyusokyso .kz vi us LFkku fo'kks ds dkj .k fofHku /ofu ; ka dk : i ydj fudyrs gA

, d LFkku l smPpfj r gks okys l Hkh o .kz , d l h /ofu okys gks gA t\$ s doxZ ds o .kz d .B LFkku l sfudyrs gArks mu l cl smPpkj .k ds l e ; , d l h /ofu fudyrh gA t\$ & d] [k] x] ?k vc ; gka bu o .kka l s i kj Hk gks okys i nka dks yrs gA mudk mPpkj .k Hkh LFkku dh i zkkurk dks fy , gq , d l h /ofu dks tle nrk gA dey] [ky] x .k'k] ?kV bu 'kCnka ds i kj Hkd o .kz , d LFkku 1/2 d .B 1/2 okys gA vr % budh /ofu ; ka ea l ekurk gA bl h izkj vl ; oxZ t\$ sp oxZ ds v {kj ka p] N] t] > bl l scuusokys 'kCn t\$ sppy] Nnq ty] > "k] ds i Fkek {kj rkyq LFkku l smPpfj r gks gA bl fy , bl dh /ofu ; ka l eku gA

/ofu l kE ; ij fopkj djrs l e ; o .kka ds izkj ij Hkh / ; ku nsuk pkfg , A ; gk izkj l s rkr i ; Z gS glo nh?kz vls l yr o .ka aLo o .kz ds mPpkj .k ea de l e ; yxrk g\$ nh?kz o .kz ds mPpkj .k ea aLo l snquk yxrk gA l yr ds mPpkj .k ea aLo l s rhu xuk l e ; yxrk gA bl h dkj .k aLo o .kz dh , d ek=k gkrh gA nh?kz o .kz dh nks ek=k , afxuh tkrh g\$ v\$ l yr o .kz dh rhu ek=k , afxuh tkrh gA

/ofu fl) kar Jo .kSUnz ; ij vk/kkfj r g\$ D ; ka d ckyd l oE Eke Jo .kSUnz ; }kj k /ofu ; ka dks l qd j xg .k djrk gA

vr%f' k{k.k ea ekS[kd dk; Zij cy nuak pkfg, A Jo.k] Lefr dh vi{kk vf/kd i Hkko'kkyh gkrk gA
Jo.k djdsfd; k x; k dk; Z'kq) gkrk gA ; fn mPpfjr 'kq) gksck rks Jo.k djds l h[kk x; k dk; Z Hkh 'kq)
gksckA

I eLr o.kkdh /ofu; kafn0; vksj v{k; gS vr% buds mPpkj.k }kjk budh j{kk dh tkuh pkfg, A
l ddr , d h Hkk"kk gSftl ea ts k l pusr gS os k gh ckyrs gA bl ea Hke dk dkbZ LFku gh ugha gA bl ea , d
o.kz ea , d fuf'pr /ofu fudyrh gA bl fy, bl dk y[ku dk; Z0; ofLFkr] fuf'pr] Hke jfgr , oa ifj"-r
gkrk gA

iBxr izu

izu 1- d oxZ p oxZo.kk ds mPpkj.k LFku dks & dks l sgS

izu 2- /ofu fl)kr fdl bflnz; ij vk/kkfjr gS

vuqkn fof/k&

dN ykxka ds vuq kj ekrHkk"kk ds vfrfjDr tc fdl h Hkk"kk dks l h[kk tk, rks ml svuqkn i) fr
ds }kjk gh l h[kk tk; } D; kkd ; g fufobkn l R; gSfd ckyd ekrHkk"kk ea vi usfopkj ka dks vf/kd l qerKj
l jyrk , oa Li"Vrk l s0; Dr dj l drk gA ekrHkk"kk dsek/; e l sfo"k; dks xg.k djuk Hkh l jy gkrk gA
bl h vk/kkj ij dN ykxka dk dguk gSfd ckyd ds eu ea tks dN Hkh vk; sog ekrHkk"kk ds : i ea vk;
rks vf/kd vPNk gksckA l ddr Hkk"kk dk v/; ; u f}rh; Hkk"kk ds : i eagkrk gS vr% l ddr dks; fn ekrHkk"kk
dsek/; e l si < k; k tk; srks vf/kd vPNh ckr gksckA ekrHkk"kk dsokD; k) vuqNnka vkfn dk l ddr avuqkn
djuk vyx ckr gS fdUr qvuqkn i) fr l sl ddr dk Kku nuak vyx ckr gS bl i) fr dh fo'kSkrvka ij
ppkZ djuk l ehphu gksckA

- 1- bl i) fr ds }kjk Nk=ka dks fo"k; dk l jyrk , oa l qerK l s Kku gkrk gA
- 2- bl i) fr }kjk ekrHkk"kk rFkk l ddr Hkk"kk ds 'kcnk) egkoj k) ykdks Dr; ka , oaf ofHku 'kSy; ka dk Kku
ikr gks tkrk gS bl l s Nk= ds 'kcn Hk.Mkj dh of) gkrh gA
- 3- bl i) fr l s Kkr l s vKkr] l jy l s dfBu bR; kfn fl)kr ka dk vuqj.k fd; k tkrk gA
- 4- vuqkn }kjk okD; jpuk Bhd l sl e>h tk l drh gA
- 5- bl i) fr ds }kjk vuqku rFkk fujkdj.k dk vH; kl Mkyk tk; A

vuqkn dsfu; e%

vuqkn djrs l e; dN fu; eka dks Lej.k j [kuk pkfg, &

- 1- ts s & l g] l kdf- l k/kE-ds ; ksx ea rrrh; k foHkDr dk iz ksx gkrk gA
mngj.k & eksu] jkesk l g i k B'kkyke-vxPNrA
- 2- xeukFkd /kkrq/ka ds ; ksx ea f}rh; k foHkDr dk iz ksx gkrk gA
mngj.k & l rh'k% xga xPNfrA

3- ue% ds ; lxx ea prfkhz foHkfDr dk iz lxx gkrk gA
mnlkj.k & Jh x.lskk; ue%A

4- ^: p** /lkrq ds ; lxx ea prfkhz foHkfDr dk iz lxx gkrk gA
mnlkj.k & foulnk; nll/ka jkprA

vuqkn i) fr }kj k iB ifjp; 'HkZ & l fpKres fo'ol s~

iB; oLrqdk vuqkn&

x | [k.M & vflr Hkxhj Fkhrj s x/kdW ukfEu i orsegku~i dL/ho{kA rL; dkV/jsnbnfoi kdkr~xfyru[ku; us
tjnxoukek x/l% ifrol fra vFk -i; k rTtohuk; rne{kokfl u% i f{k.k% Lokgkjkr~fdf 'pr&fdf 'pnqAR;
nnfrA ru vl kS thofrA vFk dnkpr~nh?kZd.kZukek ektkj% i f{k'kkodkUHkf{krq r=kxr%A

x | [k.M dk vuqkn& Hkxhj Fk dsfdkus x/kdW uked i or ij , d cgr cMk i kdM+dk o{k gA ml
dkV/j eanHkZ; l su[k , oau; ufoghu ¼ d½ tjnxo uked fx) jgrk FkA ml dks thfor jgusdsfy, ml
o{k ij fuokl djusokys i {kh n; k l svi usvkgj l sFkK/lt&FkK/lt fudkydj nrsFkA ml ds }kj k og thfor
jgrk FkA bl dsckn dHkh nh?kZd.kZ uked fcyko i f{k; ka ds cPpka dks [kkus ds fy, ogka vk; kA

vuqkn i) fr dh vud fo'kSkrvka dsckn Hkh vud f'k{kfonka usekuk gSfd ; fn l d dr ; k fdl h
Hkh vU; Hk"kk dks ; fn vU; Hk"kk ds l g; lxx l si <k; k tk; srkseny Hk"kk vi uh xfjek [kksnrh gSvr% cPpka
dh eny Hk"kk l snjh cuh jgxA vr% l d dr dksfglnh Hk"kk dsek/; e l si <k; k tkuk mfpr ugha gA l d dr
dks l d dr ek/; e l sgh i <kuk pkfg,] vr% orZku l e; ea vuqkn i) fr dks ykxw ugha fd; k x; k gA

iBxr izu

izu 1- vuqkn fof/k l sNk= ds 'kCn Hk.Mkj dh of) gkrh gS; k ugha

izu 2- vuqkn fof/k l sNk= dh okD; jpuk dh iDrR tkxr gkrh gS; k ugha

fp= o.ku fof/k&

bl fof/k ea fp= }kj k 'kCn o l d dr Hk"kk dk Kku dj k; k tkrk gA ; g fof/k oSkfud fof/k gA
Nks/h d{kkvka dsfy; srFk vU; Hk"kk Hk"kk; ka dsfy; smi ; Dr fof/k gA fp= o.ku }kj k fo | kfkZ kadseflr"d
eaLFk; h Kku gks tkrk gA ; g fof/k l d dr dks i kjHkd voLFk ea l h[kus dsfy, vf/kd mi ; lxxh gA bl
fof/k ea igys fo" k; oLrqdk fp= fn[kk; k tkrk gSfQj ml dk o.ku fd; k tkrk gA tS s?kj dk fp=
fn[kkdj fo | kfkZ ka dks Øe'k% njoktk] f[kMeth] j l kb?kj] Lukukxkj] vkxu vkfn dk fp=.k foLrkj l s
l e>k; k tkrk gA l d dr Hk"kk dk l kedu; Kku nusgrq; g fof/k cgr egROI wZ gA

; g fof/k oSkfud fof/k gSvr% Nks/h d{kkvka dsfy, cgr gh mi ; lxxh gA

iBxr izu

izu 1- fuufyf[kr dFkulædsI e{k I R; @vI R; dk fplg yxlb; &

¼½ ; g fof/k oKkfud ugha gA

¼i½ ; g fof/k Nk/h d{kkvka ds fy; s mi ; kxh gA

¼iii½ bl fof/k eafp= fn[kkdj Kku ugha dj; k tkrkA

¼v½ bl fof/k ea o.ku ckn eafd; k tkrk gA

dgkuh dFku fof/k&

I ðr f'k{k.k ea dgkuh dFku fof/k dk mi ; kx vrhrdky I sgrk vk jgk gA mi fu"knka ea bl ds vuð iek.k feyrs gA i pra= , oa fgrki ns k uke ds xdfk bl ds Toyar mnkgj.k gA bl ea I ðr f'k{k d I oEke d{k ds ekufi d Lrj ds vuðy fdi h dgkuh dks Nk=ka dks I ukus ds fy; s purk gA f'k{k d Lokkkfod <æ I s dgkuh dks I purk gA dgkuh dks jkpd , oa i Hkoi wkZ cukus ds fy; s f'k{k d ; FkkLFku I gk; d I kexh dk Hkh iz kx djrk gA bl I s dgkuh dh fo"k; oLrqjkpd gks tkrh gsvkš Nk= ml eaf'k{k : fp yrs gA bl I s Nk= fo"k; oLrq dks I jyrk I s I e> yrs gA vlr eaf'k{k d Nk=ka ds vftz Kku dh tkp grq dfri ; izu Hkh iNr k gS bl I s Nk=ka dks fo"k; oLrq dk I eipr Ku gks tkrk gA

v/; ki d dks/; ku nsus; k; ckr&

1- dFk d.BLFk dj ugha I ukh pkfg,] bl I s dFk dh Lokkkfodr k u"V gks tkrh gA

2- v/; ki d dks Lo; a dFk I ukus ea : fp yuh pkfg, A

3- i R; d dFk ea dkbZ u dkbZ mnas ; gkrk gš v/; ki d dks ml ds vuð kj pyuk pkfg, A

4- Loj ea vkjkg] vojkg dk /; ku j [kuk pkfg, A

5- vko' ; drkuð kj dFk I s I æf/kr fp=ka dk mi ; kx dgkuh dFku dks jkpd cukus ds fy; sfd; k tk I drk gA

iBxr izu

izu 1- dgkuh dFku fof/k ds iek.k fdu xdfka eafeyrs gA

izu 2- i pra= eafd I f'k{k.k fof/k dk iz kx fd; k x; k gA

izu 3- dgkuh dFku fof/k eaf'k{k d Nk=ka ds vftz Kku dk ijh{k.k fdi idkj djrk gA

I qksckysfof/k&

bl fof/k eaf'k{k d 'kn dk mPpkj.k djrk gšvkš Nk= ml dk vuðj.k djdsckyrk gA bl fof/ k ds }jk ckY; koLFk okys Nk=ka dks f'k{k nh tkrh gA bl ea I oEke f'k{k d vi us Nk=ka dks o.kèkyk ds v{kjka dk csk djrk gA o.kèkyk ds v{kjka ea Loj vkš 0; at u dksfi [kk; k tkrk gA I cdh ek=kvka dk Kku I a Þrk{kjka dk Kku Hkh bl fof/k ds }jk fn; k tkrk gA

noukxjh fyfi , oa l ãd'r dh o.këkyk i wkr-% oKkfud gA bl ea o.kz vks /ofu , d gh g\$ vr% fujFkd ugha gA tc rd dgk tkrk g\$rc rd ml dk irhd fy[kk tkrk g\$ i jarq vaxsth ea ¼ h½ dk Hkh irhd gkrk gA

o.këkyk dsv{kj kads Kku ds mi jkr l pks cksyks fof/k ds }kjk 'kCnka dk Kku dj; k tkrk gA ; gkai j f'k{k d vi us Nk=ka ds l e{k 'kCnka dks cksydj l pkrk g\$ vks Nk= l svi {kk djrk g\$fd og 'kCn dks cksyA ; |fi f'k'kq Nk= mu 'kCnka dks nksj jkrk g\$ ij ml dk mPpkj .k vi us f'k{k d dh rjg ugha gks i krk gA og vi uh cksyh ea l p d j fd ; k x ; k mPpkj .k djrk gA

'kCn Kku ds mi jkr Nk= dks okD; f'k{k.k fn; k tkrk g\$fo }ku okD; f'k{k.k dks l okz/kd mi ; p r ekurs g\$ D; kãd Hkk"kk dh i kj ãHkd bdkbzokD; g\$u fd 'kCn ; k v{kj A dN ykx dgrsgãfd ckyd l oZ Fke vi use{ k l s 'kCnka dk mPpkj .k djrk g\$og Hkoy tkrk g\$fd ml dk 'kCn Hkh okD; dk i frufuf/k gkdj vkrk gA tc ckyd dgrk g\$fd eke rc ml dk rkr i ; Zgkrk g\$ekek ; k ekek dgkag\$; k ekek vkvks vkfnA bl rjg ckyd okD; ka dks l p d j cksyus dk iz Ru djrk gA

kyd dks v{kj Kku ds mi jkr 'kCn Kku vks vlr ea okD; Kku fn; k tkrk gA ij dN fõk }ku i gysokD; Kku vks vlr ea v{kj Kku bl Øe dks Bhd ekurs gA tks nksuks fof/k; ka ea 'kCn Kku ds cp eafn; k tkrk g\$ vr% 'kCn f'k{k.k vU; nksuka fof/k; ka dks tkm usokyk gks vFkkzr~l sqdk dke djrk gA ; g fof/k Nks/h d {kkvka ds fy; smi ; kxh gA ; g vu p j .k fof/k dk gh i fr: i gA bl fof/k l smPpkj .k 'kq gkrk gA

iBxr izu

izu 1- fuEu dFkuka ea l R; @v l R; crkb; &

¼½ I ãd'r dh o.këkyk i wkr-% oKkfud gA

½i½ I pks cksyks fof/k l smPpkj .k v'kq gkrk gA

½iii½ I a p r k{kj ka dk Kku l pks cksyks fof/k ds }kjk fn; k tkrk gA

vH; kl fof/k&

Hkk"kk , d dyk gA døy foKku ugha gA i R; sd dyk ea vH; kl dh vko' ; drk gkrh gA l ãd'r Hkk"kk ea Hkh vH; kl rFkk i p j kofRr dh vko' ; drk gkrh gA l ãd'r Hkk"kk dh f'k{k nks ds fy, ckyd dks i <us rFkk fy[kus dk vH; kl i je vko' ; d gA

1- Nk=ka dks dfBu /ofu; ka dk 'kq mPpkj .k l fgr okpu djus dk vH; kl djokuk pkfg, A

2- i Bxr 'kCnka , oa dfBu okD; ka ds mPpkj .k dk vH; kl dj; k tk, A

3- Nk=ka dks l ãd'r dh l fDr; ka , oa egkojka dk Kku djok; k tk, A vf/kd vPNk gksfd l fDr; ka dks Nk= d. BLFk dj ydA

4- Nk=ka dks , d svol j inku fd; s tk; a fd os 0; kdj .k l aãkh v'kq ; ka dks 'kq djA

- 5- Nk=ka dks mRI kfgr djuk pfg, fd os l ðdr ds v{kj foll; kl l ædkh v'kq) ; ka dks 'kq) djus dk vH; kl djA
- 6- Nk=ka dks bruk vH; kl nsfn; k tk; sfd os brus l {ke gks tk; afd vi us Hkkoka dh vfHkO; fDr l ðdr Hkk"kk ea dj l dA
- 7- vH; kl fof/k dh iæf{k fo'kkrk gSfd ; g Nk=ka dks l ðdr i | [k.Mkq 'ykdq x | [k.Mka rFk l fDr; ka dks l eqpr vkjksj rFk vojksj ds l kFk 'kq) mPpkj .k ds l kFk i <us dk vH; kl nrs gA vr, o ikphudky ea ifrfnu onkadh l fDr; ka iklr dky ea bl h fof/k ds vxr i kB dh tkrh Fk rFk mudh xfr , oa fojke ij fo'kSk /; ku fn; k tkrk FkA vLrqvkt Hkh ; g fof/k l ðdr f'k{k.k ea egroi wkz gA bl fof/k dks vH; kl fof/k Hkh dgrs gA Nk= fn; sx; s Kku dks ckj&ckj ngjkrk gSvkj bl Kku dks bruk vkRel kr-dj yrk gSfd Hkfk"; ea vko'; drk i Mæs ij rjar ml ds Lefr i Vy ij ml Kku dh vkofRr gks tkrh gA ; gh dkj.k gSfd l ðdr Hkk"kk ds Kku dks d.B ea fojkteku Kku dg l drs gA l ðdr ea cgepkjh Nk= Luku djds l d; k onuk ds i'pkr i kB dks ckj&ckj ngjkrk Fks vkj ml fu/kkZjr i kB dks d.Bxr dj fy; k djrs FkA vr, o gea Hkh i kB'kykvka ea l ðdr Hkk"kk ds Kku dks nus ds fy, vH; kl fof/k dks vi ukuk pfg, vkj bl dk mi ; ksx vfuok; Z : i l s djuk pfg, A

vr, o vkt Hkh ; g i) fr mi ; ksch gSbl ds fy, f'k{k d d{k ea Nk=ka l si q% i q% i z u i ðN djds f'k'kq/ka dsekuf l d i Vy ij l ðdr ds dfBu Kku dks Hkj nrs gA vkj ; g dfBu fo"k; Nk=ka ds fy, l jy cuk fn; k tkrk gS l ðdr ds dfBu 'kCnka dks dbZ ckj vH; kl ds : i ea fy [kus dks dgk tkrk gS rFk ml s djok; k tkrk gA bl l s Nk/k l k f'k'kq l ðdr ds dfBu 'kCnka dk 'kq) 'kCnka dk 'kq) mPpkj .k djuk l h [k tkrk gA

l ðdr Hkk"kk ds 'kq) i Bu dk i Hko fgluh Hkk"kk ds v/; ; u ij i Mf k gA Nk= dh fgluh Hkh vPNh gks tkrh gA

iBxr izu

izu 1- vH; kl fof/k Nk=ka dks dfBu /ofu; ka dks 'kq) mPpkj .k djus eafdl rjg l gk; d gkrh gS.

izu 2- vH; kl fof/k l sjVus dh i ðfRr dks cy feyrk gS ; k ughA

izu 3- l ðdr Hkk"kk ds 'kq) i Bu dk i Hko fgluh Hkk"kk ds v/; ; u ij i Mf k gS ; k ughA

I ðkn fof/k&

I ðkn i) fr }kjk f'k{k d , oa f'k{kFkZ dh l ghkfxrk v/; ki u ea vf/kd jgrh gA l ðkn i kBa ds f'k{k.k gsrq l keU; r% l ðkn fof/k dk iz ksx fd; k tkrk gA l ðkn fof/k ds vLrxr rhu izdkj dh fof/k; ka l ekfgr gS %

1- vln'kz uV; fof/k & bl fof/k eav/; ki d Lo; adh d{k ea i js i kB dks i <fk gSbl l si kB ds Hko , oa vFkZ dh i wkz vfHkO; fDr gkrh gA f'k{k d , d izdkj l s vfHku; djrk gS ; g fof/k f'k{k d ds unr gA

2- **vflku; fof/k &** bl fof/k l sukVd dh f'k{k ea ukVd ; k l ðkn }kjk i kBa dk okLrfod vflku; fd;k tkrk gß ; g vflku; nls idkj l sgkrk gß ¼½ jæp ij ukVd fof/k i ðZ vflku; fd;k tkrk gß ft l l sNk= ukVd ds ik= , oan' ; ka l siwkz ifjpr gk tk; A ½ d{k ea Nk= }kjk i kB dk vflku; fd;k tk; A bl ea Nk= oð kkkk ij /; ku ugha nrs døy ik=kuq kj vflku; gh fd;k tk; sxA bl ea jæp ugha gksxA

3- **0; k[; kof/k &** bl eaf'k{k d i k=ka ds Hkkoka dh 0; k[; k djrs gß dfBu 'kCnka dh 0; k[; k f'k{k d Lo; a djrk gß f'k{k d ukVd dk dk; Z djrk gß

l ðkn fof/k ds }kjk Nk=ka dks mfpr Hko&Hkæek ds l kFk vflku; djus dk Kku fn; k tkrk gß Nk=ka dks iZuk&rj djuk , oaokrkyki djuk fl [kk; k tkrk gß Nk=ka ds Hkk"kk , oa'kCnKku ea of) dh tkrh gß ; g fof/k Nk=ka dks fuHkZd , oaDrk cukus ds fy; s , d mi ; kxh fof/k gß

l ðkn fof/k }kjk f'k{k.k&

'WkZd & firHDr%Jo.kdækj%

iB; oLrq& l ðkn dsek; e l sJo.k dækj dsek&fir k dsifr HDr dk o.kuA

vkp; Z& bZHDr% xq HDr%Hjrh; l ðr%eyeA v | o; afir`HDr fo"k; sfoe`ke%A

**ujhZ ekrfir`HDr fo"k; sRoafde~tkuf l **

ujhZ & xq o; l ijk Jo.kdækj%ekfir`HDr%vkl hr~bR; o tkufe uk/kdeA

vkp; Z& J.kst Jo.kL; firjSo)KstleW/HpLrka

Hjr%& xq nò! Jo.kL; fi=kuke fde

vkp; Z& Jo.kL; fir%ule 'Wuru%vkl hra

iBxr izu

izu 1- l ðkn fof/k dh dks l h fof/k d{k f'k{k.k grqmi ; Dr gß

izu 2- fuEu okD; ka ea l gh ; k xyr vdr djA

1- l ðkn fo/k; ka }kjk Nk=ka dks Hkkoukuq kj Hkkouk/vka ds fuekZ.k dh f'k{k nh tkrh gß

2- vkn'kz ukV; fof/k ea Nk= i kB dks lk<rk gß

f}rh; mi bdlbZ

l ðr fo"k; eaeW; kdu

eW; kdu , d vuojr pyusokyh i fØ; k gß fdl h oLrqea fdruh xqoRrk gß; g eW; kdu djus l sgh Kkr fd; k tk l drk gß ckyd dks f'k{k.k djkus ds mi jkar ml us l h[kk gß; k ugha; k fdruk l h[kk\ ; g eW; kdu ds }kjk ekye fd; k tkrk gß l keW; nf"Vdsk l seW; kdu dk vFZ gksk & v/; ki d }kjk dj; sx; s f'k{k.k ea mnas ; ka dh i firZ dgkard gpl ; g Kkr djuk fd ckydka us fdruk vf/kxe fd; kj fu/kZjr mnas ; ka dh i firZ dgkard gpl bu rF; ka dks ftl fof/k l stkuk tk l drk gSogh eW; kdu gß

I ldr dh okrfod eW; kdu i) fr &

Hkk"kk ds ied[k vaka vFkzr eks[kd vkrE izdk'ku] i Bu y[ku vkn rFk I ldr Hkk"kk dh fo'kSkrvka dks/; ku ea j [kdj bl dh eW; kdu i) fr dk fu/kkZ .k djuk pfg, A vr%bl dk eW; kdu nks izdkj I sfd; k tkuk pfg, A 1/2 eks[kd ijh{k 1/2 fyf[kr ijh{kA uohu eW; kdu i) fr ea Hkh i Eke ijh{k dh mi {kk dh xbZ gS tks I ldr Hkk"kk ds fy; s fgrdj ugha gA igyh rjg dh ijh{k }kjk gh 'kq kPpkj .k] eks[kd vkrE fHkO; fDr rFk nW js ds Hkkoka dks I udj ml sl e>us dh {kerk dk ijh{k.k I Hko gks I drk gA vr%bu ckrka ds ijh{k.k gsrq fuEufyf[kr i) fr; ka dk vuq j .k djuk pfg, A

1- Nk=ka I sfd I h x | ka k vFkok i | ka k dk LkLoj i Bu rFk muds Hkkoka dks fyf[kr : i ea0; Dr djus dsfy, dgk tk; A bl dsfy, vUr; k{kjh ifr; kSxrk] I Loj i Bu ifr; kSxrk vkn dk vk; kstu fd; k tk; A mul sfd I h fo"K; ij vi us Hkkoka dks I oZ Eke eks[kd : i I srnUrj fyf[kr : i ea0; Dr djus dsfy, dgk tk; A bl izdkj mudh eks[kd , oafyf[kr nksuka izdkj dh ijh{k gks tk; schA

2- Nk=ka dks v/; ki d }kjk cksyx; svak dk I kjkak fy[kus dks fn; k tk, bl I smudh I ldr I e>us dh ; k; rk dh tkp gks tk; schA

3- Nk=ka I s Jfr y[k fy[kok; k tk; s vSj mlgha ml dk I kjkak Hkh fy[kus dk vkn k fn; k tk; A

4- fdl h dgkuh dks I ldr ea I ukus dk vkn k fn; k tk; s vSj ml I si q%fn; sgg I adrka ds vk/kkj ij fy[kus dks dgk tk; A fp=ka ds vk/kkj ij Hkh dgkuh dgyk; h tk; A

5- ikB; i qrd dspusgg x | [k.M vFkok 'ykd dk I kjkak viuh ekr Hkk"kk ea fy[kus dsfy, dgk tk; A bl ds ikB ka ds vk/kkj ij NkS&NkS iz u i nS tk; aftudk Nk=ka I s ldr eagh mRrj fy[kus dsfy, dgk tk; A

6- Nk=ka dks fdl h fo"K; ij Hkk"kk nS us dh vkKk nh tk; A bu mi k; ka ds vfrfjDr eks[kd vkrE izdk'ku okys ikB ea mYyf[kr vH; kl ka }kjk Hkh bl dk ijh{k.k fd; k tk; A

tgla rd fyf[kr ijh{k dh ckr gA vk/kqud eW; kdu ea bl h dk cky&cky gA bu ea uohu ijh{k i) fr dk iz; kx fd; k tkuk pfg, A bl ds vfrfjDr fucl/kkRed ijh{k.k dk Hkh vuq j .k fd; k tkuk pfg,] bl I s Nk= dh 'kSyh , oay[ku 'k fDr dh ijh{k gks tkrh gA oLr q% fyf[kr ijh{k.k ea nksuka i) fr; ka vFkzr oLr fu"B , oafucl/kkRed i) fr; ka dk I elb; vko'; d gA nksuka gh , d&nW js dh ijd gA

eks[kd eW; kdu o vkrfjd eW; kdu dh fo'kSkrk, a&

ge eks[kd eW; kdu vFkok ijh{k dk vk; kstu fuEu izdkj dj I drs gA ftl ea fuEu dk; Zfd; s tko&

1- Nk=ka dks I ldr x | ka k vFkok mlgha ds Lrj dk dksZ 'ykd i <ej I ukus vSj mul s ml dk Hko fy[kus gsrq funk nskA

2- fdl h x | ka k dks Nk=ka }kjk i <ej mPpkj .k dh tkp djukA

- 3- v/; ki d l ĩdr eafdl h fo"k; ij cksysck rFkk Nk=ka l s mudk l kjk k fy [kus dk funġk nsckA
- 4- Jfirys [k djokdj Jfir , oa'kq k&'kq) dh tkp djukA
- 5- l y [k fy [kokdj y [k dh ij h {kk djukA
- 6- i kB; i ĩrd ea i <sgg fdl h x | k k ; k i | k k ds l kjk k dks ekr Hk"kk vFkok l ĩdr ea i NUKA
- 7- ek [kd : i l sd ĩ izuka dk mRrj nsus dsfy, Nk=ka ds l e {k izuka dks i Lrġ djukA
- 8- fdl h fo"k; ij Nk=ka l s Lk ĩdr ea l ĩ {k r Hk"kk.k nsus dk funġk djukA
- 9- fdl h i <h gġz dgkuh dk l kjk k ekr Hk"kk ea i NUKA
- 10- oLrġka dks l ĩdr dj muds l ĩdr Hk"kk eadgs tkusokysuke vkfn i Ndj l kku; Kku dh ij [k djukA
- 11- d.BLFk 'ykska dk okpu djukA
- 12- NUnfo'kk ; k vydkj fo'kk ds y {k.k mngj.k l fgr i NUKA
- 13- 0; kdj.k ea l ĩ/k foPNn] l ekl foxg] izdr i R; ; vkfn ds in ckydj i NUKA

eW; kdu ea/; kr0; fclhġ

- 1- ij h {kk ea i kB; l kexh dsfglnh vuokn ij gh cy u fn; k tk; ġ vfi rqi z uk Rrj & dk0;] fjDr LFkkuka dh i fir ġ 'kCnka dk okD; ka ea iz kx] 'kq) k&'kq) in'kġ vkfn ij Hk izu fd; s tk; A
- 2- i kB; oLrġl sfy, x, izu , d sgġ ftul s Nk=ka dks l ĩ wġz i ĩrd i <us dh ftKkl k gks rFkk i ĩrd dh vucl ckra ; kn j [kus dh ij .kk feyA
- 3- 0; kdj.k dh ij h {kk ea 'kCn vkġ /kkrq; i gh u i Ns tk; a cfYd iz kx rFkk mudh foHk fDr vkfn dk Kku i Nk tkoA

iBxr izu

- izu 1- l ĩdr ea eW; kdu fdrus izdkj dk gkrk gġ
- izu 2- eW; kdu D; k gġ

iB dk l kjk

- 1- l Hk"kk.k fof/k & bl fof/k eaf'k {kd , oa Nk= ds ij Lij l ĩdr Hk"kk.k ds }kj k Kku inku fd; k tkrk gġ
- 2- Lojġpkj fof/k & i Lrġ bdkbz ea Lojka , oa o.kk dh mri fRr ds l ĩzk ea Kku fn; k x; k gġ
- 3- vuġj.k fof/k & i Lrġ bdkbz ea crk; k x; k gSfd Nk= vuġj.k fof/k }kj k dġ s l h [krk gġ
- 4- i R; {k fof/k & bl fof/k ea crk; k x; k gSfd dġ s Hk"kk dks i R; {k : i l s i <k; k tkrk gġ
- 5- /ofu l ĩ; fof/k & bl bdkbz ea , d l eku /ofu okys o.kk , oa muds mPpkj .k LFkkuka dh pplz dh xbz gġ

- 6- **vuokn fof/k &** bl ea l ldr ds x | , oa i | [k. Mka dks ekr Hkk"kk ea vuokn ds }kjk f'k{k.k nsa dsckjs eacrk; k x; k gA
- 7- **I oln fof/k &** I oln ds i k Bka dks I oln fof/k ds }kjk i < kus ds fo" k; ea bl bdkbz eacrk; k gA
- 8- **fp= o.ku fof/k &** bl fof/k ea fp=ka ds }kjk l ldr Hkk"kk ds f'k{k.k ij tkj fn; k x; k gA
- 9- **dguh dFku fof/k &** bl fof/k ea l jy , oa j kpd dgkfu; ka ds }kjk l ldr dk f'k{k.k dj; k tkrk gA
- 10- **I qksvls ckyksof/k &** bl fof/k ea f'k{k.k l o i Eke ckyrk gsvls Nk= ml dk vuoj.k djrk gA

vRe ijh{k.k dsizu &

- izu 1- vtUr , oa gyUr l s D; k vffki k; gA
- izu 2- nouxjh fyfi oSkfud D; ka dgh xbz gA
- izu 3- blnz k=bl in dh 0; i fRr fdl idkj gkxh\
- izu 4- vH; kl fof/k Nk=ka dks dfBu /ofu; ka dk 'kq) mPpkj.k djuseafdl rjg l gk; d gksh gA
- izu 5- iR; {k fof/k eafdl rjg l sf'k{k.k fn; k tkrk gA
- izu 6- l ldr Hkk"kk f'k{k.k ea dguh dFku fof/k dh D; k Hkfiedk gA
- izu 7- fp= o.ku fof/k dks Li"V dhft, \

iBxr izuladsmRj

I EHK"k.k fof/k&

- mRrj 1- I EHK"k.k fof/k ea /kkjk idkg l ldr ckyus dh n{krk fodfl r gksh gA
- mRrj 2- bl fof/k l s 0; kdj.k o dfBu Hkk"kk dk Hk; njj gkrk gA
- mRrj 3- I EHK"k.k i) fr dka

Lojkpkj fof/k &

- mRrj 1- Lojka , oa o.kka dk mPpkj.k l i i "V] l 0; ofLFkr , oa l ioj gkuk pkfg, A
- mRrj 2- Lojkpkj fof/k mi ; p r gA
- mRrj 3- ftl fof/k ea f'k{k.d }kjk Lojka , oa o.kka dk mPpkj.k fd; k tkrk gSrri 'pkr fo | kffkz ka }kjk f'k{k.d dh gh rjg mPpkj.k djok; k tkrk gA ml s Lojkpkj fof/k dgrs gA

vuoj.k fof/k &

- mRrj 1- vuoj.k fof/k ds }kjk fdl h fof/k dks nkgjkrk gsvfkr og ml ckr dks l h[krk g\$ tkmsl s l h[kuk gA

- mRrj 2- cfydkvka dk Hkstu cukus dk [ky vuqj .k iofRr dk ifjk; d gA
- mRrj 3- cMka ds vfuUhr dk; ka vks I pkjrka dk vuqj .k djuk pkfg, A
- mRrj 4- vuqj .k ds fujarj vH; kl I s vi fkr fo"k; vFkok Kku dks i qV fd; k tkrk gA

i R; {k fof/k &

- mRrj 1- nks fo' ksrk, afuEu gA
- 1- I dR Hk"kk ds iR : fp tkr gsrh gA
- 2- bl fof/k I sl dR dks I e>uk vks I jy gks tkrk gA
- mRrj 2- bl fof/k ea I oFke mu inka dks puk tkrk gS tks I dR , oaker Hk"kk nksuka eami yC/k gA
- mRrj 3- bl fof/k ea I eLr fO; k, a I dR Hk"kk ds ek/; e I sl a I u gks I s Nk= 'kh?kz gh Hk"kk dks I e>us , oack, us ea I {ke gks tkrk gA

/ofu I k; fof/k &

- mRrj 1- d oxL dk mPpkj .k LFku d.B gS vks p oxL dk mPpkj .k LFku rkyq gA
- mRrj 2- /ofu fl)kr Jo. kUnz ij vk/kfjr gA

vuqkn fof/k &

- mRrj 1- vuqkn fof/k I s Nk= ds 'kn Hk. Mj dh of) gsrh gA
- mRrj 2- vuqkn fof/k I s Nk= ea okD; jpuk dh iofRr tkr gsrh gA

fp= o.ku fof/k &

- mRrj $\frac{1}{2}$ v I R;
- $\frac{1}{2}i$ I R;
- $\frac{1}{2}ii$ v I R;
- $\frac{1}{2}v$ I R;

dgkuh dFku fof/k &

- mRrj 1- dgkuh dFku fof/k ds i ek.k mi fu"knka eafeyrs gA
- mRrj 2- i pra= ea dgkuh dFku fof/k dk iz kx gvk gA
- mRrj 3- f'k(kd vlr ea iz u i Ndj Nk=ka ds vftR Kku dk ijh{k.k djrk gA

I qksck/ks fof/k &

- mRrj $\frac{1}{4}$ I R;
- $\frac{1}{4}i$ v I R;
- $\frac{1}{4}ii$ I R;

vH; kl fof/k &

- mRrj 1- vH; kl fof/k Nk=ka eadfbu /ofu; ka dk 'k) mPpkj .k djuseafuEu : i ea I gk; d gsrh gA
- $\frac{1}{2}$ /ofu; ka dk ck&ckj mPpkj .k djukA

- 1/4 1/2 /ofu; ka dk f'k{k.k ds l kfk vuoj.k djukA
 1/4 1/2 'kCnka dks /ofu; ka ds fcuk f'k{k kd ds funk ku ij mPpkj.k djukA
 mRrj 2- vH; kl fof/k l sjVus dh i dfRr dks cy feyrk gA
 mRrj 3- l ddr Hk"kk ds 'kq) i Bu dk i Hko fgluh ifjektu ij Hk i Mfk gA

I oKn fof/k &

- mRrj 1- I oKn fof/k l s d{k ea f'k{k.k rhu izdkj l s gkrk gA
 1/4 1/2 vkn'kz ukV; fof/k
 1/4 i 1/2 vfHku; fof/k
 1/4 i i 1/2 0; k[; k fof/k
 mRrj 2- 1/4 1/2 I oKn fof/k; ka }kjk Nk=ka dks Hkkoukuq kj Hkkoukvka ds fuekz k dh f'k{k nh
 tkrh g} l gh gA
 1/4 i 1/2 vkn'kz ukV; fof/k ea Nk= i k B dks i <fk g} xyr gA

mi bdlbz & 2

- mRrj 1- l ddr ea eW; ka du nks izdkj l sfd; k tkrk gA
 1- fyf[kr ij h{k 2- ekS[kd ij h{k
 mRrj 2- eW; ka du , d vuojr pyusokyh i f0; k gA ckyd dks f'k{k.k dj kus ds mi jkr
 ml usD; k l h[kk gS; g eW; ka du ds }kjk ekye fd; k tkrk gA

uk'g vkr e ij h{k.k izuka ds mRrj Nk= i k B ds v/; ; u ds mi jkr Lo; agy djus dk iz kl djA

i = kpkj i kB; Øe

**ek/; fed f'k{k e.My] e/; i nš k]
Hkš ky**

¼kj k I ok/kdkj I jf{kr½



**fMykek bu , T; øšku
¼ Eke o"½**

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