



केवल मूल्यांकनकर्ता के उपयोग हेतु!  
माध्यमिक शिक्षा मण्डल, मध्यप्रदेश, भोपाल 32 पृष्ठीय

केवल परीक्षक द्वारा भरा जावे। प्रश्न क्रमांक के सम्मुख प्राप्तांकों की प्रविष्टि करे।

प्रश्न क्रमांक	पृष्ठ क्रमांक	प्राप्तांक (अंकों में)	प्रश्न क्रमांक	पृष्ठ क्रमांक	प्राप्तांक (अंकों में)
1			17		
2			18		
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परीक्षक एवं उपमुख्य परीक्षक द्वारा भरा जावे

प्रमाणित किया जाता है कि अन्दर के पृष्ठों के अनुरूप मुख्य पृष्ठ पर अंकों की प्रविष्टि एवं अंकों का योग सही है।

निर्धारित मुद्रा : नाम, पदनाम, मोबाईल नम्बर, परीक्षक क्रमांक एवं पदांकित स [redacted] की मुद्रा लगाएं।

उप मुख्य परीक्षक के हस्ताक्षर एवं निर्धारित मुद्रा  
PUSHPLATA SHARMA  
GOVT. M.H. SEC. SCHOOL, KATNI  
Val. No. 7201655  
Mob. No. 9973869006

Smt. Shweta [redacted] (U.M.S.)  
G.G.H.S.S. Civil Line, KATNI  
MOB. 9839441258  
No. 7201658

$$\boxed{\text{योग पूर्व पृष्ठ}} + \boxed{\text{पृष्ठ 2 के अंक}} = \boxed{\text{कुल अंक}}$$



Section - A

Question :- 1 (Answers)

(i) Ans :- (b) young children

(ii) Ans :- (c) 20 percent

(iii) Ans :- (b) contract

(iv) Ans :- (b) Joe's brain

(v) Ans :- (c) 1.5

(vi) Ans :- (a) gears

(vii) Ans :- (b) information



प्रश्न क्र.

(ix) Ans :- (d) ~~Sensors~~(x) Ans :- (a) ~~myosin~~Question :- 2 (Answers)B  
S  
E(i) NOTES :-

(1) Meditation -

- (i) It is solution to make your mind calm.
- (ii) In today's age every second person recommends it to the first.
- (iii) Technique to improve long term performance in studies.

(2) Benefits of meditation -

- (i) Calm mind
- (ii) Better retention
- (iii) Better health
- (iv) Focus and concentration
- (v) "Mood" problem can be taken care of.



(3) The simplest type of meditation -

- (i) Focussing on breathing
- (ii) It can be done anytime, anyplace.
- (iii) Best is to settle down in cool and relatively quiet place.

(i) Way of doing meditation -

- (i) focus all your attention on breathing.
- (ii) observe your breath.
- (iii) Don't obstruct thoughts, let them go off.
- (iv) Initially, it seems to be difficult.
- (v) Soon you'll gain mastery over it.

SUMMARY :- Meditation is technique to make your mind calm and to improve long term performance in studies. There are so many benefits of meditation like calm mind, better retention, better health and focus and concentration. Simplest type of medication is focusing on breathing. Initially it seems to be difficult but soon you'll gain mastery over it.

(ii) TITLE :- "Meditation and its benefits"



प्रश्न क्र.

Section - 'B'Question (3) Answer :-LETTER

26,

Gandhi Colony,

Ujjain

8 February, 2024

Dear Leena,

I hope you are doing well there. I am also fit and fine. It has been so long we met each other personally, I have so many things to tell you. One of them is about my summer vacation holidays. I spent my holidays at my grandmother's home in Indore. I experienced so many things there. One day I also went to the zoo in Indore. There I saw many animals, birds and snakes also. Although I was terrified seeing the snakes too close but still I enjoyed the trip. I wish you were there with me too. Please come soon to meet me here.

Give my regards to your parents and love to your younger brother.

Yours affectionately  
Sunil



Question (4) (iii) Answer :-

### Value of Games

Games and sports are of great value. There is an old saying, 'Too much work and no play makes jank a dull boy'. A sound mind lives in a sound body. A healthy mind cannot reside in a ill or weak body.

Games and sports teach us to work in a team. The team members help the other fellow members. We learn so many things from each other.

"Team work makes the dream work."

Games and sports also teach us to be in discipline. We have to follow the rules of games and we can't play foul. Also in games and sports we follow our captain, which gives us a sense of respect for experienced people.

Games can be played by anyone, anytime it does not have any boundary. Either it is boy or girl games does not discriminate between them.

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17 24



प्रश्न क्र.

In today's world childrens are into internet and social media. It restrains their physical and moral development. We should also focus in including games in the part of school time.

"Stop surfing on the net,  
head to the playground holding your bat"

B  
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Question :- 5 Answer

GOVT. BOYS H.S. SCHOOL

NOTICE

8 February 2024.

All students hereby are informed that our school is going to organize an annual function on 20th February. I request all the captains and vice captains of houses to attend a meeting in the principle office to prepare a plan for annual function.

Head boy,  
GBHSS.

Section 'C'Question (6) Answer :-

(i) Ans. :- (c) The

(ii) Ans. :- (b) that

(iii) Ans. :- (b) so that

(iv) Ans. :- (d) much

(vi) Ans. :- (c) can

Question (7) Answer :-

(ii) Ans. :- How much experience have you got?

(i) Ans. :- The tea is too hot to drink it.





प्रश्न क्र.

(iv) Ans :- A letter was sent by to me by my friend.

(v) Ans :- No sooner did I meet my friend than I started weeping.

(vi) Ans :- Unless you take a taxi you can't catch the bus.

Question (8) Answer :-

(i) Ans :- Mr. Hamel said that French is the most beautiful language in the world. It is the most sensible and logical among all the languages. Mr. Hamel asked the villagers to never forget French language. As long as people hold fast to their language there is a key to freedom. At last he turned to blackboard, picked a chalk and bearing on with all his might he wrote as large as he could, 'Vive La France'

Ans :- No, Saheb is not at all happy working at the tea stall. He is not no longer his own master. The steel canister seems heavier than the plastic bag he would carry so tightly over his shoulder. His face has lost the shine.

The plastic bag was his and the canister is belongs to the owner of the tea shop.

### Question (9) Answer :-

(i) Answer :- The central idea of the poem 'Keeping Quiet' :-  
 The poet Pablo Neruda asks us to be still and quiet, counting upto twelve. Being quiet for this brief interval of time gives us momentary pause to introspect our course of action. Being quiet should not be confused with or equated to total inactivity (death). In fact, Neruda 'has no truck with death'. Neruda gives an example of earth being still but nature is performing all the activities. Neruda means by keeping quiet, halting of hostile and harmful human activities.

### Question (10) Answer :-



प्रश्न क्र.

(i) Ans. :- All thoughtless activities of humankind like, cutting of trees, cutting of forest and converting them to concrete jungles, discharging garbage in the waterbodies, careless burning of fossil fuel. point towards a grim future of manking. If we continue this reckless behaviour there will be no resources left for the future generations. All the wild animals will be at the verge of extinction. All these things does not point to a well future.

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Question (11) Answer :-

(i) Ans. :- (a) 2301

(ii) Ans. :- (a) in 1916

(iii) Ans. :- (d) farmer

(iv) Ans. :- (c) near Nepal

(v) Ans. :- (b) Indigo



Question (12) Answers :-

12 (A) Answers :-

- (i) Answer :- (b) her parent's home
- (ii) Ans :- (d) dead body.
- (iii) Ans :- (a) Kamla Das

12 (B) Answers :-

- (i) Ans :- (c) on his nose
- (ii) Ans :- (a) ten days
- (iii) Ans :- (g) in the hour of the bull.
- (iv) Ans :- (c) The Tiger King.



प्रश्न क्र.

### Question (13) Answer :-

(i) Ans :- An order had come from Berlin to teach only German in the schools of Alsace and Lorraine (villages in France). The Germans had put up this notice on the bulletin-board.

(ii) Ans :- Saheb is looking for coins (rupee), in the garbage dumps. He has come from Dhaka in Bangladesh. His house is set amidst of green fields in Dhaka. He came with his mother when the storm swept away their home.

(iii) Ans :- The fear of water ruined his fishing trips, canoeing, boating etc. in the childhood. Douglas wanted to get rid of this fear he had developed since childhood. For this he appointed an instructor and was determined to get over his fear of water.



(iv) Ans. :- When Edla removed the hat from peddler's head he jumped abruptly and was frightened. By looking at his scared face Edla was sure that either he had stolen something or he has ran from jail.

(v) Ans. :- Gandhi's first meeting with Shukla was at Lucknow, from there he went to Calcutta and returned to his Ashram in Ahmedabad. From there he went Calcutta, Muzaffarpur before arriving at Champaran.

### Question (14) Answers :-

(i) Ans. :- Poet was driving from her parent's home to Cochin airport with her mother beside her. Her mother's face looked pale and 'ashen' like a dead body. It has lost its shine and strength. The 'late winter's moon' looks hazy and obscure that is why her mother has been compared to the 'late winter's moon'.



प्रश्न क्र.

(iii) Ans :- There are so many things of beauty mentioned in the poem 'A thing of beauty', like the sun, the moon, the flowers, the rivers and greenery of the earth. According to poet these things of beauty never fades.

(iv) Ans :- The poet refers the farmer's wait for a car to stop by and buy their goods as 'childish longing'. The farmer waits daily in his roadside stand for a car to stop, but no one do, even if they do it is for gas or to ask the directions.

### Question (15) Answers :-

(i) Ans :- The third level refers to the new level at Grand Central Station. The third level did not exist in reality it was just an medium of escape that Charley found to get away from the miseries and troubles of life. It existed only in Charley's imagination.



याग पूर्व पृष्ठ

पृष्ठ 16 क अंक

कुल अंक

(ii) Ans. :- The tiger king is the Maharaja of Pratibandhapuram. When the prince was born the astrologer predicted that the death of the king would come from a tiger. The king vowed to kill hundred tigers in order to prove the prediction of the astrologer wrong. That is why he got the name tiger king.

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